

LOCAL FOOD, FARM & OUTDOOR ATTRACTIONS

IN CUMBERLAND VALLEY AND THE SOUTH MOUNTAIN REGION

PRODUCE AVAILABILITY GUIDE INSIDE





888.513.5130

#FounditinCV

Produce Availability by Month

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
				FRU	ITS							
Apples												
Apricots												
Blackberries												
Black Raspberries												
Red Raspberries												
Blueberries								*				
Cantaloupe												
Cherry (Tart)												
Cherry (Sweet)												
Cider												
Grapes												
Nectarines												
Peaches												
Pears												
Plums												
Strawberries												
Watermelons												
	Jan	Feb	Mar	Apr	May	lun	Jul	Aug	Sen	Oct	Nov	Dec
	Jun	1 0.5			ABLE		30.	, 109	оор	00.	. 101	500
Asparagus			V L		\ULL	,						
Beans (Lima)												
Beans (Snap)												
Beets												
Broccoli												
Cabbage												
Carrots												
Cauliflower												
Celery												
Corn (Sweet)												
Cucumbers												
Eggplant												
Lettuce												
Mushrooms												
Onions												
Peas												
Peppers												
Potatoes												
Pumpkins												
Spinach												
Squash (Summer)												
Squash (Winter)												
Tomatoes												
Turnips												
Zucchini												
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On the cover: Cumberland Valley Rail Trail in Newville, Eric Forberger; Pumpkin patch, Boiling Springs, Eric Forberger.

.....Back Cover

Great effort was expended collecting and verifying the information in this publication. However, we realize that conditions change and that some of the information may not be accurate. Users noting errors or omissions are urged to report them. Questions, comments or errors regarding the guide should be directed to the Cumberland Valley Visitors Bureau at (717) 240-7198.

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Agricultural Heritage

THE SOUTH MOUNTAIN REGION is a unique landscape encompassing Cumberland, Franklin, Adams and York counties. The region's most prominent geographic feature is the forested slopes of the mountain ridgeline, but the fertile valleys, rolling foothills and scenic waterways help define the landscape and shape a rich agricultural heritage. From the time of the Native Americans to the modern era, the South Mountain region has provided important agricultural and recreational resources.

Native Americans were the first human inhabitants of the South Mountain region and the Cumberland Valley. They lived and camped along the area's streams, used minerals and rocks in the mountain formations for tools and weapons and cultivated crops in the fertile soils of the valleys.

In the early to mid-1700s, the South Mountain region saw European settlements by the Scotch-Irish and Germans. Like the Native Americans before them, the Europeans settled in the fertile valleys near the region's springs and creeks. European settlers brought

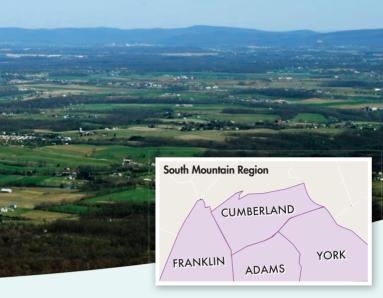
farming methods from their home countries but also were introduced to native crops such as corn, beans, peas, squash and melons by the Native Americans.

Early farms in the South Mountain region produced crops and goods for their own consumption and for selling and trading to both local and distant markets.

Despite the rich limestone soils, farmers found that planting the same crops in the same area repeatedly exhausted the soils. These challenges lead to the advent of rotating crops among the fields and enriching the soils with lime and other organics, including manure from livestock. The crop-and-livestock system proved to be an efficient farm model providing a more diverse array of

providing a more diverse array of products and enriching the soils. In addition to growing grain, grass and vegetable crops, farmers also planted apple orchards. Adams County especially, had the right combination of landform and soils to excel at fruit production.

Agricultural Heritage



The principal crops grown by Cumberland Valley farmers during the nineteenth century included wheat, corn, oats and hay, supplemented in smaller numbers by other grains, grasses and produce. As part of the newly adopted crop-and-livestock system, livestock in the valley includes cattle, horses and swine. By the mid-nineteenth century, several fruit nurseries had been established in Adams County with apple orchards as well as peach, pear, cherry and other types of fruit trees. The development of the transportation network in the late 1800s provided a way to distribute the fruit to local and regional markets.

Farming in the twentieth century was transformative. Farmers in the Cumberland Valley focused on dairying, poultry farming and growing wheat, corn, alfalfa, oats and hay crops. Modernization and specialty production transformed agriculture into a more complex business. During this period, dairying was subject to

new sanitation requirements so modification of the nineteenth century barns and construction of milk houses was necessary to comply with the regulations. Poultry farms also rose to a more prominent place in the farm economy. By the middle decades of the twentieth century, urban sprawl was encroaching on agricultural land throughout the South Mountain region. Farms were reduced in number but enlarged in size as small scale operations could no longer compete.

Today, agriculture remains a prominent feature of the landscape and an important part of the South Mountain region heritage. The countryside contains a mix of historic and modern agricultural buildings and the industry thrives as a statewide leader in the fruit, cattle and dairy industries.

For more information, visit www.phmc.state.pa.us/portal/communities/agriculture/history/index.html.

Local Food





The South Mountain region is home to some of the finest agricultural land in Pennsylvania and is celebrated for its agricultural products. In fact, the majority of the Cumberland Valley's soils are classified as "prime" (high quality) or soils of statewide importance. Adams County is ranked #1 in Pennsylvania for fruits, nuts and berries, while York County is #2 statewide for grains and beans. Franklin County also tops the list at #2 statewide for dairy and #3 for fruits, nuts and berries. Cumberland County is renowned for cattle and dairy industries at #5 and #7 respectively statewide.

South Mountain Fast Facts

- South Mountain agriculture generates over \$1 billion in cash receipts from the sale of agricultural crops and livestock products according to 2012 Census of Agriculture.
- There are approximately 6,370 farms in varying sizes in the South Mountain Region.
- 852,800 acres (or 49%) of the South Mountain Region is in agricultural use.

South Mountain's agriculture industry provides opportunities for residents and visitors to obtain local fruits, vegetables and other farm fresh products through our farmers markets, farm stands, CSAs and other retailers. The industry also preserves our iconic rural character and scenic vistas by keeping productive land from being developed.

Benefits of Buying Local

- Support a local economy and farms, creating jobs and keeping wealth within our region.
- Buying local helps farmers remain profitable, preserving our farmland and open spaces.
- Higher nutrient levels retained in food and fuller flavor due to the foods reaching you faster.
- Locally produced food is fresher than foods packed in trucks and shipped for several days.
- Buying local provides an opportunity to meet the farmer and learn how your food is grown.

▽ PA Preferred = Business participates in state marketing program designed to promote food and agricultural products grown, produced or processed in Pennsylvania.

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Business Name	Open Year- Round	Description	Other
FARMER'S M An indoor or outdoor marketplace whe seasonal produce, farm product	re loc	al farmers and vendors s	 ell
Adams-Ricci Farmers Market Adams-Ricci Park East 100 E Penn Dr, Enola 17025 HOURS: May-Oct: Thurs 3pm-7pm		10+ Vendors— Produce, Meat, Baked Goods	○ &
Broad Street Market 1233 N Third St, Harrisburg 17102 236-7923 I broadstreetmarket.org HOURS: Thurs-Fri 7am-6pm, Sat 7am-4pm	•	40 Vendors— Locally-grown and Organic Produce, Meats, Baked Goods, Flowers, Plants, Wine, Spirits, Beer	€. III † †
Carlisle Country Market 1446 Holly Pike, Carlisle 17015 254-6457 Carlislecountrymarket.com HOURS: Thurs-Fri 7am-4pm, Sat 7am- 2pm; Outside flea market on Fri & Sat	•	Multiple Vendors— Produce, Baked Goods, Meats, Dairy Products, Fruits, Subs, Candy, Coffee & Tea, Nuts, Dried Fruits, Bird Food, Crafts, Home Decor, Prints, Local Honey, Cider, Flowers	CC ♣ ™ † †
Central Market 34 W Philadelphia St, York 17401 848-2243 I centralmarketyork.com HOURS: Tues & Thurs 7am-2pm, Sat 6am-2pm, First Fridays 5pm-9pm	•	50+ vendors— Produce, Baked Goods, Meats, Fresh Seafood, Deli, Locally-grown Flowers	€. III † †
The Farmers Market on 4th 400 Bridge St, New Cumberland 17070 newcumberlandpa.com HOURS: 1st week in May-1st week in Oct: Sat 9am-1pm		Local Farmers/ Food Producers/ Artisan Market; Includes Organic	
Farmers on the Square 2 N Hanover St, Carlisle 17013 farmersonthesquare.com HOURS: May-Oct: Wed 3pm-7pm; See website for winter locations/hours.	•	20+ Vendors— Seasonal Produce, Meats, Baked Goods, Eggs, Dairy Products, Flowers	CC ☼ ᢢ.
Gettysburg Farmers' Market Historic Lincoln Sq, Gettysburg 17325 gettysburgfarmmarket.com HOURS: End of Apr-End of Oct: Sat 7am-12pm		10+ vendors – Fresh Fruit & Vegetables, Baked Goods, Bedding & Landscape Plants, Fresh Herbs, Meat, Dairy, Honey	₹
Hanover Borough Original Farmers Market 210 E Chestnut St, Hanover 17331 632-1353 ■ hanoverboroughpa.gov HOURS: Sat 6am-12pm	•	35 Vendors— Vegetables, Melons, Berries, Deli Items, Eggs, Dairy Products, Baked Goods, Crafts, Flowers, Meats	CC E. III † †

