

# Tastings along the Heritage Trail

HOSTED BY REGIONAL TV PERSONALITY GAIL MARTIN



**Gail Martin is a local celebrity who hosts one of the most popular and longest running locally-produced shows, *Dinner and a Book*, on PBS station WNIT. Gail is a pillar of the community who has dedicated her life to educating, enlightening and building connections in the Elkhart area.**

## **Kitchen Kapers at Havilah Beardsley House.**

Tour the amazing 19th century Victorian house and learn about the food prepared for the founder of Elkhart, Havilah Beardsley, and his family in the 1800s. Taste one of the most cherished desserts of the time, Syllabub, served at all the finest dinner parties including the first ladies, Martha Washington, and Havilah's wife, Rachel Beardsley. Gail will prep and serve the dessert and fill in historical details of cooking in an 1800s kitchen. **Tour is \$275 if less than 30 ppl or \$375 if more than 30 PLUS \$12pp incl for presenter/materials & tastings.**

## **Edible Quilts.**

View one of the glorious Quilt Gardens along the Heritage Trail at Wellfield Botanic Gardens in Elkhart with Gail and Wellfield's executive director, Eric Garton. Gail and Eric will create a delicious meal based on the colors and flowers in the garden as well as the history of the quilt pattern that the Quilt Garden is based on. Together, they will discuss the history of the quilt pattern as they prepare delicious samples of foods appropriate to that time period. **\$8pp for the venue PLUS \$12pp incl for presenter/materials & tastings.**

## **Edible Art.**

Enjoy a lively discussion of a work of art at the Midwest Museum of American Art that lends itself to a meal created by Gail and museum Director/Curator Brian Byrn. Together, you'll study one of famed American artist Grant Wood's greatest pieces of art as your hosts create a menu theme for tasting that reflects the history of the piece. Part of the charm of the experience will be the preparation of food and tasting in a museum. Extraordinary! **\$8pp for museum PLUS \$12pp incl for presenter/materials & tastings.**

## **Dinner and a Book: An In Studio TV Show Production Experience.**

Experience first-hand the most watched local TV show on the PBS station WNIT, *Dinner and a Book*. Get a behind-the-scenes look at how shows are produced and taped in the studio at WNIT. Experience a taping which will feature a discussion of a great book between Gail, producer/host, and one of her favorite guests. Entering its 17th season of good food, good books and good friends, the *Dinner and a Book* taping will be followed by a Q & A ... and maybe a sampling of the day's menu. **\$12pp incl.**

## **The Art of Hygge: What is it?**

Ever wonder what makes Scandinavian people so happy and stress-free? Hygge – a Norwegian term meaning “well-being” – is the Scandinavian art of creating intimacy, well-being and cozy togetherness through atmosphere and experience. Gail will focus on creating well-being through lifestyle, food décor, atmosphere and even clothing. You will sample a simple tasty dish that will warm and comfort you. Let's get cozy together! **\$12pp incl total includes presenter, supplies & tastings. \$300 for venue.**

**FOR MORE INFO: Contact Sonya Nash, CTIS, CTP | [sonya@amishcountry.org](mailto:sonya@amishcountry.org)  
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