Spa Experiences

ISLAND SPA
Catalina



Facial Treatments

Bringing nature and technology together to give you softer, younger, healthier looking skin.

OCEAN INSPIRED

to nurture skin

Sea of Life

Custom classic facial combines marine extracts and island botanicals for inspired results. 60 min - \$185

Sea Oxygen De-Age

Incorporates marine-based ingredients, custom-blended to gently remove impurities, hydrate the skin and minimize the appearance of fine lines. 90 min - \$255

TAILORED REGIMEN

to prolong youthfulness

Renewal Facial

Restores skin tone and reverses existing signs of aging for a healthy, youthful appearance. 60 min - \$190

Active Lift

Restorative active ingredients work in synergy to lift, tone and enhance facial contours for age-defying result. 90 min - \$275

ADVANCED TECHNOLOGY

for optimum results

HydraFacial

Combines deep cleansing, exfoliation, extraction and infused hydration into a non-invasive, high-tech solution for multiple skin concerns.

30 min - \$225, 60 min - \$290, 90 min - \$345

ENHANCEMENTS treatment add-ons

Deep Cleanse purifies the pores \$10

Refining Peel smooths & brightens \$15

Hydration Quench replenishes moisture \$10

Collagen Mask promotes cellular renewal \$15

Red Light Therapy improves skin texture \$10

30-Minute MARVELS

Refresher Facial

purifies & renews \$125

WOW Brow

firms. lifts & tones \$85

Tension Tamer

targeted stress relief \$125

Catalina Sole Reviver

invigorates & revives \$115

Catnap Sleep Therapy

rest & re-energize \$50

Massage Therapies

Combining techniques and enhancements to create a custom massage experience.

Catalina Custom Massage

We focus on whatever your body needs: total relaxation, muscle and tension relief or recovery and re-balance. Choose an enhancement to boost your massage experience.

60 min - \$185. 90 min - \$255

Couples Massage

Relax together in the comfort of a private suite. 60 min - \$380. 90 min - \$520

Couples Suite Experience

Extend your Couples Massage experience with shared plates and sparkling wine. 60 min - \$125

ENHANCEMENTS treatment add-ons

Organic Muscle Balm \$10

Invigorating Relief Gel \$10

Heated Quartz Sand Therapy \$30

Warm Stone \$25

Aromatherapy \$15

Warm Oil Scalp Massage \$15

Pro Sleep Massage

Combining aroma, touch and sound for a tranquil sensory experience. 60 min - \$185

Prenatal Massage

Helps ease muscle discomfort and lower back pain for moms to be. 60 min - \$185

Body Treatments

Incorporating special applications of active ingredients to relax and restore your body.

Detox De-Stress

Thermal mud wrap helps eliminate toxins, release tension and smooth your body contour. 60 min - \$285

Cellulite Buster

Active ingredients reduce water retention, stimulate circulation, and firm and tone your body 60 min - \$185

Catalina Sole Reviver

Invigorating scrub and relaxing leg and foot massage combine to re-energize your tired soles. 30 min - \$115. 60 min - \$175

Couple's Suite EXPERIENCE

Enhance your experience at Island Spa Catalina with a shared plate and glass of sparkling wine in our couple's suite. It's the perfect way to relax and enjoy some intimate time together after your spa treatments. 60 min - \$125

Signature Rituals

Our island-inspired signature rituals tap restorative powers of local plants and marine extracts to renew your spirit, mind and body.

Warm Sand & Ocean Therapy

Feel the ebb and flow of the sea as a bed of warm quartz sand replenishes your body from head to toe. 120 min - \$345

Sage Stone Purification

Purifying body mask and deep relaxing warm stone and sage oil massage renew your body and spirit. 90 min - \$285

Seaweed Surrender

Organic scrub, marine-based mask and soothing massage help reduce water retention and stimulate circulation. 90 min - \$285

Cactus Cooler

Cool hydrating wrap soothes and heals the harsh effects of sun, sea and air. 60 min - \$185

Citrus with a Twist

Refreshing scrub and nourishing mask hydrate your skin and revive your senses. 60 min - \$185





Just for Him

We offer a complete spa experience, with signature treatments and services tailored to the unique needs of active men.

Catalina Custom Massages

We tailor your massage to focus on whatever your body needs: total relaxation, muscle and tension relief or recovery and re-balance. Boost your experience with a variety of massage techniques and mediums. 60 min - \$185, 90 min - \$255

Men's Catalina Classic Face Treatment

Specifically designed to purify, balance, smooth and rehydrate a man's skin. 30 min - \$125, 60 min - \$185

Lime with a Twist

A refreshing scrub and nourishing mask hydrate your skin and revive your senses. 60 min - \$185

Grooming Manicure \$35 **Pedicure** \$45

Tailored specifically to smooth, buff and groom a man's hands and feet.