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Business Name	Open Year- Round	Description	Othe
New Eastern Market Co., Inc. 201 Memory Lane, York 17402 755-5811 I neweasternmarket.com HOURS: Fri 7am-6pm	•	50+ Vendors—Fruits, Vegetables, Meats (beef, pork poultry), Cheeses, Flowers, Salads, Fresh Seafood, Baked Goods, Candies, Pumpkins, Cider, Honey, Crafts, Deer Processing	&. ∜ † †
North Square Farmers Market 50 N Main St, Chambersburg 17201 northsquarefarmersmarket.com HOURS: Mid May-Mid Oct: Sat 8am-12pm		20+ Vendors— Vegetables, Melons, Berries, Tree Fruit, Pumpkins, Preserves, Cider, Eggs, Dairy Products, Baked Goods, Honey, Maple Products, Flowers, Herbs, Bedding Plants, Meats (pork, beef, poultry); Live Music; Artisan Crafts	cc ৬. ৺
PA Open Air Farmers Market Industrial Dr & Cameron St Harrisburg 17110 697-9617 HOURS: May-Nov: Tues & Fri 9am-6pm		Located in the PA Farm Show Complex parking lot. 25+ Vendors— Seasonal Produce, Organically Certified Pasture-Raised Meat (Chicken, Pork, Beef), PA Wine, Ice Cream, Dairy Products, Baked Goods, Fresh-Cut Flowers	∏1 † †
West Shore Farmers Market 900 Market St, Lemoyne 17043 737-9881 westshorefarmersmarket.com HOURS: Tues 8am-3pm, Fri 8am-6pm, Sat 8am-2pm	•	50 Vendors— Produce, Meats, Preserves, Deli, Honey, Herbs, Crafts, Maple Products, Baked Goods, Flowers, Eggs, Candy, Coffee & Tea, Nuts, Winery/Brewery, Upscale Boutiques	& 111 † †
Williams Grove Historical Steam Engine Association Farmers Flea Market 1 Steam Engine Hill, Mechanicsburg 17055 766-4001 I wghsea.org HOURS: Sun Dawn-2pm (year round; weather permitting)	•	Multiple Vendors— Seasonal Produce, Flea Market Items	€. III † †

AREA CODE 717 unless noted otherwise Business Name Description **ROADSIDE STAND** A temporary structure that is open seasonally where local produce and farm products are sold directly to the consumer. Basehore Farm Market 6080 Creekview Rd. Vegetables, Flowers, Mechanicsburg 17050 Melons, Honey, Berries, Tree Fruit, 576-0787 or 576-1418 HOURS: April: Thurs-Fri 10am-5pm, Sat Crafts, Pumpkins, 9am-5pm, Sun 12pm-4pm. May: Wed-Fri Cider, Goat CC 10am-5pm, Sat 9am-5pm, Sun 12pm-Cheese, Baked 4pm. June-Aug: Tue-Fri 10am-6pm, Sat Goods, Preserves, 9am-5pm, Sun 12pm-4pm. Sept-Oct: Mon-Maple Syrup, Eggs, Fri 10am-6pm, Sat 9am-5pm, Sun 12pm-Sweet Corn 5pm. End of Nov-Dec: Wed-Fri 10am-5pm, Sat 10am-5pm, Sun 12pm-5pm. **Beltview Produce** Pumpkins, Park Dr & Lerew Rd, Sweet Corn Boiling Springs 17007 (fresh picked 609-9138 every morning) HOURS: July-Sept: 10am-4pm daily **Breezy Valley Farms** PA Route 233 (Centerville Rd), Vegetables, Melons, between PA-11 & I-81, Newville 17241 Berries, Tree Fruit, 776-0110 Pumpkins, Honey, **Bedding Plants** HOURS: Late May-Sept: Mon-Sat 9am-5:30pm Vegetables, Tree Garden Gate Farm Market Fruit, Homemade 1560 W Trindle Rd, Carlisle 17015 Baked Goods, CC 240-0855 Honey, Specialty Cut Flowers, Made to HOURS: April-Oct: Mon, Tues, Thurs, Fri Order Potted Flowers, 9am-6pm, Sat 9am-5am Hanging Baskets Kline Road Gardens Vegetables, Melons, 107 Kline Rd, Shippensburg 17257 Honey, Berries, Tree 532-3750 Fruit, Pumpkins, Eggs HOURS: Apr-Oct: Mon-Sat 7am-8pm Mt. Rock Orchards Cherries, Peaches, 328 Mt. Rock Rd, Shippensburg 17257 Apples, Vegetables, Baked & Canned HOURS: July-Nov: Mon-Fri 9am-5:30pm, Goods Sat 9am-3pm **Punkin Point Farm** 825 York Rd, Carlisle 17015 Pumpkins, Squash, 713-7027 Gourds, Decorative Fall Produce **HOURS:** Labor Day-Thanksgiving: Open daily Windy Hill Orchard 1180 Highland Dr, Mechanicsburg 17055 Tree Fruit 766-8509 HOURS: Sept-Nov: daily daylight hours

Business Name	Open Year- Round	Description	Other
Wolf's Fruit Farm 998 S. Mountain Rd, Dillsburg 17019 433-8122 HOURS: Open daily	•	Vegetables, Tree Fruit, Honey, Eggs	₹

COMMUNITY SUPPORTED AGRICULTURE (CSA)

A community of individuals who become shareholders in a farm operation, so the growers and consumers provide mutual support and share the risks and benefits of food production. Typically, CSA members purchase shares of the harvest in advance to cover the anticipated costs of the farm operation and farmer's salary. In return they receive freshly harvested produce throughout the growing season.

throughout the growing season.			
Earth Spring Farm CSA 366 Stought Rd, Carlisle 17015 805-7778 Learthspringcsa.com SEASON: May-Oct: Please call ahead. Farm stand open Daily 7am-7pm		Certified Organic Vegetables. Fruits, Milk, Cheese, Meat & Eggs available for purchase from outside vendors.	CC ‡ †
Fulton Farm, Fulton Center for Sustainability Studies, Wilson College 1015 Philadelphia Ave, Chambersburg 17201 264-4141 I wilson.edu SEASON: May-Nov: On farm pick up weekly or biweekly		Seasonal Produce, Sustainably Produced Eggs, Flowers, Herbs, Certified Naturally Grown	•
Hollabaugh Bros. Inc. Fruit Farm & Market 545 Carlisle Rd, Biglerville 17307 677-8412 I hollabaughbros.com SEASON: Year-round; On farm pick up plus 3 other locations See farm retail listing on pg. 12.	•	Assorted fruits & vegetables plus option for a dairy share	CC ♥/ ₺. † † U-P
Lock Farm (Fields to Meals Program) 822 Ritner Hwy, Shippensburg 17257 301-639-6988 ■ lockfarm.net SEASON: May-Dec; On farm pick up		Wide variety of seasonal fruits & vegetables	CC &
Miller Plant Farm 430 Indian Rock Dam Rd, York 17403 741-2631 I millerplantfarm.com SEASON: June-Nov; On farm pick up Tues 10am-6pm (small shares) or Wed 10am-6pm (large shares) See farm retail listing on pg. 17.		Wide variety of seasonal fruits & vegetables	CC ₹/ ♣.
North Mountain Pastures 201 Cold Storage Rd, Newport 17074 497-3496 I northmountainpastures.com SEASON: Feb-June or July-Nov		Chicken, Beef, Pork, Lamb, Pasture Raised and Non-GMO	

Business Name	Open Year- Round	Description	Other
Oak Grove Farms 846 Fisher Rd, Mechanicsburg 17055 766-2216 I oakgrovefarmsinc.com SEASON: May-Aug or Aug-Nov; On farm pick up Tues 1pm-6pm or Thurs 1pm-6pm See farm retail listing on pg. 13.		Wide variety of seasonal fruits & vegetables; Full & Half Shares Available.	CC
Paulus Orchards 522 E. Mt. Airy Rd, Dillsburg 17019 432-2544 ■ paulusorchards.com SEASON: 3rd week in May-3rd week in Sept (19 weeks) See farm retail listing on pg. 14.		Fruits & Vegetables plus other treats such as homemade cider donuts or homemade jam	CC
Spiral Path Farm 538 Spiral Path Ln, Loysville 17047 789-4433 I spiralpathfarm.com SEASON: Apr-Dec: Please call ahead		Vegetables, Fruits, Herbs, Certified Organic, Permanently Preserved Farm	
Strites Orchard Farm Market & Bakery 1000 Strites Rd, Harrisburg 17111 564-3130 I stritesorchard.com SEASON: 26 weeks starting in late May; On farm pick up plus other locations See farm retail listing on pg. 14.		Seasonal fruits & vegetables	CC ☆

FARM RETAIL

Local seasonal produce and farm products sold directly to the consumer from the farm. Typically, retail outlets are permanent structures that may be open year-round.

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Produce, Dair	y, M	eat	
Apple Valley Creamery 541 Germany Rd, East Berlin 17316 528-4520 ■ applevalleycreamery.com HOURS: Tues-Sat 10am-6pm	•	Preserves, Eggs, Dairy Products, Pasteurized and Raw Milk from Pastured Grass-Fed Cows (Animal Welfare Approved Certification) Honey, Maple Products, Meats (pasture- raised beef, pork), Homemade Ice Cream (hand-dipped and soft-serve), Chicken, Alaskan Salmon	CC ♣ † †
Blue Mountain Meadows 5 Zook Ln, Newburg 17240 423-5680 HOURS: Mon-Sat Dawn-Dusk	•	Eggs (Free Range), Dairy Products, Chicken, Lamb, Pork, Beef	⇔

