

Group Travel Itinerary

GIRLS GETAWAY

Looking for somewhere to spend a weekend with the gals? Greater Des Moines has it all – from bottomless brunches and retail therapy to bridges and Broadway, there is no shortage of ways to unwind and pamper yourselves (as you should, you queens)!

DAY 1			
MORNING			
ACTIVITY:	CATCH THIS:	WHEN TO VISIT:	INFO:
St. Kilda Collective	▶ Trendy, Australian-style brunch spot known for their avocado toasts, pastries, and Counter Culture coffee.	Mon - Thur: 8 a.m. - 9 p.m. Fri - Sat: 8 a.m. - 10 p.m. Sun: 8 a.m. - 4 p.m.	333 5th Street, West Des Moines stkildadsm.com/collective
AFTERNOON			
Historic Valley Junction	▶ Walkable West Des Moines shopping district featuring unique antique and home good shops and hidden gem restaurants.	Refer to website	137 5th Street, West Des Moines valleyjunction.com
EVENING			
Cooper's on 5th	▶ Old-school elegant neighborhood eatery serving up the classics and a killer martini.	Tue-Fri: Lunch- 11 a.m. - 2 p.m. Dinner- 4 - 10 p.m. Sat: 10 a.m. - 11 p.m.	227 5th Street, West Des Moines cooperson5th.com
Winchester Public House & Eatery	▶ Cozy, prohibition style pub with a signature line of cocktails.	Tue - Sat: 2 p.m. - Midnight Sun: 2 - 10 p.m.	224 5th Street, West Des Moines winchester.pub
The Hall DSM	▶ German-style beer hall with four food menus, 54 beers on tap, and board games for the kids.	Mon - Wed: 3 - 9 p.m. Thur - Fri: 3 - 11 p.m. Sat: 11 a.m. - 11 p.m.	111 S 11th Street, West Des Moines thehalldsm.com

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DAY 2

MORNING

ACTIVITY:	CATCH THIS:	WHEN TO VISIT:	INFO:
Horizon Line Coffee	▶ The best tasting and best-looking coffee in Des Moines, complete with glass mason jars.	Tues - Sun: 8 a.m. - 2 p.m.	1417 Walnut Street, Suite B, Des Moines horizonlinecoffee.com
Power Life Yoga	▶ Free your mind at one of the most popular yoga spots in the metro, offering everything from hot yoga to meditation.	Refer to website	1717 Ingersoll Avenue, Des Moines powerlife.com
East Village Spa	▶ Day spa in the East Village known for massages, facials, and manis/pedis.	Mon - Thur: 10 a.m. - 8 p.m. Fri: 10 a.m. - 6 p.m. Sat: 9:30 a.m. - 5:30 p.m.	601 E Locust Street, Des Moines evdayspa.com
Downtown Des Moines Farmers' Market	▶ 300+ vendors ranging from local produce and flowers to prepared foods and handcrafts. ▶ Try the famous breakfast burrito at the end of 4th Street.	Every Saturday May – September: 7 a.m. - Noon October: 8 a.m. - Noon	Historic Court District, Des Moines dsmpartnership.com/ desmoinesfarmersmarket
Americana	▶ Home of the Bombshell Brunch, with bottomless mimosas and Bloody Marys, along with a grilled cheese bar and every brunch item you can imagine.	Mon - Thur: 11 a.m. - 9 p.m. Fri: 11 a.m. - 10 p.m. Sat: 9 a.m. - 10 p.m. Sun: 9 a.m. - 9 p.m.	1312 Locust Street, Des Moines americanadsm.com

AFTERNOON

Outlets of Des Moines	▶ Save big at 50 outlet stores, including American Eagle, Nike, Kate Spade, and Vera Bradley.	Mon - Thur: 10 a.m. - 7 p.m. Fri - Sat: 10 a.m. - 8 p.m. Sun: 11 a.m. - 6 p.m.	801 Bass Pro Drive NW, Altoona outletsofdesmoines.com
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EVENING

