

Southern Holderness Cycle Map

Six cycle routes in and around Southern Holderness



Image © James Hardisty / Yorkshire Wildlife Trust

Welcome to Southern Holderness!

South Holderness is tucked away in a picturesque rural corner of East Yorkshire, taking in beautiful coastlines, the north bank of the Humber estuary and many small towns and pretty villages. This hidden gem is perfect for cyclists as the flat agricultural land, quiet roads and country lanes are ideal for less confident riders and practised cyclists alike.

We hope the rides featured on this map will encourage local residents and visitors to the area to dust off their bikes and get back in the saddle to explore their local landscape on two wheels. Cycling is a great way to help you get fit, save money and help the environment as well as helping you reach places and scenery that are impossible to access by car.

The Rides

Each of the six routes on this map has been graded by difficulty and we have aimed to include rides which cater for all abilities.

Most of the routes run along quiet roads or tracks but great care is needed on some routes as they cross busy roads and junctions. Please read the ride text before deciding which route is best for you. Ordnance Survey Explorer Map 292 covers all these routes in detail if you would like further information.

If you enjoyed these rides you might be interested in similar leisure cycle route maps for other areas around the East Riding. The maps are also available to download onto your smart phone or other compatible devices Garmin, MemoryMap or SatMap devices. To view these maps please visit www.eastriding.gov.uk or for free copies email transport.policy@eastriding.gov.uk or telephone (01482) 393969.

There are a number of longer distance cycle routes that run through and within the East Riding. More information on these can be found at VHEY at www.visithullandeastyorkshire.com or Sustrans at www.sustrans.org.uk

Longer Routes

The National Byway runs to the north of Hedon and includes a 46 mile Holderness loop-cycle ride from Sproatley through Withernsea and Sunk Island before coming back to the village via Burton Pidsea. If you are feeling adventurous and want to try this longer route you can purchase a map from www.thenationalbyway.org or follow the distinctive brown byway signs around the route (note that the route is only signed in an anti-clockwise direction).



For more information on the National Cycle Network in East Yorkshire visit:

www.sustrans.org.uk

For more local day rides around the Yorkshire Wolds you can visit VHEY at: www.visithullandeastyorkshire.com



Ride 1 – STEADY

A circular route taking in some pretty villages using quiet roads and bridleways. Suitable for confident family groups.

10 miles/16km, or 1 hour riding time.

This route should be ridden anticlockwise from your start point for safety reasons. This route involves off road bridleways and therefore is not suitable for road bikes. The bridleways can become very muddy and uneven, particularly in bad weather, so please take care when riding these sections. You may want to start your ride from one of the pubs at Sproatley or Leley, both of which have free car parking for patrons.

If starting this ride from Leley, leave the village and turn left onto the B1242 towards Burton Pidsea. After the road curves to the right, turn left onto the bridleway and follow this across the fields. Turn right back on to the road and continue along Back Lane into Elstronwick. Once you have passed through Elstronwick turn left at the crossroads and carry on until you reach Humbleton before turning left towards Sproatley and continuing to follow signs for the village. Turn right at the T junction on to the B1238 – take care at this junction as visibility is limited and the B1238 is a busy road with fast traffic. After around a third of a mile take the minor road left as the main road bends to the right and follow this road until you reach Sproatley.

At the T junction turn right back onto the B1238, past the Blue Bell pub before veering left at the war memorial. As you leave Sproatley turn left onto Boggle Lane (ignoring the no through route signs). As the road bends to the right take the bridleway heading straight on until you reach the main road at Leley.

Did you know...

The bridleway at the start of this ride finishes at Leley Mill, and you will cycle past the old windmill and the chimney. There has been a mill on this site since 1712 but the present mill dates from around 1780. It was later converted to steam power and the tall brick chimney remains a landmark.

Ride 3 – EASY

A mainly off road route with some rough terrain using the old railway line and the bridleway between Hedon and the village of Burstwick. Suitable for off road bikes only.

6 miles/10km, or 45 minutes riding time.

