

LAUDERHILL

LAUDERDALE LAKES

TAMARAC

NORTH LAUDERDALE

explore

GREATER FORT LAUDERDALE



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WELCOME TO

Lauderhill, Lauderdale Lakes, Tamarac and North Lauderdale

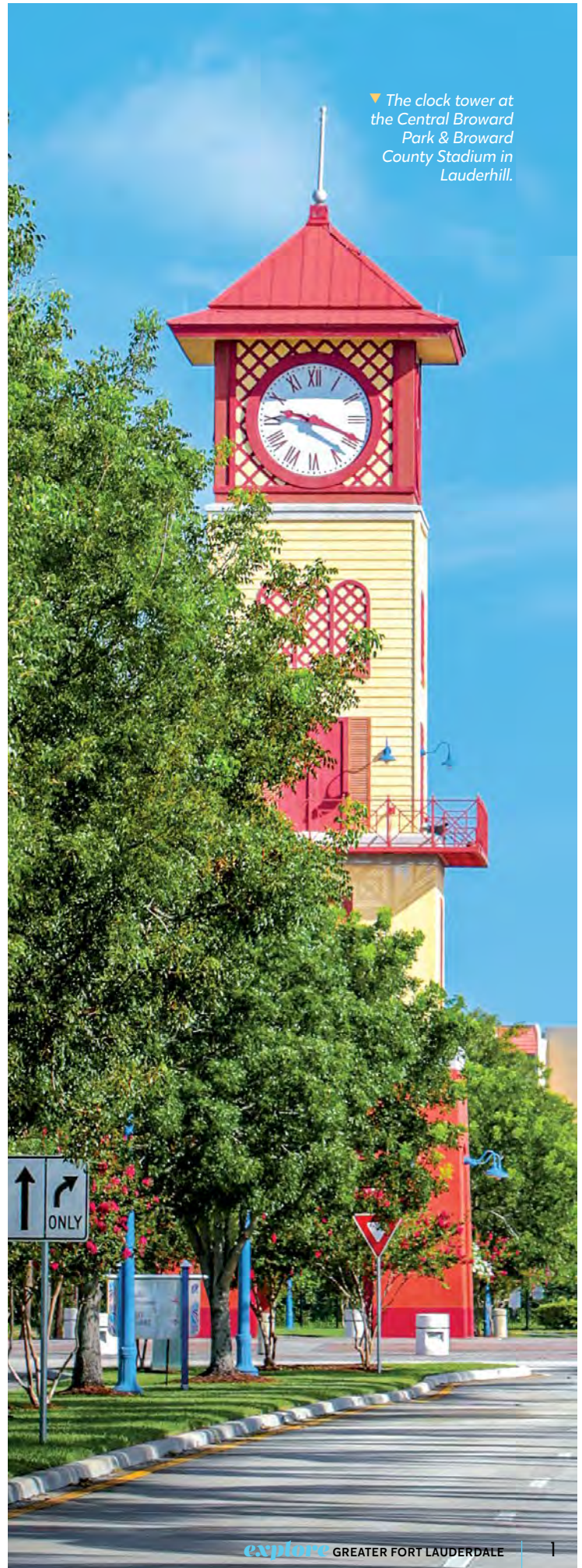
Poised between iconic beaches to the east and the Florida Everglades to the west are the central cities of Lauderhill, Lauderdale Lakes, Tamarac and North Lauderdale.

Together, they comprise a vibrant community that's at the heart of Greater Fort Lauderdale in more ways than one.

Lauderhill has become an entertainment center, with facilities offering a year-round calendar of arts, sports and shopping attractions. Think Broadway shows at the Lauderhill Performing Arts Center, and Caribbean carnival events and international cricket games at Central Broward Park & Broward County Stadium. Next door is Lauderdale Lakes. Though small in size, the city enjoys a big cultural footprint. Its diverse population celebrates multicultural unity through festivals and concerts like the signature Unifest, and must-visit restaurants for globally inclined foodies. Also boasting a culturally-rich culinary scene, nearby Tamarac fully embraces sportsmanship, particularly in its world-class golf courses. North Lauderdale embraces outdoor-centric living, offering 15 public parks for families to enjoy the sun while fishing, kayaking or biking through the trails.

