



# Municipality of Anchorage

Ethan Berkowitz, Mayor

## Office of Emergency Management

### **People Self-Quarantining in Hotels**

If you have traveled Outside, the state of Alaska is mandating that individuals self-quarantine for two weeks upon arriving in Alaska.

- Self-quarantine means staying in your home, hotel room or provided accommodation, and not leaving for the period you are required to quarantine. Do not allow visitors into the hotel room.
- Monitor yourself for symptoms of COVID-19 (dry cough, shortness of breath, fever) and do not leave your hotel room:
  - If you present with symptoms, DO NOT LEAVE YOUR ROOM.
  - Call your medical provider for direction on what to do.
  - If you're uncertain what to do or have questions, call 2-1-1.
- Hotel staff will place meals and snacks outside the door at pre-established times.
- Hotel staff may be able to provide you with cleaning and disinfecting supplies for you to clean inside your hotel room periodically.
- Stay in touch with loved ones remotely.
- Continue to frequently wash your hands with soap and water for 20 seconds, cover coughs and sneezes, and practice good hygiene.
- Communicate with hotel staff via telephone.

### **Hotel Management**

- Public spaces, including the front desk, need to be cleaned frequently. If possible, provide disposable disinfectant wipes to front-of-house staff to disinfect surfaces between guests. High touch areas in public spaces include tables in the lobby area, buttons on elevators, water fountains, and ice and vending machines. Pens at the front desk and room keys and key cards should also be cleaned with disinfectant.
- You should maintain records that help you trace who has been in contact with any infected individuals that have been to your property. Review and implement a record keeping process to maintain records of guest and staff movement. These records should be kept for a minimum of 90 days. This includes maintaining guest registration records, employee work assignments, documentation of key control procedures including the electronic lock records, and security camera closed circuit tapes. This is especially important if someone in your hotel has been confirmed to have the virus.
- Switch to and use disinfectant products that have been pre-approved by the U.S. Environmental Protection Agency (EPA) for use against emerging viral pathogens.
- Disinfectants should be applied during routine cleaning of guestrooms, public spaces, health club areas and meeting rooms.

- Linens may become contaminated with the virus. It is also important to add disinfectant when washing laundry. Bed scarfs and bedspreads should be washed more frequently.
- Train hotel staff and post signage to remind guests and workers to frequently wash hands for 20 second each time with soap and warm water. If possible, provide alcohol- based hand sanitizer that contains at least 60% alcohol in all guest contact areas and to all staff. In addition, staff should be advised not to touch their faces and to practice "social distancing" by standing at least six feet away from guests and other workers.
- Educate staff on the most common signs and symptoms of coronavirus infection, which are fever, dry cough, and shortness of breath. Symptoms typically occur 1-14 days after exposure, though a small proportion of people who are infected don't have symptoms.
- Train housekeeping staff to use the disinfectants safely and correctly. Staff should wear gloves when cleaning. Many of these cleaning products need to remain on hard surfaces for several minutes in order to work. Follow the manufacturer's instructions for proper use to get the most virus killing protection. Schedule and perform routine cleaning and disinfection of all contact surfaces in public areas guestrooms, television remote controls, toilet flush handles, door handles, water faucet handles, and flooring.

### **Housekeeping Staff**

- If someone under quarantine is determined by local health department (LHD) to be asymptomatic or tests negative:
  - Hotel staff should do routine cleaning within a few hours of the person leaving
  - No special cleaning procedures or additional personal protective equipment beyond what would normally be used during routine cleaning is required.
  - If it is not feasible for the facility to coordinate the timing of cleaning with the local health department verifying the individual is asymptomatic, the individual should be provided with basic cleaning supplies until the LHD determines facility staff may enter the room for routine cleaning. The individual should also be provided EPA- and DEC\*-registered common household disinfectant products labeled to be effective against rhinovirus and/or human coronavirus for use as needed.
  - If an asymptomatic individual is released at the end of the movement restriction period, routine cleaning should be completed by the facility staff. No special cleaning procedures are required.
- If someone is symptomatic or tests positive:
  - If an individual leaves the hotel to be tested or for medical care and it's unsure whether they are positive for COVID-19, the area may be left with the door closed after the individual is transferred, and entry should be prohibited while the individual's symptoms are being investigated and/or laboratory confirmation is pending.
  - When someone who has tested positive for COVID-19 has left the isolation area for at least 4 hours, local health department may instruct the facility to proceed with cleaning and disinfection of the areas where the patient was present while symptomatic.
    - Perform targeted cleaning and disinfection of frequently touched hard, non-porous surfaces, such as counters, appliance surfaces, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, remote controls, bedside tables, and any other surfaces that are visibly soiled.

- Housekeeping staff must use the disinfectants safely and correctly. Staff should wear gloves when cleaning. Many of these cleaning products need to remain on hard surfaces for several minutes in order to work. Follow the manufacturer's instructions for proper use to get the most virus killing protection.
- Step 1: Cleaning: Always clean surfaces prior to use of disinfectants. Dirt and other materials on surfaces can reduce the effectiveness of disinfectants. Clean surfaces using water and soap or detergent to reduce soil and remove germs. For combination products that can both clean and disinfect, always follow the instructions on the specific product label to ensure effective use.
- Step 2: Disinfection: If EPA- and DEC\*-registered products specifically labeled for SARS-CoV-2 are not available, disinfect surfaces using a disinfectant labeled to be effective against rhinovirus and/or human coronavirus.
- Wash all bedding/linens. Wash and dry with the warmest temperatures recommended on the fabric label and follow detergent label and instructions for use.
- Facility staff do not need to wear respiratory protection while cleaning. Staff should wear disposable gloves while handling potentially soiled items/bedding and while cleaning and disinfecting surfaces. Place all used gloves and other disposable contaminated items in a bag that can be tied closed before disposing of them with other waste. Wash hands with soap and water for at least 20 seconds immediately after removing gloves or use an alcohol-based hand sanitizer if soap and water are not available. Soap and water should be used if hands are visibly soiled.
- If an individual has laboratory confirmation of COVID-19 and returns to the isolation area until their complete recovery, they should be provided with basic cleaning supplies to perform routine cleaning of the area as needed while they are symptomatic.
  - Directions above should be followed once they leave the facility after the isolation period.

#### **Room service/food policies**

- Regular meals and any snacks should be left outside hotel room doors at pre-established times.
- Wash items such as dishes, drinking glasses, cups and eating utensils in a commercial dishwasher.
- Single use items should be placed into lined trash bins.

#### **EPA Approved list of cleaning supplies**

<https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>