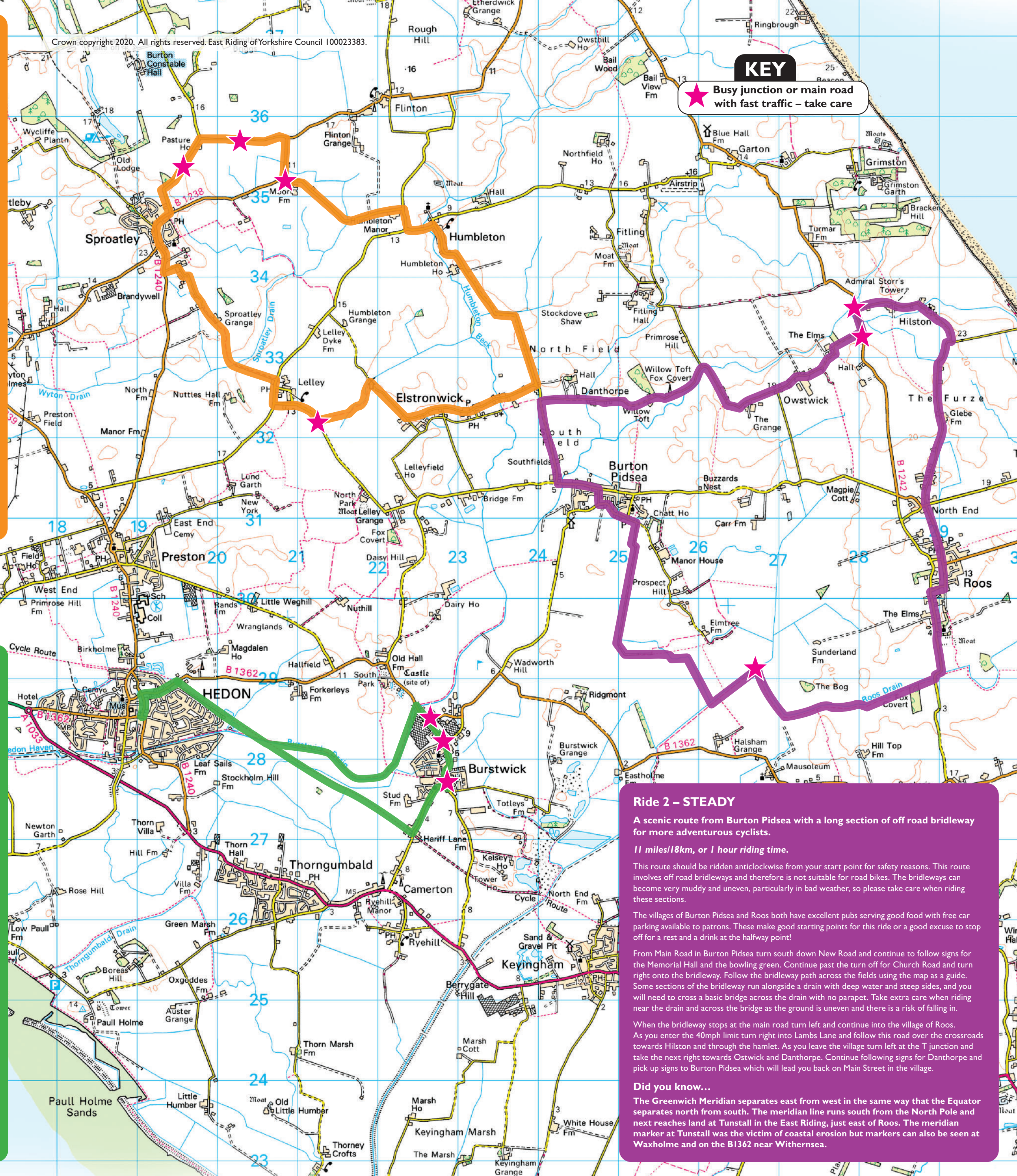
This route should be ridden anticlockwise from your start point. The old railway line and the bridleway next to Burstwick drain can be overgrown and become very muddy and uneven, particularly in bad weather, so please take care when riding these sections. Riders should be aware that these sections of the route are also used by horse riders and other users. As a result this ride may not be suitable for younger children.

