



Sports and outdoor activities

With its parks, sports facilities, and outdoor attractions, Coventry is an excellent destination for those who love to stay active and explore the great outdoors.

Morning

Start your day with a healthy breakfast at the **Park Bistro**, located in the War Memorial Park. The café serves a variety of hot breakfast items, and delicious coffee to fuel your day.

After breakfast, take a walk around **War Memorial Park** using the **The Outdoor Guide** route. This walk takes you in a circuit around the park to highlight some of the notable areas within it. It is an accessible route – the paths are suitable for wheelchairs and pushchairs and there's plenty of green space for little boots to run off their energy in.

After your walk, head to the **Planet Ice** at the **Skydome Arena**. This premier ice-skating rink located in Coventry's city centre is home to the **Coventry Blaze**, one of the top ice hockey teams in the UK. With its friendly staff, excellent facilities, and exciting atmosphere, Planet Ice is a must-visit destination for ice-skating enthusiasts and sports fans in Coventry.



Afternoon

Head to Coventry's state-of-the-art climbing facility, **Warwick University Climbing Wall**. Located in the heart of the city, this climbing wall is designed to offer a challenging climbing experience for climbers of all levels. Challenge yourself with 706sqm of climbable surface, and 144 regularly-changing indoor climbing wall routes.

End the day with a splash at **The Wave**. Offering a range of thrilling activities and features, including six high-speed slides, a wave pool, lazy river, and an interactive water playground.

Alternatively, why not escape the bustling city centre and dare to test your nerve as you clamber among the trees at **Go Ape**? Hidden among 500 acres of breath-taking parkland, Go Ape offers the best in high rope antics, with something for both thrill-seeking adults, and fun-seeking children.

Additional Ideas

Fan of rugby? Why not watch **Coventry Rugby Club**, a name synonymous with tradition and rugby excellence, at the **Butts Park Arena**. Founded in 1874, the club has a rich history that reflects the evolution of rugby union in England.

Coventry is a city that offers a wide range of sports and outdoor activities to suit all interests and ages. For football enthusiasts, a visit to the **Coventry Building Society Arena** to watch the **Coventry City Football Club** play is a must. Those who love cycling can explore the city and its surroundings on the **Coventry Canal Basin**, the **National Cycle Route**, or the **West Midlands Cycle Hire Scheme**.

Head over to visitcoventry.co.uk to find out more!