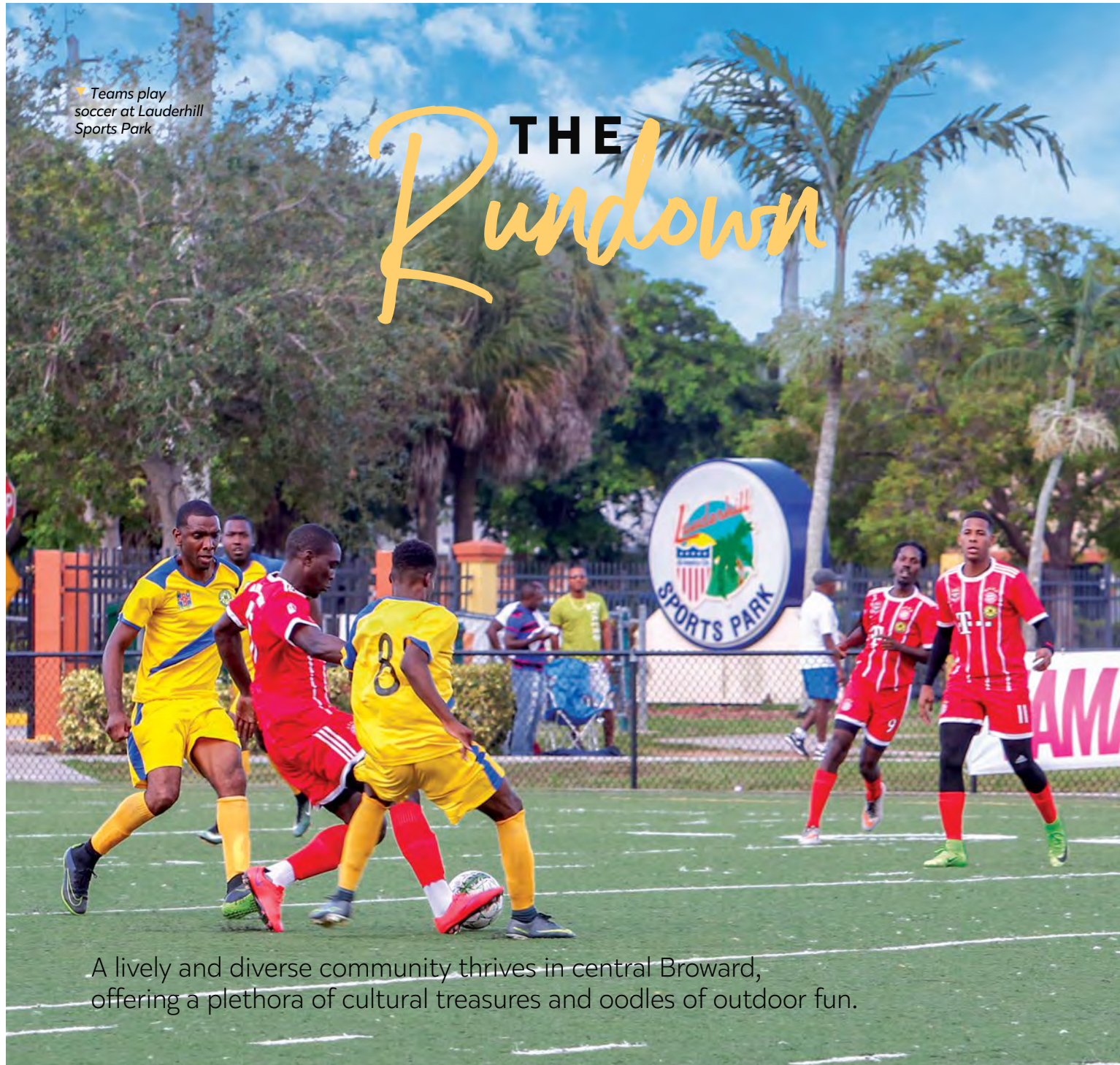
In these pages, we'll explore the people, places and events that make this area truly unexpected. Whether you are a first-time visitor searching for something beyond the beach and wetlands, or a Greater Fort Lauderdale native looking for surprises to change up your daily routine, there's always something new to discover.

▼ The clock tower at the Central Broward Park & Broward County Stadium in Lauderhill.



Teams play soccer at Lauderhill Sports Park

THE Rundown



A lively and diverse community thrives in central Broward, offering a plethora of cultural treasures and oodles of outdoor fun.

LAUDERHILL

▲ Since its early years as dairy farm country, the city of Lauderhill has blossomed into a vibrant, active, multicultural community friendly to retirees and young families. Both find a home in the landmark residential development of Inverrary — once home to legendary comedian Jackie Gleason. The entrance is marked by the now iconic Inverrary Waterfall, a popular spot for wedding photos. Regular city-supported outdoor events keep residents' social calendars full. For local athletics fans, the Lauderhill Sports Park hosts many adult and youth tournaments, and is home to the Lauderhill Lions Men's Soccer Club.

NORTH LAUDERDALE

"The City of Tomorrow," North Lauderdale was planned by famed architect Morris Lapidus, whose legacy lives on in the city's grand Boulevard of Champions. Community spirit is evident in its North Lauderdale days, holiday parade and activities around Hampton Park. Popular events like the annual Halloween haunted forest trail or fireworks spectacular ignite children's imaginations too.



▲ A festival and concert at Vincent Torres Park.

► Skaters fly high at Tamarac Sport Complex.

LAUDERDALE LAKES

▲ As the geographical center of Broward County, the tiny city of Lauderdale Lakes celebrates its place at the heart of Greater Fort Lauderdale. City leadership is made up of an all-Black woman power team. Here, you'll find a culturally diverse community enjoying a robust calendar of festivals at Vincent Torres Memorial Park, families exploring walking trails at Cypress Preserve Conservation Park, or locals with a green thumb growing fresh produce at the Community Garden club.

TAMARAC

► Founded in 1963 by developer Kenneth Behring, Tamarac was envisioned as a playground for snowbird retirees — combining single-family homes with a clubhouse culture of communal activities. Today, though the city has grown much younger and more diverse, Tamarac retains this active lifestyle with a variety of parks and unique athletic facilities. The Caporella Aquatic Center, for example, has an Olympic-size pool and tornado water slide, while the Tamarac Sports Complex enjoys a fun skater scene at the popular skate park.



ESSENTIAL

ATTRACTIONS



Central Broward has seen plenty of change since the city of Lauderhill was first established with a foray into store-bought architectural home designs. Today the area is home to sports attractions, Broadway shows and widely-attended festivals.

LAUDERHILL

CENTRAL BROWARD PARK & BROWARD COUNTY STADIUM

Located in one of Greater Fort Lauderdale's most culturally diverse neighborhoods, Central Broward Park & Broward County Stadium serves Lauderhill and several surrounding cities. It has become known for its music festivals, cultural celebrations, and multi-use athletic facilities.

