

The image features three gold trophies with black and white diagonal stripes on their cups, resting on black rectangular bases. A central graphic overlay consists of a blue shield with a gold trophy icon at the top, the words 'COMMUNITY CUP' in white, and a gold banner at the bottom with the text 'Presented by The Columbus Foundation'.

COMMUNITY CUP

Presented by
The Columbus Foundation

2021 TEAM HANDBOOK AND EVENT INFORMATION





Welcome to The Community Cup presented by The Columbus Foundation!

We are excited for a day of community and competition at Fortress Obetz for the fourth annual Community Cup, presented by The Columbus Foundation.

This event was created to support the efforts of the Greater Columbus Sports Commission to bring the very best sporting events to our city.

We want to promote friendly competition, team camaraderie, wellness, athletic skills and charitable giving that every one can be a part of and enjoy.

Thank you for participating in The Community Cup, and good luck!



Linda Shetina Logan

Linda Shetina Logan, CSEE and CTA
Executive Director, Greater Columbus Sports Commission



EVENT INFORMATION



Make the Most of Your Community Cup Experience

Once your team registers, you will designate a team captain and this handbook becomes your primary resource. The main responsibility of the team captain is to recruit company employees and help prep your team to compete in the Community Cup.

The team at the Greater Columbus Sports Commission will assist you throughout this process and there will be a team captain orientation to help you with your duties.

Included in this packet is the information needed to get you started.

General Event Information

This section includes basic information about The Community Cup and outlines important dates and meeting details. Please note the competition details, as they define who may represent your company, and mark your calendar for Friday, July 16, as the deadline for team registration.

Event Schedule

The Community Cup's main goal is to encourage maximum company participation, so the schedule may not be conducive to team members entering multiple activities. This may be a challenge with smaller companies, which may have to be selective on competitions entered. However, we have scheduled most of the events as an open time frame to allow for as much flexibility as possible. Keep in mind, Division IV companies with fewer than 20 employees may combine with one (1) other company with less than 20 employees and be recognized as one (1) team.

Competition Information

The rules section of the handbook includes specific details on team entries per competition, the format, point system and competition location.

Get Ready to Claim the Cup!

Thank you, and we look forward to a very fun Community Cup, presented by The Columbus Foundation. We wish you and your employees all the best in earning bragging rights in the battle for the Cup!

About the Venue



Fortress Obetz is a 50-acre multi-purpose complex set in the Village of Obetz. Home to the Obetz ZucchiniFest and notable events such as the OHSAA Cross Country State championships and OHSAA Football, Big Ten Rugby Finals, Bands of America and Bike Nights, Fortress Obetz provides a unique experience to attendees and participants.

Learn more at fortressobetz.com.



About the Presenting Sponsor THE COLUMBUS FOUNDATION

The Community Cup would not be possible without the support of its partners.

The Columbus Foundation, our presenting sponsor, is the trusted philanthropic advisor® to more than 2,500 individuals, families and businesses that have created unique funds and planned gifts to make a difference in the lives of others through the most effective philanthropy possible.

The Foundation's Center for Corporate Philanthropy is designed to help established and new central Ohio businesses make their charitable investments—within the company and in the broader community—as cost-effective and efficient as possible. The Employee Assistance Program helps businesses support their employees during times of hardship and disaster to ensure they have the assistance they need when it's needed most.

Learn more at cbusfdn.org/EAP.

Key Dates

Monday, June 7, 2021	Charity Challenge Starts	
Wednesday, July 14, 2021	Virtual Team Captain Orientation	
Friday, July 16, 2021	Team Registration Deadline	community.columbussports.org/cup
Friday, July 16, 2021	Charity Challenge Ends	
Friday, July 23, 2021	5K Race Participant Submissions Due	Team captains to submit
Monday, July 26, 2021	Giant Eagle Catering Deadline	Team captains to submit
Friday, July 30, 2021	EVENT DAY!	Fortress Obetz

Community Cup Team Breakdown

Division I: 1,001+ employees

Division III: 101-300 employees

Division II: 301-1,000 employees

Division IV: under 100 employees

GENERAL TEAM INFORMATION

Eligibility to Participate

Only registered teams may participate in The Community Cup, presented by The Columbus Foundation. Teams will be entered on a first-come, first-served basis after submitting the official online entry form and paying the entry fee.

Each company or organization may only enter one (1) team.

However, to allow for ample participation in all events and fair scoring, the recommended number of team members is 20.