Leave Hedon along the B1362 Magdalen Gate/Magdalen Lane. As you reach the outskirts of Hedon turn right onto the old railway line which is marked by wooden fencing and bollards. Stay on the railway line for approximately two miles until you reach the main road. Turn left and continue until you reach Burstwick and then turn left onto Main Street towards Preston.

As you leave Burstwick you will pass a number of large warehouses and as the national speed limit starts turn left onto the bridleway next to Burstwick drain. Take care when cycling next to the drain as the ground can be uneven and there is a risk of falling in. After approximately two miles rejoin the disused railway line and continue back to Hedon.

Did you know...

At one time Burstwick had the most important castle in Holderness, the castle of the Earls Albermarle, Lords of Holderness. They originally lived at Skipsea Castle but moved here in the 12th century. For a while it was a Royal residence, and the wife of Robert the Bruce was imprisoned here in 1306. The castle was abandoned in the reign of Elizabeth I when the family moved to Burton Constable. Sadly, today little remains except a section of the moat and part of the old fish ponds.



Ride 2 – STEADY

A scenic route from Burton Pidsea with a long section of off road bridleway for more adventurous cyclists.

11 miles/18km, or 1 hour riding time.

This route should be ridden anticlockwise from your start point for safety reasons. This route involves off road bridleways and therefore is not suitable for road bikes. The bridleways can become very muddy and uneven, particularly in bad weather, so please take care when riding these sections.

The villages of Burton Pidsea and Roos both have excellent pubs serving good food with free car parking available to patrons. These make good starting points for this ride or a good excuse to stop off for a rest and a drink at the halfway point!

From Main Road in Burton Pidsea turn south down New Road and continue to follow signs for the Memorial Hall and the bowling green. Continue past the turn off for Church Road and turn right onto the bridleway. Follow the bridleway path across the fields using the map as a guide. Some sections of the bridleway run alongside a drain with deep water and steep sides, and you will need to cross a basic bridge across the drain with no parapet. Take extra care when riding near the drain and across the bridge as the ground is uneven and there is a risk of falling in.

When the bridleway stops at the main road turn left and continue into the village of Roos. As you enter the 40mph limit turn right into Lambs Lane and follow this road over the crossroads towards Hilston and through the hamlet. As you leave the village turn left at the T junction and take the next right towards Ostwick and Danthorpe. Continue following signs for Danthorpe and pick up signs to Burton Pidsea which will lead you back on Main Street in the village.

Did you know...

The Greenwich Meridian separates east from west in the same way that the Equator separates north from south. The meridian line runs south from the North Pole and next reaches land at Tunstall in the East Riding, just east of Roos. The meridian marker at Tunstall was the victim of coastal erosion but markers can also be seen at Waxholme and on the B1362 near Withernsea.



Good Cycling Code

In order for you to have fun and be safe on these rides, please consider these tips before taking to your bike:

- Go prepared. Take some water and a snack with you and make sure that your bike is in a good state of repair.
- Cycle helmets are recommended.
- Use lights at night and consider wearing reflective clothing, particularly in bad weather.
- Ride positively and be aware of motorised vehicles – keep to the left to assist them in passing you safely.
- Follow the Highway Code at all times.

There are a number of cycle shops in Hull which sell bikes and accessories and can also carry out maintenance and repairs on your bike. Alternatively there are two mobile bike repair companies that can come to your home or B&B in the local area and fix your bike on site. Further details can be found at www.repair2ride.co.uk or www.bike-fix.co.uk

Hedon Museum

Hedon Museum, opened in 1996, is located right in the town centre behind the Town Hall in St. Augustine's Gate. It is fully accredited by the Arts Council, is a registered charity and run entirely by volunteers. In the downstairs gallery aspects of the history of the town are displayed, including intriguing archaeology and local history. The upstairs Gallery holds different exhibitions of local artists, photographers and collectors which change monthly.