Its main event space is an expansive, multi-sport arena that is, uniquely, the only International Cricket Council-certified stadium in the United States, and also hosts activities such as football and soccer. A circular grass field is surrounded by a 5,000-seat stadium and large, grassy mounds capable of seating another 15,000.

The park also has expansive green spaces, grills, playgrounds, 1.5 miles of walking trails and basketball, netball and tennis courts. In 2008, a seasonal water park, Tropical Splash, was added to the already impressive list of features.

Leashed dogs are welcome in the park but not the stadium.

➡ **3700 N.W. 11th Place**

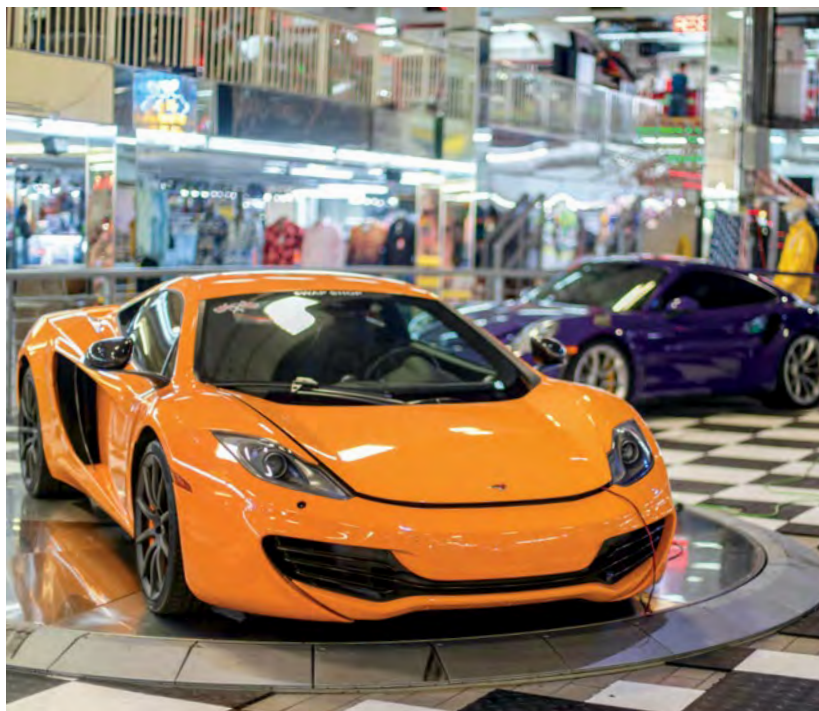
LAUDERHILL PERFORMING ARTS CENTER

► Since opening its doors in 2016, the Lauderhill Performing Arts Center has been on a mission to "serve as a hub for community involvement, engagement and artistic expression" for Lauderhill and neighboring communities.

The energy-efficient building includes an art gallery, meeting spaces, classrooms and reception facilities. Its diverse programming ranges from music, theater, dance, cinema and visual arts to education, conferences and workshops. Its 1,143-seat theatre is equipped with cutting-edge sound and lighting equipment.

In collaboration with Prather Productions, LPAC also created a "Broadway at the LPAC" series, which has featured shows such as "Beauty and the Beast" and "Kinky Boots," continuing its dedication to providing high-quality musical theater in Lauderhill.

► **3800 NW 11th Place | lpacfl.com**



SWAP SHOP

◀ Drive-in theatres, once ubiquitous across the country, have become increasingly rare. But, the Thunderbird Drive-in Theatre has been going strong since 1963 when it opened with just one screen. These days, the Thunderbird boasts 14-screens and has grown to become part of a complex that hosts the largest daily flea market in the world.

The Swap Shop, a 180,000 square foot indoor, air-conditioned shopping and entertainment venue, features more than 2,000 shops, a food court and outdoor farmer's market. Vendors offer everything from vintage collectibles and antique toys to custom printing and fortune telling. The complex also offers carnival-style rides and an exotic car museum.

The Swap Shop is open every day including holidays.

► **3291 W. Sunrise Blvd. | floridaswapshop.com**



TATE'S COMICS AND MORE

▶ Stepping into TATE'S Comics is like peeking back into your childhood. This one-of-a-kind store boasts a massive collection of comic books, collectibles, pop art, rare anime, graphic novels and vintage and modern toys, as well as life-size statues of your favorite superheroes and villains.

TATE'S has seen a number of expansions over the years, including the addition of an upstairs gallery and TATE'S Gaming Satellite, which offers a full selection of gaming merchandise and supplies.

You can easily get lost for hours wandering through all the whimsical displays, waxing nostalgic in the G.I. Joe section, or you could buy a first edition of "The Walking Dead" comic book. The store offers a moment of fantasy to the casual consumer and exposes serious comic book fans to over 500,000 items.

TATE'S also hosts a diverse array of events, including two annual storewide sales, Japanese snack tastings and the Not at Comic-Con event. Also, the upstairs gallery displays a new exhibition every six weeks.

▶ 4566 N. University Drive | Tatescomics.com

TAMARAC VETERANS MEMORIAL

▶ The Tamarac Veterans Memorial lies in the heart of Veterans' Park. Bordering a canal, the park has a boat-launching ramp, boat trailer parking and a picnic area complete with grills and gazebos. Unveiled on Memorial Day 2016, the public art project, created by glass artist Zac Knudson, includes a 13-panel Veterans' Tribute Wall meant to honor residents who have served their country. Currently, there are 1,100 names engraved on the sculpture, but the city has pledged to add more names as more veterans continue to come forward.

