

The park itself was named after Curt Gowdy in 1972.



ABOUT CURT GOWDY STATE PARK

Curt Gowdy State Park, located between Cheyenne and Laramie on County Road 210, has over 35 miles of trails connecting Granite and Crystal Reservoirs. Specific features of the Curt Gowdy State Park's trail system include four mountain biking play areas, mountain biking skills areas, and a dedicated four mile equestrian loop. The International Mountain Bicycling Association (IMBA) awarded the designation of Epic to the Curt Gowdy Trail System in 2009. This designation, the first and only in Wyoming, means the trail system provides a quality ride and quality experience for trail users.



INTERNATIONAL MOUNTAIN  
BICYCLING ASSOCIATION

ETIQUETTE



While recreating on the trails at Curt Gowdy State Park, please abide by the following guidelines for trail users. Doing so will provide for a safer and more enjoyable experience for all.

- Be courteous and communicate. Be respectful of other trail users regardless of their mode, speed or level of skill. Keep right and pass left. When passing, give a clear audible, vocal signal in advance. (Bells may frighten horses.)
- Hikers yield to travelers on horseback.
- Cyclists yield to all other trail users.
- Downhill traffic should yield to uphill traffic. Use common courtesy. When in doubt, give the other user the right of way.
- Be cautious around corners or blind-spots.
- Select routes in keeping with your ability level and always maintain safe and controlled speeds.
- Stay on designated trails. Don't shortcut – especially on switchbacks. This creates erosion, damage to wildlife habitat and new trails which cannot be maintained.
- Do not disturb wildlife.
- Avoid disturbing natural features.
- Keep pets leashed at all times.
- Pack out your litter.

Under Wyoming law, any person who takes part in any sport or recreational opportunity, including equine activities, assumes the inherent risk in that sport or recreational opportunity, whether those risks are known or unknown, and is legally responsible for any and all damage, injury, death to him/herself or other persons or property that results from the inherent risks in that sport or recreational opportunity. W.S. 1-1-123

CHEYENNE AREA CONVENTION &  
VISITORS BUREAU  
www.cheyenne.org

GREATER CHEYENNE CHAMBER OF  
COMMERCE  
www.cheyennechamber.org

LARAMIE AREA CHAMBER OF COMMERCE  
www.laramie.org

PARTNERSHIPS

The trails at Curt Gowdy State Park have been made possible through grants from the Recreational Trails Program (RTP) and the Land and Water Conservation Fund (LWCF). Additional support has been provided through cash donations from private individuals, donated labor from many volunteers and the National Civilian Community Corps (NCCC), and partnerships with the Wyoming Conservation Corps, Wyoming State Lands and Investments, Cheyenne Board of Public Utilities and the Bureau of Land Management.

You, too, can support the trails at Curt Gowdy and Glendo State Park through your monetary donations and/or by volunteering your time at one of our Volunteer Trail Building Days. For information, please call 307-777-6323.