Blue Sushi Sake Grill	▶ Cool downtown sushi spot that is great for groups.	Mon - Thur: 11 a.m. - 10 p.m. Fri - Sat: 11 a.m. - 11 p.m. Sun: Noon - 9 p.m.	316 Court Avenue, Des Moines bluesushisakegrill.com
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EVENING CONTINUED

Miyabi 9	▶ Sushi, bento boxes, and Japanese entrees in a small, artsy storefront.	Mon - Thur: Lunch: 11 a.m. - 2:30 p.m. Dinner: 5 - 9 p.m. Fri - Sat: Lunch: 11 a.m. - 2:30 p.m. Dinner: 5 - 10 p.m.	512 E Grand Avenue, Des Moines miyabi9official.com
RoCA	▶ Stylish brick-walled eatery serving tapas and craft cocktails.	Mon - Thur: 4 - 10 p.m. Fri - Sat: 4 - 11 p.m.	208 Court Avenue, Des Moines rocadsm.com
The Stuffed Olive	▶ Contemporary spot focused on small plates and more than 100 different martinis.	Mon - Thur: 4 p.m. - Midnight Fri - Sat: 4 p.m. - 2 a.m.	208 3rd Street, Des Moines paramountbarco.com/brand/stuffed-olive-des-moines/
Malo	▶ Upscale Mexican food in a renovated Art Deco firehouse with the most popular margaritas in town.	Mon - Thur: 4 - 9 p.m. Fri - Sat: 11 a.m. - 9 p.m. Sun: 11 a.m. - 5 p.m.	900 Mulberry Street, Des Moines malodesmoines.com
Bottle and Bottega	▶ Paint and sip at this BYOB studio for the quintessential Girl's Night experience.	Tue - Thur: 2 - 8:30 p.m. Fri: 2 - 9 p.m. Sat: Noon - 9 p.m. Sat: Noon - 4 p.m.	1301 Locust Street, Suite E, Des Moines paintingwithtwist.com/studio/des-moines

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DAY 3

MORNING

ACTIVITY:	CATCH THIS:	WHEN TO VISIT:	INFO:
Early Bird Brunch	▶ Brand new brunch spot in West Des Moines serving up Pancake Flights and Hash Holes.	Everyday: 6:30 a.m. - 2:30 p.m.	9250 University Avenue, Suite 107, West Des Moines earlybirdbrunch.com
Smashpark	▶ The largest outdoor patio in Iowa offers Brunch Bingo every Sunday from 11 a.m. – 1 p.m.	Mon - Thur: 8 a.m. - 11 p.m. Fri - Sat: 8 a.m. - Midnight Sun: 8 a.m. - 10 p.m.	6625 Coachlight Dr, West Des Moines smashpark.com

AFTERNOON

Bridges of Madison County	▶ The namesake of the 1995 film features breathtaking shots of the countryside and these iconic bridges.	May through October: Mon - Sat: 9 a.m. - 4 p.m. Sun: Noon - 3 p.m.	73 Jefferson Street, Winterset madisoncounty.com/the-covered-bridges
Covered Bridges Winery	▶ Winery just a few minutes away from the bridges, experience beautiful views and 100% Iowa Wines.	Refer to website	2207 170th Trail, Winterset coveredbridgeswinery.com

EVENING

Splash Seafood Bar & Grill	▶ Iowa's premier seafood restaurant, with fish flown in from the coasts daily.	Tue - Thur: 5 - 9 p.m. Fri - Sat: 5 - 10 p.m.	303 Locust Street, Des Moines splash-seafood.com
Des Moines Performing Arts Center	▶ Home to Des Moines Symphony and Willis Broadway Series. ▶ Has hosted Broadway shows like Hamilton, Book of Mormon, and Dear Evan Hansen.	Refer to website for showtimes.	221 Walnut Street, Des Moines desmoinesperformingarts.org
Hoyt Sherman Place	▶ Beautifully restored, 1,200 seat performance venue featuring an art gallery.	Refer to website for showtimes.	1501 Woodland Avenue, Des Moines hoytsherman.org

FOR MORE INFORMATION, CONTACT:

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