



No matter where you find yourself in The Mile High City, you're likely only a few steps away from a lush and relaxing green space. Denver boasts more than 5,000 acres of city parks, plus an additional 14,000 acres of spectacular mountain park in surrounding counties.

1 CONFLUENCE PARK

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This riverfront park is the heart of Denver's extensive bike trail network and is surrounded by downtown attractions. Try urban kayaking down the Platte River, ride the Platte River Trolley to the Downtown Aquarium or cross Millennium Bridge to walk to the Highlands neighborhood.

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2 | WASHINGTON PARK

One of Denver's more popular spots year-round, Washington Park features boat rentals, jogging and walking paths, flower gardens and playgrounds.

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3 CIVIC CENTER PARK

Downtown's Civic Center Park is a pleasant escape in the heart of the city, with expansive green lawns, classic Old West sculptures, a Greek-style amphitheater, a rotating schedule of food trucks and a variety of outdoor exercise classes.

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4 | DENVER BOTANIC GARDENS

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Explore and relax in this 24-acre oasis in the middle of the city. Check out the Science Pyramid, play in the Mordecai Children's Garden, meander through the Japanese garden, complete with authentic tea house, and grab lunch near the Monet Pool water garden.

5 | CITY PARK

This enormous park, located just east of downtown, offers an abundance of fun in the sun. Enjoy Denver Zoo, Denver Museum of Nature & Science, paddle boats in Ferril Lake, colorful flower gardens and rolling green lawns perfect for picnics.

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