Each team will compete within one of four divisions based on the company's total number of full- and part-time employees.

Companies with fewer than 20 employees may combine with one (1) other company with less than 20 employees and be recognized as one (1) team.

Individual Participation Eligibility

To be eligible to participate in The Community Cup, individual team members must meet the following requirements:

1. Each member must be employed by the organization fielding the team, working either full-time or part-time.
2. Retirees over the age of 55 are eligible to compete if the company's human resources director provides written certification of the individual's retirement date and that he or she was employed by the company a minimum of three years before retiring.
3. Eligible individual team members include full-time employees, part-time employees, interns (must work at least 20 hours per week) and retirees. Family members of employees (except in the 5K Race), contractors (unless contracted solely with the participating organization), volunteers and board members not employed by the company are not eligible to participate.
4. The number of participants a team may have in the 5K Race and One-mile Walk is unlimited.
5. No individual competitor may compete on more than one (1) team.

Additional Event Requirements

1. Each company will register for The Community Cup and designate a Team Captain or multiple captains. The Team Captain(s) are responsible for filling their team.
2. For the 5K Race, a separate registration is required for each individual and age division is determined by the age of the individual on July 30, 2021.
3. Each team member must sign the event waiver online.
4. During The Community Cup, all team members must be dressed in a t-shirt with the name of the team clearly visible.
5. Participants must conduct daily COVID-19 symptom assessments (self-evaluation). Anyone experiencing symptoms must stay home. *

**Per the CDC, symptoms include cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat and new loss of taste or smell.*

TEAM PARTICIPATION OPPORTUNITIES



It is recommended to have approximately 20 team members participating in The Community Cup, but the minimum number required is 4 participants. Please see below for recommended participants per event.

Event:

LAZ Parking 5K Race — *unlimited participants*

Dodgeball — *6 participants*

Nationwide Tug of War — *8 participants*

One-mile Walk — *unlimited participants*
(*up to 25 members will be scored*)

PNC Cornhole Toss — *4 participants*

G&J Pepsi Football Toss — *4 participants*

Columbus Blue Jackets Hockey Shot
— *4 participants*

American Electric Power Frisbee Toss
— *4 participants*

Soccer Kick — *4 participants*

Lacrosse Passing — *4 participants*



HNS Sports Golf Chipping — *4 participants*

Wiffle Ball Home Run Derby — *4 participants*

Basketball Shooting Competition — *4 participants*

Obstacle Course — *4 participants*

EVENT RULES

<p>5K Race, presented by LAZ Parking</p> 	<p>For the 5K Race, the number of participants that a team can have in the race is unlimited. However, only the top man and woman in each age group (within your company's top finishers) will be scored for the team points, even if a team has more than one (1) man and one (1) woman participating in any age group. Runners will be competing against other runners within the same age group and company division to score points. A team's top man and woman finisher from each age group (29 and under, 30-39, 40-49, 50-plus) will have their points combined to determine each team's point total for the race. The top four (4) teams per division will be awarded 100, 75, 50 and 25 points accordingly. All teams participating in the 5K Race will be awarded 10 points if they do not place.</p>
<p>One-mile Walk</p>	<p>Each team may enter unlimited walkers for the One-mile Walk. The first 25 employees per team who finish the walk will be eligible for scoring. Each member who completes the walk will receive four (4) points for a maximum of 100 points per team. This is a non-timed event, but every participant in the One-mile Walk must still sign an event waiver.</p>
<p>Dodgeball</p>	<p>The dodgeball tournament will be a single elimination bracket, unless a division has less than six teams then it will be double elimination. Dodgeball will be played under the National Amateur Dodgeball Association (NADA) rules. Each company will be permitted to enter one (1) team of up to 10 participants, which must include at least two (2) women. Each game begins with no more than six (6) players competing per team and the remaining four (4) available as substitutes. Teams may only substitute players in between games or in the case of an injury. All games will be played for three (3) minutes or until all opponents on one team are eliminated. The match will consist of three (3) games, with the winner declared from the best two (2) out of three (3) games. The top four (4) teams per division will be awarded 100, 75, 50 and 25 points accordingly, and all teams participating will receive 10 points if they do not place. Third and fourth place will be determined by a consolation match occurring prior to the championship match.</p>
<p>Tug of War, presented by Nationwide</p> 	<p>Each company may enter one (1) team of eight (8) employees, including at least two (2) women in the single elimination bracket. If a division has less than six teams then it will be double elimination. Each pull will have a time limit of five (5) minutes. The winning team must pull its opponent five (5) yards to cross the line or must be ahead when the time expires. Rubber/plastic cleats and gloves are permitted, but no metal spikes are allowed. Participants must try to stay on their feet and not sit, kneel or lie down for advantage. Team members are not allowed to wrap the rope around their arms or bodies. Winning teams will advance in their division until an overall winner is declared. The top four (4) teams per division will be awarded 100, 75, 50 and 25 points accordingly, and all teams participating will receive 10 points if they do not place. Third and fourth place will be determined by a consolation match occurring prior to the championship match.</p>
<p>Basketball Shooting Competition</p>	<p>Each company may enter one (1) team of four (4) players, including at least two (2) women. Each participant will attempt to shoot five (5) basketballs from their choice of pre-marked spots, each with a different point value awarded when the baskets are made. Participants may not redo shots. Individual scores will be added together to create a team score.</p>