U-P

Business Name	Open Year- Round	Description	Other
Boyer Nurseries & Orchards 405 Boyer Nursery Rd, Biglerville 17307 677-8558 Doyernurseries.com HOURS: Mar-Dec: Mon-Sat 7am-5pm, Sun 12pm-5pm; Closed weekends Jan-Mid March	•	Vegetables, Melons, Berries, Tree Fruit, Pumpkins, Preserves, Cider, Eggs, Dairy Products, Baked Goods, Honey, Maple Products, Herbs, Christmas Trees; Wine-Tasting Room; Christmas Events; U-P: Sweet Cherries, Sour Cherries, Blueberries, Apples	CC
Butcher's Farm Market 590 N 4th St, Newport 17074 567-3539 Loutchersfarmmarket.com HOURS: Mon-Fri 9am-6pm, Sat 9am-3pm See attraction listing on pg. 19.	•	Vegetables, Melons, Berries, Tree Fruit, Pumpkins, Deli Items, Preserves, Cider, Eggs, Dairy Products, Baked Goods, Honey, Flowers, Herbs, Bedding Plants; Fall: Weekend Corn Maze, Hayrides, Family Fun Farm	CC ₩ &.
Clair's Orchard 1452 Holly Pike, Carlisle 17015 752-5996 Clairsorchard.com HOURS: April-Labor Day: Mon-Thurs 9am-5pm, Fri-Sat 9am-6pm, Sun 11am-5pm; Sept: Mon-Sat 9am-5pm, Sun 11am-5pm; Oct: Tue-Sat 9am-5pm, Sun 11am-5pm; Nov: Fri-Sat 9am-5pm, Sun 11am-5pm; Nov: Fri-Sat 9am-5pm, Sun 11am-5pm	•	Tree Fruit, Berries, Vegetables, Baked Goods, Melons, Honey, Preserves, Eggs, Meat, Dairy Products, Fruit Juice, Cider, Pumpkins, Homemade Ice Cream	cc & ₹
Country Breeze Farm Market 5039 Molly Pitcher Hwy, Chambersburg 17202 375-4115 HOURS: Mon-Fri 8am-6pm, Sat 8am-4pm	•	Vegetables, Melons, Berries, Tree Fruit, Pumpkins, Deli Items, Preserves, Ciders, Eggs, Dairy Products, Baked Goods, Honey, Maple Products, Flowers, Herbs, Bedding Plants, Ice Cream	CC & III
The Country Butcher Shop, Inc. 286 McAllister Church Rd, Carlisle 17015 249-4691 © countrybutchershopinc.com HOURS: Tues-Wed 9am-6pm, Thurs-Fri 9am-7pm, Sat 8am-5pm	•	Produce, Deli, Baked Goods, Meats, Eggs, Dairy Products	

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Business Name	Open Year- Round	Description	Other
Deb's Farm Market 4045 Chambersburg Rd, Biglerville 17307 334-5050 HOURS: Week prior to Memorial Day- Oct: Mon-Fri 10am-6pm, Sat 10am- 4pm, Sun 12pm-4pm, Holidays until 2pm		Vegetables, Melons, Berries, Tree Fruit, Pumpkins, Deli Items, Preserves, Cider, Eggs, Dairy Products, Baked Goods, Honey, Maple Products, Meats (hamburger patties, sausage roll, breakfast links, ham steaks), Windy Knoll hand-dipped and boxed ice cream	CC † †
Esh's Produce 16285 Cumberland Hwy (PA Rte 997), Newburg 17240 532-3216 HOURS: Nov 1-Apr 30: Mon-Sat 8am- 5pm; May 1-Oct 31: Mon, Wed-Fri 8am-7pm, Tues & Sat 8am-5pm	•	Vegetables, Melons, Berries, Tree Fruit, Preserves, Honey, Crafts, Quilts, Quilt Fabric, Fresh Brown Eggs, Bulk Foods	€ .
Fields of Adventure 64 Tree Ln, Aspers 17304 888-677-0093 I fieldsofadventure.com HOURS: Sept: Sat 10am-7pm, Sun 1pm-7pm; Oct: Fri 10am-6pm, Sat 10am-10pm, Sun 1pm-7pm; Apr-Aug: call ahead See attraction listing on pg. 19.		Berries, Pumpkins, Eggs, Honey, Meats (pastured beef, pork, poultry, turkey); Fall: Corn Maze, Hayrides, 20+ Farm Fun Attractions; U-P: Blueberries, Pumpkins, Popcorn	CC
Fulton's Dairy 1910 Ritner Hwy, Shippensburg 17257 776-3338 HOURS: Self-serve 24 hours	•	Pasteurized Milk, Eggs, Meats (ground beef, roasts, steaks), Pastured Livestock	₹
Gray Wolf Plantation 149 Forest Dr, New Oxford 17350 624-7204 HOURS: Mid Sept-Early Nov: Daily 10am-6pm		Apples, Pumpkins, Cider, Honey, Sunflowers; U-P: Pumpkins; Hayrides	€. ∜ † † U-P
Hacienda Shiloh 327 Knox Rd, Gettysburg 17325 642-9161 HOURS: Mon-Sat 9am-5pm, Sun 12pm-4pm	•	Garlic farm offering 20 varieties plus Sea Salts, Peppercorns, Chilis, Herbs, Peppers	
The Historic Round Barn & Farm Market 298 Cashtown Rd, Biglerville 17307 334-1984 I roundbarn.farm HOURS: Late Apr-Early Nov: Daily 9am- 5pm; Early Nov-Late Nov: Fri, Sat, Sun 9am-5pm		Tree Fruit (inc. 30 types of apples & 20 types of peaches), Seasonal Fresh Fruits & Vegetables, Baked Goods, Locally-made Small Batch Products, Gifts, Seasonal Décor	CC ∴

Business Name	Open Year- Round	Description	Other
Hollabaugh Bros. Inc. Fruit Farm & Market 545 Carlisle Rd, Biglerville 17307 677-8412 I hollabaughbros.com HOURS: Hours change seasonally; visit website for current hours See CSA listing on pg. 8.	•	Vegetables, Melons, Berries, Tree Fruit, Pumpkins, Preserves, Cider, Eggs, Dairy Products, Baked Goods, Honey, Maple Products, Flowers, Herbs, Bedding Plants, Meats (beef, pork, lamb, turkey, chicken), Crafts, Gift Items, Gardening Accessories, Ice Cream; Festivals throughout the year; Cooking Classes; Farm Events; U-P: Blueberries, Apples	CC
Lil' Ponderosa Enterprises 44 Ponderosa Rd, Carlisle 17015 245-2820 I lilponderosabeef.com HOURS: Open year-round by appointment; Farm tours on request— weather permitting	•	Meats—Purebred Black Angus, Freezer Beef from Closed Herd, 100% Raised & Finished on Grass, No Antibiotic/Chemical, Pastured Livestock	₹
Lock Farm 822 Ritner Hwy, Shippensburg 17257 301-639-6988 I lockfarm.net HOURS: Daily 10am-7pm (closed Thursday and Sunday)	•	Vegetables, Melons, Pumpkins, Eggs, Flowers, Herbs	چ دد
Maplewood Farm Market 8564 Olde Scotland Rd, Shippensburg 17257 532-8973 I maplewoodproduceandgreenhouse.com HOURS: Mon-Fri 8am-7pm, Sat 8am-4pm	•	Vegetables, Melons, Berries, Tree Fruit, Deli Items, Pumpkins, Preserves, Eggs, Dairy Products, Baked Goods, Honey, Flowers, Herbs, Bedding Plants, Cider, Ice Cream, Made-to-order Lunch, Bulk Foods, Canned Goods U-P: Strawberries, Pumpkins	CC & † † U-P
McDannell Fruit Farm & Market 332 N High St, Biglerville 17307 677-6922 ■ mcdannellfruitfarm.com HOURS: Mid June-Mid Nov: Daily 9am-5pm		Vegetables, Melons, Berries, Tree Fruit, Pumpkins, Preserves, Cider, Eggs, Baked Goods, Honey, Maple Products, Deer Processing	CC
Miller Plant Farm, York—See description	on pg	. 17	

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Business Name	Open Year- Round	Description	Other
Mountain View Nursery 1101 Park Pl, Mechanicsburg 17055 766-4966 I mtviewnurserypa.net HOURS: July 5-Sept 15: Mon-Fri 8am-7pm, Sat 8am-5pm		Vegetables, Melons, Sweet Corn, Preserves, Honey, Cookies	₹
Newville Produce Farm & Greenhouses 379 Greenspring Rd (PA Rte 641), Newville 17241 776-7717 HOURS: Feb-Dec: Mon-Fri 9am-7pm, Sat 8am-4pm		Vegetables, Flowers, Melons, Honey, Herbs, Berries, Bedding Plants, Tree Fruit, Pumpkins	÷l†
Oak Grove Farms 846 Fisher Rd, Mechanicsburg 17055 766-2216 I oakgrovefarmsinc.com HOURS: Mon-Sat 8am-6pm See CSA listing on pg. 9.	•	Produce, Eggs, Dairy Products, Maple Products, Jams, Homemade Soups, Flowers, Bedding Plants, Baked Goods U-P: Strawberries, Peas, Raspberries, Beans	CC ↓ Ł. ▼/ † † U-P
Oyler's Organic Farms & Market 400 Pleasant Valley Rd, Biglerville 17307 677-8411 I oylersorganicfarms.com HOURS: Tues-Fri 10am-4pm, Sun (July thru end of Nov) 12pm-4pm	•	Vegetables, Baked Goods, Preserves, Honey, Herbs, Berries, Cider, Bedding Plants, Tree Fruit, Eggs, Pumpkins, Dairy Products, Maple Products, Meats (pastured chicken, grass finished beef, pastured pork, pastured turkeys, Alaskan wild-caught salmon & other fish); Certified Organic; Classes and Special Events throughout the year	CC ∴ ∴ † †
Paulus Farm Market 1216 S York St, Mechanicsburg 17055 697-4330 I paulusfarmmarket.com HOURS: May-Oct: Mon-Fri 9am-7pm, Sat 9am-5pm, Sun 11am-4pm; Nov- Dec Mon-Sat 9am-5pm, Sun 11am- 4pm; Jan-April Thurs-Fri 9am-5pm, Sat 9am-3pm See attraction listing on pg. 20.	•	Produce, Deli, Baked Goods, Beef, Dairy, Eggs, Meal Kits, Agritourism Events, Farm Park Animals, Play Areas, Pre-cut Christmas Trees U-P: Flowers, Strawberries, Pumpkins	CC



