

LAYER UP!

# Dress For Success

IN COOK COUNTY THIS SPRING.



**We have a saying up here: there's no such thing as bad weather, just bad clothing!**

This infographic will teach you everything you need to know about dressing for success on your spring break adventure in Cook County. Layering is the secret to staying comfortable while you explore Cook County. Spring weather can be erratic, changing dramatically in a matter of moments. We recommend a three-layer system: base layer, mid layer, outer layer.

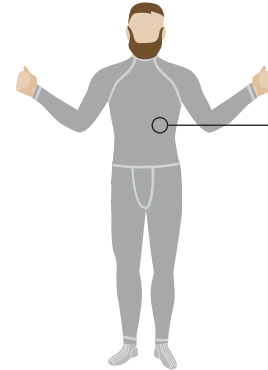
## BASE LAYER

Your base layer is what sets the stage for your comfort by wicking moisture away from your skin.

### Goal = Temperature Regulation

Garment Suggestions

- Warmer Spring Days: Briefs and tank top
- Moderate Spring Days: Athletic pants and tops
- Very Cold Days: thermal long underwear sets



### Best Fabrics

- Wool
- Polyester
- Polypropylene
- Silk

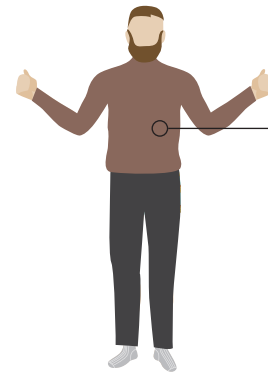
## MID LAYER

Your mid layer (or layers, if you're the type that gets really cold) is essential to managing your warmth.

### Goal = Insulation

Garment Suggestions

- Long-sleeved sweater/jacket
- Vest
- Thermal pants



### Best Fabrics

- Wool
- Polyester
- Nylon
- Down

## OUTER LAYER

Your outer layer protects you from the elements, so you're ready for anything Mother Nature throws your way.

### Goal = Protection

Garment Suggestions

- Water resistant jacket/pants
- Insulated shells
- Ski jacket/snow pants



### Best Fabrics

- Waterproof
- Weatherproof
- Breathable

**Don't have what you need? The shops and outfitters in Cook County will have everything you need and then some. Plan your spring break adventure today.**

**VisitCookCounty.com**  
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