Cut & Style

Choose your style or let us create one for you. Either way, you'll look your best. \$45



Finishing & Beauty

Providing the finishing touches that help you achieve the look you want from head to toe.

HAIR

Short, long, curly or straight, we'll help you create the look that's right for you.

Shampoo + Blowout + Style

\$45 short, \$55 medium, \$75 long

Special Occasion Style \$85

Cut + Style \$95

Bang Trim \$15

Ocean Wave Hair + Scalp + Blowout \$105

Keratin Smoothing Treatment \$150 - \$250

MAKFUP

Featuring a mineral-based collection for healthy, beautiful skin.

Special Occasion Make-Up \$75

For Your Eyes Only \$40

Eyelash Application *individual or strip* \$15

NAII S

Ocean Wave Manicure \$80 Pedicure \$95

An ocean-scented, nutrient-rich soak followed by a blend of sea salts and essential oils helps soften and exfoliate your skin, while a relaxing leg and foot massage provides an extraordinary healing experience.

Refresher Manicure \$40 Pedicure \$50

WAXING

Using the finest low-reactive waxes to deliver perfect results.

Bridal SERVICES

Bridal Hair \$135

Bridal Makeup \$90

Trial Services ask about pricing

Bridal Suite Rental ask about pricing

Special EFFECTS

Polish Change hands & feet \$15

French Polish hands & feet \$15

Gel Polish hands \$15

Gel Polish Removal \$10

Acrylic Fill \$45

Acrylic Full Set \$55

Acrylic Pink & White Fill \$50

Acrylic Pink & White Full Set \$65

Nail Repair \$15





Wellness Studio

Featuring instructor-led and virtual fitness classes to help you achieve your health and wellness goals. Call 310.510.7300 for classes and schedules.

Instructor-led Fitness

We offer a full range of fitness classes, from cardio to core circuit to stretch and tone.

Fitness on Demand™

Just show up, tune in and work out to a wide variety of virtual fitness and yoga classes.

The Suite Life

Relax in suite serenity in our spacious El Encanto and Silver Peak group suites, ideal for couples and small gatherings. Contact our reservation staff for help in creating your personalized suite experience.

Suite PACKAGES

Suite Talk 2 hrs - \$200

Suite Sharing 4 hrs - \$400

Suite Dreams 6 hrs - \$600

Couples Suite Experience 60 min - \$125



Bring Your Group to Island Spa Catalina

With 15,000 square feet of stress-free space only steps from Avalon Bay, Island Spa Catalina is ideal for intimate gatherings. Call 310.510.7300 for details on how to create the perfect group spa experience, complete with catering and bar service.

Day Passes

Gives you access to the spa's soaking pool, Jacuzzi, dry sauna, eucalyptus steam room, locker and shower facilities, and ocean-view relaxation deck.

Half Day - \$100, Full Day - \$150

How to Spa

Tell Us Your Needs

Want your treatment room extra warm? Like a particular kind of music? Sensitive to certain massage pressure? Let us know when you make your reservation, so we can personalize your experience.

Arrive Early

You should never feel rushed on spa time. Plan to arrive 20–30 minutes early to enjoy some aromatherapy in our steam room or relax in our tranquil lounge before your treatment.

If You're Running Late

Please notify us as soon as possible. If we're unable to adjust your itinerary, your treatment will still have to be concluded by the designated time in order to accommodate the next guest.

If You Must Cancel

Please notify us 24 hours in advance to avoid being charged the full price of your scheduled treatments. For groups of six or more, 72-hours' notice is required.

Get Comfortable

We provide robes and slippers for your comfort, and a locker to store personal belongings. We assume no liability for lost items, so please do not bring jewelry or other valuables.

Find Your Escape

For a relaxing escape before or after your treatments, spend some time in our soaking pool, Jacuzzi, dry sauna, eucalyptus steam room or on the ocean-view relaxation deck.

Re-fuel at Encanto Café

Enjoy a selection of shared plates, fresh salads, sandwiches and smoothies, served to you poolside or on our ocean-view relaxation deck. We also offer champagne, wine and beer.

Visit the Spa Shoppe

We feature the same body, hair care and treatment products used at the Spa, along with island-inspired jewelry, women's apparel, swimwear, home accents, artisan candles and more.

Give the Gift of Spa

Ask the front desk about Island Spa Catalina gift cards, or visit IslandSpaCatalina.com.

Gratuity

For your convenience, an 18% gratuity will be added to all Spa and Salon services.