AREA CODE 717 unless noted otherwise				
Business Name	Open Year- Round	Description	Other	
Paulus Orchards 522 E. Mt. Airy Rd, Dillsburg 17019 432-2544 ■ paulusorchards.com HOURS: July-Oct: Mon-Sat 9am-7pm, Sun 11am-5pm; Nov-Feb: Mon-Sat 9am-5pm, Sun 11am-5pm See CSA listing on pg. 9 and attraction listing on pg. 20.		Vegetables, Baked Goods, Preserves, Honey, Berries, Cider, Tree Fruit, Pumpkins, Melons, Canning Supplies, Fall Corn Maze, Made to Order Fruit Baskets U-P: Pumpkins, Apples, Blueberries, Strawberries, Blackberries	CC	
The Peters Orchards 10540 Carlisle Pike, Gardners 17324 528-4380 HOURS: May-Oct: 7am-7pm; Nov-Apr: 7am-5pm daily	•	Vegetables, Pumpkins, Baked Goods, Melons, Cider Preserves, Honey, Berries, Tree Fruit, Maple Products, Dairy Products	CC ∴ ∴ † †	
Rockview Dairy 44 Kline Rd, Shippensburg 17257 729-8642 HOURS: Mon-Sat 7am-7pm	•	Vegetables, Herbs, Berries, Eggs (Free-Range), Raw Milk, Beef (Pastured Livestock)		
Shippensburg Auction Center 1122 Ritner Hwy, Shippensburg 17257 532-5511 I sauctioncenter.com HOURS: Tues (year round), Thurs (March-Oct) 9am-sold out	•	Wholesale— Fruit, Vegetables, Flowers, Shrubs, Pumpkins, Mums, Corn, Christmas Trees & Wreaths	ĭ1 1 ⊕I÷	
Stoner's Dairy Farm & Corn Maze 7678 Oellig Rd, Mercersburg 17236 328-3617 I stonersdairyfarm.com HOURS: Apr-May: (field trips & tours by appt.); Sept-Oct: Fri 7pm-10pm, Sat 12pm-10pm, Sun 12pm-5pm		Homemade Ice Cream, Pumpkins, Mums, Corn Maze (Sept-Oct). Special Fall events.	⇔ ₩ † †	
Strawberry Lane 604 S. Middlesex Rd, Carlisle 17015 249-0916 HOURS: May-Aug: Mon-Fri 7:30am- 6pm, Sat 7:30am-3pm		Strawberries, Sweet Corn, Blueberries, Blackberries, Certified Naturally Grown U-P: Strawberries	U-P	
Strites Orchard Farm Market & Bakery 1000 Strites Rd, Harrisburg 17111 564-3130 I stritesorchard.com HOURS: Mon-Fri 8am-7pm, Sat 8am-5pm, Sun 11am-4pm See CSA listing on pg. 9.	•	Produce, Preserves, Baked Goods, Honey, Herbs, Cider, Bedding Plants, Christmas Trees, Fall Corn Maze, Crafts, Dairy Products, Milk, Eggs, Grass-fed Beef U-P: Strawberries, Blueberries, Blackberries, Raspberries, Pumpkins, Sweet/Sour Cherries, Peaches, Apples, Flowers	CC S S H T T T T T T T T T T T T T T T T T	

AREA	A COL	DE 717 unless noted oth	erwise
Business Name	Open Year- Round	Description	Other
Trickling Springs Creamery 2330 Molly Pitcher Hwy, Chambersburg 17202 709-0711 I tricklingspringscreamery.com HOURS: Mon-Fri 8am-7pm; Sat 9am-6pm	•	Deli Items, Cider, Baked Goods, Honey, Maple Products, Meats (steaks and hamburger from local grass-fed farm); Grass- fed Milks, Cheeses, Butter, Ice Cream. Observe dairy bottling operations through viewing window into production hall	CC
Toigo Orchards 750 S Mountain Estates Rd, Shippensburg 17257 530-9661 ■ toigoorchards.com HOURS: Jun, Aug-Dec: Mon-Sat 8am-5pm; Year-round online sales		Vegetables, Melons, Preserves, Honey, Herbs, Berries, Cider Tree Fruit, Pumpkins, Homemade Salsa, Sauces & Butters, Certified Naturally Grown U-P: Strawberries	₹ U-P
West Brook Farm Market 5770 Carlisle Pike, New Oxford 17350 624-1113 HOURS: May-Oct: Mon-Fri 9am-6pm, Sat 8am-5pm, Sun 10am-4pm		Vegetables, Melons, Berries, Tree Fruit, Pumpkins, Preserves, Cider, Eggs, Baked Goods, Honey, Bedding Plants, Herbs, Flowers & Baskets in spring; Mums in fall	cc &
Windy Knoll Farm Market & Creamery 2685 Spring Rd, Chambersburg 17202 264-2900 HOURS: Mon-Fri 8am-6pm, Sat 8am-5pm; Open later in summer, please call for hours.	•	Homemade Ice Cream, Fresh Produce, Deli Meats & Cheeses, Subs & Hoagies, Baked Goods, Homemade Soups & Salads, Bulk Foods, Fall Corn Maze	CC \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \
Yellow Hill Farm 670 Yellow Hill Rd, Biglerville 17307 677-8188 yellowhillfarm.com HOURS: Late June-Late Sept/Early Oct: Mon-Sat 9am-5pm (Hours may vary;		100% pick-your- own farm. U-P: Blueberries, Thornless Blackberries, Red & Gold Raspberries,	€. * /i† U-P

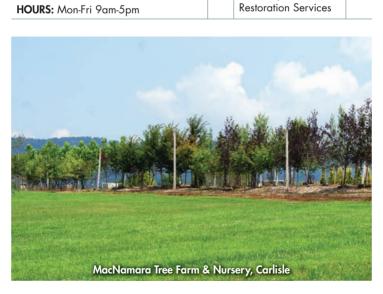


check website)

Flowers, Herbs

Business Name	Open Year- Round	Description	Other
Nursery/Tree Farm			
Ashcombe Farm & Greenhouses 906 W Grantham Rd, Mechanicsburg 17055 766-7611 ashcombe.com HOURS: Jan-Feb: Mon-Sat 9am-6pm; Mar-Dec: Mon-Sat 9am-7pm; Seasonal hours vary	•	Seasonal Plants (Annuals, Herbs, Vegetables, Perennials), Trees & Shrubs, Gardening Supplies, Tools & Accessories, Gift Shop, Women's Boutique, Country Cafe, In-Store Bakery	CC
Chestnut Grove Greenhouse 120 Chestnut Grove Rd, Shippensburg 17257 532-3788 HOURS: Apr-Jun: Mon-Fri 8am-8pm, Sat 8am-5pm		Flowers, Herbs, Bedding plants	ŧIŧ
Conaway's Pine Haven Farm 1765 Pine Rd, Newville 17241 486-5423 I conawaypinehaven.com HOURS: Black Friday through Christmas Eve: Mon-Thurs 10am-7pm, Fri 10am-8pm, Sat 8am-8pm, Sun 8am-7pm		Christmas Trees, Live Bulbs, Centerpieces, Wreaths, Greenery, Baskets, Burlap Evergreen Trees, Wagon Rides, School Groups U-P: Christmas Trees	₩ # #
Conifer Hill Tree Farm 101 Conifer Rd, Newville 17241 226-6104 HOURS: Open daily Black Friday		Christmas Trees, Evergreen Wreaths/ Greens U-P: Christmas Trees	U-P
through Christmas Eve: 9am-4:30pm Highland Gardens 423 \$ 18th St, Camp Hill 17011 737-8633 I highlandgardens.org HOURS: Mon-Fri 9am-6pm, Sat 8am-5pm, Sun 11am-5pm; check website for seasonal hours	•	Plants, Flowers, Trees, Herbs, Patio Block, Tanbark, Fertilizers, Mulch, Garden Tools, etc.	CC &
Liberty Farm 831 York Rd, Carlisle 17015 919-4611 HOURS: Thanksgiving through Christmas Eve: Mon-Fri 10am-7pm, Sat-Sun 9am-7pm		Crafts, Christmas Trees, Wreaths, Garland, Pottery, Pin Style Tree Stands (Drilled), Tree Bags, Watering Elf	CC ∴ Ł
MacNamara Tree Farm & Nursery 25 Wagner Dr, Carlisle 17015 226-0251 HOURS: Mon-Sat 8am-6pm	•	Trees, Landscape Products, Shrubs, Planting Services & Delivery	
McCurdy's Tree Farm & Landscaping 127 Chestnut Grove Rd, Dillsburg 17019 432-4017 ■ mccurdystreefarm.com HOURS: Open year-round (hours vary)	•	Christmas Trees, Farm Zoo (end of Nov-Dec), Stone, Tanbark, Mulch, Plants, Hayrides & Campfires, School Field Trips U-P: Christmas Trees	CC

AREA	A COL	DE 717 unless noted other	erwise
Business Name	Open Year- Round	Description	Other
Miller Plant Farm 430 Indian Rock Dam Rd, York 17403 741-2631 ■ millerplantfarm.com HOURS: Mar-Dec: Mon-Fri 9am-6pm, Sat 9am-4pm; May only: Mon-Fri 8am- 8pm, Sat 8am-5pm See CSA listing on pg. 8.		Vegetables, Melons, Berries, Tree Fruit, Pumpkins, Preserves, Cider, Eggs, Dairy Products, Baked Goods, Hone, Flowers, Herbs, Bedding Plants, Christmas Trees	CC ⟨b.
Noggles Sweet Meadow Greenhouse 2171 Stumpstown Rd, Mechanicsburg 17055 766-7750 HOURS: Apr-Oct: Mon-Sat (hours vary)		Bedding Plants, Herbs, Flowers, Vegetable Transplants, Hanging Baskets, Mums	
Spring Garden Greenhouse 1137 S Spring Garden St, Carlisle 17015 218-9638 HOURS: Mar-Jun & Aug-Oct: Mon-Sat 9am-5pm		Bedding Plants, Vegetable Plants, Hanging Baskets, Planters, Perennials, Herbs, Mums, Asters, Flowering Kale, Fall Vegetable Plants, Baked Goods	
Turkeyfoot Nursery 80 Junction Rd, Dillsburg 17019 432-3866 I turkeyfootnursery.com HOURS: Apr-June: Mon-Fri 8am-7pm, Sat 8am-5pm, Sun 10am-3pm; July- Sept: Mon-Fri 8am-7pm, Sat 8am-4pm; Oct: Mon-Fri 8am-6pm, Sat 8am-5pm		Trees, Shrubs, Perennials, Annuals, Hanging Baskets, Topsoil, Mulch	СС
Woodlawn Tree Nursery 3171 Ritner Hwy, Newville 17241 776-5988 ■ woodlawntrees.com	•	Shade & Ornamental Tree Sales, Tree Services, Native	



WINE & BEER TRAILS

Sample wines & brews against backdrops ranging from tree-lined downtowns to beautiful country landscapes.

