FINGER LAKES, NY

Sweet Treat 2019

I ♥ NY
iloveny.com

trail

Experience Locally-Made Delights!

fresh

Jams & Jellies • Honey • Ice Cream
Cookies & Cakes • Pastries & Pies
Fruits & Berries
Maple Syrup
Apples

FINGER LAKES • NY
Sweet Treat
trail
TOUR CAYUGA.com

•NYSDED

Welcome to the Finger Lakes Sweet Treat Trail

The family-friendly Finger Lakes Sweet Treat Trail is all about the unique sweets and treats that Cayuga County has to offer. Whether it is honey or homemade cookies, this self-guided tour has something to satisfy your sweet tooth cravings. Don't miss the Spring Fling on April 13 and 14 during the Va Va Bloom Garden Show at Dickman Farms and the Fall Fling on September 6 at the Schweinfurth Art Center during the First Friday celebration.

All roads lead to yummy goodness!

Some of the charm of the Finger Lakes Sweet Treat Trail is that most of the stops are small and family run and may be open seasonally so it is always wise to check ahead and confirm hours before your visit. For updates on offerings at specific stops, check out their Facebook pages.

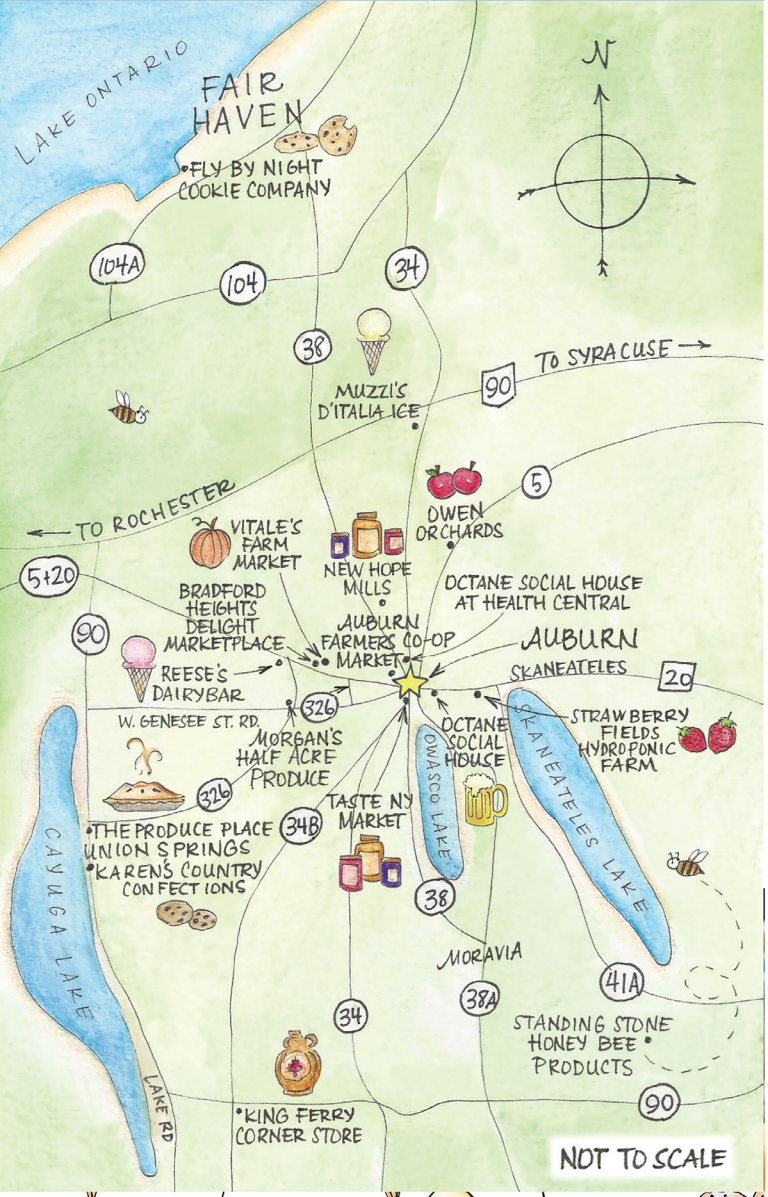
Receive a FREE Sweet Treat Trail tote bag* and spatula*

at any stop or at the Spring or Fall Fling events.

