### FOOD SHOWS:

<table>
<thead>
<tr>
<th>ESTABLISHMENT:</th>
<th>FEATURED ON:</th>
<th>WHEN TO VISIT:</th>
<th>INFO:</th>
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<tr>
<td><strong>Crème Cupcake + Dessert</strong></td>
<td>Owner featured on Food Network's <em>Cupcake Wars</em>. Must Eat: cupcake and champagne or the famous chocolate flourless torte.</td>
<td>Tues - Fri: 11 a.m. - 5 p.m. &lt;br&gt;Sat: 10 a.m. - 5 p.m.</td>
<td>1543 28th Street, Des Moines &lt;br&gt;cremecupcake.com</td>
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<td><strong>Fong's Pizza</strong></td>
<td>Alton Brown awarded their Crab Rangoon Pizza the honor of his pick for the Food Network's <em>The Best Thing I Ever Ate</em>.</td>
<td>Downtown Location: &lt;br&gt;Sun - Thur: 11 a.m. - 12 a.m. &lt;br&gt;Fri - Sat: 11 a.m. - 3 a.m.</td>
<td>223 4th Street, Des Moines &lt;br&gt;fongspizza.com</td>
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<td><strong>Jethro's BBQ</strong></td>
<td>Featured on third season of Travel Channel's <em>Man Vs. Food</em>. Try the infamous Adam Emmenecker challenge. We dare you!</td>
<td>Mon - Wed: 11 a.m. - 9 p.m. &lt;br&gt;Thur - Sat: 11 a.m. - 10 p.m. &lt;br&gt;Sun: 11 a.m. - 9 p.m.</td>
<td>1543 28th Street, Des Moines &lt;br&gt;cremecupcake.com</td>
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<td><strong>Mi Patria</strong></td>
<td>Featured on Food Network's <em>Diners, Drive-Ins and Dives</em>. Must Eat: Hornado con Mote (pulled pork), carne asada, and sweet plantains.</td>
<td>Mon - Sat: 11 a.m. - 9 p.m.</td>
<td>1410 22nd Street, West Des Moines &lt;br&gt;mipatriaecuador.com</td>
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<td><strong>University Library Café</strong></td>
<td>Featured on Cooking Channel’s <em>Cheap Eats</em>. Must eat: breakfast nachos.</td>
<td>Mon - Thur: 11 a.m. - 11 p.m. &lt;br&gt;Fri: 11 a.m. - 12 a.m. &lt;br&gt;Sat: 8 a.m. - 12 a.m. &lt;br&gt;Sun: 8 a.m. - 11 p.m.</td>
<td>3506 University Avenue, Des Moines &lt;br&gt;thelibrarydm.com</td>
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### OTHER FOODIE HIGHLIGHTS:

- **High Life Lounge** (broasted chicken, bacon wrapped tots) – *Man vs. Food, Cheap Eats*
- **Machine Shed** (biscuits and gravy, cinnamon rolls) – *Food Paradise, United States of Bacon*
- **Eatery A** (cioppino, wood-fired pizzas) – *Cheap Eats*
- **Smitty's** (tenderloins) – *Man vs. Food, The Today Show*
- **Maid-Rite** (loose meat sandwhiches) – *Food Paradise*
- **B&B Deli** (tenderloin) – *Bizzare Foods America*
- **Smokey D's BBQ** (BBQ) – *Diners, Drive-Ins and Dives*
- **Flying Mango** (BBQ) – *Diners, Drive-Ins and Dives*
- **Zombie Burger** (Walking Ched burger) – *The Today Show, United States of Bacon*
- **Cactus Bob's** (BBQ) – *Man vs. Food, Outrageous Food*
**ESTABLISHMENT:** Featured On: When To Visit: Info:

**Java Joe’s**
- A Des Moines’ favorite coffee house.
- MSNBC’s Morning Joe here during Iowa Caucuses.
- Mon - Wed: 7 a.m. - 3 p.m.
  - Thur - Sat: 7 a.m. - 8 p.m.
  - Sun: 7 a.m. - 4 p.m.
- 214 4th Street, Des Moines
  - [facebook.com/Java-JoesDesMoines](http://facebook.com/Java-JoesDesMoines)

**West End Architectural Salvage**
- This business had its own show on the DIY Network and features salvaged treasures and inspiration for your next home project.
- Mon - Fri: 9 a.m. - 5 p.m.
  - Sat: 9 a.m. - 4 p.m.
  - Sun: 12 - 4 p.m.
- 22 9th Street, Des Moines
  - [westendsalvage.com](http://westendsalvage.com)

**Bridges of Madison County**
- The namesake of the 1995 film features breathtaking shots of the countryside and these iconic bridges.
- May through October:
  - Mon - Sat: 9 a.m. - 4 p.m.
  - Sun: 12 - 3 p.m.
- 73 Jefferson Street, Winterset
  - [madisoncounty.com/the-covered-bridges](http://madisoncounty.com/the-covered-bridges)

**TV AND MOVIE HIGHLIGHTS:**

- **AS SEEN ON TV**
  - @catchdesmoines
  - [catchdesmoines.com/catchlist](http://catchdesmoines.com/catchlist)

- **OTHER TV HIGHLIGHTS:**
  - Roca (shared plates and craft cocktails)
    - Featured on Season 19 of The Bachelor
  - Iowa State Capitol building (biscuits and gravy, cinnamon rolls)
    - Featured on Season 24 of The Bachelor

**CELEBRITY STREET CRED:**

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<tr>
<th>CELEBRITY</th>
<th>FEATURED ON:</th>
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<td>Jason Momoa</td>
<td>Born in Hawaii, raised in nearby Norwalk, IA.</td>
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<td>Famous for roles in Aquaman and Game of Thrones.</td>
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<td></td>
<td>Favorites local spots include: High Life Lounge, Kung Fu Tap &amp; Taco, B-Bop’s burgers, Tasty Tacos, and Waveland Café (Try the Biscuits and gravy dish named after him called “Da Momoa”).</td>
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<td>Brandon Routh</td>
<td>Local celebrity who went to high school with Jason Momoa.</td>
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<td>Best known for his role as Superman in Superman Returns.</td>
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<td>Spotted at a production of Hamilton at the Des Moines Civic Center.</td>
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<td>Ed Sheeran</td>
<td>Pop superstar who called Des Moines one of his favorite cities.</td>
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<td>Drake</td>
<td>Rapper and singer extraordinaire who visited after #BringDraketoDrake went viral and even posed next to the Drake University sign.</td>
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<td>Reggie Miller</td>
<td>NBA Hall of Famer who called Des Moines one of the best cities he’s ever visited when he was here for the 2019 Men’s NCCA Basketball tournament.</td>
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