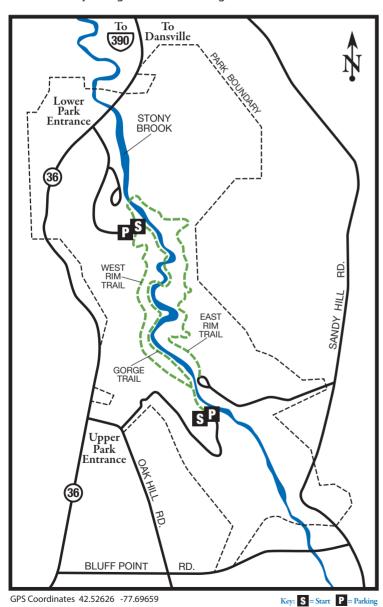
Stony Brook Gorge and Rim Trails Dansville, NY

Seneca Indians were the first to enjoy Stony Brook for fishing and hunting. Today visitors discover hilly woodlands, a deep gorge with rugged cliffs overlooking three waterfalls and interesting rock formations. Three trails connect the Lower Park and the Upper Park. Trails are steep in places, with built-in stone steps. Three miles of hiking trails are available for cross-country skiing and snowshoeing in the winter.



Distance 1 - 3.25 miles Difficulty *





Blueberry Hill Farm, Hornell E.H. Lain Cider Mill, Canisteo

Stony Brook State Park Snack Bar Jenkins Farm Market & Deli, Dansville

Poag's Hole Hill Climb, third Sunday of August



Gorge Trail (1 mile) follows Stony Brook, passing 3 major waterfalls. The trail begins next to the snack bar by the swimming area in the Lower Park and it joins the West Rim Trail as it emerges from the gorge on the way to the Upper Park.

West Rim Trail (1 mile) begins at the base of the hill between the parking lot and the swimming area in the Lower Park. The trail ends at the parking lot by the bath house in the Upper Park.

East Rim Trail (1.25 miles) begins by crossing Stony Brook on a bridge below the swimming area in the Lower Park and ends after crossing another bridge below the bath house in the Upper Park.