In 2016 a 'Children's Corner' was created at the museum. This entire portion of the room downstairs has been dedicated to historic items that can be touched, played with and enjoyed by children and their guardians alike.

Admission to the museum is free, refreshments are available for visitors and there is a small shop on the ground floor which sells souvenirs, local publications etc. The museum is usually open Wednesday and Saturday (10am - 4pm March to November) to confirm times visit www.hedonmuseumsite.wordpress.com



Spurn National Nature Reserve

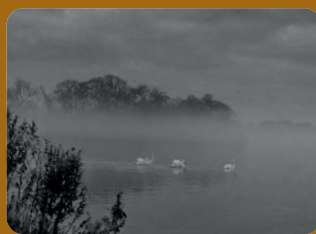
Huge skies, dramatic seascapes and ever-changing wildlife make the evocative landscape of Spurn one of Yorkshire's most iconic nature reserves. This natural landmark, managed by Yorkshire Wildlife Trust (YWT), is a beacon for thousands of migrating birds during Spring and Autumn. The reserve is also dynamic in that it is constantly shifting in a westward direction, as the North Sea and Humber meet allowing natural processes to take place and shape the landscape. This 3.5 mile sandy spit stretching out across the mouth of the Humber into the North Sea provides a host of experiences from wildlife watching to visiting the tallest lighthouse in northern England – as well as exploring the reserve's military history and marine heritage.

A tidal surge in December 2013 removed a section of the road, leaving Yorkshire with a newly created island at high tide. As a result there is no vehicular access to the point – access is solely on foot, bike or aboard the specially equipped Spurn Safari vehicle. Care must be taken on the sands so check the tides times and pay attention to site information. Dogs are not allowed on to the reserve in order to protect the sensitive wildlife and habitats (dogs on a lead are welcome at the Discovery Centre only). For information about visiting the Spurn Discovery Centre, Spurn Lighthouse, tide times, Spurn Safaris and events visit: www.ywt.org.uk/spurn-national-nature-reserve



