



# The CatchList

## ART ADVENTURE

When you think of Des Moines and art you might think, “Isn’t that where they have the famous State Fair butter cow?” Yes, we do, thanks for asking. But we also have a lot of non-dairy art too. As the home of the world-renowned Des Moines Arts Festival attracting more than 250,000 visitors every June, Greater Des Moines is a premier arts destination in the Midwest. Our arts festival won the Gold Grand Pinacle Award for Best Festival in the World (not Iowa...the world). So, no matter your taste, there's something for everyone’s inner Bob Ross.

### FRIDAY: Dinner and a show

ACTIVITY:	CATCH THIS:	WHEN TO VISIT:	INFO:
<b>Bubba</b>	▶ Upscale southern comfort food in the heart of the Midwest.	<b>Mon - Fri:</b> 11 a.m. - 9 p.m. <b>Sat - Sun:</b> 10 a.m. - 9 p.m.	200 10th Street, Des Moines <a href="http://bubbasm.com">bubbasm.com</a>
<b>Proof</b>	▶ James Beard nominated restaurant where the food itself is art.	<b>Thur - Sat:</b> 11 a.m. - 7 p.m.	1301 Locust Street Suite C, Des Moines <a href="http://proofdsm.com">proofdsm.com</a>
<b>Ballet Des Moines</b>	▶ Iowa’s only resident ballet company with world class performances.	<b>Refer to website for showtimes.</b>	121 S 11th Street, Suite 100, West Des Moines <a href="http://balletdesmoines.com">balletdesmoines.com</a>
<b>Des Moines Community Playhouse</b>	▶ One of the oldest and largest community theaters in the US.	<b>Refer to website for showtimes.</b>	831 42nd Street, Des Moines <a href="http://dmplayhouse.com">dmplayhouse.com</a>
<b>Des Moines Metro Opera</b>	▶ Nationally recognized opera in a charming small town setting. ▶ Leading opera festival occurs every June – July.	<b>Mon - Fri:</b> 8:30 a.m. - 4:30 p.m.	106 W Boston Avenue, Indianola <a href="http://desmoinesmetroopera.org">desmoinesmetroopera.org</a>
<b>Des Moines Performing Arts – Civic Center</b>	▶ Home to Des Moines Symphony and Willis Broadway Series. ▶ Has hosted Broadway shows like Hamilton, Book of Mormon, and Dear Evan Hansen.	<b>Refer to website for showtimes.</b>	221 Walnut Street, Des Moines <a href="http://desmoinesperformingarts.org">desmoinesperformingarts.org</a>
<b>Hoyt Sherman Place</b>	▶ Beautifully restored, 1,200 seat performance venue featuring an art gallery.	<b>Refer to website for showtimes.</b>	1501 Woodland Avenue, Des Moines <a href="http://hoytsherman.org">hoytsherman.org</a>
<b>Wooly's</b>	▶ Music venue in the East Village that hosts many up-and-coming indie acts.	<b>Refer to website for showtimes.</b>	504 E Locust Street, Des Moines <a href="http://woolydm.com">woolydm.com</a>
<b>Wells Fargo Arena</b>	▶ Largest venue in Iowa hosts concerts, shows, sports, and conventions.	<b>Refer to website for showtimes.</b>	233 Center Street, Des Moines <a href="http://iowaeventscenter.com">iowaeventscenter.com</a>



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### SATURDAY: Experience Local Art

