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VISIT LAUDERDALE

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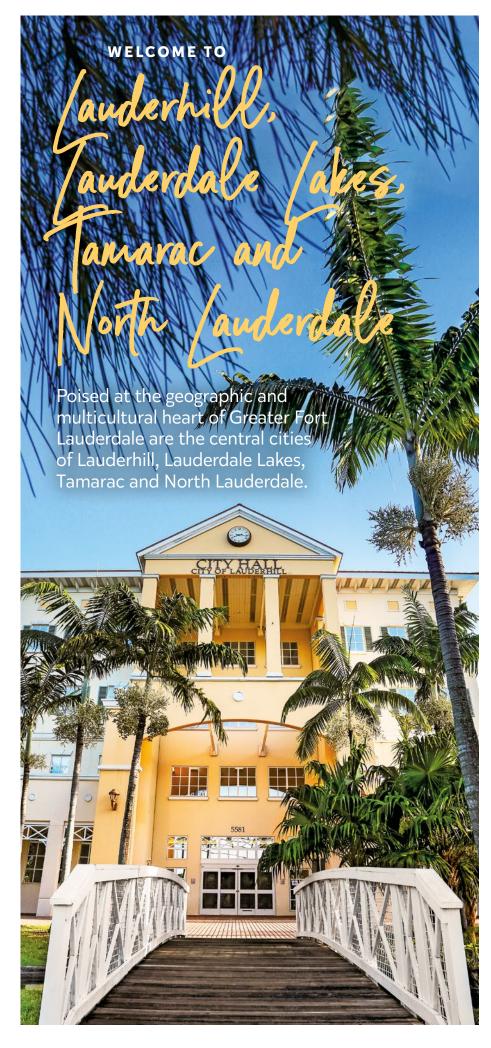
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Stacy Ritter,President and CEO of Visit Lauderdale

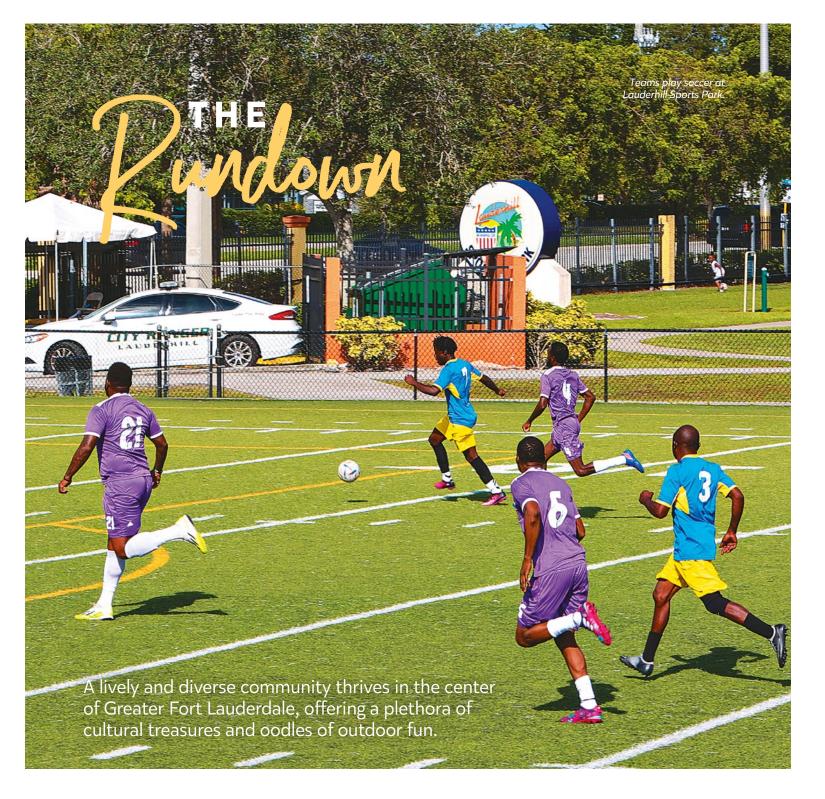
auderhill has transformed into an entertainment hub, offering a year-round calendar filled with arts, sports and lifestyle attractions. From Broadway shows at the Lauderhill Performing Arts Center to Caribbean carnival events and international cricket games at Central Broward Regional Park, there's never a dull moment.

Venture next door to Lauderdale Lakes, and be amazed at how a city of its modest size manages to leave such a big cultural footprint. Its diverse population celebrates multicultural unity through festivals and concerts, with the signature Unifest just one highlight. And for foodies, there are a variety of must-visit restaurants that cater to diverse culinary tastes.

Nearby, Tamarac embraces its culturally-rich culinary scene and sportsmanship, especially evident in its world-class golf courses.

North Lauderdale beckons you toward outdoor living, with 15 public parks offering plenty of opportunities for families to bask in the sun while fishing, kayaking or biking through scenic trails.

In these pages, we'll explore the people, places and events that make this area truly special. Whether you are a first-time visitor searching for enriching experiences, or a Florida native looking for surprises to change up your daily routine, there's always something new to discover.