Paull Holme Strays Nature Reserve

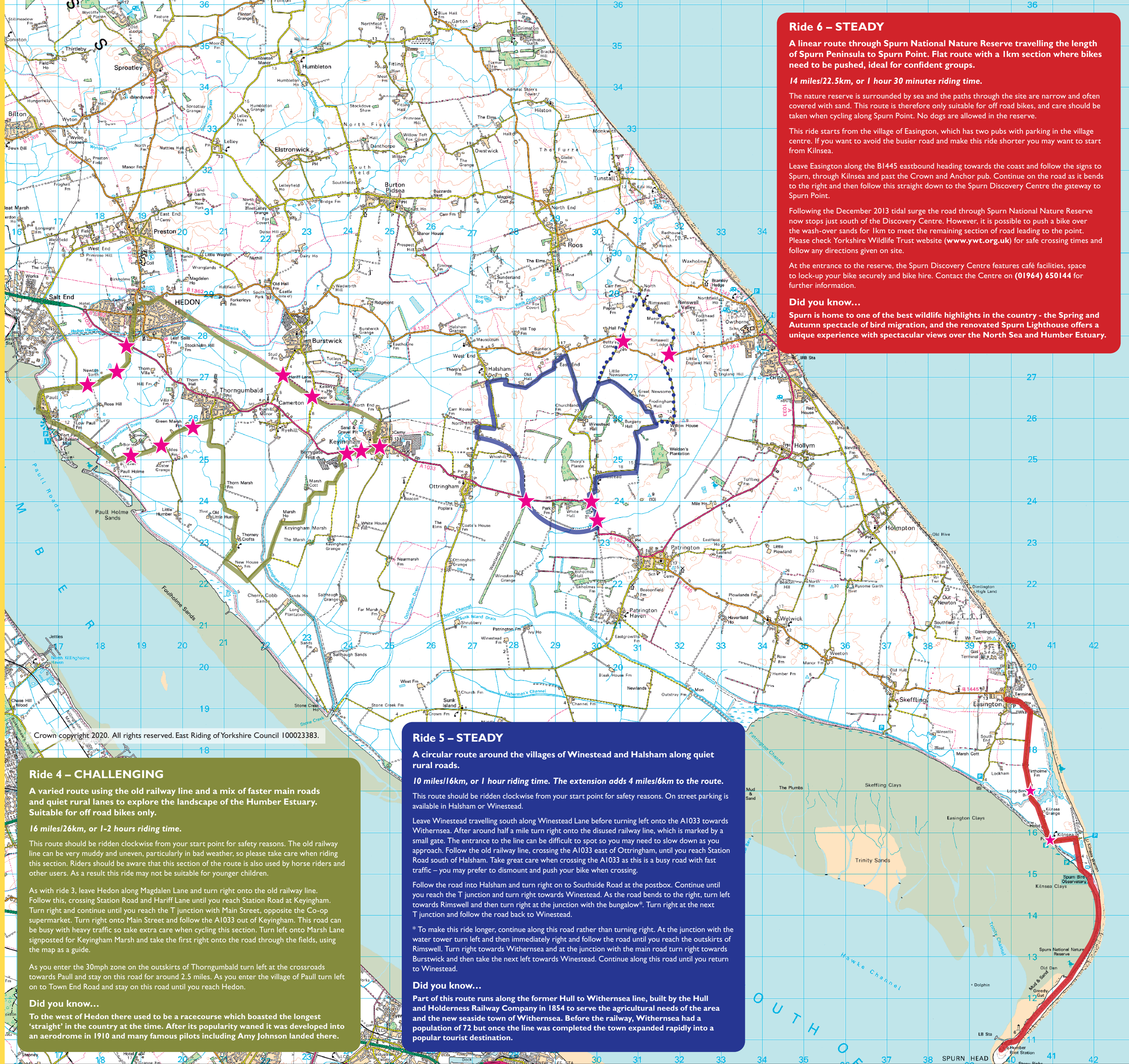
Paull Holme Strays lies alongside the mighty Humber Estuary offering spectacular views across the South Holderness landscape including local historical features. Managed by the Yorkshire Wildlife Trust and the Environment Agency this nature reserve is at its most spectacular to visit during the winter months. Thousands of wintering waders use the site to feed and roost and this large gathering entices predators including peregrine and merlin. Time your visit a couple of hours before a large incoming tide and the wader spectacle can be simply stunning.



The summer is a quieter time for the site but still produces some great wildlife encounters. Water voles are present in the freshwater habitats along with a variety of dragon and damselflies, including common darter, broad-bodied and four-spotted chasers, migrant hawk and small red-eyed damselfly. The song of skylark is ever present along with little egret feeding on the fringes and the striking yellow wagtail along the banks.

Paull Holme Strays was the first major managed realignment scheme on the River Humber and was breached by the Environment Agency in 2003. The site provides approximately 80 ha of inter-tidal habitat to compensate for the loss of saltmarsh and mudflats in the area, and is fronted by the extensive Paull Holme Sands.

For information about how to get to the site, access restrictions and opening times visit: www.ywt.org.uk/nature-reserves/paull-holme-strays-nature-reserve



Ride 6 – STEADY

A linear route through Spurn National Nature Reserve travelling the length of Spurn Peninsula to Spurn Point. Flat route with a 1km section where bikes need to be pushed, ideal for confident groups.

14 miles/22.5km, or 1 hour 30 minutes riding time.

The nature reserve is surrounded by sea and the paths through the site are narrow and often covered with sand. This route is therefore only suitable for off road bikes, and care should be taken when cycling along Spurn Point. No dogs are allowed in the reserve.

This ride starts from the village of Easington, which has two pubs with parking in the village centre. If you want to avoid the busier road and make this ride shorter you may want to start from Kilnsea.

