



# The Catch List

## SUMMER THINGS TO DO

Come summertime in Des Moines, it's suns out, funs out. From epic festivals and events to outdoor adventures, summer positively radiates fun in Greater Des Moines.

### HOTEL

PROPERTY:	CATCH THIS:	INFO:
<b>Des Moines Marriott Downtown</b>	<ul style="list-style-type: none"> <li>Relaxing, affordable and ideally located. Set in the city's lively downtown, Des Moines Marriott Downtown is located just five short miles from the DSM airport. Walk to nearby shopping, dining, nightlife via our convenient downtown skywalk extending to the Iowa Events Center. Step into stylish rooms and suites for a comfortable stay, featuring signature bedding and expansive city views. Upgrade to our concierge level for exclusive perks like our private lounge. When it's time to unwind, swim in our indoor pool, stay fit in the 24-hour gym or enjoy a great meal on-site at Mash + MARROW.</li> </ul>	<p>700 Grand Avenue, Des Moines <a href="http://marriott.com">marriott.com</a></p>

### DAY 1

#### MORNING

ACTIVITY:	CATCH THIS:	WHEN TO VISIT:	INFO:
<b>The Breakfast Club</b>	<ul style="list-style-type: none"> <li>Funky new brunch place in the East Village with creative dishes and a robust drink menu.</li> </ul>	<p><b>Everyday:</b> 6 a.m. - 2:30 p.m.</p>	<p>212 East 3rd Street, Des Moines <a href="http://thebreakfastclubusa.com">thebreakfastclubusa.com</a></p>

#### AFTERNOON

<b>Blank Park Zoo</b>	<ul style="list-style-type: none"> <li>Iowa's only accredited zoo with 49-acres of wild fun.</li> <li>Popular exhibits include tigers, seals, giraffes (you can feed them), and their famous red pandas.</li> </ul>	<p><b>Everyday:</b> 9 a.m. - 5 p.m.</p>	<p>7401 SW 9th Street, Des Moines <a href="http://blankparkzoo.com">blankparkzoo.com</a></p>
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#### EVENING

<b>Mullets</b>	<ul style="list-style-type: none"> <li>American roadhouse fare with a two-level patio offering a killer view of the Des Moines skyline.</li> </ul>	<p><b>Mon - Tue:</b> 8 a.m. - 2 p.m. <b>Wed - Thur:</b> 8 a.m. - 7 p.m. <b>Fri - Sat:</b> 7 a.m. - 7 p.m. <b>Sun:</b> 7 a.m. - 6 p.m.</p>	<p>1300 SE 1st Street, Suite #1253, Des Moines <a href="http://mulletsdm.com">mulletsdm.com</a></p>
<b>El Bait Shop</b>	<ul style="list-style-type: none"> <li>Next door to High Life Lounge, this taproom boasts Iowa's largest beer selection, with more than 250 beers on tap.</li> </ul>	<p><b>Sun - Thur:</b> 11 a.m. - 11 p.m. <b>Fri - Sat:</b> 11 a.m. - 12 a.m.</p>	<p>200 SW 2nd Street, Des Moines <a href="http://elbaitshop.com">elbaitshop.com</a></p>
<b>Iowa Cubs</b>	<ul style="list-style-type: none"> <li>AAA affiliate of the Chicago Cubs, where Kris Byrant and Anthony Rizzo have passed through.</li> <li>Play at beautiful Principal Park, situated along Des Moines River downtown.</li> </ul>	<p><b>Refer to website for game times.</b></p>	<p>1 Line Drive, Des Moines <a href="http://milb.com/iowa">milb.com/iowa</a></p>



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DAY 2			
MORNING			
ACTIVITY:	CATCH THIS:	WHEN TO VISIT:	INFO:
<b>Downtown Des Moines Farmers' Market</b>	<ul style="list-style-type: none"> <li>▶ 300+ vendors ranging from local produce and flowers to prepared foods and handcrafts.</li> <li>▶ Try the famous breakfast burrito at the end of 4th Street.</li> </ul>	Every Saturday <b>May – September:</b> 7 a.m. - Noon <b>October:</b> 8 a.m. - Noon	<i>Historic Court District,            Des Moines</i> <a href="http://dsmtpartnership.com/desmoinesfarmersmarket">dsmtpartnership.com/            desmoinesfarmersmarket</a>
<b>Historic East Village</b>	<ul style="list-style-type: none"> <li>▶ Hip, walkable neighborhood with over 200 shops, boutiques, restaurants and bars.</li> <li>▶ Called “the closest thing to Brooklyn in Iowa”.</li> </ul>	<b>Year-round</b>	<a href="http://eastvillagedesmoines.com/explore/shop-the-east-village">eastvillagedesmoines.com/            explore/shop-the-east-village</a>
<b>RAYGUN</b>	<ul style="list-style-type: none"> <li>▶ Pick up a cheeky t-shirt, coaster or wall art at the self-proclaimed "Greatest Store in the Universe."</li> </ul>	<b>Mon - Fri:</b> 10 a.m. - 6 p.m. <b>Sat:</b> 10 a.m. - 7 p.m. <b>Sun:</b> 11 a.m. - 5 p.m.	505 E Grand Avenue, Des Moines <a href="http://raygunsite.com">raygunsite.com</a>
<b>Bellhop Tiki</b>	<ul style="list-style-type: none"> <li>▶ East Village tiki bar offering up poolside classics and cool vibes.</li> </ul>	<b>Tue - Thur:</b> 4 p.m. - 12 a.m. <b>Fri:</b> 4 p.m. - 2 a.m. <b>Sat:</b> 2 p.m. - 2 a.m. <b>Sun:</b> 2 p.m. - 12 a.m.	440 E Grand Avenue, Des Moines <a href="http://bellhoptiki.com">bellhoptiki.com</a>
EVENING			
<b>The Avenues</b>	<ul style="list-style-type: none"> <li>▶ Hip area just west of downtown known as “Restaurant Row”.</li> </ul>	<b>Year-round</b>	<i>Ingersoll and Grand Avenues,            Des Moines</i> <a href="http://theavenuesdsm.com">theavenuesdsm.com</a>
<b>Lachele's Fine Foods</b>	<ul style="list-style-type: none"> <li>▶ Cute little restaurant specializing in life-changing smash burgers and hand cut fries.</li> </ul>	<b>Wed - Sat:</b> 11 a.m. - 9 p.m. <b>Sun:</b> 10 a.m. - 3 p.m.	2716 Ingersoll Avenue, Des Moines <a href="http://lacheles.com">lacheles.com</a>
<b>Harbinger</b>	<ul style="list-style-type: none"> <li>▶ James Beard nominated restaurant serving progressive multi-course meals that will wow!</li> </ul>	<b>Mon - Thur:</b> 10 a.m. - 8 p.m. <b>Fri - Sat:</b> 10 a.m. - 9 p.m. <b>Sun:</b> 10 a.m. - 8 p.m.	2724 Ingersoll Avenue, Des Moines <a href="http://harbingerdsm.com">harbingerdsm.com</a>