Have your pass stamped 8 times for a chance to win one of 3 Finger Lakes Sweet Treat Trail Baskets of Goodies.

Deadline to submit for the December 5 drawing is December 2, 2019. Drop at the Tourism Office, 25 South Street, Auburn, NY.

*while supplies last


LAKE ONTARIO
FAIR HAVEN
FLY BY NIGHT COOKIE COMPANY
N
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MUZZI'S D'ITALIA ICE
TO SYRACUSE
90
5
TO ROCHESTER
VITALE'S FARM MARKET
NEW HOPE MILLS
OWEN ORCHARDS
5+20
BRADFORD HEIGHTS DELIGHT MARKETPLACE
OCTANE SOCIAL HOUSE AT HEALTH CENTRAL
AUBURN FARMERS CO-OP MARKET
AUBURN
SKANEATELES
20
REESE'S DAIRYBAR
W. GENESEE ST. RD.
326
MORGAN'S HALF ACRE PRODUCE
OCTANE SOCIAL HOUSE
STRAWBERRY FIELDS HYDROPONIC FARM
OWASCO LAKE
SKANEATELES LAKE
THE PRODUCE PLACE
UNION SPRINGS
KAREN'S COUNTRY CONFECTIONS
348
TASTE NY MARKET
CAYUGA LAKE
MORAVIA
38A
41A
STANDING STONE HONEY BEE PRODUCTS
LAKE RD
KING FERRY CORNER STORE
NOT TO SCALE

SPECIAL EVENTS FOR 2019

SPRING FLING

April 13 & 14 at the Va Va Bloom Garden Show at Dickman Farms, 13 Archie Street, Auburn.
Join us from 9 am – 5 pm Saturday and 10 am – 5 pm Sunday for a weekend that will be blooming with inspirational flowers, workshops, seminars and an awesome farmers' market featuring over 50 local artisans, wineries, breweries, & more! Stop by the Finger Lakes Sweet Treat Trail table for free tastings and for a complimentary tote bag and spatula – for the first 100 guests each day. For information on registration and payment for workshops and entrance fee, contact 315-253-3030 or www.dickmanfarms.com.

FALL FLING

Friday, September 6 from 5 pm – 8 pm during First Friday at the Schweinfurth Art Center, 205 Genesee Street, Auburn, which will be full of art, music and more for guests to enjoy along with tasty treats from the Finger Lakes Sweet Treat Trail. Pick up a complimentary Finger Lakes Sweet Treat Trail tote bag and spatula. Free admission and open to the public. First Fridays often include artist demonstrations, art making activities, live music and light refreshments.

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Photo Credit - K. Reynolds

AUBURN FARMERS' CO-OP MARKET

The market features local honey, syrup, fresh fruits & vegetables, cider, jams & jellies, and baked goods along with flowers, meats and other locally grown and produced products.
Hours: June – Oct. Tues., Thurs. & Sat. 7 am – 2 pm
97 State Street @ Curley's Parking Lot, Route 38, Auburn, NY 13021
315-704-8609
auburnfarmerscoopmarketinc.com

BRADFORD HEIGHTS DELIGHTS

A specialty market featuring Finger Lakes merchandise from local producers such as baked goods, maple syrup, Finger Lakes Roasters Coffee, raw honey, jams & jellies, handmade candy & more.
Hours: Wed. – Sat. 9 am – 4 pm; occasional Sundays (call ahead)
Fingerlakes Mall, 1579 Clark Street Road, Auburn, NY 13021
315-704-8609
Facebook: bradford heights delights

FLY BY NIGHT COOKIE COMPANY

This unique shop features homemade pastries, cookies, pies and cakes - all made from scratch with real eggs, butter and fresh fruit from local farms. No chemicals or preservatives added! Sit on the porch with a bag of cookies and a glass of iced tea and watch the world go by. Enjoy the miniature museum and book shop, too.
Hours: March 31 – October 31 daily from 10 am – 6 pm
14508 Fancher Avenue, Fair Haven, NY 13064
315-947-5588
fairhavenny.com/cookiecompany Facebook: fly by night cookie co.

