Positioned along the ridges between Seneca and Cayuga Lakes, the Finger Lakes National Forest offers scenic beauty and various hiking opportunities. The Finger Lakes National Forest is New York State’s only national forest. Set along the scenic ridges between Cayuga and Seneca Lakes, it offers unlimited recreational opportunities and wildlife. The Forest encompasses 16,118 acres and over 30 miles of interconnecting trails that traverse gorges, ravines, pastures, and woodlands.

GPS Coordinates 42° 48.4752’ -76° 87.0241’

Distance .75 to 12 miles

Difficulty ★ ★ ★