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## EVENING CONTINUED

<b>The Cheese Bar</b>	▶ Voted the #1 Cheese Shop in America, specializing in cast iron mac and cheese, grilled cheese, fondue and an interesting beer and bubbly list.	<b>Tues - Sat:</b> 11 a.m. - 9 p.m.	2925 Ingersoll Avenue, Des Moines <a href="http://cheesebardsm.com">cheesebardsm.com</a>
<b>Juniper Moon</b>	▶ Gatsby-esque cocktail bar on Ingeroll called the "sexiest bar in Des Moines".	<b>Everyday:</b> 4 p.m. - 12 a.m.	2005 Ingersoll Avenue, Des Moines <a href="http://junipermoondm.com">junipermoondm.com</a>
<b>The Bartender's Handshake</b>	▶ Fun craft cocktail bar known for their vegetarian options and cool astro-turf patio.	<b>Mon - Tue:</b> 2 p.m. - 12 a.m. <b>Thur - Fri:</b> 2 p.m. - 12 a.m. <b>Sat - Sun:</b> 11 a.m. - 12 a.m.	3615 Ingersoll Avenue, Des Moines <a href="http://thebartendershandshake.com">thebartendershandshake.com</a>
<b>Eatery A</b>	▶ Come for the huge patio and happy hour specials, stay for the wood fired pizza.	<b>Mon - Thur:</b> 11 a.m. - 10 p.m. <b>Fri - Sat:</b> 9 a.m. - 12 a.m. <b>Sun:</b> 9 a.m. - 9 p.m.	2932 Ingersoll Avenue, Des Moines <a href="http://eateryadsm.com">eateryadsm.com</a>

## DAY 3

### ALL DAY

ACTIVITY:	CATCH THIS:	WHEN TO VISIT:	INFO:
<b>Adventureland Resort</b>	▶ Iowa's largest amusement park with over 100 rides, it also includes Adventure Bay waterpark. ▶ Cabana rentals are available, and it includes an on-site hotel and campgrounds.	<b>Mon - Thur:</b> 10 a.m. - 5 p.m. <b>Fri - Sat:</b> 10 a.m. - 10 a.m. <b>Sun:</b> 10 a.m. - 7 p.m.	3200 Adventureland Drive, Altoona <a href="http://adventurelandresort.com">adventurelandresort.com</a>



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## OTHER SUMMER FUN IDEAS:

Pickleball, shuffleboard, cornhole, nachos, and Moscow Mules on Iowa's largest outdoor patio at [Smashpark](#).

Pack a picnic and throw a frisee at [Sculpture Park](#).

Patio brewery hop at [Confluence](#), [Lua](#), [Firetrucker](#), [Peacetree](#), [The Hall](#), [Kinship Brewing](#), and [Exile](#).

Rent a pontoon for a half or full day at [Saylorville Lake](#).

Take a bike ride on [High Trestle Trail](#) with a stop at Flat Tire Lounge for refreshments.

Hike at [Ledges State Park](#) and BBQ at [Watcha Smokin' BBQ](#).

Pop an ollie at [Lauridsen Skatepark](#), the country's largest skatepark.

Book a float trip down the Des Moines River with [Seven Oaks](#).

Beach day at [Lake Ahquabi](#).

Go-karts and mini golf at [Sleepy Hollow Sports Park](#).

Indoor Football action with an [Iowa Barnstormers game](#).

## DON'T MISS THESE SUMMER EVENTS:

[Des Moines Farmer's Market](#) (May - October)

[Principal Charity Classic](#) (June)

[Pride Fest](#) (June)

[Winefest](#) (June)

[Des Moines Beer Week](#) (late June)

[Des Moines Arts Festival](#) (late June)

[ArtFest Midwest](#) (late June)

[Goodguys Car Show](#) (early July)

[Italian-American Heritage Festival](#) (late July)

[National Balloon Classic](#) (early August)

[Hinterland Music Festival](#) (early August)

[Iowa State Fair](#) (mid August)

[515 Alive](#) (mid August)

[Dam to DSM run](#) (late August)