KAREN'S COUNTRY CONFECTIONS

A bakery where everything is made from scratch with locally produced honey and maple syrup along with fresh picked local apples, berries, cherries, peaches and rhubarb. Enjoy Karen's famous Cinnamon Buns daily and Breakfast Twists on Saturday as well as muffins, cookies, cakes, cupcakes, scones, English Muffin Bread, Italian Bread, rolls and pies. Follow Karen on Facebook for daily posts. "The heart of the home is the kitchen, but the heart of a village is the bakery."
Hours: Open year-round, Wed., Fri. & Sat., 7 am – 12 noon and Thurs., 7 am – 1 pm or until "Sold Out." Open the Sunday before Memorial Day and Memorial Day 7 am – 12 noon
157 Cayuga Street, Route 90, Union Springs, NY 13160
315-604-7189
Facebook: karenscountryconfectionsLLC

KING FERRY CORNER STORE

Built in the 1930s and carefully remodeled to preserve the warmth and character of a classic old-time grocery, King Ferry Corner Store offers a bright, airy, and quintessentially local experience. Fill up your gas tank and then step inside to the smell of fresh coffee brewing and baked goods cooling. With specialties ranging from freshly baked breads and pastries to gluten free brownies, there's a sweet treat for everyone. Visitors will want to peruse the shelves for locally grown produce (in season) along with local meats, cheeses, dairy and an entire wall full of locally made artisanal goods including maple syrup, jellies and jams, soaps and lotions, pottery, and more. Basic grocery goods and house made soups, salads, and sandwiches are also available. Indoor and outdoor seating, air conditioning, and Wi-Fi make your experience comfortable and convenient.
Hours: Open daily year-round, Mon. – Sat. 6 am – 8 pm and Sun. 6 am – 6 pm
960 Rte. 34B King Ferry, NY 13081
315-364-5300
Facebook: king ferry corner store

MORGAN'S HALF ACRE PRODUCE

This family-owned farm stand is well-known for its sweet corn and other home-grown fruits and vegetables, but offers additional treats produced daily in its kitchen. Fruit pies, quick breads and milkshakes made with fresh fruits as they ripen fill the store with a delicious aroma!
Jams, jellies, maple syrup and locally produced honey are also available. Samples are offered.
Hours: Open mid-May – Oct. 31, Mon. – Sat. 9 am – 6 pm and Sun. 10 am – 4 pm
6169 Half Acre Road, Route 326 at West Genesee Street Road, Auburn, NY 13021
315-952-2281
morganshalfacreproduce.com

MUZZI'S D'ITALIA ICE

The family-owned and operated Italian Ice Shop uses a recipe going back 3 generations straight from Italy. Along with Authentic Italian Ice which is great for the lactose intolerant, you'll find Cream Ice which is just the right blend of Ice and Cream. If that isn't enough, there is Gourmet Ice Cream in distinctive flavors such as Cookie Monster, Cherry Cheesecake and Sugar Cookie. In the peak of the season, enjoy over 30 Ice flavors with just as many flavors of Ice Cream! They use all fresh fruits from local farmers' markets. Try Soft Serve in over 30 flavors.
Hours: Open April – Oct., Mon. – Sat. 10 am – 10 pm and Sun. 2 pm – 8 pm
2675 West Brutus Street, Weedsport, NY 13166
315-834-6505

NEW HOPE MILLS

New Hope Mills is a third-generation specialty food business that's been around for almost 200 years. Famous for their pancakes, the Café serves breakfast all day as well as lunch specials, specialty coffee and drinks, and baked goods. The store features pancake and baking mixes with gluten free options, pure maple syrup, honey, preserves, spreads, and a beautiful display of useful home and gift items. If you are not able to stay for a meal, please enjoy a sample.
Hours: Open year-round, Mon. – Sat. 7 am – 4 pm
181 York Street, Auburn, NY 13021 315-252-2676
newhopemills.com

