

Chow Chow Event

- Food Is Medicine
- Cherokee Indian Frybread

Led by:

Enrolled member of the Eastern Band of Cherokee Indians - Relatives of the Deer Clan, Wolf Clan, Relatives from Birdtown, Relatives from Kituah



We were here before.....we are here now.

Any plant, animal, tree or natural spirit, knows us by sight, by the way we call to them in Cherokee Language, by our Creator Given birthright that is connection to all living things.

The Plant Spirits Awaken

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Myself and the Relatives who join me, carry the knowing from Our Ancestors who have held the land, water and Right Relationship since time immemorial. We give of themselves every day, with each story, with each scar, with each acknowledgement of trauma. Our Relatives also teach from a place of love, have a lived experience with Creator and bring back to the audience the gift and the gratitude.

There is no plant spirit that has gone unseen by Our Eyes, there is recognition and connection to all that Creator entrusted us with. Regardless of how the interest in plants, medicine, healing modalities and naturalism has grown, it always comes back full circle to its origin place - with the Original People.



Relatives & Language



	Eastern Band of Cherokee Indians Translated by Charles Taylor	
English	Syllabary	Phonetics
Build a fence	ᏊᏍᏔᏅᏃᏂᏚᏗ ¹ ᎠᏍᏓᏕᏚᏗᏁᏉᏛᏌ	Diquedosdoti osdatinvga
Plant the seeds	ᏆᏍᏐ ᏊᏈᏙᏒᏗ	Gudena Titsvwisvti
Planting stick	ᏋᏕᏇ ᏂᏇᏚᏘ	Gadadv yvdvda
Dig a hole (like moving the dirt back)	ᏋᏇ ᏐᏇᏄᏋ	Gadv widvlega
Build a mound	ᏋᏇ ᏞᏒᏚᏋ	Gadv hisvnega

BIGWITCH INDIAN WISDOM INITIATIVE

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BIGWITCH LIVING
SYSTEMS AND LIVING
FOOD WAYS

BIGWITCH PLANT,
HERB & LIFEWAYS
CURRICULUM

CHEROKEE LANGUAGE
SYLLABARY &
TRANSLATION

BIGWITCH BOX
SUPPERS

BIGWITCH
COSMOLOGY,
PARTNERSHIP &
COMMUNICATION



WAYS TO BE IN RELATIONSHIP

SIGN UP FOR OUR NEWSLETTER

This can be opting in to share your email with us or to send us an email with your interest.

bigwitchindianwisdom@gmail.com

VOLUNTEER

Roll up your sleeves and let's get to work together. Fill out the [Google Form Here](#) for working out at Mrs. Amy's Garden.

PRE-ORDER TRADITIONAL FOODS

[Sign up here](#) for interest in Pre-Ordering foods like Ramp Pesto, Chestnut Bread, Cornmeal, Wild Mushrooms and MORE!

DONATE

Enter into reciprocity when you compensate those willing to share their knowledge and resources. Supporting Indigenous Led projects moves the needle in an authentic way.

[PayPal Link](#)



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