You must be at least 21 years old to participate. Please drink responsibly.

Cumberland Valley Beer Trail

Cumberland Valley's emerging breweries and pubs welcome locals and visitors to sample the unique flavors of craft brews. Pick up a passport at one of the participating locations or go to VisitCumberlandValley.com/Beer to download a passport. Visit the locations listed and collect stickers to win prizes. Visit our website for updated information on new breweries plus wineries and distilleries.

VisitCumberlandValley.com/Beer

Hershey Harrisburg Wine Country

Explore 15 wineries in the rolling hillside of Central PA.

HersheyHarrisburgWineCountry.com

Hershey Harrisburg Craft Beer Country

Ten craft breweries compile this trail covering Dauphin County.

HersheyHarrisburgBeer.com

Gettysburg Wineries and Distilleries

A variety of farm wineries and downtown tasting rooms make up this trail of wineries and distilleries.

DestinationGettysburg.com

Keystone Craft Spirits Trail

A lineup of 12 distillers with a regional footprint—from Harrisburg and York to Gettysburg and Philadelphia.

YorkPA.org

Mason-Dixon Wine Trail

This trail offers a way for wine enthusiasts to explore more than 15 familyowned wineries in York County and the surrounding region.

YorkPA.org

Susauehanna Ale Trail

Self-guided, year-round experience designed for beer enthusiasts to explore locally-brewed beers at 10+ breweries. Have your passport stamped at each location and collect prizes.

YorkPA.org



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Business Name Description

ATTRACTIONS

and outdoor recreation fun.	
Agriculture & Industrial Museum	Self-guided tour of

217 W Princess St, York 17403 848-1587 yorkhistorycenter.org HOURS: Tues-Sat 10am-4pm

Butcher's Family Fun Farm 1375 Turkey Bird Rd, Newport 17074 567-3539 i butchersfunfarm.com

HOURS: Early Sept to Early Nov: Sat & Sun 10am-6pm; Mon-Fri by appointment only See farm retail listing on pg. 10.

Celtic Knot Alpacas 1560 McClures Gap Rd, Carlisle 17015

418-9612 celticknotalpacas.com **HOURS:** By appointment only

Dickinson College Farm 553 Park Dr. Boiling Springs 17007 245-1251 I dickinson.edu

HOURS: By appointment only

Dill's Tavern 227 N. Baltimore St, Dillsburg 17019

502-1440 I northernyorkhistorical.org HOURS: Apr-Nov: Sun 2pm-4pm

Fields of Adventure 64 Tree Ln, Aspers 17304

888-677-0093 I fieldsofadventure.com HOURS: Sept: Sat 10am-7pm, Sun 1pm-7pm; Oct & Nov: Fri 6pm-10pm, Sat 10am-10pm,

Sun 1pm-7pm See farm retail listing on pg. 11.

Land of Little Horses Farm Park

125 Glenwood Dr, Gettysburg 17325 334-7259 I landoflittlehorses.com

HOURS: Apr, May & mid-Aug to end of Oct: Fri-Sun 10am-5pm; June to mid-Aug: daily 10am-5pm

agricultural artifacts & industrial exhibits

produced or used in York County. 4-acre corn maze,

corn cannon,

pumpkin patch, wagon rides, straw castle, super slide, pedal tractors & pedal karts, corn box, barrel train.

Alpaca Fiber, Alpaca Yarn, Alpaca Knit & Woven items. Farm tours & off-site education programs.

Farm tours available by request.

12-room stone structure with period contents for visitors to experience tavern life in the 18th and 19th centuries. Designed to tell the

history of Dillsburg and the story of life on Pennsylvania's frontier.

20+ farm fun attractions including 4-acre corn maze, zip line, corn hole, pumpkin bowling, animal barnyard, corn box, wagon rides, pumpkin patch,

swings. Interactive hands-on, performing Animal Theme Park located in Adams County. Get up close and personal with miniature horses

& their farm animal friends.

Tours every Tues at 2pm Meet farm animals & participate in a variety of activities: Wooden Tractor, Giant Bales, Fall Fun Fort, Hay PlayTent, Hayrides, Family Friendly Corn Maze, Giant Checkers, Harvest Hiccup Pumpkin Chunkin' Cannon. Paulus Orchards PlayLand See farm retail listing on pg. 14. Renfrew Museum and Park 1010 E Main St, Waynesboro 17268 762-4723 I renfrewmuseum.org HOURS: Museum: Mid Apr to Mid-Oct: Tues-Sat 1 pm-4pm. Park open yearround, dawn to dusk. Starry Night Alpaca Farm 653 Observatory Rd, Lewisberry 17339 938-6898 I starrynightalpacas.net HOURS: By appointment or stop in if you are driving by and see the Open sign. Meet farm animals & participate in a variety of activities: Wooden Tractor, Giant Bales, Fall Fun Fort, Hay PlayTent, Hayrides, Family Friendly Corn Maze, Giant Checkers, Harvest Hiccup Pumpkin Chunkin' Cannon. 20+ attractions & activities for outdoor fun including 5-acre corn maze, wagon rides, pumpkin patch, pedal karts, rope spider web, corn shed, swings & slides. Renfrew Museum and Park 1010 E Main St, Waynesboro 17268 762-4723 I renfrewmuseum.org HOURS: Museum: Mid Apr to Mid-Oct: Tues-Sat 1 pm-4pm. Park open yearround, dawn to dusk. Starry Night Alpaca Farm 653 Observatory Rd, Lewisberry 17339 938-6898 I starrynightalpacas.net HOURS: By appointment or stop in if you are driving by and see the Open sign. Thunder River Farm 9627 Carlisle Rd, Dillsburg 17019 994-4055 or 994-3760 thunderriverfarm.com	AREA CODE / I/ unless noted otherwise			
Meadowbrooke Gourds, Inc. 125 Potato Rd, Carlisle 17015 776-6029 I mbgourds.com HOURS: Mon-Sat 10am-4pm; Tours every Tues at 2pm Paulus FarmPark 1216 S York St, Mechanicsburg 17055 697-4330 I paulusfarmmarket.com HOURS: Open during market hours (see pg. 13) but closes 45 minutes prior to market closing. (Activities listed are seasonal from spring through late fall. Check website.) Paulus Orchards PlayLand 522 E. Mt. Airy Rd, Dillsburg 17019 432-2544 I paulusorchards.com HOURS: Early Sept-End of Oct: Mon- Fri 'am-3pm, Sat 9am-6:30pm, Sun 11am-5pm See farm retail listing on pg. 14. Renfrew Museum and Park 1010 E Main St, Waynesboro 17268 762-4723 I renfrewmuseum.org HOURS: Museum: Mid Apr to Mid-Oct: Tues-Sat 1 pm-4pm. Park open year- round, dawn to dusk. Starry Night Alpaca Farm 633 Observatory Rd, Lewisberry 17339 938-6898 I starrynightalpacas.net HOURS: By appointment or stop in if you are driving by and see the Open sign. Thunder River Farm 9627 Carlisle Rd, Dillsburg 17019 694-4055 or 994-3760 Hunderriverfarm.com	2885 New Park Rd, New Park 17352 866-935-6738 I mazefunpark.com HOURS: Early to mid-Sept: Fri & Sat 10am-6pm, Sun 1pm-7pm; mid-Sept to early Nov: Fri & Sat 10am-10pm,		including a bamboo maze, corn field maze adventure, indoor play maze, pumpkin patch &	Y
Paulus FarmPark 1216 S York St, Mechanicsburg 17055 697-4330 I paulusfarmmarket.com HOURS: Open during market hours (see pg. 13) but closes 45 minutes prior to market closing. (Activities listed are seasonal from spring through late fall. Check website.) Paulus Orchards PlayLand 522 E. Mt. Airy Rd, Dillsburg 17019 432-2544 I paulusorchards.com HOURS: Early Sept-End of Oct: Mon- Fri 9am-3pm, Sat 9am-6:30pm, Sun 11 am-5pm See farm retail listing on pg. 14. Renfrew Museum and Park 1010 E Main St, Waynesboro 17268 762-4723 I renfrewmuseum.org HOURS: Museum: Mid Apr to Mid-Oct: Tues-Sat 1 pm-4pm. Park open year- round, dawn to dusk. Starry Night Alpaca Farm 653 Observatory Rd, Lewisberry 17339 938-6898 I starrynightalpacas.net HOURS: By appointment or stop in if you are driving by and see the Open sign. Paulus Orchards PlayLand 522 E. Mt. Airy Rd, Dillsburg 17019 Pumpkin Chunkin' Cannon. 20+ attractions & activities for outdoor fun including 5-acre corn maze, wagon rides, pumpkin patch, pedal karts, rope spider web, corn shed, swings & slides. Historic PA German farmstead & museum on 107-acres. Hiking & catch & release fly fishing. See website for events. CCC It is a vivities: Wooden Tractor, Giant Bales, Fall Fun Fort, Hay PlayTent, Hayrrides, Family Friendly Corn Maze, Giant Checkers, Harvest Hiccup Pumpkin Chunkin' Cannon. CC activities for outdoor fun including 5-acre corn maze, wagon rides, pumpkin patch, pedal karts, rope spider web, corn shed, swings & slides. Historic PA German farmstead & museum on 107-acres. Hiking & catch & release fly fishing. See website for events. CC If the firm for that provides, Family Friendly Corn Maze, Giant Checkers, Activities for outdoor fun including 5-acre corn maze, wagon rides, pumpkin Patch, Paprioted Activities for outdoor fun including 5-acre corn maze, wagon rides, pumpkin Patch, Paprioted Activities for outdoor fun including 5-acre corn maze, wagon rides, pumpkin Fall Fun Fort, Hay PlayTent, Hay PlayTent, Hayrides, Fall Fun For, Has Activities for outdoor	Meadowbrooke Gourds, Inc. 125 Potato Rd, Carlisle 17015 776-6029 I mbgourds.com HOURS: Mon-Sat 10am-4pm;	•	for all seasons. Classes, seasonal events & group tours	○ ★ ††† ★
activities for outdoor fun including 5-acre corn maze, wagon rides, pumpkin patch, pedal karts, rope spider web, corn shed, swings & slides. Renfrew Museum and Park 1010 E Main St, Waynesboro 17268 762-4723	1216 S York St, Mechanicsburg 17055 697-4330 paulusfarmmarket.com HOURS: Open during market hours (see pg. 13) but closes 45 minutes prior to market closing. (Activities listed are seasonal from spring through late fall.		participate in a variety of activities: Wooden Tractor, Giant Bales, Fall Fun Fort, Hay PlayTent, Hayrides, Family Friendly Corn Maze, Giant Checkers, Harvest Hiccup Pumpkin Chunkin'	○ ★ ††† &
1010 E Main St, Waynesboro 17268 762-4723 I renfrewmuseum.org HOURS: Museum: Mid Apr to Mid-Oct: Tues-Sat 1 pm-4pm. Park open year- round, dawn to dusk. Starry Night Alpaca Farm 653 Observatory Rd, Lewisberry 17339 938-6898 I starrynightalpacas.net HOURS: By appointment or stop in if you are driving by and see the Open sign. Thunder River Farm 9627 Carlisle Rd, Dillsburg 17019 994-4055 or 994-3760 thunderriverfarm.com Thunderriverfarm.com	522 E. Mt. Airy Rd, Dillsburg 17019 432-2544 paulusorchards.com HOURS: Early Sept-End of Oct: Mon- Fri 9am-3pm, Sat 9am-6:30pm, Sun 11am-5pm		activities for outdoor fun including 5-acre corn maze, wagon rides, pumpkin patch, pedal karts, rope spider web, corn shed, swings &	₩ ### & III
653 Observatory Rd, Lewisberry 17339 938-6898 I starrynightalpacas.net HOURS: By appointment or stop in if you are driving by and see the Open sign. Thunder River Farm 9627 Carlisle Rd, Dillsburg 17019 994-4055 or 994-3760 thunderriverfarm.com	1010 E Main St, Waynesboro 17268 762-4723 renfrewmuseum.org HOURS: Museum: Mid Apr to Mid-Oct: Tues-Sat 1 pm-4 pm. Park open year-		farmstead & museum on 107-acres. Hiking & catch & release fly fishing. See website	†††
Thunder River Farm 9627 Carlisle Rd, Dillsburg 17019 994-4055 or 994-3760 thunderriverfarm.com & woolly Tibetan imperial yaks. The Farm Store offers a variety of alpaca	653 Observatory Rd, Lewisberry 17339 938-6898 I starrynightalpacas.net HOURS: By appointment or stop in if you are driving by and see the		Processes fiber & spins into yarn; weaves & knits yarns into handmade soft goods available for purchase	CC ₩
HOURS: By appointment only scarves, hats, gloves, throws, & sweaters.	9627 Carlisle Rd, Dillsburg 17019 994-4055 or 994-3760 thunderriverfarm.com		& woolly Tibetan imperial yaks. The Farm Store offers a variety of alpaca items including socks, scarves, hats, gloves,	☆ ¥

