

# Facial Treatments

*Bringing nature and technology together to give you softer, younger, healthier looking skin.*

<b>Sea of Life</b> custom classic facial for inspired results .....	\$185   60 min
<b>Sea Oxygen De-Age</b> results oriented anti-aging treatment.....	\$255   90 min
<b>Renewal Facial</b> restores skin tone for a more youthful appearance .....	\$185   60 min
<b>Active Lift</b> lifts, tones and enhances facial contours .....	\$275   90 min
<b>Hydra Facial</b> cleanses, exfoliates and hydrates.....	\$225   30 min, \$290   60 min, \$345   90 min

## Enhancements treatment add-ons

<b>Deep Cleanse</b> purifies the pores .....	\$10
<b>Refining Peel</b> smooths and brightens.....	\$15
<b>Hydration Quench</b> replenishes moisture .....	\$10
<b>Collagen Mask</b> promotes cellular renewal.....	\$15
<b>Red Light Therapy</b> improves skin texture .....	\$10

## 30-Minute Marvels

<b>Refresher Facial</b> purifies and renews.....	\$125   30 min
<b>WOW Brow</b> firms, lifts and tones .....	\$85   30 min
<b>Tension Tamer</b> targeted stress relief .....	\$125   30 min
<b>Catalina Sole Reviver</b> invigorates and revives .....	\$115   30 min
<b>Catnap Sleep Therapy</b> rest and re-energize.....	\$50   30 min

# Massage Therapies

*Combining techniques and enhancements to create a custom massage experience.*

<b>Catalina Custom Massage</b> tailored to your body's needs.....	\$185   60 min, \$255   90 min
<b>Couples Massage</b> relax together in the comfort of a private suite .....	\$370   60 min, \$510   90 min
<b>Couples Suite Experience</b> .....	\$125   60 min
<i>Extend your Couples Massage experience with shared plates and champagne.</i>	
<b>Pro Sleep Massage</b> combines aroma, touch and sound.....	\$185   60 min
<b>Prenatal Massage</b> eases muscle discomfort and lower back pain.....	\$185   60 min

## Enhancements treatment add-ons

<b>Organic Muscle Balm</b> .....	\$10
<b>Invigorating Relief Gel</b> .....	\$10
<b>Heated Quartz Sand Therapy</b> .....	\$30
<b>Warm Stone</b> .....	\$25
<b>Aromatherapy</b> .....	\$15
<b>Warm Oil Scalp Massage</b> .....	\$15

# Body Treatments

*Incorporating special applications of active ingredients to relax and restore your body.*

<b>Detox De-Stress</b> eliminates toxins, releases tension and smooths your body contour .....	\$285   90 min
<b>Cellulite Buster</b> reduces water retention, stimulates circulation and tones your body.....	\$185   60 min
<b>Catalina Sole Reviver</b> scrub and massage re-energize your tired soles .....	\$115   30 min, \$175   60 min
<b>Sun on the Run</b> <i>sunless bronzing</i>	
Just Legs .....	\$45   30 min
Full Body.....	\$80   45 min

# Signature Rituals

*Tapping restorative powers of local plants and marine extracts to renew your mind, body and spirit.*

<b>Warm Sand &amp; Ocean Therapy</b> replenishes your body from head to toe .....	\$345   120 min
<b>Sage Stone Purification</b> purifies and renews your body and spirit.....	\$285   90 min
<b>Seaweed Surrender</b> reduces water retention and stimulates circulation .....	\$285   90 min
<b>Cactus Cooler</b> soothes and heals the harsh effects of sun, sea and air.....	\$185   60 min
<b>Citrus with a Twist</b> refreshes your skin and revives your senses .....	\$185   60 min

