Facial Treatments

Bringing nature and technology together to give you softer, younger, healthier looking skin.

- Sea of Life custom classic facial for inspired results ................................................................. $285 | 60 min
- Sea Oxygen De-Age results oriented anti-aging treatment ....................................................... $305 | 60 min
- Renewal Facial restores skin tone for an even youthful appearance ........................................... $285 | 60 min
- Active Lift lifts, tones and enhances facial contours ................................................................. $275 | 90 min
- Hydra Facial cleanses, exfoliates and hydrates ............................................................................ $225 | 30 min, $290 | 60 min, $345 | 90 min

Enhancements treatment add-ons
- Deep Cleanse purifies the pores .................................................................................................... $30
- Refining Peel smooths and brightens ............................................................................................. $45
- Hydration Quench replenishes moisture ....................................................................................... $45
- Collagen Mask promotes cellular renewal ..................................................................................... $45
- Red Light Therapy improves skin texture ...................................................................................... $45

30-Minute Marvels

- Refreshers facial purifies and renews ............................................................................................ $25 | 30 min
- WOW Brow lifts, lifts and tones .................................................................................................... $45 | 30 min
- Tension Tamer targeted stress relief ............................................................................................ $25 | 30 min
- Catalina Sole Reviver exfoliates and revives ................................................................................. $25 | 30 min
- Catalina Sleep Therapy rest and re-energize .................................................................................. $50 | 30 min

Body Treatments

Incorporating special applications of active ingredients to relax and restore your body.

- Detox De-Stress 15 minutes, relaxes tension and smooths your body contour ................................ $285 | 90 min
- Cellulite Buster reduces water retention, stimulates circulation and tones your body ............... $285 | 90 min
- Catalina Sole Reviver scrubs and massages re-energizes your tired soles .................................... $125 | 30 min, $175 | 60 min
- Sun on the Run sunless bronzing
  - Just Legs ......................................................................................................................................... $45 | 30 min
  - Full Body ........................................................................................................................................ $60 | 45 min

Massage Therapies

Combining techniques and enhancements to create a custom massage experience.

- Catalina Custom Massage tailored to your body’s needs .............................................................. $285 | 60 min, $325 | 90 min
- Couples Massage relax together in the comfort of a private suite ............................................. $370 | 60 min, $520 | 90 min
- Couples Suite Experience ............................................................................................................. $125 | 60 min
- Pre Sleep Massage combines aroma, touch and sound ............................................................... $285 | 60 min
- Prenatal Massage eases muscle discomfort and lowers back pain ............................................ $285 | 60 min

Enhancements treatment add-ons
- Organic Muscle Balm..................................................................................................................... $25
- Invigorating Relief Gel .................................................................................................................... $25
- Heavenly Quartz Sand Therapy .................................................................................................... $25
- Warm Stone .................................................................................................................................... $25
- Aromatherapy ............................................................................................................................... $25
- Warm Oil Scalp Massage ................................................................................................................ $25

Signature Rituals

Tapping restorative powers of local plants and marine extracts to renew your mind, body and spirit.

- Warm Sand & Ocean Therapy replenishes your body from head to toe ...................................... $345 | 120 min
- Sage Stone Purification purifies and revives your body and spirit .............................................. $285 | 90 min
- Seaweed Surrender reduces water retention and stimulates circulation ..................................... $285 | 90 min
- Cactus Cooler soothes and heals the harsh effects of sun, sea and sand .................................... $185 | 60 min
- Citrus with a Twist refreshes your skin and revives your senses .................................................. $185 | 60 min

Just for Him

Signature treatments and services tailored to the unique needs of active men.

- Catalina Custom Massage tailored to your body’s needs .............................................................. $285 | 60 min, $325 | 90 min
- Men’s Catalina Facial Treatment .................................................................................................. $125 | 30 min, $185 | 60 min
- Lime with a Twist refreshes, nourishes and hydrates your skin .................................................. $185 | 60 min
- Grooming Manicure ..................................................................................................................... $35
- Grooming Pedicure ........................................................................................................................ $45
- Cut & Style ........................................................................................................................................ $45

Body Treatments

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- Catalina Sole Reviver scrubs and massages re-energizes your tired soles .................................... $125 | 30 min, $175 | 60 min
- Sun on the Run sunless bronzing
  - Just Legs ......................................................................................................................................... $45 | 30 min
  - Full Body ........................................................................................................................................ $60 | 45 min
Finishing & Beauty
Providing the finishing touches that help you achieve the look you want from head to toe.

Hair Services
Waxing Services
Bridal Suite Rental
Trial Services
Eyelash Application (Individual or Strip)
Eyes Only
Special Occasion Makeup
Featuring a mineral-based collection for healthy, beautiful skin.
Ocean Wave Hair + Scalp + Blowout
Bang Trim
Cut + Style
Shampoo + Blowout + Style

Makeup Services

Instructor-led and virtual fitness classes to help you achieve your health and wellness goals. Call 310.510.7300 for classes and schedule.

Bridal Services

Wellness Studio
Featuring instructor-led and virtual fitness classes to help you achieve your health and wellness goals. Call 310.510.7300 for classes and schedule.

Nutrient-rich soak, blend of sea salts and essential oils, and relaxing leg and foot massage provide an extraordinary healing experience.

Nail Services

Includes champagne and shared plate from Encanto Café.

The Suite Life
Relax in suite serenity in our spacious 6 Encanto and Silver Peak suites.

The Suite Life
Relax in suite serenity in our spacious 6 Encanto and Silver Peak suites.

Suite Talk | 2 hrs
Suite Sharing | 4 hrs
Suite Dreams | 6 hrs

Our staff will be happy to assist you in creating your personalized Suite Experience. For suite rentals of eight or more hours, please call 310.510.7300.

Couples Suite Experience
After your treatment, spend some time together in our couple’s suite. Includes champagne and shared plate from Encanto Café.

Bring Your Group to Island Spa Catalina
With 15,000 square feet of stress-free space only steps from Avalon Bay, Island Spa Catalina is ideal for bridal showers, small parties and other intimate gatherings. Call 310.510.7300 for details on how to create the perfect group space experience, complete with catering and bar service.

Day Passes
Unwind at the spa’s relaxing point. Jacuzzi, dry sauna, eucalyptus steam room, locker and shower facilities, and ocean-view relaxation deck. 4 Hours
Full Day

Day Passes
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