

FINGER LAKES • NY



200 YEARS OF TUBMAN  
CITY OF AUBURN, NY



# Sweet Treat

t r a i l

TOUR **CAYUGA**  
in the FINGER LAKES

“The Land of Milk & Honey”

Locally Made Fresh Delights

Apples • Cookies & Cakes • Honey

Fruits & Berries • Jams & Jellies

Ice Cream • Maple Syrup • Pastries & Pies



2022 TRAIL

I ♥ NY  
iloveny.com

## Welcome to the Finger Lakes Sweet Treat Trail

The family-friendly Finger Lakes Sweet Treat Trail is all about the unique sweets and treats that Cayuga County has to offer. Whether it is honey or homemade cookies, this self-guided tour has something to satisfy your sweet tooth cravings.



Harriet "Minty" Tubman, the most successful conductor of the Underground Railroad, chose Auburn, NY in Cayuga County as her hometown. She lived 54 years in freedom in Auburn where she owned land and grew apples. She also brewed root beer, and baked pies and gingerbread to sell to Union soldiers while she fought in the Civil War. 2022 marks her 200th birthday and therefore we dedicate the 2022 Sweet Treat Trail season to her with these delicious treats.

## Introducing the Harriet Tubman Sweet Treat created especially for 2022!



### CAFÉ 108

Harriet Tubman Gingerbread Cookie

### GRETCHEN'S CONFECTIONS

The Tubman aka The Land of Milk and Honey

### MOONFLOWER MACARONS

Strawberry Inspired Macarons

### MORGAN'S HALF-ACRE PRODUCE

Harriet Hand Pie (Apple-Strawberry Treat)

### NEW HOPE MILLS STORE & CAFÉ

Strawberry Mint Milkshake

### OCTANE SOCIAL HOUSE

Trailblazer Chili • Pepper'Minty' Mocha • Tubman Truffle

### REESE'S DAIRY BAR

Minty Strawberry Sundae

### RUDOLPH'S ICE CREAM

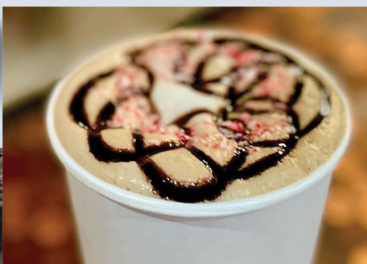
Harriet's Root Beer Float

### STRAWBERRY FIELDS HYDROPONIC FARM

Fresh Strawberries

### WITMERS COUNTRY MARKET

Honey Spoons made with real honey, 'enjoy with tea'



### CAFÉ 108

108 Genesee Street, Auburn

315.252.2233 [www.cafe108.org](http://www.cafe108.org)

Breakfast and lunch café with healthy, locally grown food made to order, fresh baked goods, and local coffee.



### DUGAN'S COUNTRY GRILL

3228 Route 34B, Aurora

315.364.5500

Homestyle meals prepared with local ingredients by a Culinary Institute of America grad - a hidden gem worth the trip!

### FLY-BY-NIGHT COOKIE COMPANY

14508 Fancher Avenue, Fair Haven

315.947.5588

This unique shop features homemade baked goods made from scratch using real ingredients from local farms.

### GRETCHEN'S CONFECTIONS

27 East Genesee Street, Auburn

315.400.5224 [www.gretchen-s.com](http://www.gretchen-s.com)

Artisanal chocolates in a European style gourmet coffee shop serving amazing scones, croissants, & more!



### KING FERRY CORNER STORE

960 Route 34B, King Ferry

315.364.5300

Offering tasty baked goods, fresh brewed coffee, simmering soups, and locally made artisanal goods to enjoy at home.

### MOONFLOWER MACARONS

10 Seminary Avenue, Auburn

315.224.2790 [www.moonflowermacs.com](http://www.moonflowermacs.com)

French macarons, a meringue-based pastry made with local farm fresh eggs in delicious, whimsical and adventurous flavors.



### MORGAN'S HALF-ACRE PRODUCE

6169 Half Acre Road, Auburn

315-952-2281 [www.morgansproduce.com](http://www.morgansproduce.com)

Fruit Pies, quick breads, jams, jellies, honey, sweet corn, farm-fresh produce, and Cornell ice cream!



### MUZZI'S D'ITALIA ICE

2675 West Brutus Street, Weedsport

315.834.6505

Family-owned Italian Ice shop serving homemade ice cream, ice cream sandwiches, fruit bars and frozen treats.



**YOU CAN FIND MANY OF THE FINGER LAKES  
SWEET TREAT TRAIL PARTNERS ON FACEBOOK  
AND INSTAGRAM.**

### **NEW HOPE MILLS STORE & CAFÉ**

181 York Street, Auburn

315.252.2676 [www.newhopemills.com](http://www.newhopemills.com)

Breakfast all day and lunch in the café plus baking mixes, syrups, teas, jams, honey, popcorn, and more in the store.



### **OCTANE SOCIAL HOUSE**

41 Genesee Street, Auburn

315.370.9795 [www.octanesocialhouse.com](http://www.octanesocialhouse.com)

Try a Power Ball, a tasty granola-like snack bite made from local ingredients plus a full, mostly local café menu. We also have an incredible local farm-to-table breakfast & lunch menu!



