

# OUTDOOR ADVENTURES

We've mapped out some must-sees to help you plan your next outdoor adventure along the Heritage Trail.

# **DAY ONE** (Middlebury and Bristol)

Start your day's adventure in Middlebury with a mango smoothie at the **Legendary Grind** (108 S Main). Bigger appetites, and those who may need to carb load, might opt for the biscuits & gravy at the **Village Inn** (107 S Main). Both will fuel the 12-mile trek that connects Middlebury to Shipshewana on the **Pumpkinvine Nature Trail** (Pumpkinvine.org). Bike or hike the paved path that skirts Amish farms, dense canopies of trees and wetlands. Should you choose to bike, you can bring your own set of wheels or rent from **Pumpkinvine Cyclery**. Access the trail at **Krider Garden** (302 W Bristol). The shaded setting is a great place to park or picnic (and features statuary once displayed at the Chicago 1933 World's Fair).



From Middlebury, head over to **Bonneyville Mill Park** near Bristol (53373 County Road 131), it lies astride the **Quaker Trace Trail** and is home to one of Indiana's oldest water-powered mills. It's laced with hiking trails and woodlands and kids love the mountain bike trail. Be sure to catch the "daily grind" demo hosted by miller John Jenney while the massive grist stones vibrate under your feet.

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## DAY ONE (cont.)

Power your way to "Shipshe" where actives love the selection of outdoor gear at Head Over Heels at the **Davis Mercantile** (Corner of Main & Harrison) and **Troyer's Saddlery** (280 N Village) for equestrian supplies and riding apparel.

After an active day outdoors, you've earned a meal filled with Amish country favorites including chicken, noodles and all the fixins at **Das Dutchman Essenhaus** (240 US 20). Nobody passes on the pie – there are 30 varieties to choose from.



## **DAY TWO** (Bristol and Goshen)



The town of Bristol beckons boaters and anglers to the St. Joe River. Relax and canoe the broad, flat water of the scenic river. Kayakers also enjoy the smooth stretches of the river which has even been used for Olympic training.

You can rent your ride from **Aqua Bound Canoe & Kayak Rental** (574.295.5055) or test paddle and buy from one of hundreds on display at Fluid Fun (609 Division). If traveling with your own gear, you can park and launch at Congdon & Hermance Parks

(Bristol) or the Six Span Bridge (CR 17, Elkhart).

The St. Joe offers endless options for fishing and wildlife watching. You might see a blue heron or bald eagle; minks and muskrats have been spotted on shore. If angling, smallmouth bass and northern pike are plentiful. Locals love paddling on misty spring mornings; fall lends a vibrant backdrop to stately riverfront homes.

Ready for a lunch break? Eat authentic at Chicago's Downtown Eatery (218 E. Vistula St.) with a taste of the "Windy City's" famous hot dogs or pack their "Kitchen Sink" pizza to go for a picnic at **Congdon Park** (200 N Division). If you're interested in a slightly more upscale afternoon break, savor the flavors of a Victorian tea set, with buttery scones, lemon curd and Devonshire cream at the Murphy Guest House Tea Room (112 S Division).

After a day on the river, head to the city of Goshen, Americana with a twist. A casual walk down Main Street will lead you to an abundance of eclectic shops. Wooldruff's Footwear (129 S Main) offers classic styles with traditional service, art finds from around the world at Found (208 S Main), and handmade and fair trade at Ten Thousand Villages (206 S Main). Stroll down to Goshen Brewing Co. (315 W Washington). From here you can walk the Millrace Trail and return for an ice-cold ale fresh from the taps. Discover the "life-changing" authentic Italian wood-fired pizza at **Venturi** (123 E Lincoln). Just looking for a little diner? Try the chili at the **South Side Soda Shop** featured in the Food Channel's Diners, Drive-ins and Dives (1122 S Main).

After dinner, night owls will enjoy a night-on-the-town at **Ignition Music** (120 E Washington), where live performances spin an urban edge.









# 2017 Festivals & Events

#### JANUARY - DECEMBER Goshen First Fridays, Goshen

Every month has a different theme - and all pack Goshen's Main Street with music, retail and restaurant specials with family-friendly fun. CityOnTheGo.org

## 2<sup>ND</sup> WEDNESDAY FEBRUARY - NOVEMBER ArtWalk Wednesdays, Elkhart

Celebrate the visual and performing arts with "pop-up" galleries, staged entertainment, street happenings and plenty of hands-on fun for kids. Dining specials, extended museum hours. ElkhartArtWalk.com

#### JUNE 17 Pumpkinvine Bike Ride, Goshen

12 – 101 mile family-friendly routes along the Pumpkinvine Trail. Bike ride begins in Goshen at Elkhart County 4-H Fairgrounds. Pre-registration required. Pumpkinvine.org

#### JUNE 23 - 25 Elkhart Jazz Festival, Elkhart

Jazz lovers converge at the magnificently restored Lerner Theatre and other downtown venues for this weekend-long celebration packed with indoor & outdoor dining and entertainment. ElkhartJazzFestival.com

## AUGUST 3-6 54th Annual Amish Acres Arts & Crafts Festival, Nappanee

300 juried artists and crafters from across the country display and sell their wares. Tours, boat rides, entertainment and regional food favorites round out the festivities. AmishAcres.com

## SEPTEMBER 15 & 16 Middlebury Fall Festival, Middlebury MiddleburyFestivals.com

### **OCTOBER 21 & 22** Gathering at Five Medals: A Living History **Experience, New Paris**

Time travel to the 19th century via life-like re-enactments at River Preserve County Park in New Paris. ElkhartCountyParks.org

#### **NOVEMBER 25 - DECEMBER 30** Ruthmere Holiday Décor Tours, Elkhart

See the beautiful Beaux Arts mansion decorated for the holidays. Ruthmere.org

Visit HTadventues.com/events for a complete listing of festivals and events

## **DAY 3** (Elkhart)

Between Goshen and Elkhart check out Ox Bow County Park (23427 County Road 45). With woods and prairie nestling together, it's a great place for walking trails, spending time with family and enjoying nature.

Wake up to a cheddar and chorizo breakfast wrap at **b on the River** (333 NIBCO Parkway), then walk or ride to the water-themed Wellfield Botanic Gardens (1011 S Main), popular for its whimsical sculptures and water features. Wellfield marks the north entrance to the **Gateway** 

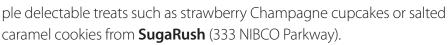


Mile. This walkable stretch leads to the opulent Ruthmere Mansion (302 E Beardsley), the park-lined **RiverWalk** connecting the **Garden** and **A&E districts** where you'll find the historic **Lerner Theatre** (410 S Main); a 1920s-era movie house turned performing arts complex.

Favorite walks (or runs) start at Island Park (where the Elkhart and St. Joe Rivers meet), pass the **NIBCO Water and Ice Park** (303 NIBCO Parkway) and conclude at **Central Park** (corner of Main & High streets).

Don't want to go it alone? Take a short walking tour with a local guide. Explore on foot the quirky back-stories of downtown Elkhart as an experienced local guide leads you to the landmarks and shares amazing stories of rivalry, bravery and intrigue.

Wrap up the day with a great bottle of wine and dinner at **The Vine** (214 S Main). Enjoy al fresco fare in a casual setting at McCarthy's on theRiverWalk (333 NIBCO Parkway). After three days of adventure and exercise, you've earned a treat. Sam-



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