As part of the memorial, visitors also have access to local artist Beth Ravitz's sculpture, "In the Spirit of Peace," which is lit at night and can be seen from University Drive.

▶ 7825 Southgate Blvd.



Hit The Links



The cities of Lauderhill and Tamarac are great for getting in a round for golfers at all experience levels.

The City of Lauderhill Golf Course is a standard executive course offering great holes for both seasoned veterans and those who have rarely picked up a club. The course also offers incredible value. You can get in a quick round of nine holes or do a full round of 18 for under \$10. With equally affordable golf cart rentals, you've got a great day at the links ahead.

In nearby Tamarac, Woodmont Country Club offers a perfectly polished golf experience with all the amenities of a country club. The course is top of the line and is host to many of the area's tournaments and golf events. It features challenging elements like sand traps and large

water hazards, as well as facilities such as a large bar and grill, putting and chipping greens for practice shots and lessons with local golf aficionados.

Finally, the Colony West Golf Club, also in Tamarac, is perhaps the most notable course in the area and has been ranked by Golf Digest among the top 50 in the United States. Opened in 1971 for the Jackie Gleason Classic (later renamed the Honda Classic), the club has a long and impressive history. At the time, the course was considered too challenging even for that prestigious event. It was later made more approachable, shortened to a par 70, and now it continues to challenge avid golfers and newbies alike.

Live Like a Local



Peter
MASON
Tamarac

Stats: I'm 55, a lover of sports, restaurants, bars and small

independent businesses. I emigrated from the U.K. to Florida 21 years ago and I love the diversity and culture South Florida offers.

Up to par: Woodmont Country Club and Colony West offer good, affordable golf to unwind, relax and enjoy. The Turkey Trot, an easy 5k run-walk that draws over 2,000 to the City of Tamarac every November, is a must do event on Thanksgiving morning.

Where to chill: Tamarac is affordable, has a great hometown feel, and has some great parks and recreational activities. Bowling, swimming, pickleball, tennis, walking in the parks, cricket and soccer are all here.

Peruvian fare: Saxsay Peruvian Restaurant has delicious options from octopus and shrimp ceviche, and tacu tacu and sauteed beef, to risotto and yellow pepper sauce. It is a small family business engaged with the community and you have a great feeling when you leave that you were somewhere unique.

Bonus share: Within one mile each way from Commercial Boulevard and University Drive you can visit several different Jamaican, Colombian, Indian, Puerto Rican, Haitian and Japanese restaurants.



▲ Geese on the fairway at Woodmont Country Club.



▲ Afternoon sun peaking through the trees at Hampton Pines Park.

T.J.
BROWN
North Lauderdale



Stats: I'm 33, a late philanthropist, and recently I've been creating content by way of visual art.

Photo opps: I love doing photography and working outdoors. Nature, galleries and historic locations make for great photo opportunities and family outings, and there are plenty in North Lauderdale to choose from.

Where to chill: I shoot a lot, but whenever I want to take a break I visit the beach or a park to meditate and refresh while soaking up some of the Florida sun. I like Hampton Pines Park in North Lauderdale.

Plant-based options: I'm vegan, and I like to consider myself a bit of a food snob. My favorite spot is Blue Fish Sushi Thai. It's a great place to simply eat, go on a date, or enjoy a nice family dinner. I normally get the veggie roll tempura and fried rice.



Leslie JOHNSON Lauderhill

Stats: I am 47, married and have two active kids. We love to attend church, travel and spend time with our family. My hobbies are bike riding, health and nutrition, HGTV, following several sports teams and listening to Pastor Tony Evans.

Round the wicket: Having seen thousands of people travel to my home town, which has the only certified cricket stadium in North America, is a blessing to me. The cricket loving community enjoys live sport and the economic impact it brings makes it a win win for all.

Where to chill: In a city with so much diversity, my palate is richly sustained by our many international "mom and pop" restaurants. You can catch me at Joy's Roti, Tataki Asian Bistro and Taco Masala more than I wish to admit.

Caribbean comforts: My favorite restaurant is Joy's Roti Delight. I learned a great deal about reggae, soca and calypso there. Doubles, curry shrimp, pumpkin and roti are my go-to comfort foods. The restaurant is family-owned and they make you feel very welcome.

Bonus share: Lauderdale has a host of events that will entertain. You can catch anything from old school hip hop to a live Broadway musical at outdoor concerts or the Lauderdale Performing Arts Center.



▲ Reggae artist
Etana performs at Unifest.

Mayor Hazelle P. ROGERS Lauderdale Lakes



Stats: I am a lifelong community engager who enjoys interacting with people. I live by the motto, "Let the work that I do speak for me."

Senior socials: I encourage dominoes for our seniors as a must-do activity at the Multipurpose Center. This provides opportunities to socialize and is both rewarding and fulfilling for the participants.

Where to chill: The place to be is Unifest. It occurs annually in May and has been going strong for the past 27 years at Vincent Torres Park. Another event that showcases my city is Taste of Lauderdale Lakes, produced on the waterfront at the C-13 canal.

Island eats: I like Chef Pat's for basa (batfish) and conch fritters, Fern Gully Grill for kidney and ackee and saltfish, and Montego Bay Grille & Café for cow foot and chicken foot soup.

Bonus share: There is a large immigrant population in this four-square-mile, "We Care" city which provides an excellent opportunity to experience cuisine from places including Haiti, Jamaica, Trinidad and Tobago, Vietnam and China.



▲ Enjoy sushi
at Tataki Asian Bistro.

A MELTING POT



▲ R&B, funk and soul at
Lauderhill's Jammin' in the Park.