Outdoor Recreation



South Mountain offers a collection of outdoor experiences for nature enthusiasts, families and those looking to explore the beauty of this region. Spend a day hiking our easily accessible trails, including day hikes on the famous Appalachian Trail, biking on a historic rail trail or boating on a lake or stream.

South Mountain Fast Facts:

- The region is home to hundreds of miles of trails to explore, including the midway point of the 2,180-mile Appalachian Trail and two award-winning rail trails.
- There are approximately 200,000 acres of public land available to discover, including 10 state parks and three state forests.
- The area offers many spots for scenic vistas of the lush Valley including Waggoner's Gap Hawk Watch, where 20,000+migrating raptors fly over each year.
- Kayak or fly fish along one of our PA Designated Water Trails.

Suggested Trip Ideas:

- After a day hike, visit the only hiking museum in the country, the Appalachian Trail Museum, to hear trail stories and mingle with thru hikers. Find day hikes along the Appalachian Trail at visitcumberlandvalley.com.
- Enjoy a beach day away from it all at Cowans Gap, Pinchot Lake or Pine Grove Furnace State Park's lakeside beach area.
- Take in the panoramic view of the Valley on the patio of the Masland Mansion at Kings Gap Environmental Education Center.
- Pick up ingredients for the perfect picnic at one of our farmers markets and enjoy a picturesque lunch at Children's Lake or Lake Marbura.
- Plan a camping trip at one of our state park campgrounds.
 Don't forget the marshmallows for the camp fire.

Trail

Information

TRAILS

Appalachian Trail

Appalachian Trail Conservancy Mid-Atlantic Regional Office 4 E First St, Boiling Springs 17007 258-5771 appalachiantrail.org nps.gov/appa

HOURS: Regional office open 8am-3:30pm, stop in for trail maps and parking information. The Appalachian Trail (AT) is the longest footpath in the United States, following the Appalachian Mountains, The trail crosses 14 states, from Katahdin, Maine to Springer

Completed in 1937, the AT is the first National Scenic Trail created by the National Trail System Act of 1968. Thirty trail clubs and more than 6,000 volunteers maintain the trail. Cumberland Valley is the midway point on the trail.

Mountain in North Georgia.

Miles of Trail in South Mountain:

43 miles in Cumberland. 30 miles in Franklin Total Trail Length: 2,180 miles,

229 miles in PA Trail Surface: Varies—Dirt, Grass & Rock

Trail Slope: Easy to Moderate-Difficult Trail Type: Out & Back

Blazes: White Foot travel only; no vehicles, bicycles

Trail Entrances and Information:

The Appalachian Trail and National Park Service have developed an interactive map of the trail. Explore the trail online to locate parking areas, vistas, shelters and other trail features. appalachiantrail.org/home/explore-thetrail.

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Cumberland Valley Rail Trail

860-0444 | cvrtc.org The Cumberland Valley Rail Trail extends 11 miles from Shippensburg to Newville through pastoral farmland and historic towns. 1 mile of trail is developed west of Carlisle but does not connect to the main trail at this time. Additional trail is under development between Newville and Carlisle. The trail follows the abandoned Cumberland Valley Railroad corridor. Trail enthusiasts can enjoy walking, jogging, bicycling, horseback riding and other non-motorized recreational uses. Enjoy interpretative signage on the agricultural and Civil War heritage along the trail. Selfguided tours of the Cumberland Valley Railroad Museum, located at the Fort Street Trailhead in Shippensburg.

Miles of Trail: 11 miles between Shippensburg and Newville, 1 mile in Carlisle

Trail Surface: Crushed Limestone & Paved (1/2 mile at Newville & 1 mile at Shippensburg)

Trail Slope: Easy Trail Type: Out & Back

Trail Entrances (West to East):

- Shippensburg: Shippensburg Township Park, 304 Britton Rd. Shippensburg 17257 Parking and restrooms are available.
- Oakville: 401 Oakville Rd, Shippensburg 17257 Parking and restrooms are available. Restrooms are located at the North Newton Township Park, 1/4 mile northwest of the trail on Oakville Rd.
- Newville: 23 McFarland St, Newville 17241 Parking and restrooms are available.
- Carlisle: Carlisle Borough Water Tower, 200 block Allen Rd, Carlisle 17013 Trailhead provides access to 1 mile of Cumberland Valley Rail Trail and Carlisle Borough West End Trail.







Trail Information

Heritage Rail Trail County Park

840-7440 I yorkcountytrail.org

The Heritage Rail Trail County

traverses several quaint railroad

towns. This linear park connects

the historic district of downtown

York with Maryland's Torrey

C. Brown Trail. Once over the

Mason-Dixon Line, users can

enjoy another 21 miles along

the Torrey C. Brown Trail.

Park winds through scenic

southern York County and

Miles of Trail: 21 miles + 21 miles Torrey C. Brown Trail (dnr.maryland.gov) Trail Surface: Crushed Limestone & Paved Trail Slope: Easy Trail Type: Out & Back

Trail Entrances (North to South) with parking: York City: N Pershing Ave &

- W Philadelphia St, York 17401 Brillhart Station: Brillhart Station Rd &
- Days Mill Rd, York 17401 Restrooms and water available.
- Glatfelters Station: 6429 Glatfelters Station Rd, Seven Valleys 17360 Restrooms available.
- Seven Valleys: Route 214 (100 Block Church St), Seven Valleys 17360
- Hanover Junction Station: 2433 Seven Valleys Rd, Seven Valleys 17360 Restrooms and water available. Train station museum.
- Glen Rock: Route 616 (Main St), Glen Rock 17327
- Railroad: Route 851 (E Main St), Railroad 17355. Restrooms available.
- New Freedom Station: 117 N Front St, New Freedom 17349 Restrooms and water available. Train station museum.

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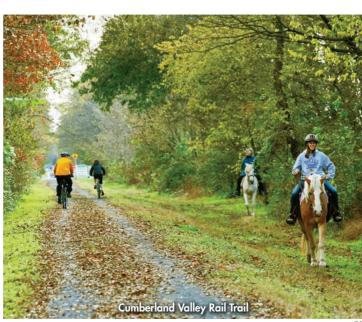






LOCAL PARKS

Pennsylvania is fortunate to have over 5,900 local parks, which serve as great places for close-to-home recreation. Find a local park near you at www.goodforpa.com/explore.



State Park

Information

STATE PARKS

Buchanan's Birthplace State Park

2831 Stony Batter Rd, Mercersburg 17236 485-3948 I visitpaparks.com Buchanan's Birthplace State Park is nestled on 18.5 acres in the gap of Tuscarora Mountain in Franklin County. In addition to the president's memorial, Buck Run flows through the park and hosts a population of native trout. The Tuscarora Trail passes to the west of the park. The trail serves as a bypass to the Appalachian Trail and follows the crest of the Tuscarora Mountain.