ACTIVITY:	CATCH THIS:	WHEN TO VISIT:	INFO:
<b>Downtown Farmers' Market</b>	▶ Ranked #2 Farmers' Market in the US.	<b>May - Oct.</b> <b>Sat:</b> 7 a.m. - noon	1007 E Grand Avenue, Des Moines <a href="http://dsmpartnership.com/desmoines-farmersmarket">dsmpartnership.com/desmoines-farmersmarket</a>
<b>Moberg Gallery</b>	▶ Gallery specializing in contemporary art exhibits and art consultation.	<b>Tues - Fri:</b> 10 a.m. - 5 p.m. <b>Sat:</b> 10 a.m. - 4 p.m.	2411 Grand Avenue, Des Moines <a href="http://moberggallery.com">moberggallery.com</a>
<b>Liz Lidgett Gallery &amp; Design</b>	▶ Gallery that has been featured in Apartment Therapy and Martha Stewart.	<b>Tues - Fri:</b> 12 - 3 p.m.	111 E Grand Avenue, Suite 110, Des Moines <a href="http://lizlidgett.com">lizlidgett.com</a>
<b>Mainframe Studios</b>	▶ Largest non-profit art studio in the nation. ▶ Home to more than 300 artists.	<b>Tues - Sat:</b> 11 a.m. - 5 p.m.	900 Keosauqua Way, Des Moines <a href="http://mainframestudios.org">mainframestudios.org</a>
<b>AR Workshop</b>	▶ Boutique DIY workshop offering hands-on classes to create charming and unique décor, wood signs, and pillows.	<b>Tues - Fri:</b> 12 - 3 p.m.	1631 SW Main Street, Suite 104, Ankeny <a href="http://arworkshop.com/ankeny">arworkshop.com/ankeny</a>
<b>Yanni's Grill</b>	▶ Greek and Italian restaurant with a robust wine list.	<b>Tues - Thur:</b> 11 a.m. - 3 p.m., 5 - 9 p.m. <b>Fri:</b> 11 a.m. - 3 p.m., 5 - 10 p.m. <b>Sat:</b> 4 - 10 p.m. <b>Sun:</b> 11 a.m. - 2 p.m.	410 S Ankeny Boulevard, Ankeny <a href="http://yannisgrill.com">yannisgrill.com</a>
<b>WineStyles</b>	▶ Local wine store, offering tasting events, craft beer, cheese and chocolates.	<b>Refer to website.</b>	1450 SW Vintage Parkway, Suite 170, Ankeny <a href="http://winestyles.com">winestyles.com</a>
<b>Artisan Gallery 218</b>	▶ Artist-owned contemporary fine art gallery featuring curated Iowa made original art.	<b>Tues - Fri:</b> 11 a.m. - 5 p.m. <b>Sat:</b> 10 a.m. - 5 p.m.	218 5th Street, West Des Moines <a href="http://artigangallery218.com">artigangallery218.com</a>
<b>St. Kilda Collective</b>	▶ A full-service restaurant serving farm to table dishes, fresh-baked pastries, & artisanal coffee drinks. ▶ Full bar serving cocktails, beer, and wine.	<b>Mon - Thur:</b> 8 a.m. - 9 p.m. <b>Fri - Sat:</b> 8 a.m. - 10 p.m. <b>Sun:</b> 8 a.m. - 4 p.m.	333 5th Street, West Des Moines <a href="http://stkildadsm.com/collective">stkildadsm.com/collective</a>



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### SUNDAY: A Day on the Art Route

ACTIVITY:	CATCH THIS:	WHEN TO VISIT:	INFO:
<b>Des Moines Art Center</b>	<ul style="list-style-type: none"> <li>▶ Free art museum with extensive collection of works from 19th and 20th century artists.</li> <li>▶ Features Georgia O'Keefe, Edward Hopper, Andy Warhol, and Eva Hesse.</li> </ul>	<b>Tues - Wed:</b> 11 a.m. - 4 p.m. <b>Thur:</b> 11 a.m. - 7 p.m. <b>Fri:</b> 11 a.m. - 4 p.m. <b>Sat - Sun:</b> 10 a.m. - 4 p.m.	4700 Grand Avenue, Des Moines <a href="http://desmoinesartcenter.org">desmoinesartcenter.org</a>
<b>Blue Sushi Sake Grill</b>	<ul style="list-style-type: none"> <li>▶ Trendy new sushi restaurant in the heart of downtown known for their Cherry Bomb.</li> </ul>	<b>Mon - Thur:</b> 12 - 9 p.m. <b>Fri - Sat:</b> 12 - 10 p.m., 5 - 9 p.m. <b>Sat:</b> 5 - 9 p.m.	316 Court Avenue, Des Moines <a href="http://bluesushisakegrill.com">bluesushisakegrill.com</a>
<b>John and Mary Pappajohn Sculpture Park</b>	<ul style="list-style-type: none"> <li>▶ 4.4-acre sculpture garden, home to 31 pieces from internationally acclaimed artists.</li> </ul>	<b>Mon - Sun:</b> 6 - 12 a.m.	1330 Grand Avenue, Downtown Des Moines <a href="http://desmoinesartcenter.org/visit/pappajohn-sculpture-park">desmoinesartcenter.org/visit/pappajohn-sculpture-park</a>
<b>Des Moines Art Route</b>	<ul style="list-style-type: none"> <li>▶ Runs downtown, connecting 87 pieces of public art throughout the community.</li> </ul>	<b>Refer to website.</b>	Downtown Des Moines Download the app: <a href="http://artroutedsm.com">artroutedsm.com</a>
<b>Harbinger</b>	<ul style="list-style-type: none"> <li>▶ James Beard nominated restaurant serving progressive multi-course meals that will wow!</li> </ul>	<b>Mon - Thur:</b> 10 a.m. - 8 p.m. <b>Fri - Sat:</b> 10 a.m. - 9 p.m. <b>Sun:</b> 10 a.m. - 8 p.m.	2724 Ingersoll Avenue, Des Moines <a href="http://harbingerdsm.com">harbingerdsm.com</a>
<b>Alba</b>	<ul style="list-style-type: none"> <li>▶ East Village stalwart serves elevated yet unfussy dishes in an elegant atmosphere.</li> </ul>	<b>Mon - Thur:</b> 4 - 10 p.m. <b>Fri - Sat:</b> 4 - 11 p.m. <b>Sun:</b> 4 - 10 p.m.	524 E 6th Street, Des Moines <a href="http://albadsm.com">albadsm.com</a>