## Sterling Park & Nature Center Trails Sterling, NY

**Distance** 16 miles Difficulty \*

This unique park features glacially formed bluffs, with scenic vistas of Lake Ontario. The trails wind through a varied terrain of wetlands, vernal ponds, woodland, creeks and meadows, home to diverse species of wildlife and plants. This diversity of land and species offers numerous opportunities for education and recreation. The Park features Sterling Nature Center, guided naturalists walks, self-guided nature trails, nearly two miles of natural shoreline, and scenic bluffs overlooking Lake Ontario. A year round series of special events also take place at Sterling Park and Nature Center.





