

# Bridlington in One Day: Your Perfect Day Out on the Yorkshire Coast

## **10:00 AM** – Arrive & Stroll the Promenade

Begin your day with a gentle walk along Bridlington's South Promenade, taking in the sea air and beautiful coastal views. Benches line the route for easy rest stops and photo opportunities.



## **11:00 AM** – Morning Coffee at Spa Café

Enjoy coffee and a light snack at the Bridlington Spa Café, with its panoramic sea views and relaxed atmosphere. A perfect spot to settle in and soak up the coast. (Monday - Saturday 9am - 4pm - Sunday 10am - 4pm)

Optional: Take the land train for a leisurely ride along the seafront and on to Sewerby Hall & Gardens

## **11:45 AM** – Visit Sewerby Hall & Gardens

Just a few miles from the seafront head to the stunning Sewerby Hall and Gardens. Explore the historic house, stroll the award-winning gardens, and visit the small zoo. The estate is largely accessible and offers quiet, scenic surroundings.



## **1:15 PM** – Lunch at The Clock Tower Café (Sewerby Hall)

Dine at the on-site Clock Tower Café, serving fresh, seasonal lunches in a peaceful garden setting.

Alternatively, return to Bridlington town for a sit-down meal at one of the seafront pubs or bistros.

## **2:30 PM** – Gentle Shopping in Old Town

Explore Bridlington Old Town, a hidden gem with quaint shops, tearooms, and a slower pace. It's perfect for browsing antiques, books, or handmade crafts, all while enjoying the historic Georgian streets.

## **3:30 PM** – Visit Bridlington Priory

Step into centuries of history at Bridlington Priory, a peaceful, atmospheric church just a short distance from Old Town. Guided tours are sometimes available, and there are lovely grounds for a reflective stroll.

## **4:15 PM** – Afternoon Tea or Cake

Before heading home, relax with a cream tea or slice of cake at The Georgian Rooms, Rags Hotel, or a local tearoom near the harbour.

