

## **Distance** .3 to 7 miles Difficulty \*

Everyone should be able to enjoy nature trails and that is why Spencer Crest Nature Center partnered with AIM to create a trail that is accessible to everyone, including people who use wheel chairs. The Sensitivity Trail is .3 mile long near the nature center building. You will see a variety of plants, birds and other wildlife if you are lucky along this wooden path. For a longer hike, follow the Hemlock Trail to the Overlook Trail and circle back along College Way, Maples and High Meadow to pass both ponds and some amazing views. Trails and programs are available year round and Spencer Crest trails are pet friendly too.