<p>Cornhole Toss, presented by PNC</p> 	<p>Each company may enter one (1) team of four (4) players, including two (2) women. Each participant will be given five (5) chances to toss a cornhole bag onto the board.</p> <p>Players will score 10 points for each bag that goes into the hole and five (5) points for each bag that lands on the board. Any bag that hits the ground before hitting the board is dead and won't be eligible to score points. Individual scores will be added together to create a team score.</p>
<p>Football Toss, presented by G&J Pepsi</p> 	<p>Each company may enter one (1) team of four (4) employees, including at least two (2) women. Each team member will attempt to throw five (5) footballs through different targets. Targets will be placed five (5) yards, 10 yards and 15 yards away, with participants scoring five (5), 10 or 15 points based on the target they throw the ball through. Participants may only use footballs provided at the event. Participants may not redo throws. Individual scores will be added together to create a team score.</p>
<p>Frisbee Toss, presented by American Electric Power</p> 	<p>Each company may enter one (1) team of four (4) employees, including at least two (2) women. Each team member will be given one minute to throw as many frisbees as they can. Partners will be placed at a distance of 20 yards away. Each throw that is caught by their teammate and placed in the bin will be worth one (1) point. Individual scores will be added together to create a team score.</p>
<p>Hockey Shot, presented by Columbus Blue Jackets</p> 	<p>Each company may enter one (1) team of four (4) employees, including at least two (2) women. Each team member will shoot five (5) chances toward the net. Distances of five (5), 10 and 15 yards will reflect different point totals based on difficulty. Participants do not have to shoot all shots from the same distance. Each participant is limited to one (1) turn. Individual scores will be added together to create a team score.</p>
<p>Golf Chipping, presented by HNS Sports Group</p> 	<p>Each company may enter one (1) team of four (4) employees, including at least one (1) woman. Team members will chip five (5) balls from 60 yards into progressively larger circles surrounding a flag. The smallest circle will be worth 20 points, the middle worth 10 points and the outer-most worth five (5) points. A hole-in-one will be worth 30 points. The top four (4) teams per division will be awarded 100, 75, 50 and 25 points accordingly, and all teams participating will receive 10 points if they do not place. Golf clubs will be provided, but competitors can bring their own golf clubs.</p>
<p>Lacrosse Passing</p>	<p>Each company may enter one (1) team of four (4) employees, including at least two (2) women. Each team member will be allotted five (5) passes to their partner placed 15 yards away. Each completed pass will be worth five (5) points. Participants may not redo passes. Individual scores will be added together to create a team score.</p>
<p>Obstacle Course</p>	<p>Each company may enter one (1) team of four (4) players, including at least two (2) women. This is a timed event. Each participant will complete a series of obstacles along the course, followed by the other three participants in a relay fashion; totaling four laps on the course. Based on total team time, 100, 75, 50 and 25 points will be awarded to the top four (4) teams per division. All teams that participate will receive 10 points if they do not place.</p>

Soccer Kick	Each company may enter one (1) team of four (4) employees, including at least two (2) women. Each team member will kick five (5) soccer balls through the soccer goal. Participants will shoot from three different distances, scoring five (5), 10 or 15 points. Rubber or plastic cleats are allowed but metal spikes are not permitted. Each participant is limited to one (1) turn. Individual scores will be added together to create a team score.
Wiffle Ball Home Run Derby	The Wiffle Ball Home Run Derby will be self-pitch. Each team consists of up to four (4) team members, including at least one (1) woman. Each team member must bat, but not all team members are required to pitch. Batters will have one minute to hit as many home runs as possible. Each home run will be worth three (3) points. The distance from the pitcher to the batter must be at least of 15 feet. All home runs will be counted toward the total team score. Bats and wiffle balls will be provided, and batters are not permitted to bring their own equipment.