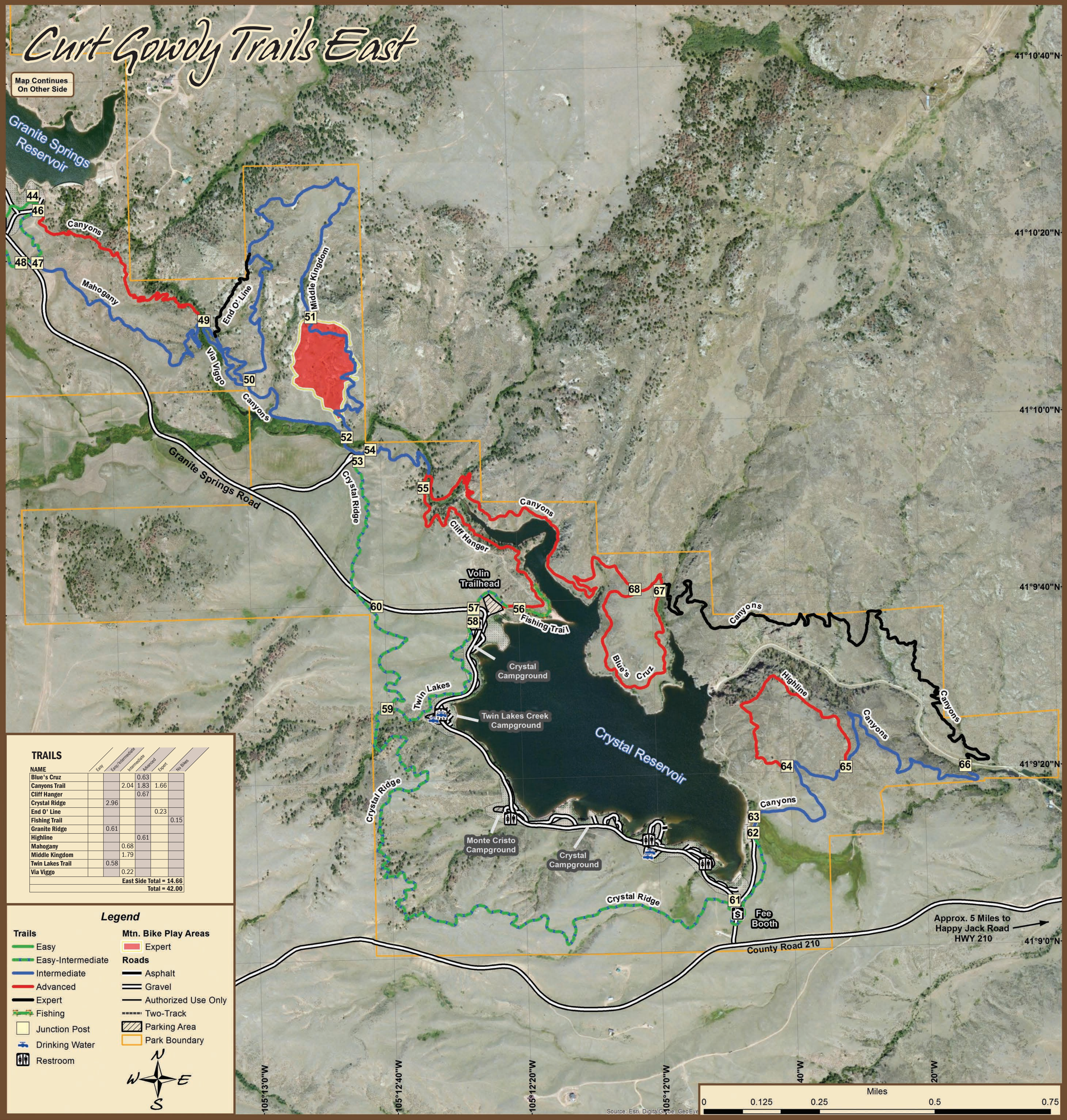
Wyoming Trails Advisory Council

The Wyoming Trails Council, made up of both motorized and non-motorized trails users, serves as a representative voice for the appropriate and diverse use of Wyoming's trails. Trails Council members represent specific trail-use activities such as snowmobiling, all-terrain vehicle riding, off-highway motorcycling, horseback riding, hiking, bicycling, and cross-country skiing. Because council members are closely affiliated with those specific user groups, they provide unique and valuable perspectives to the council as a whole and to trail planning projects. Primary duties of the Trails Council include setting priorities for the Department of State Parks and Cultural Resources regarding management of the snowmobile trails fund and off-road recreational vehicle fund. The Trails Council is also responsible for setting the guidelines for distribution of federal grant funds through the Recreational Trails Program.

OVERLAND MOUNTAIN  
BIKE CLUB



The Overland Mountain Bike Club (OMBC) has been assisting people at Curt Gowdy State Park since the trail system began in 2006. The OMBC was created to promote the active, healthy sport of mountain biking by providing education and assistance to all trail users, and by working to build and maintain quality sustainable trails that enhance the mountain biking experience. To find out more information about the OMBC go to overlandmtb.org.