The true multicultural heart of Greater Fort Lauderdale lies in the central suburban cities of Lauderhill, Lauderdale Lakes, Tamarac and North Lauderdale. Tucked away in these residential neighborhoods, parks and strip malls are proud communities finding authentic ways to share their heritage.

A WORLD OF FLAVOR

A quick stroll through any local grocery store is proof positive of the area's diversity. Shopping here feels a bit like rustling through the world's market, with many Caribbean, Latin American and Asian specialty stores around. Unique finds range from fresh rambutan at Cho Á Dong Asian Market in Lauderdale Lakes, to Mexican pan dulce at Tamarac's La Ranchera Meat Market.

This is the place to experience culinary adventures that go far beyond the menu. There's always a fete (or party) happening in the area's variety of Caribbean restaurants – like Joy's Roti Delight or Lallo's, where you can sample popular Trinidadian dishes while dancing away to live soca music. And Lauderhill is home to a serious Korean food scene, with offerings from barbecue with banchan – a collection of small side dishes – to fruity shaved ice known as bingsu.

A day at the park also looks a little bit different here. In addition to playgrounds and walking trails, you'll find a plethora of unique activities and events. Alongside baseball and basketball, there are cricket and netball leagues for kids and adults, serving the area's large Caribbean contingent. Vibrant city park festivals reflect the diversity of the area, where steel pan music and Bollywood dance performances are a common attraction.



▼ The Buddhist Fo Guang Shan Miami Temple in Tamarac.

FAITH CONNECTIONS

These cities are home to many places of worship dedicated to connecting different cultures. In Lauderdale Lakes, the diverse congregation at St. Helen Catholic Church has been fondly called a small United Nations, hosting many cultural events and masses in multiple languages. A similar atmosphere can be found at the Buddhist Fo Guang Shan Miami Temple in Tamarac, where spiritual connections can be deepened through multilingual Dharma study groups and community celebrations. Faith communities host special events open to the public, like the Hindu Phagwah, or Holi Festival of Colors, held every year at the Central Broward Park & Broward County Stadium. Religious scholarship also thrives here. Led by the Chabad Lubavitch organization, the planned 770 Moshiah Center in Lauderhill will provide a place for worship and study in the Jewish faith.

Throughout these cities, you will find a warm, welcoming place filled with people sharing the food, music and cultural traditions of their homelands. To engage in this exchange, only an open heart — and maybe an empty stomach — is required.



▲ These ladies love the Caribbean vibe at Unifest, Vincent Torres Park in Lauderdale Lakes.



PHOTO JOURNAL

PARKS & ART

IN LAUDERHILL, LAUDERDALE LAKES, NORTH LAUDERDALE & TAMARAC

With acres of expansive green space, recreational areas and hidden trails, everyone from the avid exercise enthusiast to a child at play will find something to enjoy in the parks of Lauderdale Lakes, North Lauderdale and Tamarac.

As you cross the wooden bridge at South Gateway

Park in Lauderdale, look across the still, reflective lake and find yourself instantly at ease.

Take a moment to meditate in nature at Cypress Preserve Conservation Park as the wind rustles through the trees that surround you. Find yourself in the midst of 6.4 acres of tall cypress and laurel oak as you meander along the scenic half-mile walking

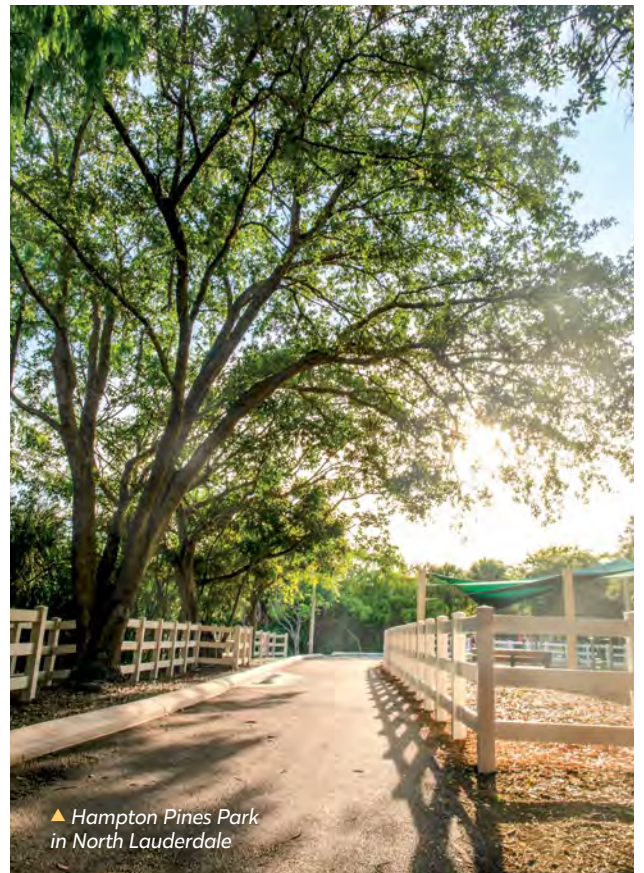
▼ South Gateway
Park in Lauderdale



trail. Or go for a hike to clear your mind at Hampton Pines Park and take in the natural beauty around you. Nearby a child's imagination is running wild on the playground as she zooms down the slide or flies high on the swings. Casual anglers can cast their hooks in the quiet lake while outdoor enthusiasts jump on a paddle board and mosey along the shoreline.



▲ Scenic trail at Cypress
Preserve Conservation Park
in Lauderdale Lakes



▲ Hampton Pines Park
in North Lauderdale



▲ Woodmont Natural Area is the largest natural habitat in Tamarac.



