

# ISLAND SPA *Catalina*

## RELAX. REJUVENATE. RESTORE.



### MASSAGE

**Catalina Custom Massage • 60/90 min. - \$185 / \$255**

Allow us to focus on the areas that promote the highest level of relaxation – for you. This Swedish style service provides muscle and tension relief for optimal re-balancing.

**Mother-To-Be Massage • 60 min. - \$185**

Taking care of you and your little one, this gentle massage will allow you to fully relax while supported throughout.

*\*Please note*, massage is not recommended for those in the first trimester or those experiencing complications. Please clear with your physician prior to booking.

**Catalina Trail Massage • 60 min. - \$185**

This is the perfect experience for the hiker in all of us - seasoned or novice. Focus is only on the areas that carry the most stress and tension: Feet, Back and Scalp. Unwind these areas to truly reconnect. A perfect pairing with an Island Facial.

**Catalina Couples Massage • 60/90 min. - \$380 / \$520**

Share the experience of our Catalina Custom Massage together, in one of our couple suites. Side by side, enjoy this peaceful time for just the two of you. Perfect for couples, friends, and family.

### FACIALS

**Island Custom Facial • 60/90 min. - \$185 / \$255**

Prompted by a thorough skin analysis, your esthetician will address any areas of concern. Founded in the traditional European style, this facial is perfect for any skin type or issue.



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## FACIALS *(cont.)*

### Calming Back Treatment • 60 min. - \$185

The indulgence your back deserves. Address congestion, dryness, and overall skin health to the one area of your skin that is often ignored. Highly relaxing and beneficial.

### The Hi-Tech Facial • 90 min. - \$275

This facial is the facelift without the surgery. Nano-infusion, micro-current lifting and red-light therapy will help to diminish fine lines, promote healthy skin, and a firm tone - leaving you red carpet ready.

## BODY TREATMENTS

### Avalon Scrub • 60 min. - \$195

Effectively remove dry skin through dry brushing and exfoliation to allow the skin to breathe. Followed by a deep moisture application, this body scrub will leave your skin feeling hydrated and healthy.

### Harbor Scrub & Body Wrap • 90 min. - \$275

This two-phase treatment will nourish and hydrate your skin from the outside in. A scrub to exfoliate and refresh is followed by a deep hydration application with a warm wrap, allowing your body the time to relax, repair, and rejuvenate. While cocooned, your therapist will provide luxurious pampering to your scalp and feet, providing a fully immersive experience.

## SERVICE ENHANCEMENTS

Add a specialty focus to your massage or facial. Enhancements do not add time to your service.

### MASSAGE

Warm Stone	\$35
Aromatherapy	\$35
Warm Oil Scalp	\$35
Collagen Face Mask	\$35
Collagen Eye Mask	\$25
Deep Tissue Work	\$15
Warm Paraffin • Hands	\$35
Warm Paraffin • Feet	\$35

### FACIAL

Collagen Face Mask	\$35
Collagen Eye Mask	\$25
Red Light Therapy	\$35
Micro-Current Lifting	\$35
(90 min. service only)	

Ultimate relaxation awaits at Island Spa Catalina. Amenities for 60 minute or longer treatments include use of the soaking pool, relaxation deck, dry sauna, eucalyptus steam room, and more.

To book an appointment, for all spa policies and to learn more visit [islandspacatalina.com](https://islandspacatalina.com) or use the QR code below.



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