T-Shirt Contest

Teams are required to wear a team t-shirt on event day. The Community Cup event logo must be included on all t-shirt designs, and team captains have access to the event logo at community.columbusports.org/cup.

Here is a list of preferred t-shirt vendors:

- The Awesome Company – Abby Bremer, abby@theawesomecompany.com
- Outreach Promotional Supplies – Sean Miller, smiller@outreachpromos.com
- Artina – Casey Kaya, kaya@artina.com

Our panel of judges will score every team t-shirt and announce an overall winner from all divisions. The winning team will receive 25 points and a prize. You do not need to be participating in any of the 14 activities to show off your company pride! You can find step-by-step instructions for ordering team t-shirts on community.columbusports.org/cup.



Charity Challenge

At The Community Cup, we believe that team building should include charitable causes as well. That's why we've created the Charity Challenge! Participating teams in The Community Cup have two opportunities to give back to their community while earning points for their team. The Columbus Foundation and Mid-Ohio Food Collective have partnered with us as recipients of Charity Challenge fundraising and donations.

In addition to points earned through the events themselves, the Charity Challenge will allow your team to earn additional points by making donations to The Mid-Ohio Food Collective and The Gifts of Kindness Fund of The Columbus Foundation. This year's Charity Challenge will run from June 7 through July 16, so it's a great way to build team spirit and earn points prior to event day!

The Columbus Foundation

The Community Cup would not be possible without the support of its partners. The Columbus Foundation, our presenting sponsor, is the trusted philanthropic advisor® to more than 3,000 individuals, families, and businesses that have created unique funds and planned gifts to make a difference in the lives of others through the most effective philanthropy possible. The Foundation's Center for Corporate Philanthropy is designed to help established and new central Ohio businesses make their charitable investments—within the company and in the broader community—as cost-effective and efficient as possible. The Employee Assistance Program helps businesses support their employees during times of hardship and disaster to ensure they have the assistance they need when it's needed most.

Teams may give to the Gifts of Kindness Fund to earn up to 100 points. Each dollar donated is worth one (1) point. The Gifts of Kindness Fund is a community-focused fund helping central Ohio individuals and families with emergency needs. You can donate directly here: [Fund Directory Listing | The Columbus Foundation](#)

Mid-Ohio Food Collective

The Mid-Ohio Food Collective has a mission to end hunger one nourishing meal at a time while also co-creating communities where everyone thrives. Since its inception in 1980, Mid-Ohio Food Collective has been working with farmers, grocers, food companies, the USDA, and community partners to distribute food to over 650 pantries, soup kitchens, shelters, after-school programs and senior housing sites across Central and Eastern Ohio.

Financial donations can be made directly at [MOFC's Community Cup donation page](#) by clicking on your team's name. Each dollar donated is worth one (1) point (a maximum of 100 points can be earned overall).

Additionally, teams may collect products from 'The Most Needed Items' list and donate these for one (1) point per one (1) pound donated. Team members from the Greater Columbus Sports commission will give collection boxes to those teams working within offices who can donate to a central location; we will then transport to the MOFC. For those still working remotely, items may be taken to the MOFC where a receipt will be given to verify the pounds of food donated. These can then be emailed to Meghan at msexton@columbusports.org for points.

EVENT DAY INFORMATION



Schedule

8:00 a.m.	Tailgate Zone Opens
9:15 a.m.	Opening Ceremonies
9:30 a.m.	5K Race – Shotgun Start
10:15 a.m.	Practice for Drop-In Events opens
10:20 a.m.	One-mile Walk – Shotgun Start
10:30 a.m.	Dodgeball, Tug of War and Drop-in Events begin
1:30 p.m.	Drop-In Events Close
1:30 p.m.	Tug of War Championship Matches
2:30 p.m.	Closing Ceremonies and Community Cup Presentation

Athlete Check-In and Wristbands

To be certified to compete in The Community Cup, all athletes must sign the official online event waiver.

On event day, all athletes will check in at Fortress Obetz. There will be an additional registration site near the entrance of the 5K Race, which will be open starting at 8 a.m. on event day. Family members of participants who wish to partake in the run may register on-site. Fully registered athletes will be given an event wristband indicating their eligibility to compete in all events.