▲ Colorful wall art at the Walter "Wally" Elfers Park in Lauderhill.

Woodmont Natural Area is the last undisturbed wilderness in the city of Tamarac. Untouched by urban development, visitors can walk along paved trails and a boardwalk, exploring the preserve under a canopy of pine flatwoods and cypress as birds serenade you from above.

In nearby Lauderhill, Walter "Wally" Elfers Park features a playground for small children and a walking trail complete with sculpted wall art. While the park is just about an acre in size, the rich history of the city can be felt in this green space connected to the Lauderhill Historical Museum. Families enjoy a casual stroll along the manicured walkways of Ilene Lieberman Botanical Gardens, named after a Lauderhill community leader. They can stop at the covered tot playground or bird watch on the dock with youngsters. A leaf-shaped outdoor amphitheater – locally famous for the Jazz concerts played from its stage – and a stained glass sculpture are at the heart of this hidden gem. Visitors can enjoy a plethora of native plants and flowers like colorful bromeliads and flowering bougainvillea.

However you choose to experience these parks, know that there is much beauty to discover within these quaint communities.



▼ A glistening Mark Fuller sculpture at Ilene Lieberman Botanical Gardens in Lauderhill.

PHOTOGRAPHY: ANTHONY J. RAYBURN

LAUDERHILL, LAUDERDALE LAKES, TAMARAC & NORTH LAUDERDALE

RESTAURANTS

The variety of activities in Lauderhill, Lauderdale Lakes, Tamarac or North Lauderdale is matched only by the culinary selection that awaits you, from Trinidadian roti to Jamaican ice cream and from Argentinian pastries to mouthwatering Korean BBQ.

LAUDERHILL



YEASTY BREWS

◀ Grab a beer with friends at Yeasty Brews — a spacious spot with attractive decor. Once inside, you'll stay a while at this artisanal brewery for the rotating drinks available on tap, the delicious pints and their own canned-on-site beer. Pair whichever brew you prefer with a delightful menu item like the Buffalo chicken flatbread, pita with hummus made from a family recipe or the sweet and savory grilled cheese with fig jam.

➡ **3944 NW 19th St.**
yeastybrews.com

TATAKI ASIAN BISTRO

Explore Asian cuisine with the diverse dishes offered at Tataki Asian Bistro. Enjoy crunchy Vietnamese fried egg rolls, rice paper Thai spring rolls and gyoza (fried pork dumplings) before savoring Japanese sushi and sashimi or Chinese classics like general tso's chicken and Szechuan beef. Lunch and dinner specials at

affordable prices make this a local go-to spot. Access exclusive coupons when you order directly from the app.

➡ **4595 N. University Drive | tatakiasianbistrofl.com**



LOCALICIOUS OLD FASHIONED ICE CREAM

▲ Everyone loves ice cream on a hot day, and a variety of tropical flavors makes it all the better. Jamaican Appleton rum, soursop and toasted coconut, grapefruit and rum and raisin are only a few of the homemade ice cream island favorites available at Localicious. They offer monthly specials and vegan options. They even offer military discounts and specials for little ones with a great report card – just bring it in and show the staff for a sweet treat.

➡ **4220 NW 12th St.**
localiciouscaribbeanicecream.com



DONNA'S CARIBBEAN RESTAURANT

▼ With a number of locations throughout the area, Donna's is unquestionably a local favorite for Jamaican cuisine. Their offerings range from the national dish of ackee and saltfish for breakfast to traditional hearty lunch and dinner staples like barbi-fry chicken and tender oxtail. These items, along with curry goat, brown stew fish, jerk chicken, tripe and beans and cow foot can be enjoyed with hearty helpings of rice and peas, plantains, callaloo and salad.

➡ **5434 N. University Drive | donnascaribbean.com**



PHOTOGRAPHY: COURTESY OF DONNA'S CARIBBEAN RESTAURANT

GABOSE KOREAN BBQ

▲ Gabose translates to "let's go" in Korean – and you should. Head there for a great meal out with friends or a unique date night. The *bibimbap*, *jungol* (hot pot casseroles), noodles and dishes like hearty *hong hap tong* (a Korean-style mussel soup) are heavenly. A popular favorite is the Korean BBQ charcoal, where you can indulge in pork, beef, poultry, seafood and vegetarian options using the age-old practice of grilling it all yourself on a small charcoal stove set right on the table.

➡ **4991 N. University Drive | gabosebbq.com**

LAUDERDALE LAKES

FERN GULLY GRILL

► Whether you're in the mood for traditional ackee, *callaloo*, red peas soup or beef patties, Fern Gully Grill has you covered. Classic Jamaican dishes like jerk chicken and pork are served all day long, and each is accompanied by large servings of rice and peas and plantains. The menu also offers a taste of Haiti, with *tasso* turkey and *griot*. The convenient drive-thru makes it easy to pick up their affordable lunch specials featuring traditional favorites.

► 3450 N. State Road 7



SINGH'S ROTI DELIGHT

◀ At Singh's Roti Delight, doubles, bake and shark, *paratha* and *dhal puri* are served up along with all your favorite traditional Trinidadian fare. A large serving of *sada roti* accompanied by Angostura Sorrel & Bitters and a side of potato-filled aloo pie offer a true taste of the islands. Other tempting options include the duck or conch rotis and "Trini style" Chinese chicken. Vegan options are now available.

