

CYCLING



cumberland valley
P E N N S Y L V A N I A

Bike Rentals & Cue Sheets

Find bike rentals, routes and turn-by-turn cue sheets online.

Rail Trails

Cumberland Valley Rail Trail

11 mi

Eric Forberger

LeFort Spring Run
Nature Trail

2 mi

Parks & Forests

Biker/Hiker Trail
at Pine Grove Furnace State Park

2 mi

Kings Gap
Environmental Education
Center

4 mi uphill

Mountain Biking in
Michaux State Forest

37 mi

Eric Forberger

Mountain Biking at Opossum Lake

4 mi

Visit CumberlandValley.com/cycling

SAMPLE CYCLING ROUTES



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The Valley's collection of bike routes range from 11 to 100 miles and traverse through charming downtowns, scenic backroads, and wooded parks and forests.

1 Camp Hill to New Cumberland Loop - 17.1 mi



Emerald Stone Photography



Carlisle to Boiling Springs Quarter-Century Loop - 25.9 mi

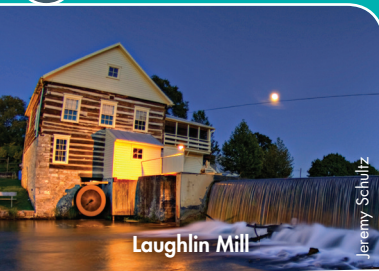


Stuart Leask



Crystal Hunt

3 Carlisle to Newville Half-Century Loop - 50.8 mi



Jeremy Schultz



Find more routes and turn-by-turn cue sheets at
VisitCumberlandValley.com/cycling