Park amenities include: Picnic Tables/ Pavilions, Historic Site, Hiking, Fishing, Environmental Education Programs, Drinking Fountain

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Caledonia State Park

101 Pine Grove Rd, Fayetteville 17222 352-2161 ■ visitpaparks.com

The 1,125-acre Caledonia State Park is located in both Adams and Franklin counties, midway between Chambersburg and Gettysburg. The park is nestled within South Mountain, the northern terminus of the well-known Blue Ridge Mountain of Maryland and Virginia.

Caledonia State Park features Totem Pole Playhouse (summer stock theatre) and offers Cathedral in the Pines, an outdoor non-denominational Sunday School from Memorial Day weekend to Labor Day weekend. The park has 10 miles of trail, an ADA-accessible swimming pool with waterslide, trout fishing in several creeks, 740 acres open to hunting, and tent and trailer sites in two campgrounds.

Park amenities include: Picnic Tables/ Pavilions, Hiking, Swimming, Fishing, Hunting, Environmental Education Programs, Dog Training, Camping, Organized Group Tenting, Cabin Rental

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Codorus State Park

2600 Smith Station Rd, Hanover 17331 637-2816 ■ visitpaparks.com

The 3,500-acre Codorus State Park is in the rolling hills of southern York County. The 1,275-acre Lake Marburg has 26 miles of shoreline and is a rest stop for migrating waterfowl and shorebirds. The lake is also popular with boaters and anglers for warmwater fishing. Anglers can also fish for trout in Codorus Creek.

The park has 19 miles of trails, a 195-acre designated mountain biking area, 8 miles of trails for horseback riding, a pool and sprayground, 2,800 acres open to hunting, a challenging disc golf course, 6.5 miles of trails for cross-country skiing and snowmobiling, a 10-acre area for ice skating, a 500-foot sledding slope, campsites, cottages and yurts.

Park amenities include: Picnic Tables, Hiking, Swimming, Scuba Diving, Boating, Fishing, Hunting, Ice-Skating, Biking, Horseback Riding, Cross-Country Skiing, Snowmobiling, Sledding, Bird Watching, Camping, Environmental Education Programs

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State Park

Information

Colonel Denning State Park
1599 Doubling Gap Rd,
Newville 17241
776 5272 Univisity angarks com

776-5272 I visitpaparks.com
Colonel Denning State Park,
in north central Cumberland
Valley, is in Doubling Gap, so
named by the "S" turn where
Blue Mountain doubles back on
itself. This feature may be seen
from the Doubling Gap Vista in
adjacent Tuscarora State Forest.

The park has 273 acres of woodland and a 3.5-acre lake, with 3.5 miles of hiking trails.

Park amenities include: Hiking, Horseback Riding, Picnic Tables/ Pavilions, Swimming, Orienteering, Fishing, Hunting, Dog Training, Ice-Skating, Cross-Country Skiing, Camping, Organized Group Tenting, Boating/ Stream Access, Environmental Education Programs, Public Phone, Drinking Fountain, Bird Watching, Food/Vending Machines

Cowans Gap State Park

6235 Aughwick Rd, Fort Loudon 17224-9801 485-3948 I visitpaparks.com

Cowans Gap State Park is a 1,085-acre park in the beautiful Allens Valley. A 42-acre lake, large campground, rustic cabins, and many hiking trails are prime attractions. Buchanan State Forest surrounds the park, providing additional options for recreation and natural beauty in all seasons.

The park has 11 miles of hiking trails, 630 acres open to hunting and tent and rustic cabins in two campgrounds.

Park amenities include: Hiking, Picnicking, Swimming, Boating, Fishing, Hunting, Cross-County Skiing, Ice Skating, Wildlife Watching, Camping, Cabins, Concession Stand, Environmental Education Programs

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Gifford Pinchot State Park 2200 Rosstown Rd, Lewisberry 17339 432-5011 I visitpaparks.com Gifford Pinchot State Park is a 2,338-acre park located in northern York County. The park consists of reverting farm fields

and wooded hillsides with the

340-acre Pinchot Lake serving

as a prime attraction.

The park has 18 miles of hiking trails, 4 miles of trails designated for joint use by hikers, cross-country skiers, and cyclists, several miles of wide, interconnecting trails for horseback riding, 1,780 acres open to hunting, a disc golf course, and ice skating on the lake. There are also campsites, cottages, yurts and modern cabins.

Park amenities include: Pavilions/
Picnic Tables, Hiking, Biking, Horseback
Riding, Swimming, Boating, Fishing,
Hunting, Disc Golf, Environmental
Education Programs, Cross-country
Skiing, Bird Watching, Drinking
Fountains, Camping, Organized Group
Tenting



State Park Kings Gap Environmental Information

Education Center 500 Kings Gap Rd, Carlisle 17015

486-5031 I visitpaparks.com Sitting astride South Mountain in southern Cumberland Valley, Kings Gap offers a panoramic view of the valley. The park

The park has 20 miles of hiking trails that connect three main day use areas: Pine Plantation Day Use Area, Pond Day Use Area and Mansion Day Use Area.

Park amenities include: Hiking, Picnic Tables/Pavilions, Orienteering, Hunting, Environmental Education Programs, Historic Site, Benches, Gardens, Bird Watching, Dog Training

Mont Alto State Park

forest.

consists of 2,531 acres of

101 Pine Grove Rd. Fayetteville 17222 352-2161 I visitpaparks.com This quiet 24-acre park in southeastern Franklin County is the oldest state park still in the Pennsylvania state park system. The west branch of

Antietam Creek flows through the park and offers excellent

trout fishing.

Trail.

Local mountain roads offer interesting short hikes.

Park amenities include: Picnic Tables/ Pavilions, Hiking, Fishing, Birding; provides access to Hunting and Snowmobiling at Michaux State Forest

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Pine Grove Furnace State Park 1100 Pine Grove Rd. Gardners 17324 486-7174 I visitpaparks.com

Steeped in natural and historical features, the 696-acre Pine Grove Furnace State Park is in a beautiful mountain setting in southern Cumberland Valley. Pine Grove Furnace features two lakes, 25-acre Laurel Lake and 1.7-acre Fuller Lake, a historic area, Appalachian Trail Museum and the Appalachian

The historic Ironmaster's Mansion is available for overnight accommodations and special event rentals. The park has 4 miles of hiking trails and 2 miles of biking trails.

Park amenities include: Hiking Trails, Biking Trails, Picnic Tables/Pavilions, Swimming, Snack Bar, Fishing, Hunting, Dog Training, Ice-Skating, Cross-Country Skiing, Snowmobiling, Camping, Organized Group Tenting, Cabin Rental, Multi-Purpose Field, Historic Site, Bird Watching, Public Phone, Boating/ Stream Access, Drinking Fountain, **Environmental Education Programs**

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Samuel S. Lewis State Park 6000 Mt. Pisgah Rd, York 17406

This 85-acre state park, located in York County, is dominated by Mt. Pisgah, an 885-foot-high ridge that offers a panoramic view of the Susquehanna River Valley.

The park has 1.6 miles of hiking trails. The park landscape also consists of mowed grass fields on the northern and eastern park slopes, a pine plantation in the southern area, and mature woods in the western section.

Park amenities include: Pavilions/Picnic Tables, Hiking, Sledding, Bird Watching, Star Gazing, Kite Flying, Ball Field, Playground

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Information

STATE FOREST

Buchanan State Forest 25185 Great Cove Rd,

McConnellsburg 17233 485-3148 ■ dcnr.pa.gov See website for maps.

Buchanan State Forest is named in honor of James Buchanan, 15th President of the United States. acres in Franklin, Fulton and Bedford counties and boasts an extensive 157 mile shared-use trail system. The state forest also contains networks of local trails through many types of forest and range from easily hiked paths to steep and rocky trails originally built as fire breaks. Two State Parks—Cowans Gap and Buchanan's Birthplace—are located within Buchanan State Forest.

Buchanan State Forest covers 71.683

Activities include: Hiking, Mountain Biking, Horseback Riding, ATV Riding, Picnicking, Fishing, Hunting, Camping, Wildlife Watching, Sightseeing, Snowmobiling, Cross-Country Skiing

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Michaux State Forest

Forest District #1 10099 Lincoln Way East, Fayetteville 17222 352-2211 | dcnr.state.pa.us See website for maps.

The Michaux State Forest consists of over 85,000 acres in Cumberland, Adams and Franklin counties and offers many recreational pursuits. Michaux State Forest provides ample opportunities for both small game and deer hunting. There are also many miles of trout waters and numerous lakes and reservoirs to support warm water fishing.

130 miles of state forest roads are maintained for pleasure driving and sightseeing. Three State Parks— Caledonia, Pine Grove Furnace and Mont Alto—are located within Michaux State Forest

Activities include: Primitive Camping, Hiking, Picnicking, Equestrian Trail, Sightseeing, Bicycling, Fishing, Boating, Hunting, Snowmobiling, Cross-Country Skiing, Historic Site, Bird Watching, ATV Trails, Horseback Riding

Tuscarora State Forest

Forest District #3 4455 Big Spring Rd, Blain 17006 536-3191 I dcnr.state.pa.us See website for maps.

The Tuscarora State Forest derives its name from the Tuscarora Mountain. The mountain, in turn, was named for the Tuscarora Indians, a tribe adopted by the Iroquois Nation and allowed to migrate to this region in about 1714.

Comprised of 91,165 acres, the Tuscarora State Forest is located in Cumberland, Franklin, Huntingdon, Juniata, Mifflin, and Perry counties. Three State Parks—Big Spring, Colonel Denning and Fowlers Hollow—are located within Tuscarora State Forest.

Activities include: Hiking, Picnicking, Sightseeing, Fishing, Fly Fishing, Hunting, Snowmobiling, Cross-Country Skiing, Boating/Stream Access, Camping, Historic Site, Bird Watching, Horseback Riding

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Information

STATE GAME LANDS

Pennsylvania Game Commission South Central Regional Office 8627 William Penn Hwy, Huntingdon 16652 814-643-1831

The Pennsylvania Game Commission (PGC) owns and manages nearly 1.5 million acres of state game lands throughout the Commonwealth. Game lands provide important habitat for wildlife and offer opportunities to hunt, trap and recreate.