► 4244 N. State Road
singhsrotidelight.com



TAMARAC

POLLO EL COJIDO DOMINICAN RESTAURANT

► A fun atmosphere scored by popular background music makes Pollo El Cojido the perfect place to dive into authentic plates of Dominican food. One must-try item on the extensive menu is the time-honored *mofongo* (fried and mashed plantains with garlic) made the traditional way, with *chicharrón* (fried pork rinds). Here, it's served with shrimp, codfish, goat, oxtail, Dominican pork chops and other savory additions. If you're full, order the *flan* or *flan de tres leches* dessert to go. You'll thank yourself later.

► 5843 N. University Drive



PHO HOA NOODLE SOUP

► If you're a fan of Vietnamese food, add Phở Hòa to your list. The classic *phở* dishes are all served with fresh herbs, while the menu includes favorites like *banh xeo* (a pancake) and *bun rieu* (a crab-flavored soup). When it comes to appetizers, the tofu is just as delicious as the stuffed beef rolls and pork spring rolls. All you need to add is the boba tea or their addictive lemonade.

► 5435 Florida 7 | phohoa.com

MILANOS BAKERY

► Indulge in the flavors of Argentina with a bite into the sweet and savory dishes offered at Milanos. Choose from over a dozen types of thin sandwiches *de migas*, larger sandwiches and an array of *empanadas* with various fillings. To satisfy any sweet tooth, *facturas* and *pastelería* (pastries) and Argentinian chocolate are a must. Come evening, a glass of Argentinian wine paired with the *parrillada* assorted meat platter definitely satisfies.

► 7120 N. University Drive | milanosbakery.com



NORTH LAUDERDALE

TABANKA: A TRINI KITCHEN

"Tabanka" is Trinidadian slang for longing and a profound loss of great love. That yearning for Trini food is soothed here. A menu board shows daily specials, while on any day of the week *buss up shut*, *dhalpouri* and a wide assortment of rotis are ready to satisfy. There's even a line dedicated solely to doubles — chickpeas in gravy, wrapped in fluffy fried dough — a true testament to their popularity.

1645-1647 S. State Road 7



BLUE FISH SUSHI THAI

▲ A bento box for lunch, sashimi combos, tartar or satay presented simply and elegantly plated are signature at Blue Fish Sushi Thai. The sushi rolls have names like Las Vegas, dragon, playboy, spider and rainbow to engage your imagination as well as your palate. Dishes like the lightly crusted Chilean sea bass are wonderful for a romantic evening out. Enjoy drinks with friends at an on-site private event, or celebrate a special evening at home with offerings from their catering service.

➡ **3601 W Commercial Blvd. | bluefishsushithai.com**



MR. & MRS. CRAB

◀ If you love a good seafood boil, then pop into Mr. & Mrs. Crab to dine-in or take-out. Choose their ready-made combos or create your own with a variety of fresh seafood like lobster, shrimp, mussels, clams, calamari, blue and snow crabs and more. If you don't want a combo, you can buy by the pound with your choice of seasonings and sauces like Cajun or garlic butter, from no spice to extra hot.

➡ **7990 W McNab Road
mrandmrs crabseafood.com**



STICKY WICKET

A bat, large, open field and two teams – each trying to score more runs than the other. While your mind might immediately think of America's favorite pastime, baseball just got knocked out of the park.

At Central Broward Regional Park, cricket – the second most popular sport in the world – is a crowd-pleasing favorite for the surrounding area's large Caribbean population. This demographic makes Lauderdale the perfect location for the United States' only International Cricket Council-certified cricket stadium. So much so that at the first sanctioned match in 2012, over 16,000 cricket fans traveled to South Florida, packing the stadium to watch the West Indies team play New Zealand.

Major games draw in thousands

of fans, and island sounds, including music and banging metal pots, often fill the stadium. Tailgating takes the form of sipping Caribbean rum and beer, and enjoying traditional fare like Trinidadian doubles, roti and pelau. Fans are passionately loyal to their leagues and are often dressed in league colors, waving respective country flags.

The game is quite complex and may last for up to five days. In a rectangular pitching area between two wooden wickets, a batter must hit the ball far enough that he and a teammate can run back and forth,

each time scoring a "run." This continues until all batters from one team are struck out, then the other team gets a go at bat.

Famous players from all over have traveled to Central Broward Regional Park to face off against the world's best, including West Indies players Dwayne Smith, Chris Gayle and Johnson Charles, and Indian players Rohit Gurunath Sharma and Manish Krishnanand Pandey. South Florida now boasts two leagues of their own – the South Florida Premier Cricket League and the Florida Southeast Cricket League.



PHOTOGRAPHY: MARK JAMES

CARNIVAL EVENTS Lauderhill

Celebrate the Caribbean carnival season at Central Broward Regional Park with three annual Lauderhill events hosted by the Miami Carnival Committee. J'ouvert is an early-morning "road march" celebration with music trucks, colorful body paint and people dressed in traditional costumes like blue devils and jab jab. Panorama sees live steel drum or "pan" ensembles competing to be crowned South Florida's best. And for the little ones, Junior Carnival features live performances, dancing, extravagant costumes and an array of food vendors to delight foodies of every age.

➡ **3700 N.W. 11th Place**
miamicarnival.org

ONE TAMARAC MULTICULTURAL FESTIVAL Tamarac

Bring your family and friends for a full day of fun at One Tamarac Multicultural Festival. This free event, held annually in February or March, made its debut in 2018 and has since become one of the city's most popular.

The celebration of cultures is represented through various performances and activities like henna tattooing and martial arts showcases. Local food vendors include food trucks with Asian, Latin, Caribbean and American offerings. The festival also presents live music, family-friendly exhibits, inflatables and face painting for the kids, and a nighttime fireworks show to end the day.