Please note that all athletes must be wearing a wristband to compete.

Opening Ceremony, Closing Ceremony and Awards

The Opening Ceremony will take place inside Fortress Obetz Stadium at 9:15 a.m. on event day. The Awards and Closing Ceremony for The Community Cup will take place inside Fortress Obetz immediately following the conclusion of the events. The top teams within each division will be presented with the Cup.

Inclement Weather Information

Weather forecasts will be monitored closely prior to the event, paying close attention to heavy rain, thunder and lightning, high winds or extreme temperatures. In the case of light rain, events will proceed as planned. Due to the nature of the event and its outside course, the 5K Race will be monitored more closely. Visible lightning will cause the race to be postponed for a minimum of 30 minutes. Additional sightings will continue to delay the race in 10-minute increments. In the event of extreme heat, extra water will be provided to the athletes and the on-site medical team will be on high alert.

TAILGATING GUIDE

Tailgating at The Community Cup, presented by The Columbus Foundation, is one of the highlights of the event. To ensure a safe and fun environment for everyone, please review this document regarding campus rules and guidelines for tailgating.

Tailgating is defined as all festive and family-friendly activities which occur within a designated area provided that such activities do not impede traffic, safety or the flow of emergency vehicles.

Fortress Obetz and the Greater Columbus Sports Commission reserve the right to restrict any vehicle or person for reasons of safety. Violation of any guidelines may result in removal from Fortress Obetz grounds. Failure to cooperate with Obetz event staff, security officials or Greater Columbus Sports Commission staff may result in forfeiture of all tailgating privileges.

Giant Eagle Tailgate Zone



This area will serve as home base for your company in between and after events, which is where you'll be encouraged, refreshed and recharged! Teams can bring their own collapsible chairs and other tailgate materials. Each team will be provided a 10-by-10-foot tent unless teams want to bring their own branded 10-by-10-foot tent. Signage indicating team tents will be provided.

Giant Eagle is the exclusive food vendor of the Tailgate Zone, and each team can place their catering orders ahead of time. Giant Eagle will waive the delivery fee and deliver your team's order to your assigned tent. Deadline to submit catering orders is Monday, July 26, by 5 p.m. A menu may be viewed at community.columbusports.org/cup and orders can be made by emailing kingsdalecatering@gianteagle.com or calling 614-538-0783.

General Rules

1. In case of fire or another emergency, call 911.
2. Federal, state and local laws pertaining to the possession, consumption and distribution of alcohol and controlled substances will be enforced. All persons and vehicles are subject to search in accordance with federal, state and local laws.
3. Glass is prohibited.
4. Pets are prohibited. Persons with disabilities may be accompanied by working service animals.
5. Grills are prohibited.
6. Solicitation is prohibited without permission from the Greater Columbus Sports Commission and Fortress Obetz.
7. Individuals must leave the Tailgate Zone after the event concludes.
8. All individuals are required to clean their designated areas and dispose of trash properly.
9. Companies may not have their own music at their tent. Music will be provided by the venue.
10. Electric generators are not allowed.

Medical Services, provided by OhioHealth

First aid, on-site injury evaluation and care, hydration stations, EMS, ice bags and more will be provided to all registered participants who have signed the liability waiver and are wearing a wristband. Medical services will be provided by OhioHealth.

Equipment, provided by Dick's Sporting Goods

Thank you to our sponsor, Dick's Sporting Goods, who are providing event day equipment!

Parking Information

Please follow GPS directions to 4174 Alum Creek Drive, Obetz, Ohio 43207. Signage will direct you to parking at Fortress Obetz. Please note that the parking lot will be closed from 9:15-10 a.m. for the 5K Race on event day.

Restroom Facilities

Public restrooms will be open and cleaned throughout the day.

Alcohol Policy

Alcohol purchased through Giant Eagle will be allowed on the premises of Fortress Obetz during The Community Cup. To provide for safety of individual spectators and participants, this applies to all events and all areas of Fortress Obetz during the duration of The Community Cup.

Animal Policy

For liability reasons, pets and animals are not allowed on the premises of Fortress Obetz during The Community Cup. To provide safety of spectators, participants and animals, this rule applies to all events and all areas of Fortress Obetz during the duration of The Community Cup.

Persons with disabilities may be accompanied by working service animals.



Presented by
The Columbus Foundation