The South Mountain Region is home to numerous state game lands for residents and visitors to enjoy. Visit the PGC website to view an interactive map and find more information on local game lands.

pgc.pa.gov/HuntTrap/StateGameLands/

NATURE PRESERVES

Mount Holly Marsh Preserve

1 Lakeside Dr. Mt. Holly Springs 17065 240-5362 I ccpa.net/planning See website for maps.

The Mount Holly Marsh Preserve is a 900-acre natural area along the rocky slopes of the South Mountain near Mount Holly Springs. The preserve consists of a 700-acre upland forest and a 200-acre marsh preserve. The Mount Holly Marsh Preserve is a perfect spot for hikers and nature lovers.

Strawberry Hill Nature Preserve 1537 Mount Hope Rd, Fairfield 17320 Located in Adams County, the 609-acre Strawberry Hill Nature Preserve and Environmental Center is nestled in the foothills of the South Mountain Range. Strawberry Hill strives to maintain the health of the Swamp Creek and Middle Creek Watersheds, two highquality, cold water streams. The site's main focus is habitat restoration and protection.

hiking and nature exploration. The preserve features approximately 7 miles of trail with terrain ranging from easy to difficult. Hunting is permitted in the upland forest, but not in the marsh preserve. Fishing is permitted along Mountain Creek. Mountain Creek has been designated "approved trout waters" and is stocked by the

The primary activity at the park is

Pennsylvania Fish & Boat Commission. Activities include: Birdwatching, Hiking, Hunting, Fishing, Fly Fishing

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Visitors can hike 10 miles of trails through diverse Pennsylvania habitats. The trails lead to unique rock formations, scenic vistas, and secret glades.

Activities include: Hiking, Environmental Education Center, Wildlife Watching, Picnic Tables, Benches

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Waggoner's Gap Hawk Watch Waggoner's Gap Rd (Rte 74), Carlisle 17015

213-6880 **I** waggap.com pa.audubon.org

This 125-acre hawk watching site is situated on the Kittatinny Ridge. The site is one of the best sites along the Kittatinny Ridge, with more than 20,000 raptors

Visitors can look forward to seeing a wide variety of migrating birds or just enjoy the scenic overlook. Seasonal Access-August 1 to December 31.

Activities include: Birdwatching, Hiking Trail to Viewing Area, Portable Toilet, Environmental Education Center, Benches, Amphitheater

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passing through every year.

Information

WATER RECREATION

The Pennsylvania Fish & Boat Commission has developed an online guide for boating and fishing. To find boat access points, trout stocking information and much more go to **fishandboat.com** and search for "County Guides."

Big Spring Creek Greenway

Big Spring Rd, Newville 17241 705-7850 I fishandboat.com World famous limestone spring creek. 1.5 mile catch-and-release only fly-fishing area.

Activities include: Fishing, Fly Fishing, Bird Watching

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Cowans Gap Lake—See Cowans Gap State Park, pg. 25

Children's Lake

Front St/Rte 174, Boiling Springs 17007 705-7850 I fishandboat.com Charming, scenic 7-acre lake with clear water that literally bubbles. Boat rentals available at TCO Outdoors, 2 E. First St., Boiling Springs.

Activities include: Fishing, Fly Fishing, Boating, Bird Watching, Hiking

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Doubling Gap Lake—See Colonel Denning State Park, pg. 25

Falling Springs Greenway

Springview Dr, Chambersburg 17201 fishandboat.com Renowned limestone fishery producing wild rainbow and brown trout.

Activities include: Fishing, Fly Fishing

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Fuller Lake & Laurel Lake—See Pine Grove Furnace State Park, pg. 26

Lake Marburg—See Codorus State Park, pg. 24

Lake Williams & Lake Redman William H. Kain County Park 274 Hess Farm Rd, York 17404 840-7440 | yorkcountyparks.org Lake Redman (290 acres) and Lake Williams (220 acres) are located in the 1,637-acre William H. Kain County Park.

Activities include: Fishing, Boating, Bird Watching, Hiking, Horseback Riding, Mountain Biking

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ಈ = Handicapped Accessible †† = Restrooms ♣ = Pets Allowed ♦ = Events
 ■ Boating ■ = Fishing ■ = Parking

LeTort Spring Run

245-0508 I letort.org

Carlisle 17013

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	🕹 🏖 🖸 🖪 (👬 in LeTort Park)
Letterkenny Reservoir Reservoir Ln, Orrstown 17244 fishandboat.com	Activities include: Fishing, Boating (Electric & Non-Powered Only)
Long Arm Reservoir Grand Valley Rd, Hanover 17331 637-3877	Long Arm Reservoir is a 225-acre lake that serves as a water supply for Hanover. Activities include: Fishing, Boating (Electric & Non-Powered Only), Sledding, Bird Watching
Long Pine Run Reservoir 675 Milesburn Rd, Fayetteville 17222 352-2211	Long Pine Run Reservoir is a picturesque 150-acre impoundment, located within Michaux State Forest, that serves as a water supply for Chambersburg. Activities include: Fishing, ADA Fishing Pier, Boating (Electric & Non-Powered Only), Hiking, Bird Watching
Opossum Lake Easy Rd/Opossum Lake Rd, Carlisle 17015 705-7850 fishandboat.com	59-acre lake situated on 274 acres. Activities include: Hiking, Mountain Biking, Fishing, Bird Watching, Boating, ADA Fishing Dock Trail info: 4 miles, dirt, grass, rock loop. & * * * * * * * * * * * * * * * * * *

Fly Fishing, Boiling Springs

One of the finest limestone trout streams in the nation, known for large wild

Activities include: Fishing, Fly Fishing,

ADA Fishing Dock (in park), Hiking

Trail info: 2.2 miles, stone dust trail. Enter at LeTort Park or Bonnybrook Rd.



WATER TRAILS

Water trails are boat routes suitable for canoes, kayaks and other small watercraft and have access points, boat launches and day-use sites.

An interactive map and information on Pennsylvania designated water trails can be found at fishandboat.com/watertrails.

Conodoguinet Creek Water Trail	Trail Length: 40 miles, Carlisle to confluence with the Susquehanna River		
	Activities include: Fishing, Boating 🛂 🖾		
Juniata River Water Trail	Lower Section Trail Length: 50 miles, Lewistown to Duncannon		
	Activities include: Fishing, Boating 🗓 🗖		
Susquehanna River Water Trail	Middle Section Trail Length: 51 miles, Sunbury to Harrisburg		
	Lower Section Trail Length: 53 miles, Harrisburg to Mason Dixon Line		
	Activities include: Fishing, Boating 🗓 🖆		
Swatara Creek Water Trail	Trail Length: 60 miles, Pine Grove to Middletown		
	Activities include: Fishing, Boating 🛂 🗹		
Yellow Breeches Creek Water Trail	Trail Length: 22 miles, Boiling Springs to New Cumberland—divided into two trips due to several hazardous dams and the lack of approved access Activities include: Fishing, Fly Fishing, Boating		



Find suggested bike routes, rental equipment, guided outdoor adventures, and more at **VisitCumberlandValley.com**

♦ = Handicapped Accessible †† = Restrooms ♣ = Pets Allowed ♦ = Events
 ■ Boating ■ = Fishing ■ = Parking

Plan Your Visit

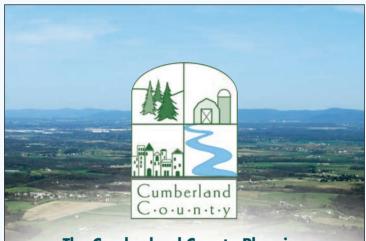
The South Mountain Region offers a unique assortment of annual events, attractions and things to see and do.

Adams County I DestinationGettysburg.com

Cumberland County I VisitCumberlandValley.com

Franklin County | ExploreFranklinCountyPA.com

York County I YorkPA.org



The Cumberland County Planning
Department's mission is to partner with
our urban, suburban, and rural communities
to implement plans that promote economic
development, provide more housing and
transportation choices, and protect clean air,
land, and water. The Planning Department was
pleased to partner on development of this guide to
support the agriculture industry and promote our
abundant outdoor recreation opportunities, which
are essential to the high quality of life
in the South Mountain region.

Cumberland County Planning Department

310 Allen Road, Suite 101 Carlisle, PA 17013 • 717.240.5362

ccpa.net/planning





PARTNERSHIP for Better Health

The Partnership for Better Health is a community foundation that champions and invests in ideas, initiatives and collaborations that improve the health of the people and communities in our region. We serve as a catalyst, advocate and collaborator to establish health as a shared priority and ensure that everyone has what they need for good health.

We invest in initiatives that enable people to live healthier lives in their schools, workplaces, homes and neighborhoods. In this pursuit, we aim to advance systems and policies that promote healthy eating and active living. Our parks, trails and agricultural resources support good nutrition, a vibrant local economy and a healthy environment in which to be active.

Toward making our communities among the healthiest in the nation, we are always looking for new partners and we welcome hearing from you.

We are making a difference—together.

ForBetterHealthPA.org I 717-960-9009



Explore the Cumberland Valley and the South Mountain

Region. For trip ideas that weave all of these activities and more into fun journeys, go to **visitcumberlandvalley.com**.

- Sample local wines and craft brew along a wine or beer trail.
- Tour a farm or roam through a corn maze.





- Buy local produce at farmers markets and stands.
- Hike a trail or fish, boat or kayak along our water ways.
- Pick your own fresh fruits, berries and flowers.





For more information, stop by our Visitors Center located in History on High - The Shop 33 W. High St, Carlisle, PA 17013

(888) 513.5130 • VisitCumberlandValley.com

We are a partner of the South Mountain Partnership, an alliance of organizations working to preserve and enhance the cultural and natural assets of the South Mountain Landscape in Central Pennsylvania. To learn more about the South Mountain Partnership, please visit southmountainpartnership.org.