OCTANE SOCIAL HOUSE

Relax at a family-owned craft beer & coffeehouse in historic downtown Auburn. Enjoy a 26-tap self-serve local craft beer wall, hot & cold coffee bar, piano lounge, library, vinyl lounge, & live entertainment on Fridays & Saturdays. Enjoy coffee drinks, charcuterie (and charcuterie-based sandwiches), Paninis, and locally-baked sweets. Offerings are updated to meet local desires, including CBD items. Nearly 100% of products are locally sourced. Work by local artists is featured throughout the shop. Try the Power Balls, a tasty, high-protein, granola-like snack bite made from local ingredients.
Hours: Open daily year-round, Mon. – Thurs. 7 am – 7 pm; Fri. & Sat. 7 am – 11 pm & Sun. 9 am – 4 pm
53 Genesee Street, Auburn, NY 13021
315-370-9795
octanesocialhouse.com Facebook: octane social house

OCTANE SOCIAL HOUSE AT HEALTH CENTRAL

A satellite coffeehouse kiosk of the Octane Social House located at the Health Central Building, 2nd floor main lobby. Non-alcoholic beverages are available, and the menu includes breakfast and lunch items... and of course, Power Balls!
Hours: Open daily year-round, Mon. – Fri. 7 am – 3 pm
37 West Garden Street, Auburn, NY 13021
315-370-9795
octanesocialhouse.com Facebook: octane social house

OWEN ORCHARDS

The farm store and orchard are easy to get to and easier to enjoy. Open from early August when sweet peaches ripen until the last of their juicy apples are gone at the end of March. There are over 30 varieties of apples available. Watch fresh apple cider being pressed and enjoy fresh made apple cider donuts washed down with a cool cider slushy. Try some homemade apple pie, a selection of River Rat cheese, Croghan bologna, local maple syrup, honey from the orchard, condiments, preserves and fresh produce. In September and October, wander the orchard at your own pace or, on weekends, enjoy a wagon ride through the orchard for U-Pick apples. Over 15 varieties are available for picking along with the pumpkin patch.

Hours: Open Aug. – March, 9 am – 6 pm daily
8174 Grant Avenue Road, Route 5 East,
Auburn, NY 13021
315-252-4097
owenorchards.com

REESE'S DAIRY BAR

Family-run since 1973, Reese's is an ice cream shop & restaurant featuring homemade ice cream, sherbet, sorbet, ice cream cakes, ice cream cupcakes, cremewiches, berrywiches, ice cream sandwiches, chipwiches, French custard, Frace', and sundaes using local products whenever possible. Lunch, snacks, non-alcoholic beverages and supper are also served. Tour Buses are welcome (please phone ahead). Reese's celebrates National Ice Cream Month every July with special flavors and desserts.

Hours: March 22 – May 23: 11 am – 9 pm (Easter Sunday 4 – 9 pm); May 24 – Aug. 11: 11 am – 9:30 pm; Aug. 12 – Sept. 2: 11 am – 9 pm; Sept. 3 – mid-Sept.: 12 noon – 8:30 pm
1422 Clark Street Road, Routes 5 & 20 West @ Half Acre Road, Auburn NY 13021
315-252-7323
Facebook: reeses dairy bar

STRAWBERRY FIELDS HYDROPONIC FARM

Discover hydroponically grown strawberries as you "tour CAYUGA" and explore the beautiful Finger Lakes. Stand and pick our delicious strawberries with scissors from June - October and experience an adventure not soon forgotten. The Gift Shop offers many local products plus our very own fabulous jams and honey. All free to taste! Family fun for all. Tour buses welcomed by appointment, please.

Hours: Open June – Dec., Mon. – Fri. 10 am – 5 pm, Sat. & Sun., 10 am – 4 pm
4240 East Genesee Street Road, Auburn NY 13021
315-751-5657
strawberryfieldsupick.com

TASTE NY MARKET

Find locally-made grab-and-go snacks and New York-made products and gifts located in the NYS Equal Right Heritage Center.
Hours: Mon. – Fri. 10am – 5 pm; Sat. and Sun. 11 am – 4 pm
25 South Street, Auburn, NY 13021
Facebook: taste NY

