

Brave Women FLX



Autumn

ITINERARY

As the weather cools down and the air refreshes with the change of the season, an experience filled with culture, nourishment and exploration awaits you in the Finger Lakes. Rest your head, delight your taste buds, and become fascinated with the legacies created by the trailblazers who paved the way for growth and change.

DAY ONE

Her Voice Carries Mural - Rochester, NY

Visit the mural at 548 West Main Street that's dedicated to Trelawney McCoy – a strong mother committed to the belief that every child deserves love, and who has dedicated her life to this mission, both within her own home and her work. The mural is part of Her Voice Carries, a public art project featuring women who are lifting up the voices of others.



Mount Hope Cemetery - Rochester, NY

Explore Mount Hope Cemetery, home to historic headstones and the final resting place of iconic American heroes, such as Susan B. Anthony and Frederick Douglass.

Many visitors come to Mount Hope each year to visit the graves of notable individuals interred here, attend events, participate in guided tours conducted by the Friends of Mount Hope Cemetery, take photographs of the grounds, bird watch, or simply enjoy the natural landscape and relax.

The National Susan B. Anthony Museum & House - Rochester, NY

Continue your exploration with a visit to The National Susan B. Anthony Museum & House, home of one of the world's greatest revolutionaries. The building itself is steeped in history, as it was the site of Susan B. Anthony's famous arrest for voting in 1872 and would become the headquarters of the National American Women Suffrage Association when she was its president. Tour the property and delve further into Susan B. Anthony's story and life's work for reforms including suffrage, temperance, and abolition.



Schoen Place – Pittsford, NY

Stop for lunch and take in the beautiful fall foliage along the Erie Canal. Schoen Place is a canal landing and shopping area located on a portion of the historic Erie Canal. It is home to several restaurants, a variety of retail stores, and other local businesses. You will love the seasonal menu at the woman-owned restaurant Simply Crêpes, or pick from several other options nearby. Grab a beer or a glass of wine at Lock 32 Brewing Company, and visit the woman-owned and operated liquor store, Pittsford Wine & Spirits, for something to take with you.

Sam Patch – Pittsford, NY

After lunch, get on the water aboard The Sam Patch. This replica canal packet boat will give you a signature canal experience – navigating the Erie Canal, one of America’s most famous historic routes. Learn thrilling facts and anecdotes that illustrate the importance of this Eighth Wonder of the World. Travel through a century-old canal lock and take in the captivating beauty of the canal and the breathtaking colors of the season.



Seneca Lake State Park – Geneva, NY

Now that you’ve been on the water, go for a hike or a walk alongside it. Take in the Autumn scenery along Seneca Lake at Seneca Lake State Park and enjoy the sparkles of the water against the brilliant colors of the season. It’s an excellent way to find your own moment of peace and serenity.

Kindred Fare – Geneva, NY

Venture over to Kindred Fare for a delicious farm-to-table meal. Have dinner at this woman-owned restaurant and enjoy delectable selections of flavorful dishes that run the gamut: comfort food, lighter fare, burgers and sandwiches, charcuterie boards, salads, shareable plates, and more! A three-course prix fixe classic dinner menu is available, with an option to pair with wine. Reservations are highly recommended, so you know this local eatery is a hit!

Overnight Stay

Settle in for a restful night’s sleep at one of the many accommodations at your fingertips. Whether you want to feel the cozy fall vibes at a bed and breakfast, rack up points at your favorite hotel chain, or try out a unique Finger Lakes’ property, you have plenty of choices. Options in Geneva include Belhurst Castle, Fairfield by Marriott, Geneva on the Lake, Hampton Inn and Holiday Inn Express.



DAY TWO

Start your day with a delicious breakfast at your accommodation or local fave, Bagels and Cakes, which offers a combination of traditional kettle boiled bagels and signature sandwiches. If you want to indulge in the tastes of the season, Captain's Café is the place for you. This family-owned and operated gem gives you plenty of traditional plates and fall favorites to choose from, including pumpkin rolls, pumpkin French toast, and carrot cake.

Sonnenberg Gardens & Mansion State Historic Park – Canandaigua, NY

Sonnenberg is the former summer home and creation of Frederick Ferris and his wife, Mary Clark Thompson, daughter of a New York State governor. After Mr. Thompson's passing, Mary began re-designing, renovating, and building the diverse gardens surrounding the mansion as a living memorial to her husband – a creation that spanned 17 years, starting in 1902. Find the tranquility you seek as you walk through their gardens during your seasonal escape at this New York State Historic Park.



Star Cider – Canandaigua, NY

Wet your whistle and satisfy your appetite at Star Cider. This woman-owned establishment offers the perfect setting to enjoy a relaxing afternoon. From their regular ciders to unique seasonal ciders, you will want to check out their tasting room for amazing seasonal releases. If wine or cocktails are your preference, no worries – there's plenty to choose from! While you're there, you can enjoy delicious Mexican street food from Neno's, their on-premises restaurant.

Explore Canandaigua

Take some free time to explore the city affectionately called “The Jewel of the Finger Lakes.” See the Ontario County Courthouse where Susan B. Anthony was tried on the charge of voting illegally. Stop by the Seneca Family Statue, which depicts a family from the Seneca nation — father, mother, son and daughter, a tribute to the Haudenosaunee (hoe-dee-no-SHOW-nee), who first inhabited this region. Explore locally owned shops, galleries, and restaurants, and before heading home, pick a spot outside and near Canandaigua Lake to find one more moment of calm and peace of mind.

