

### There is only one Cape Cod in all the world.

Cape Cod. Warm sea breezes, 559.6 miles (900 km) of unspoiled coastline and breathtaking scenic vistas. Generations of families return year after year to reclaim memories of sandcastles, flip flops and fried clams. Others come for the world's finest beaches or to explore a region steeped in history, arts and culture. Enjoy 15 distinctive towns, exquisite gardens, quaint shops, New England's best golf, fine dining, superior accommodations and an array of land & sea activities.

### Location & History

Cape Cod is situated less than 2 hours from Boston in Southern New England, at the southeast corner of Massachusetts, stretching approximately 70 miles (112 km) from the Cape Cod Canal to Provincetown's Race Point. The Cape is 20 miles (32 km) at its widest point and completely surrounded by water. Countless historic sites and landmarks tell the proud role that Cape Cod has played in American history, beginning with the indigenous Wampanoag people and the landfall of the Mayflower in Provincetown in 1620, to the Camelot Days of JFK, as celebrated at the John F. Kennedy Hyannis Museum. The homes of long-ago sea captains dot the Old King's Highway, the largest contiguous historic district in the United States. Historic lighthouses have lined Cape shorelines for centuries. The John F. Kennedy Museum in Hyannis celebrates the life and times of President Kennedy and his family on Cape Cod. And, at the tip of the Cape, Provincetown proclaims its living history as an artist's colony and fishing village, including the renown Provincetown Art Association and Museum.

### Getting to Cape Cod

- By Air: Cape Air, Jet Blue
- By Ferry: Bay State Cruise Company, Boston Harbor Cruises (Boston to Provincetown Service- late May to mid-October)
- By Train: CapeFLYER (Weekend rail service from Boston to Hyannis: late May to mid-October)
- By Bus: Plymouth & Brockton Street Railway Co, Peter Pan Bus Line

### About Cape Cod

Cape Cod comprises 15 towns, each with a constellation of villages. There are four regions-Upper, Mid, Lower and Outer Cape. Upper Cape: Bourne, Sandwich, Falmouth and Mashpee; Mid-Cape: Barnstable, Yarmouth and Dennis; Lower Cape: Harwich, Brewster, Chatham and Orleans; and Outer Cape: Eastham, Wellfleet, Truro and Provincetown.

### Activities

Cape Cod offers a wide range of things to do. The first oceanfront Park in America, The Cape Cod National Seashore offers over six swimming beaches and several National Park visitor centers with compelling exhibits and programming. Cape Cod offers swimming, boating, surfing, kayaking, stand up paddle boarding and fishing excursions. Rent bicycles and ride the many cycling trails through the region or find seaside and wooded walking paths to explore. Whale watching is available from April through October from ports in Provincetown, Barnstable and Plymouth. You can enjoy Hyannis Harbor Cruises, Cape Cod Canal Cruises or a day trip to the Islands of Nantucket or Martha's Vineyard onboard Hy-Line Cruises or the Steamship Authority.



## Golf

There are few areas in the world that can rival Cape Cod when it comes to quality golf. Cape Cod has four of the Top-10 courses in Massachusetts (according to Golf Digest) and one of the Top-four Par-3 layouts in the country. Some of the most widely renowned golf course architects in the world have had a hand in sculpting Cape Cod's most scenic golf vistas.

## Lighthouses

Lighthouses are as much a part of Cape Cod as the sea. There are 17 lighthouses on the Cape, mile-for-mile one of the largest concentrations of working lighthouses. Sweeping far out into the ocean, the Cape was substantial obstacle to navigation. In the last 300 years, there have been more than 3,000 documented shipwrecks along Cape shores.

## Arts & Culture

Cape Cod has been recognized as one the 25 top arts destinations in the country. Top attractions include: Pilgrim Monument and Provincetown Museum, Woods Hole Oceanographic Institute, Mashpee Wampanoag Indian Museum, Summer Theatre, Cape Symphony, The Melody Tent.

## The Kennedy Connection

The Kennedy family has been connected to Hyannisport since the 1920s, when family patriarch Joseph Kennedy bought a summer home here. The 1960 presidential race which elected John F. Kennedy as 35th President, placed Hyannisport on the world map. The Kennedy name remains a major draw today, and JFK Hyannis Museum and JFK Memorial, both in Hyannis, remain among the Cape's most popular attractions.

## Cape Cod Gardens

Sandwich's Heritage Museums & Gardens offer 100 spectacular acres, and East Sandwich's Green Briar's Wildflower Garden and Giving Tree Gardens are worth a look. Don't miss Woods Hole's Spohr Gardens' daffodils, azaleas, rhododendrons and daylilies or Harwich's 20-acre, 14,000-plant Cape Cod Lavender Farm. "Secret gardens" abound at many quaint Cape B&Bs and inns, where you can enjoy English-style or seaside gardens. Walk among rosa rugosa, whose incredible aroma scents entire beaches. Look for the annual Cape Cod Hydrangea Fest in July! Peek into some of Cape Cod's most private places during the 10-day festival, with highlights to include garden tours and special hydrangea-themed events and promotions.

## Festival & Events

- Art Week – April
- Maritime Days – May
- Quahog Day – June
- Father's Day Car Show – June
- Cape Cod Baseball League – June & July
- Wampanoag Tribal Pow Wow – July
- Cape Cod Hydrangea Festival – July
- Pops by the Sea – August
- Christmas on Cape Cod – November & December

## Travel & Tourism Information

Cape Cod Chamber of Commerce  
5 Patti Page Way  
Centerville, Cape Cod, Massachusetts 02632  
1-888-33CapeCod (888-332-2732) or 508-362-3225  
[CapeCodChamber.org](http://CapeCodChamber.org)

Please refer Cape Cod press inquiries to:

**Paul Niedzwiecki**

508-362-3225 x 504

[paul@capecodchamber.org](mailto:paul@capecodchamber.org)

or

**Bill DeSousa-Mauk**

508-790-0566

[bill@demapr.com](mailto:bill@demapr.com)

We are always happy to help the media by suggesting story ideas, arranging press trips to the region and sharing images from our expansive online library of stunning Cape Cod photography.



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