

## Out & About

WHERE TO GO, WHAT TO SEE, AND FOUR-LEGGED WAYS TO ENJOY WARMER DAYS

ON THE ROAD

### SADDLE UP

Find fresh perspective atop a horse while taking in the gorgeous scenery. At Tanque Verde Ranch, in Tucson, Arizona (shown), you can amble past soaring saguaro and prickly-pear cacti, or catch some western spirit in the Harmony With Horses workshop, which teaches classic wrangling techniques (tanqueverderanch.com). Here, three more spots to grab the reins.



#### **♥** BENTON CITY, WASH.

Saunter through the sun-dappled vineyards of this quiet wine region with Red Mountain Trails. Opt for the tasting tour, and you'll dismount midway through for sips and snacks. redmountaintrails.com

#### **♥** AMELIA ISLAND, FLA.

On a jaunt with Amelia Island Horseback Riding, you'll ride high (and dry) above the ocean's edge—a prime vantage point for spotting dolphins, which are known to catch air close to shore. ameliaislandhorsebackriding.com

#### **♥** LEXINGTON, KY.

Trot over grassy knolls on a guided tour at Kentucky Horse Park, then head to the Hall of Champions to admire retired star thoroughbreds in daily meet-and-greets. kyhorsepark.com



# FINDING FREEDOM



#### ON OUR BOOKSHELF

After the 2013 collapse of Bangladesh's Rana Plaza garment factory, Germantown, New York-based textile artist Katrina Rodabaugh went on a fashion fast. Make Thrift Mend (Abrams) shares what she discovered, including top-notch tools like the Clover Chaco chalk liners she's "hooked on." Maggie Shipstead's latest novel, Great Circle (Knopf), is named after a flight that circumnavigates the earth at its widest point. Her plot lines are just as epic: One follows a daredevil female flying ace who gets swept up in World War II, the other a rebellious actress playing her in a modern biopic. In *Finding Freedom* (Celadon Books), celebrated Maine chef Erin French's memoir, the peppery nasturtiums on her plates are more than a flourish; they're a symbol of her past. It tells how she lost it all, time and again, only to rebuild stronger and help revive her town. Mergers and Acquisitions (Putnam), former New York Times journalist Cate Doty's account of her time on the weddings beat, is a reception-worthy buffet of juicy backstories that didn't make it into print, including her own.

| WHY NOT? |

#### **Ruff It**

Get a jump on the dog days of summer at a caninefriendly beach.

#### **Atlantic Beach**

See Spot splash his reflection in the crystalline waters at this Boque Banks, North Carolina, destination. He can air-dry on a leashed walk along nearby Elliott Coues Nature Trail, which traverses dunes and a maritime forest.

#### **Huntington Dog Beach**

Treat your pal to a dream playdate at this specially designated pooch paradise in **Huntington Beach**, California. Afterward, sit and stay at the Park Bench Café; its pet menu offers bitesize hot doas.

#### **South Padre Island**

Pups can explore 30-plus miles of shoreline at this Texas locale—and ride the waves, too: South Padre Surf Company's golden retriever, Archer, will happily demo how to hang twenty.

#### **Willard Beach**

Let Floppy roam free during dawn and dusk off-leash hours at this South Portland, Maine, spot. Then snap her pic with the Ram Island Ledge lighthouse as a backdrop.