Leave Easington along the B1445 eastbound heading towards the coast and follow the signs to Spurn, through Kilnsea and past the Crown and Anchor pub. Continue on the road as it bends to the right and then follow this straight down to the Spurn Discovery Centre the gateway to Spurn Point.

Following the December 2013 tidal surge the road through Spurn National Nature Reserve now stops just south of the Discovery Centre. However, it is possible to push a bike over the wash-over sands for 1km to meet the remaining section of road leading to the point. Please check Yorkshire Wildlife Trust website (www.ywt.org.uk) for safe crossing times and follow any directions given on site.

At the entrance to the reserve, the Spurn Discovery Centre features café facilities, space to lock-up your bike securely and bike hire. Contact the Centre on (01964) 650144 for further information.

Did you know...

Spurn is home to one of the best wildlife highlights in the country - the Spring and Autumn spectacle of bird migration, and the renovated Spurn Lighthouse offers a unique experience with spectacular views over the North Sea and Humber Estuary.

Ride 5 – STEADY

A circular route around the villages of Winestead and Halsham along quiet rural roads.

10 miles/16km, or 1 hour riding time. The extension adds 4 miles/6km to the route.

This route should be ridden clockwise from your start point for safety reasons. On street parking is available in Halsham or Winestead.

Leave Winestead travelling south along Winestead Lane before turning left onto the A1033 towards Withernsea. After around half a mile turn right onto the disused railway line, which is marked by a small gate. The entrance to the line can be difficult to spot so you may need to slow down as you approach. Follow the old railway line, crossing the A1033 east of Ottringham, until you reach Station Road south of Halsham. Take great care when crossing the A1033 as this is a busy road with fast traffic – you may prefer to dismount and push your bike when crossing.

Follow the road into Halsham and turn right on to Southside Road at the postbox. Continue until you reach the T junction and turn right towards Winestead. As the road bends to the right, turn left towards Rimsell and then turn right at the junction with the bungalow*. Turn right at the next T junction and follow the road back to Winestead.

* To make this ride longer, continue along this road rather than turning right. At the junction with the water tower turn left and then immediately right and follow the road until you reach the outskirts of Rimsell. Turn right towards Withernsea and at the junction with the main road turn right towards Burstwick and then take the next left towards Winestead. Continue along this road until you return to Winestead.

Did you know...

Part of this route runs along the former Hull to Withernsea line, built by the Hull and Holderness Railway Company in 1854 to serve the agricultural needs of the area and the new seaside town of Withernsea. Before the railway, Withernsea had a population of 72 but once the line was completed the town expanded rapidly into a popular tourist destination.

Ride 4 – CHALLENGING

A varied route using the old railway line and a mix of faster main roads and quiet rural lanes to explore the landscape of the Humber Estuary. Suitable for off road bikes only.

16 miles/26km, or 1-2 hours riding time.

This route should be ridden clockwise from your start point for safety reasons. The old railway line can be very muddy and uneven, particularly in bad weather, so please take care when riding this section. Riders should be aware that this section of the route is also used by horse riders and other users. As a result this ride may not be suitable for younger children.

As with ride 3, leave Hedon along Magdalen Lane and turn right onto the old railway line. Follow this, crossing Station Road and Hariff Lane until you reach Station Road at Keyingham. Turn right and continue until you reach the T junction with Main Street, opposite the Co-op supermarket. Turn right onto Main Street and follow the A1033 out of Keyingham. This road can be busy with heavy traffic so take extra care when cycling this section. Turn left onto Marsh Lane signposted for Keyingham Marsh and take the first right onto the road through the fields, using the map as a guide.

As you enter the 30mph zone on the outskirts of Thorngumbald turn left at the crossroads towards Paull and stay on this road for around 2.5 miles. As you enter the village of Paull turn left on to Town End Road and stay on this road until you reach Hedon.

Did you know...

To the west of Hedon there used to be a racecourse which boasted the longest 'straight' in the country at the time. After its popularity waned it was developed into an aerodrome in 1910 and many famous pilots including Amy Johnson landed there.