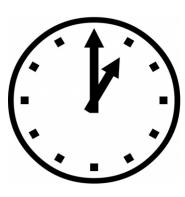


# Consider your path FORWARD

It depends on YOUR situation and YOUR needs. - Each person is different (financial, family and personal responsibility.)

- 1. Furloughed (temporary layoff)
- 2. Permanent layoff/job elimination
- 3. Career change

#### Plan your day with INTENTION





Dedicate blocks of time
Set job search micro goals

7a Wake up 7:30a Exercise 8:15a Shower/Dressed 8:45a Breakfast/Coffee 9a – 11:30a Job Search/Network Noon Lunch, run errands 1p - 3p Job Search 3p - 3:45p Walk with Friend 4p - 5p Skill up 5p - 6p Zoom Meet Up 6p - 7p Dinner, podcast/news 7p - 9p Read or watch fav show 10p Bed

# **TAILOR your search**

- Update your resume and LinkedIn profile (reflect on strengths, successes and your market)
- Set up job alerts
  - Identify specific jobs, companies or key words
- Be open to a variety of opportunities while being selective when applying
  - no "automatic applies" or generic cover letters
- Start an activity log or spreadsheet



#### **During this time**

- Gap work temp gig, freelance, pro bono, volunteer
- Upskill <u>LinkedIn Learning</u>, <u>Coursera</u>, <u>Skill</u> <u>share</u>, <u>Udemy</u>
- Listen to leadership podcasts
- Stay informed (Business First, Forbes, local news)
- Find your confidence and wellbeing



#### Resources

## May is Mental ealth Awareness month

Crisis Support FREE, 24/7, CONFIDENTIAL Crisis Hotline:<u>1-800-273-8255</u> Text '4HOPE' to:741-741

**National Suicide Prevention Lifeline** 

• 1-800-273-8255

# **Job Boards**

- Colleges and University alumni network
- Professional association or Industry specific, (PRSA, AMA, SHRM etc..)
- Glassdoor
- LinkedIn
- ZipRecruiter
- <u>CareerBuilder</u>
- Indeed
- Idealist (non profit)
- <u>Flexjobs.com</u> (remote)
- Job-Hunt.org
- <u>Dice</u> (technology
- <u>UpWork</u> (freelance and gig)
- Experience Columbus (local companies hiring now)

- <u>Talentzoo</u> (media, marketing)
- <u>Sales jobs</u>
- Chegg (internships)
- Energy jobline (energy, oil, gas)
- Engineering jobs
- e<u>Financial</u> (financial careers)
- Coolworks (outdoor jobs)
- <u>Healthcare</u>

### CONNECT with people

#### LinkedIn

- Update your profile
- Reach out genuinely
- Personal brand (blogging)
- 70%+ jobs are found through networking
- Online Career Fairs
- Career Coach, Professional Resume, Headshots





VALUE THE VOICES  $\star$  THINK FORWARD  $\star$  TAKE IT ON  $\star$  CREATE MOMENTS  $\star$  LIVE YOUR PASSION