

SANDHILLS FARMERS MARKET

(HERITAGE)



DISCOVERING

SPRING LAKE

- NC -



TRY STOPPING IN **SPRING LAKE**

- NC -

For more than 25 years, Sandhills Family Heritage Association founder Ammie Jenkins gathered information about the history and heritage of African-Americans in the Sandhills region before she created the SFHA. Buy fresh produce, flowers and herbs at the Sandhills Farmers' Market on Chapel Hill Road. Learn about old home remedies that you can still use – turpentine, poke salad and pine top tea.

OPEN

June – September : 9:00AM - 2:00PM

CLOSED

October – May

MORE INFO

Admission : Free

- The Sandhills Sankofa Festival, a biennial annual celebration of rural African American culture and heritage — takes place in May

Address :

230 Chapel Hill Rd.
Spring Lake, NC 28930

Website :

www.sandhillsfamilyheritage.weebly.com

Contact our tourism sales manager to start planning your stop to one of the communities of Cumberland County, NC.

800-255-8217

**WHEN YOU SUPPORT SFHA YOU
HELP PRESERVE AFRICAN
AMERICAN HISTORY AND
HERITAGE IN NC.**

**SANDHILLS FARMERS
MARKET**