CHECK OUT GLENDO STATE PARK!

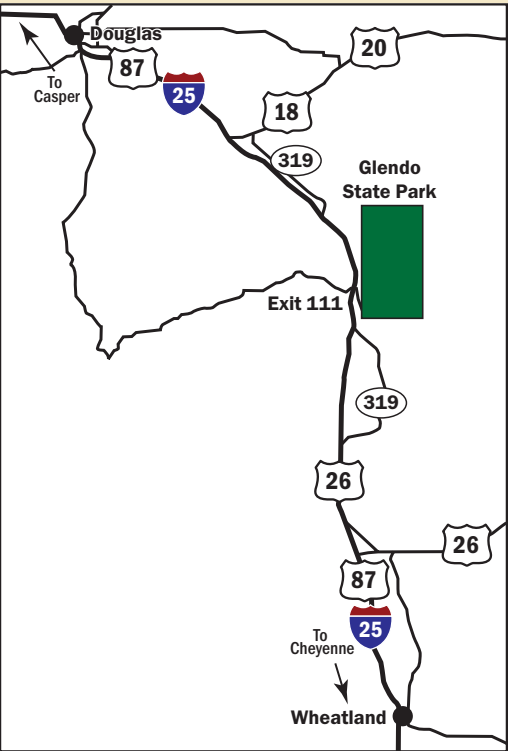
Glendo State Park is located 33 miles north of Wheatland, Wyoming and encompasses 10,200 acres of land and Glendo Reservoir.

For many years, Glendo State Park has provided opportunities to camp, boat and fish. With the recent trail development project, Glendo State Park also provides recreational opportunities for hikers, cyclists, wildlife and nature watchers, and anyone looking to spend time outdoors.

Trail development at Glendo State Park began in the spring of 2010. Currently, 45 miles of trails provide breathtaking views of Glendo Reservoir and Laramie Peak. An additional 20 miles of trails are planned to be completed in the near future.

Directions

Glendo State Park is 200 miles north of Denver and located between Wheatland and Douglas, Wyoming. Take I-25 to the town of Glendo (exit 111) and follow signs into the park. Travel past the marina, Park Headquarters, and Two Moon campground. Approximately 5.3 miles from the park entrance is the Dam Overlook where the trail system begins.



CYCLING AND SPORTS SHOPS

**Cheyenne, WY**  
Bicycle Station  
2634 Dell Range Boulevard  
(307) 634-4268

Rock on Wheels  
900 East Lincolnway  
(307) 637-0020

**Laramie, WY**  
All Terrain Sports  
412 East Grand Avenue  
(307) 721-8036

Pedal House  
207 South 1st Street  
(307) 742-5533

**Casper, WY**  
Ragged Edge Sports  
4120 South Poplar Street  
307-237-5560

Mountain Sports  
543 S Center St  
1-800-426-1136

Crazy Pedaler Bicycles  
242 W 1<sup>st</sup> Street  
307-333-5880

Zeelo's Cranks & Planks  
4250 S Poplar Street  
307-233-4058

**Scottsbluff, NE**  
Sonny's Bike and Fitness  
1717 East Overland Road  
308-632-3938

EMERGENCY CONTACT  
INFORMATION

**Curt Gowdy State Park: 307-632-7946  
911**

**Albany County Sheriff's Office:  
(non emergency) 307-755-3520**

**Laramie County Sheriff's Office:  
(non emergency) 307-633-4700**

Invinson Memorial Hospital  
255 North 30<sup>th</sup> Street  
Laramie, WY 82072  
Phone: (307) 742-2141

Cheyenne Regional  
Medical Center  
238 E 23<sup>rd</sup> St  
Cheyenne, WY 82001  
Phone: 307-634-2273