# Just for Him

*Signature treatments and services tailored to the unique needs of active men.*

<b>Catalina Custom Massage</b> tailored to your body's needs.....	\$185   60 min, \$255   90 min
<b>Men's Catalina Facial Treatment</b> .....	\$125   30 min, \$185   60 min
<b>Lime with a Twist</b> refreshes, nourishes and hydrates your skin.....	\$185   60 min
<b>Grooming Manicure</b> .....	\$35
<b>Grooming Pedicure</b> .....	\$45
<b>Cut &amp; Style</b> .....	\$45

# Finishing & Beauty

*Providing the finishing touches that help you achieve the look you want from head to toe.*

## Hair Services

*We'll help you create the look that's right for you.*

<b>Shampoo + Blowout + Style</b> .....	\$45   short, \$55   medium, \$75   long
<b>Special Occasion Style</b> .....	\$85
<b>Cut + Style</b> .....	\$95
<b>Bang Trim</b> .....	\$15
<b>Ocean Wave Hair + Scalp + Blowout</b> .....	\$105
<b>Keratin Smoothing Treatment</b> .....	\$150-\$250

## Makeup Services

*Featuring a mineral-based collection for healthy, beautiful skin.*

<b>Special Occasion Makeup</b> .....	\$75
<b>Eyes Only</b> .....	\$40
<b>Eyelash Application (Individual or Strip)</b> .....	\$15

## Bridal Services

<b>Bridal Hair</b> .....	\$135
<b>Bridal Makeup</b> .....	\$90
<b>Trial Services</b> .....	ask about pricing
<b>Bridal Suite Rental</b> .....	ask about pricing

## Waxing Services

*Using the finest low-reactive waxes to deliver perfect results.*

## Nail Services

<b>Ocean Wave Manicure   Pedicure</b> .....	\$80   50 min, \$95   60 min
Nutrient-rich soak, blend of sea salts and essential oils, and relaxing leg and foot massage provide an extraordinary healing experience.	
<b>Refresher Manicure   Pedicure</b> .....	\$40   35 min, \$50   45 min

## Special Effects

<b>Polish Change Hands</b> .....	\$15
<b>Polish Change Feet</b> .....	\$15
<b>French Polish</b> .....	\$15
<b>Gel Polish</b> .....	\$15
<b>Gel Polish Removal</b> .....	\$10
<b>Acrylic Fill</b> .....	\$45
<b>Acrylic Full Set</b> .....	\$55
<b>Acrylic Pink + White Fill</b> .....	\$50
<b>Acrylic Pink + White Full Set</b> .....	\$65
<b>Nail Repair</b> .....	\$15

# Wellness Studio

*Featuring instructor-led and virtual fitness classes to help you achieve your health and wellness goals. Call 310.510.7300 for classes and schedule.*

## Instructor-led Fitness

We offer a full range of fitness classes, from cardio to core circuit to stretch and tone.

## Fitness on Demand™

Just show up, tune in and work out to a wide variety of virtual fitness and yoga classes.

# The Suite Life

*Relax in suite serenity in our spacious El Encanto and Silver Peak suites.*

<b>Suite Talk   2 hrs</b> .....	\$200
<b>Suite Sharing   4 hrs</b> .....	\$400
<b>Suite Dreams   6 hrs</b> .....	\$600

Our staff will be happy to assist you in creating your personalized Suite Experience. For suite rentals of eight or more hours, please call 310.510.7300.

## Couples Suite Experience

After your treatment, spend some time together in our couple's suite. Includes champagne and shared plate from Encanto Café. .... \$125 | 60 min

## Bring Your Group to Island Spa Catalina

With 15,000 square feet of stress-free space only steps from Avalon Bay, Island Spa Catalina is ideal for bridal showers, small parties and other intimate gatherings. Call 310.510.7300 for details on how to create the perfect group spa experience, complete with catering and bar service.

## Day Passes

*Gives you access to the spa's soaking pool, Jacuzzi, dry sauna, eucalyptus steam room, locker and shower facilities, and ocean-view relaxation deck.*

<b>4 Hours</b> .....	\$100
<b>Full Day</b> .....	\$150

