

Brave Women FLX Indulge

ITINERARY

If you're looking for a rich experience in every way, you've found your little slice of heaven. Local history, gourmet restaurants, craft breweries, decadent bakeries, and boutique shopping—the options for indulging are endless. Luxurious hotels and spas offering world-class accommodations and services.

DAY ONE

Memorial Art Gallery - Rochester, NY

Start your day indulging on a journey through more than 5,000 years of art history. The 14-acre campus offers a panorama of the world's art. Founded in 1913, the MAG has played a central role in Rochester's cultural life for more than a century. It is the focal point of fine arts activity in the region. Walk through the latest exhibits and experience the civic art museum of Rochester, NY.



Salena's Mexican Restaurant - Rochester, NY

Indulge in warm and delicious Mexican and Mexican-inspired cuisine. Your lunch will consist of fresh ingredients and recipes made from scratch. This woman-owned restaurant is committed to enhancing the local community and practicing sustainability.

Powder Mills Park - Pittsford, NY

Indulge in the beauty of nature at this 380-acre park that offers a unique natural setting with steep hillsides, and a variety of recreational activities including downhill skiing, cross-country skiing and snowshoeing. Experience the fresh air and beautiful scenery as you move about the park.

Eastview Mall - Victor, NY

Step into a higher form of shopping! When you want to indulge in upscale fashion, this is the place for you! You will find your major department stores as well as many more unique boutiques and shops. Shoppers can enjoy a bite to eat in the food court which features nearly a dozen restaurants as well as sit-down dining options around the mall.



NYBP Victor Beer Hall - Victor, NY

Across from the mall, unwind and indulge on good food, good beer and good times in this beautiful beer hall. Step inside and be pleasantly surprised by its soaring 45-foot ceilings, complete with two Chestnut trees that once graced every beer garden in Germany. Feast on food and flights – not only of craft beer, but also martini, margarita, bourbon and wine flights!

The Lake House - Canandaigua, NY

Live a life of indulgence as you settle in with your Lake House experience. Each room is designed to anticipate every comfort while capturing the spirit of a much-loved generational family retreat. Enjoy the warm and inviting library, the open and spacious lobby and postcard-worthy views of the lake and surrounding grounds. You will enjoy the modern amenities including spacious Waterworks rain showers, impossibly soft linens, and herbal bath.



DAY TWO

Rose Tavern & Willowbrook Spa - The Lake House

Start your day with a delicious breakfast at the Rose Tavern, located right on the property. A New American restaurant serving a rustic, seasonal menu. Centered around a wood fired hearth, Rose Tavern focuses on using local ingredients and classic cooking techniques.

Get ready to really begin indulging as you step into the Willowbrook Spa. Located on the property. Experience a Creekside sauna, massage, body treatment or skin care application, whether you need revitalization or deep relaxation you are in for a holistic experience that will guide you on your own personal journey.

Young Lion Brewing - Canandaigua, NY

Wet your whistle at this woman owned brewery that is one of the largest NYS craft brewers. Located on the shores of Canandaigua Lake, Young Lion Brewing offers picturesque lake views as well as their brewing space, in addition to smooth, specialty craft beers. Not only will you find Young Lion's brews on tap, but you can indulge in beers from other local brewers that are also available.

Dining/Shopping/Culture all in Downtown Canandaigua - Canandaigua, NY

Stroll through downtown Canandaigua, for an indulgent well-rounded experience. You will find savory fare and one-of-a-kind products, clothing, jewelry, and gifts. Your love for the arts will be satisfied with several art galleries waiting to welcome you. There are lots of options including many women owned businesses:



- **Blue Door Boutique** - “Blue Door” style is classic, romantic, timeless, and easy to wear for all ages and sizes. Styles range from comfy cozy outfits to special occasion pieces.
- **Simply Crepes** - Sit by the fire while indulging in a delightful meal. Featured on Food Network's "Best Thing I Ever Ate" you'll enjoy this casual restaurant, offering a progressively traditional French country house experience, with scratch-made recipes.
- **F. Olivers** - Explore new flavors and new ways to cook with exceptional extra virgin olive oils, aged balsamic vinegar, and freshly ground spices.
- **Sweet Expressions** - Specializing in fine chocolates and gourmet gift baskets, enjoy the quaint surroundings as you indulge in delicious chocolate in every variety, many of which are made daily right in the store.
- **Pat Rini Rohrer Gallery** - The rotating collections of fine art are by local, regional, and nationally acclaimed artists. Photography, ceramics, sculpture, jewelry, original hand pulled prints and paintings are abound in this unique gallery. You can even take a class! Students of all ability levels learn painting, drawing, pastels, multi-media, and many other disciplines.

Ravine’s Wine Cellars – Geneva, NY

Take a drive into Geneva, NY, where you'll find Ravines Wine Cellars. This converted 100-year-old barn is located off the beaten path, but their dry, European-style Rieslings and other vinifera wines make it a worthwhile stop. The artisanal winery is the passion a European Winemaker/Oenologist and his Chef wife, and their on-site Ravinous Kitchen harmoniously couples wine and food. Order small plates off their seasonal tastes menu for sharing (only if you want!) and pairing.

Kindred Fare – Geneva, NY

"To share is to love" is the philosophy behind Kindred Fare. Designed with warmth in every detail, this woman-owned and operated restaurant invites you to come as you are and relax. They believe the best memories are created around the table, so indulge in their farm to table menu featuring their own recipes that change with the season and highlight local produce.

