



The Catch List

AS SEEN ON TV

FOOD SHOWS:

ESTABLISHMENT:	FEATURED ON:	WHEN TO VISIT:	INFO:
Crème Cupcake + Dessert	<ul style="list-style-type: none"> ▶ Owner featured on Food Network's <i>Cupcake Wars</i> ▶ Must Eat: cupcake and champagne or the famous chocolate flourless torte 	<p>Tues - Fri: 11 a.m. - 5 p.m. Sat: 10 a.m. - 5 p.m.</p>	<p>1543 28th Street, Des Moines cremecupcake.com</p>
Fong's Pizza	<ul style="list-style-type: none"> ▶ Alton Brown awarded their Crab Rangoon Pizza the honor of his pick for the Food Network's <i>The Best Thing I Ever Ate</i> 	<p>Downtown Location: Sun - Thur: 11 a.m. - 12 a.m. Fri - Sat: 11 a.m. - 3 a.m.</p>	<p>223 4th Street, Des Moines fongspizza.com</p>
Jethro's BBQ	<ul style="list-style-type: none"> ▶ Featured on third season of Travel Channel's <i>Man Vs. Food</i> ▶ Try the infamous Adam Emmenecker challenge. We dare you! 	<p>Mon - Wed: 11 a.m. - 9 p.m. Thur - Sat: 11 a.m. - 10 p.m. Sun: 11 a.m. - 9 p.m.</p>	<p>Try one of the seven Greater Des Moines locations. jethrosdesmoines.com</p>
Mi Patria	<ul style="list-style-type: none"> ▶ Featured on Food Network's <i>Diners, Drive-Ins and Dives</i> ▶ Must Eat: Hornado con Mote (pulled pork), carne asada, and sweet plantains. 	<p>Mon - Sat: 11 a.m. - 9 p.m.</p>	<p>1410 22nd Street, West Des Moines mipatriaecuador.com</p>
University Library Café	<ul style="list-style-type: none"> ▶ Featured on Cooking Channel's <i>Cheap Eats</i> ▶ Must eat: breakfast nachos 	<p>Mon - Thur: 11 a.m. - 11 p.m. Fri: 11 a.m. - 12 a.m. Fri: 8 a.m. - 12 a.m. Fri: 8 a.m. - 11 p.m.</p>	<p>3506 University Avenue, Des Moines thelibrarydm.com</p>

OTHER FOODIE HIGHLIGHTS:

High Life Lounge (broasted chicken, bacon wrapped tots)
– *Man vs. Food, Cheap Eats*

Machine Shed (biscuits and gravy, cinnamon rolls)
– *Food Paradise, United States of Bacon*

Eatery A (cioppino, wood-fired pizzas)
– *Cheap Eats*

Smitty's (tenderloins)
– *Man vs. Food, The Today Show*

Maid-Rite (loose meat sandwiches)
– *Food Paradise*

B&B Deli (tenderloin)
– *Bizzare Foods America*

Smokey D's BBQ (BBQ)
– *Diners, Drive-Ins and Dives*

Flying Mango (BBQ)
– *Diners, Drive-Ins and Dives*

Zombie Burger (Walking Ched burger)
– *The Today Show, United States of Bacon*

Cactus Bob's (BBQ)
– *Man vs. Food, Outrageous Food*



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TV AND MOVIE HIGHLIGHTS:

ESTABLISHMENT:	FEATURED ON:	WHEN TO VISIT:	INFO:
West End Architectural Salvage	<ul style="list-style-type: none"> ▶ This business had its own show on the DIY Network and features salvaged treasures and inspiration for your next home project. 	Mon - Fri: 9 a.m. - 5 p.m. Sat: 9 a.m. - 4 p.m. Sun: 12 - 4 p.m.	22 9th Sreet, Des Moines westendsalvage.com
Bridges of Madison County	<ul style="list-style-type: none"> ▶ The namesake of the 1995 film features breathtaking shots of the countryside and these iconic bridges. 	May through October: Mon - Sat: 9 a.m. - 4 p.m. Sun: 12 - 3 p.m.	73 Jefferson Street, Winterset madisoncounty.com/the-covered-bridges
John Wayne Birthplace Museum	<ul style="list-style-type: none"> ▶ Museum is adjacent to his childhood home that features original memorabilia. ▶ Catch a John Wayne western in the museum's theater. 	Refer to website.	205 S. John Wayne Dr. Winterset, IA johnwaynebirthplace.museum

OTHER TV HIGHLIGHTS:

RoCA (shared plates and craft cocktails) **Iowa State Capitol building**
 – Featured on Season 19 of *The Bachelor* – Featured on Season 24 of *The Bachelor*

CELEBRITY STREET CRED:

CELEBRITY:	FEATURED ON:
Jason Momoa	<ul style="list-style-type: none"> ▶ Born in Hawaii, raised in nearby Norwalk. ▶ Famous for roles in <i>Aquaman</i> and <i>Game of Thrones</i>. ▶ Favorites local spots include: High Life Lounge, Kung Fu Tap & Taco, B-Bops burgers, Tasty Tacos, and Waveland Café (Try the Biscuits and gravy dish named after him called “Da Momoa”)
Brandon Routh	<ul style="list-style-type: none"> ▶ Local celebrity who went to high school with Jason Momoa. ▶ Best known for his role as Superman in <i>Superman Returns</i>. ▶ Spotted at a production of <i>Hamilton</i> at the Des Moines Civic Center.
Ed Sheeran	<ul style="list-style-type: none"> ▶ Pop superstar who called Des Moines one of his favorite cities.
Drake	<ul style="list-style-type: none"> ▶ Rapper and singer extraordinaire who visited after #BringDraketoDrake went viral and even posed next to the Drake University sign.
Reggie Miller	<ul style="list-style-type: none"> ▶ NBA Hall of Famer who called Des Moines one of the best cities he’s ever visited when he was here for the 2019 Men’s NCCA Basketball tournament.