



The Catch List

ART ADVENTURE

When you think of Des Moines and art you might think, “Isn’t that where they have the famous State Fair butter cow?” Yes, we do, thanks for asking. But we also have a lot of non-dairy art too. As the home of the world-renowned Des Moines Arts Festival attracting more than 250,000 visitors every June, Greater Des Moines is a premier arts destination in the Midwest. Our arts festival won the Gold Grand Pinacle Award for Best Festival in the World (not Iowa...the world). So, no matter your taste, there's something for everyone's inner Bob Ross.

FRIDAY: Dinner and a show

ACTIVITY:	CATCH THIS:	WHEN TO VISIT:	INFO:
Bubba	▶ Upscale southern comfort food in the heart of the Midwest.	Mon - Fri: 11 a.m. - 9 p.m. Sat - Sun: 10 a.m. - 9 p.m.	200 10th Street, Des Moines bubbasm.com
Proof	▶ James Beard nominated restaurant where the food itself is art.	Thur - Sat: 11 a.m. - 7 p.m.	1301 Locust Street Suite C, Des Moines proofdsm.com
Ballet Des Moines	▶ Iowa's only resident ballet company with world class performances.	Refer to website for showtimes.	121 S 11th Street, Suite 100, West Des Moines balletdesmoines.com
Des Moines Community Playhouse	▶ One of the oldest and largest community theaters in the US.	Refer to website for showtimes.	831 42nd Street, Des Moines dmplayhouse.com
Des Moines Metro Opera	▶ Nationally recognized opera in a charming small town setting. ▶ Leading opera festival occurs every June – July.	Mon - Fri: 8:30 a.m. - 4:30 p.m.	106 W Boston Avenue, Indianola desmoinesmetroopera.org
Des Moines Performing Arts – Civic Center	▶ Home to Des Moines Symphony and Willis Broadway Series. ▶ Has hosted Broadway shows like Hamilton, Book of Mormon, and Dear Evan Hansen.	Refer to website for showtimes.	221 Walnut Street, Des Moines desmoinesperformingarts.org
Hoyt Sherman Place	▶ Beautifully restored, 1,200 seat performance venue featuring an art gallery.	Refer to website for showtimes.	1501 Woodland Avenue, Des Moines hoytsherman.org
Wooly's	▶ Music venue in the East Village that hosts many up-and-coming indie acts.	Refer to website for showtimes.	504 E Locust Street, Des Moines woolydm.com
Wells Fargo Arena	▶ Largest venue in Iowa hosts concerts, shows, sports, and conventions.	Refer to website for showtimes.	233 Center Street, Des Moines iowaeventscenter.com



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SATURDAY: Experience Local Art

ACTIVITY:	CATCH THIS:	WHEN TO VISIT:	INFO:
Downtown Farmers' Market	▶ Ranked #2 Farmers' Market in the US.	May - Oct. Sat: 7 a.m. - noon	1007 E Grand Avenue, Des Moines dsmpartnership.com/desmoines-farmersmarket
Moberg Gallery	▶ Gallery specializing in contemporary art exhibits and art consultation.	Tues - Fri: 10 a.m. - 5 p.m. Sat: 10 a.m. - 4 p.m.	2411 Grand Avenue, Des Moines moberggallery.com
Liz Lidgett Gallery & Design	▶ Gallery that has been featured in Apartment Therapy and Martha Stewart.	Tues - Fri: 12 - 3 p.m.	111 E Grand Avenue, Suite 110, Des Moines lizlidgett.com
Mainframe Studios	▶ Largest non-profit art studio in the nation. ▶ Home to more than 300 artists.	Tues - Sat: 11 a.m. - 5 p.m.	900 Keosauqua Way, Des Moines mainframestudios.org
AR Workshop	▶ Boutique DIY workshop offering hands-on classes to create charming and unique décor, wood signs, and pillows.	Tues - Fri: 12 - 3 p.m.	1631 SW Main Street, Suite 104, Ankeny arworkshop.com/ankeny
Yanni's Grill	▶ Greek and Italian restaurant with a robust wine list.	Tues - Thur: 11 a.m. - 3 p.m., 5 - 9 p.m. Fri: 11 a.m. - 3 p.m., 5 - 10 p.m. Sat: 4 - 10 p.m. Sun: 11 a.m. - 2 p.m.	410 S Ankeny Boulevard, Ankeny yannisgrill.com
WineStyles	▶ Local wine store, offering tasting events, craft beer, cheese and chocolates.	Refer to website.	1450 SW Vintage Parkway, Suite 170, Ankeny winestyles.com
Artisan Gallery 218	▶ Artist-owned contemporary fine art gallery featuring curated Iowa made original art.	Tues - Fri: 11 a.m. - 5 p.m. Sat: 10 a.m. - 5 p.m.	218 5th Street, West Des Moines artisangallery218.com
Table 128 Bistro	▶ Seasonally inspired menu with dishes like pork osso bucco and seared halibut. ▶ Invited to cook for James Beard House in New York City.	Tues - Fri: 11 a.m. - 1 p.m., 5 - 9 p.m. Sat: - 5 - 9 p.m.	12695 University Avenue, Suite 140, Clive table128bistro.com



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SUNDAY: A Day on the Art Route

ACTIVITY:	CATCH THIS:	WHEN TO VISIT:	INFO:
Des Moines Art Center	<ul style="list-style-type: none"> ▶ Free art museum with extensive collection of works from 19th and 20th century artists. ▶ Features Georgia O'Keefe, Edward Hopper, Andy Warhol, and Eva Hesse. 	<p>Tues - Wed: 11 a.m. - 4 p.m. Thur: 11 a.m. - 7 p.m. Fri: 11 a.m. - 4 p.m. Sat - Sun: 10 a.m. - 4 p.m.</p>	<p>4700 Grand Avenue, Des Moines desmoinesartcenter.org</p>
Blue Sushi Sake Grill	<ul style="list-style-type: none"> ▶ Trendy new sushi restaurant in the heart of downtown known for their Cherry Bomb. 	<p>Mon - Thur: 12 - 9 p.m. Fri - Sat: 12 - 10 p.m., 5 - 9 p.m. Sat: 5 - 9 p.m.</p>	<p>316 Court Avenue, Des Moines bluesushisakegrill.com</p>
John and Mary Pappajohn Sculpture Park	<ul style="list-style-type: none"> ▶ 4.4-acre sculpture garden, home to 31 pieces from internationally acclaimed artists. 	<p>Mon - Sun: 6 - 12 a.m.</p>	<p>1330 Grand Avenue, Downtown Des Moines desmoinesartcenter.org/visit/pappajohn-sculpture-park</p>
Des Moines Art Route	<ul style="list-style-type: none"> ▶ Runs downtown, connecting 87 pieces of public art throughout the community. 	<p>Refer to website.</p>	<p>Downtown Des Moines Download the app: artroutedsm.com</p>
Harbinger	<ul style="list-style-type: none"> ▶ James Beard nominated restaurant serving progressive multi-course meals that will wow! 	<p>Mon - Thur: 10 a.m. - 8 p.m. Fri - Sat: 10 a.m. - 9 p.m. Sun: 10 a.m. - 8 p.m.</p>	<p>2724 Ingersoll Avenue, Des Moines harbingerdsm.com</p>
Alba	<ul style="list-style-type: none"> ▶ East Village stalwart serves elevated yet unfussy dishes in an elegant atmosphere. 	<p>Mon - Thur: 4 - 10 p.m. Fri - Sat: 4 - 11 p.m. Sun: 4 - 10 p.m.</p>	<p>524 E 6th Street, Des Moines albadsm.com</p>