## Sandwell

## 50

Nestled in the heart of the Black Country and renowned for its industrial heritage, Sandwell today is a haven of green spaces and award-winning parks. Home to some of the region's most interesting historic buildings and geologically important sites, Sandwell is sure to satisfy the most curious of historians.

## 100

Nestled in the heart of the Black Country and renowned for its industrial heritage, Sandwell today is a haven of green spaces and award-winning parks. Home to some of the region's most interesting historic buildings and geologically important sites, Sandwell is sure to satisfy the most curious of historians.

With a host of museums, such as The Oak House Museum, which dates back to medieval times, and heritage attractions like Lightwoods House, an 18<sup>th</sup> century building with beautiful gardens, there's so much to explore in Sandwell.

For those who love the great outdoors, there are more than 30 different parks with over 2,000 hectares of gorgeous green space. The 'jewel in the crown', Sandwell Valley Country Park, has rolling countryside as far as the eye can see, two working farms, a huge playground and mountain bike trails to enjoy while the Sandwell Valley RSPB reserve is a UNESCO site of historical geological importance.

And come Birmingham 2022 Commonwealth Games time, the brand-new Sandwell Aquatics Centre will be home to exciting diving and swimming events that will be watched by the world.