### **OWEN ORCHARDS**

8174 Grant Avenue, Weedsport

315.252.4097 [www.owenorchar.com](http://www.owenorchar.com)

Find fresh produce, baked goods, honey and local syrup, pantry staples and more at the U-pick orchard and store.

### **REESE'S DAIRY BAR**

1422 Clark Street Road, Auburn

315.252.7323 [www.reesesdairybar.com](http://www.reesesdairybar.com)

Ice cream shop & restaurant featuring homemade ice cream made on-premises celebrating its 50th year anniversary in 2022



### **RUDOLPH'S ICE CREAM**

99 Genesee Street, Auburn

315.282.7227 [rudolphsicecream.com](http://rudolphsicecream.com)

Family-owned locally made ice cream, milkshakes, and sundaes. Try the ice cream nachos and freak shakes!



### **SMOKEY HOLLOW MAPLE SYRUP**

8597 Pierce Road, Jordan

315.689.9833 [www.smokeyhollowmaplesyrup.com](http://www.smokeyhollowmaplesyrup.com)

Maple products including candy, mustards, teas, sugar, BBQ sauce, hot sauce, cotton candy, maple cream and more!

### **STANDING STONE HONEY BEE PRODUCTS**

11062 State Route 90, Locke

315.497.9079 [www.hivetreasures.com](http://www.hivetreasures.com)

Farm stand featuring local comb, raw and cream honey plus soaps, candles, lip and skin balm, and more.

### **STRAWBERRY FIELDS HYDROPONIC FARM**

4240 East Genesee Street Road, Auburn

315.751.5657

Hydroponically grown strawberries, jams, honey, florist and gift shop, sunflower maze, holiday trees, and more!





### **TASTE NY MARKET - AUBURN**

25 South Street, Auburn

315.258.9820

Shop carrying products made in New York State focusing on hyper-local culinary and wellness goods.

### **THE VILLAGE MARKET**

385 Main Street, Aurora

315.364.8803 /innsofaurora.com/

food-and-wine/village-market

Quaint market shop featuring the Inns of Aurora Pantry Collection plus baked goods and take-home meals.

### **WITMERS COUNTRY MARKET**

372 Grant Ave. Auburn

315.224.1339

justplainbusiness.com/

witmers-country-market

Store offering local Honey and Maple syrup, locally roasted Finger Lakes Coffee and more.



### **XL COOKIE COMPANY**

33 Columbus Street, Auburn

315.730.2711

Extra-large soft and chewy cookies to make your sweet tooth extra happy!

**Please call or search a business for open hours. Many businesses are seasonal, small, and family run. Open hours change with the time of year.**







# Sweet Treat Trail Tasty Tour Pass

Remember to have your pass stamped each time you visit a stop!

- **CAFÉ 108**
- **DUGAN'S COUNTRY GRILL**
- **FLY-BY-NIGHT COOKIE COMPANY**
- **GRETCHEN'S CONFECTIONS**
- **KING FERRY CORNER STORE**
- **MOONFLOWER MACARONS**
- **MORGAN'S HALF ACRE PRODUCE**
- **MUZZI'S D'ITALIA ICE**
- **NEW HOPE MILLS STORE & CAFÉ**
- **OCTANE SOCIAL HOUSE**
- **OWEN ORCHARDS**
- **REESE'S DAIRY BAR**
- **RUDOLPH'S ICE CREAM**
- **SMOKEY HOLLOW MAPLE SYRUP**
- **STANDING STONE HONEY BEE PRODUCTS**
- **STRAWBERRY FIELDS HYDROPONIC FARM**
- **TASTE NY MARKET - AUBURN**
- **THE VILLAGE MARKET**
- **WITMERS COUNTRY MARKET**
- **XL COOKIE COMPANY**

Travel the Finger Lakes Sweet Treat Trail in 2022 and have your pass stamped to win one of two fabulous Raffle Baskets. Stop at all 20 member businesses for a chance to win the Grand Prize Raffle plus a \$50 shopping card, or stop at any 10 to be entered into a second Raffle Drawing. Mail or drop off your Tasty Tour Pass before **December 1, 2022**.

**Cayuga County Office of Tourism**  
**25 South Street, Auburn, NY 13021**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ / \_\_\_\_\_

Email \_\_\_\_\_

☐ **Sign up to receive news, special offers and more!**

**Your information will be kept confidential and never shared.**

# FINGER LAKES + NY

Scan this QR CODE for  
“Tasty UPDATES”

JOIN our monthly e-mail blast to learn more about what our FLX Sweet Treat Trail partners have to offer your taste buds PLUS discover a digitally delicious way to get your Tasty Tour Pass Stamped for your chance to **WIN the GIVEAWAY!!**



One of the  
Best Food Trails  
as voted by readers  
of USA TODAY  
and 10Best



## #FLXSweetTreatTrail



Follow us on Facebook & Instagram to stay connected! Use the #FLXSweetTreatTrail hashtag and tag us to share your scrumptious food adventure!

[TourCayuga.com](http://TourCayuga.com) [SweetTreatTrail.com](http://SweetTreatTrail.com)

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The Cayuga County Office of Tourism and the Taste NY Market are located in the NYS Equal Rights Heritage Center, 25 South Street, Auburn, NY. Drop off your completed pass there.