➡ **9901 NW 77th St.**

ON THE Marquee

UNIFEST Lauderdale Lakes

As one of the oldest multicultural events in Broward County, Unifest is an annual celebration the Lauderdale Lakes community looks forward to every May. For more than 20 years, this festival has shown off an array of Caribbean music, entertainment, art, costumes and activities that represent its strong influence here. These include a parade, kids' crafts, live music, cultural displays and, of course, delicious Caribbean food. Celebrity performers have included Big Youth, Christopher Martin and Nailah Blackman.

➡ **4331 N.W. 36th St. | lauderdalelakes.org**

Outdoors

LAUDERHILL

Ilene Lieberman Botanical Gardens

Two-acre green space featuring a nature trail, public art, amphitheater, fitness stations, and a pavilion for picnicking. Enjoy regular live music on the weekends.
3801 Inverrary Blvd.

Lauderhill Sports Park

Spacious park, open daily, with baseball and cricket fields, basketball and netball courts, public locker rooms and more.
7500 W. Oakland Park Blvd.

Herbert Sadkin Community Center

Community center with indoor basketball gym, fitness room, meeting rooms and other park facilities.
1176 N.W. 42nd Way

LAUDERDALE LAKES

Vincent Torres Memorial Park

Featuring sports fields and courts, covered playground, gym and fitness center. Open Monday to Saturday from 8 a.m. to 9 p.m.
4331 N.W. 36th St.

Cypress Preserve Conservation Park

Family-friendly park and nature area with bike and walking trails, disc golf course, pavilions, butterfly garden and splash pad for kids.
9020 N.W. 38th St.

Otis Grey Neighborhood Park

Small neighborhood park perfect for young children, with covered playground, half mile walking trail and pavilions.
4800 N.W. 26th Ave.

Northgate Neighborhood Park

Small neighborhood park with playground, pavilion and half-mile



▲ Woodmont Natural Area

walking trail. Open Monday to Saturday from 7 a.m. to 8 p.m. and Sunday from 8 a.m. to 7 p.m.
3555 W. Oakland Park Blvd.

NORTH LAUDERDALE

Hampton Pines Park

Wooded park, featuring a playground and picnic area, small lake for fishing, paddle boarding and seven pavilions available for rent.
7800 Hampton Blvd.

Woodville Dog Park

Fenced in dog park with room to roam and relax off leash. Free parking, open daily from sunrise to sunset.
1500 S.W. 83rd Ave.

TAMARAC

Woodmont Natural Area

21-acre designated wilderness area with a shaded trail, elevated boardwalk and plenty of local flora and fauna to see. No pets allowed.
7250 N.W. 80th Ave.

Resources



▲ Fresh produce at the Swap Shop

MARKETS

Kingston Market

Convenience store with groceries.
4120 N.W. 21 St.,
Lauderhill

Oriental Market

Asian grocery items, cookware, home goods and prepared fare.
4850 N. University Drive, Lauderdale

Publix Supermarket

Groceries, deli and bakery.
5855 W. Oakland Park Blvd., Suite 203, Lauderdale
publix.com

Publix Supermarket

Groceries, deli and bakery.
8245 N.W. 88th Ave.,
Tamarac
publix.com

Sahara Food Market

Middle Eastern food, groceries and butcher.
3570 FL-7, Lauderdale Lakes
sahara-food-market.business.site

Walmart Neighborhood Market

Groceries and bakery.
6931 N.W. 88th Ave.,
Tamarac
walmart.com

Winn Dixie

Supermarket with groceries.
3116 W. Commercial Blvd.,
Tamarac
winndixie.com

FITNESS

ICANFITNESS

Personal training and group fitness.
5458 N. University Drive,
Lauderhill
954-319-7445
icanfitnessmiami.com

Planet Fitness

Gym with cardio and strength training.
2629 N. State Road 7,
Lauderhill
954-874-3641
planetfitness.com

Tailored Fitness

Physical fitness and personal training.
7567 W. Oakland Park Blvd., Lauderdale
954-297-1296
tailoredfitness.net

YouFit Health Clubs

National gym chain with personal trainers available.
3708 W. Oakland Park Blvd., Lauderdale Lakes
954-414-9719
youfit.com

ATM BANKS

ATM (Chevron)

1833 FL-7, North Lauderdale

ATM (RaceTrac)

7350 W. McNab Road,
North Lauderdale

Bank of America ATM

4400 Inverrary Blvd.,
Lauderhill

BB&T ATM

5995 W. Oakland Park Blvd., Lauderdale

Chase Bank ATM

4820 W. Oakland Park Blvd., Lauderdale Lakes

City National Bank ATM

5855 W. Florida 816, Suite 203, Lauderdale

PNC Bank ATM

6899 N. University Drive,
Tamarac

Presto! ATM at Publix

5881 N. University Drive,
Tamarac

Presto! ATM at Publix

1297 S. State Road 7,
North Lauderdale

Wells Fargo ATM

7350 W. Commercial Blvd., Lauderdale

CHAMBERS OF COMMERCE

Lauderhill Chamber of Commerce

Committed to serving local businesses in Lauderdale and throughout Central Broward County.
4462 N. University Drive,
Lauderhill
954-318-6118
lauderhillcoc.org

Tamarac North Lauderdale Chamber of Commerce

Working to create economic vitality by connecting community and business.
7525 N.W. 88th Ave.,
Tamarac
954-722-1520
tnlcoc.org

▼ The majestic City of
Lauderhill City Hall building.



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**VISIT
LAUDERDALE**
EVERYONE UNDER THE SUN