Brave Nomen HX **Bristol Mountain**

Bristol Mountain - This 1200' vertical rise allows Bristol Mountain to reign as the highest vertical between the Adirondack/ Laurentian Mountains of the east and the Rocky Mountains of the west. There are 138 acres of skiable terrain, including 3KM of Nordic trails. Views of the summit and the 38 slopes and trails are breathtaking and provide a variety of inclines for every skier and snowboarder from beginner to expert. Bristol offers an array of dining options while skiing. Two base lodges, a cafeteria style eatery, summit grilling and a slope-side waffle house. Services include rental equipment, a full snow sports retail store, and equipment Tuning center.



History: Bristol Mountain was established in 1964 after the land was bought in South Bristol NY by Fred Sarkis. 50 of the 360 acres was cleared and the base lodge was built. Snow making capabilities and a new lift was added in 1965. By the 1970's, Bristol was getting over 100,000 skiers per year and open 7 days per week. They progressively made snow making improvements and by 1985 they had 100% coverage and guaranteed over 100 days of skiing per season. In 1999 the first modern chairlift was added, and in 2009/2010 the new high speed detachable chairlift was added.

In the summer of 2014 Bristol Mountain Aerial Adventures was introduced. It is a 3 acre aerial park consisting of 7 challenging courses with nearly 100 tree to tree elements and 10 zip lines. Bristol also has cross country skiing available at the Summit Nordic Center, consisting of two trails, one of which has snow making and lights for night skiing. The Summit Nordic Center is not directly accessible from Bristol's downhill base lodges; visitors must use the separate entrance by driving up the mountain to South Hill Road off of County Road 32.



www.BraveWomenFLX.com @BraveWomenFLX

Brave Nomen Flx

After you hit the slopes be sure to check out these women-owned businesses near by!

Bon Ami French Bistro - Get a taste of Provence right in beautiful Canandaigua! Owners Lisa Herrick and George Vindigni Offer authentic French cuisine and a carefully curated wine list. Bon Ami is sure to delight your taste buds. Enjoy a delicious hand pre- pared meal or have a drink at the stunning fully stocked bar. They offer a wide selection of French wines along with some from around the world too, and will help you pair your meal perfectly.



Cindy's Grape Pies - Grape pies are a staple in Naples - it is the grape pie capital of the world after all! Lisa and Matt are continu- ing Cindy's legacy of making mouth watering grape pies that cannot be missed. Cindy's also offers grape tarts, grape bread, grape coffee cake and other baked goods. You can order ahead and pick up when you come through town.

The Finger Lakes Barn Quilt Trail - visit flxbarnquilttrail.com for the map. There's no better way to experience the beauty of the Finger Lakes Region than by hitting the road and taking in the scenic vistas. We invite you to spend your day exploring the Finger Lakes Barn Quilt Trail!



Launched in 2018, the trail is a collection of barn quilts painted on barns and buildings displayed throughout the Finger Lakes. Along the trail, you can find farm markets, restaurants, natural areas, and back road adventures! We invite you to discover these roadside gems - colorful painted and crafted blocks of quilt design - and enjoy the beauty of the Finger Lakes...all while in the comfort of your car. It's the perfect time to see this treasure of FLX...socially distanced.



Young Lion Brewing Company - A woman owned and managed brewery, Jennifer Newman opened Young Lion in 2017. One of the larger microbreweries in New York State, it is situated on the beautiful northern shore of Canandaigua Lake. Young Lions core beers include an award winning Czech Pilsner, IPA, Double IPA, Stout and Bourbon Barrel Stout. "What started out as an idea tossed around a bar in Rochester became a dream we couldn't shake. It's a story of good friends and great beer.. Our team takes pride in being an award winning, community focused brewery." Stop by for great beer or fun YLBC merch!



www.BraveWomenFLX.com @BraveWomenFLX