THE PRODUCE PLACE

The Produce Place is so much more than the name implies! Operating for 32 years as a garden center, full-service deli with seasonal, local vegetables and a gift & souvenir shop, it is their baked goods, made on premises from scratch, which keep bringing back visitors. They are well-known for their pies - fruit pies with local fruit in season and cream pies any time of year. Cookies, cupcakes, muffins, quick breads, local honey and maple syrup are also available.
Hours: Easter – Dec. Mon. – Fri. 10 am – 6 pm; Sat. 9 am – 5 pm and Sun. 10 am – 5 pm. Closed Oct.31 – mid-Nov. to get ready for the Holiday Season
293 Cayuga Street, Route 90, Union Springs, NY 13160
315-889-7611
Facebook: the produce place

VITALE'S FARM MARKET

Opened in 1989, Vitale's is well known for home-grown fruits and vegetables along with other locally grown produce. The season begins in May with a great selection of hanging baskets and bedding and vegetable plants. The year finishes out with Christmas trees and hand-made wreaths, kissing balls and swags. Look for home-made and delicious jams and jellies.
Hours: Opening May 8 – June 16 (Father's Day) Mon. – Sat. 9 am – 6 pm and Sun. 10 am – 5 pm; Summer Hours: Mon. – Sat. 9 am – 6 pm and Sun. by chance; Fall Hours: Mon. – Sat. 10 am – 5 pm and closed Sun.; Holiday Hours: Nov. 23 – Dec. 15 Mon. – Sat. 9 am – 6 pm and Sun. 10 am – 5 pm
1644 Clark Street Road, Auburn, NY 13021
Facebook: vitales farm market

Call ahead. Open by chance or appointment.

STANDING STONE HONEY BEE PRODUCTS

Standing Stone is a farm stand featuring local comb, raw and cream honey with free tastings offered. They also sell soaps, candles, lip and skin balm and other honey products.
Hours: Open by chance. Look for their products at several local Farmers' Markets.
11062 State Route 90, Locke, NY 13092
315-497-9079
standingstonehoney.com

The Cayuga County Office of Tourism and the Taste NY Market are located in the NYS Equal Rights Heritage Center, 25 South Street, Auburn, NY. Drop your completed pass there.

YOU CAN FIND MANY OF THE FINGER LAKES SWEET TREAT TRAIL PARTNERS ON FACEBOOK.

Sweet Treat Trail Tasty Tour Pass

REMEMBER TO HAVE YOUR PASS STAMPED EACH TIME YOU VISIT A STOP! SEE BACK FOR DETAILS.

- AUBURN FARMERS' CO-OP MARKET
- BRADFORD HEIGHTS DELIGHTS MARKETPLACE
- FLY BY NIGHT COOKIE COMPANY
- KAREN'S COUNTRY CONFECTIONS
- KING FERRY CORNER STORE
- MORGAN'S HALF ACRE PRODUCE
- MUZZI'S D'ITALIA ICE
- NEW HOPE MILLS
- OCTANE SOCIAL HOUSE
- OCTANE SOCIAL AT HEALTH CENTRAL
- OWEN ORCHARDS
- REESE'S DAIRY BAR
- STANDING STONE HONEY BEE PRODUCTS
- STRAWBERRY FIELDS HYDROPONIC FARM
- TASTE NY MARKET
- THE PRODUCE PLACE
- VITALE'S FARM MARKET

Travel the Finger Lakes Sweet Treat Trail 2019 and have your pass stamped 8 times between May 11 - December 2 for a chance to win one of three Finger Lakes Sweet Treat Trail Baskets of Goodies!

Mail or hand-deliver your pass to:
Cayuga County Office of Tourism
25 South Street, Auburn, NY 13021
by December 2, 2019.
Drawing on December 5, 2019.

Name _____

Address _____

_____

Email _____

Phone _____/_____

FINGER LAKES, NY

One of the **Best Food Trails** as voted by readers of USA TODAY and 10Best

Experience Locally-Made Delights!

TOUR CAYUGA.com
in the FINGER LAKES
make some waves

Cayuga County Office of Tourism
25 South Street Auburn, NY 13021
800-499-9615
TourCayuga.com

FLXSweetTreat.com

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trail
TOUR CAYUGA.com