LAUDERHILL

Once a dairy farm country, Lauderhill has flourished into a vibrant and multicultural community that welcomes both retirees and young families. The landmark residential development of Inverrary, once home to comedian Jackie Gleason, beckons residents with its iconic Inverrary Waterfall, a favorite spot for wedding photos. Regularly supported outdoor events keep social calendars full, while sports enthusiasts can cheer on their favorite teams at the Lauderhill Sports Park, home to the Lauderhill Lions Men's Soccer Club.

NORTH LAUDERDALE

Planned by renowned architect Morris Lapidus, North Lauderdale is known by residents as "The City of Tomorrow." Its spirit of community shines through with events like the North Lauderdale Days and holiday parades around Hampton Park. Exciting annual events like the Halloween haunted forest trail and fireworks spectacular ignite children's imaginations, adding to the atmosphere.



▲ Performers at One Tamarac Multicultural Festival at Tamarac Sports Complex. ► Attendees at Unifest, Vincent Torres Memorial Park in Lauderdale Lakes.

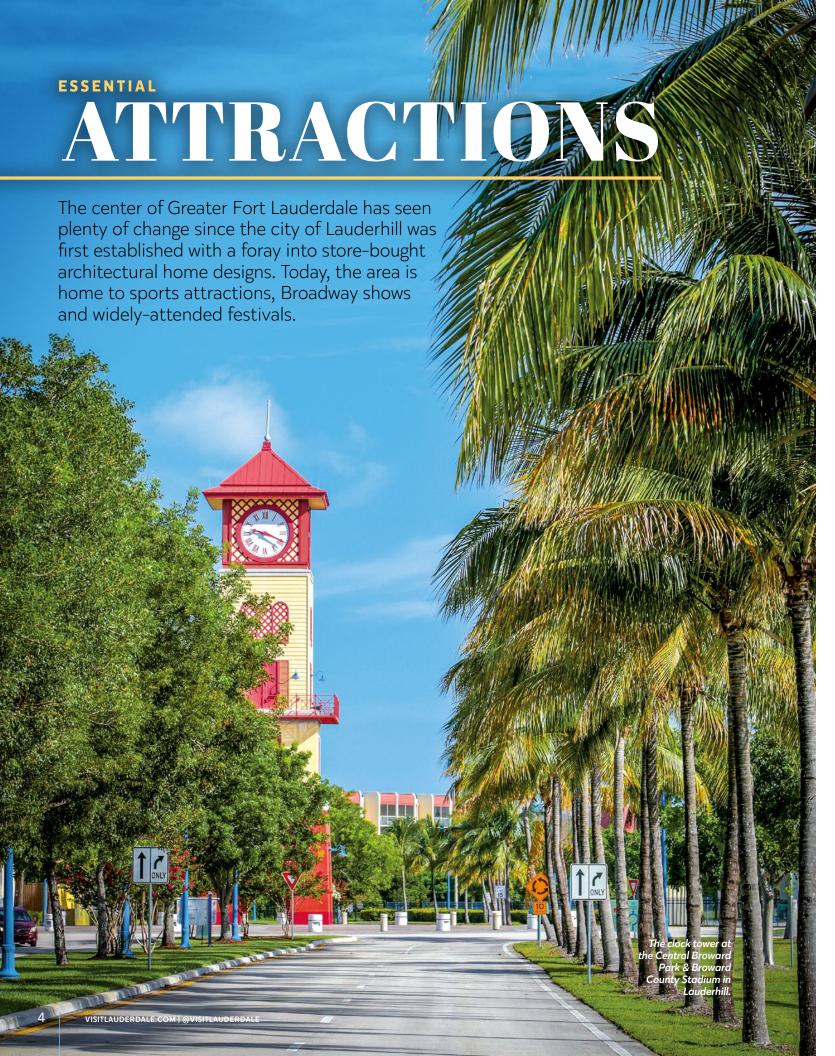
LAUDERDALE LAKES

Celebrating its position as the geographical center of Greater Fort Lauderdale, the tiny city of Lauderdale Lakes thrives as a culturally diverse community. In recent years, leadership has comprised of an all-Black power team with women holding the mayor and vice mayor positions, exemplifying its commitment to inclusivity. From festivals at Vincent Torres Memorial Park to exploring walking trails at Cypress Preserve Conservation Park and growing fresh produce at the Community Garden, there's always something happening in this lively neighborhood.

TAMARAC

Founded in 1963 by developer Kenneth Behring, Tamarac was designed as a haven for snowbird retirees, offering a delightful blend of single-family homes and communal clubhouse culture. As the city evolved into a younger and more diverse district, the active lifestyle remained intact. With a plethora of parks and unique athletic facilities, Tamarac caters to diverse interests, whether swimming at the Caporella Aquatic Center's Olympic-size pool or enjoying the popular skate park in the Tamarac Sports Complex.







CENTRAL BROWARD PARK & BROWARD COUNTY STADIUM

▲ Located in one of Greater Fort Lauderdale's most diverse neighborhoods, Central Broward Park & Broward County Stadium serves Lauderhill and several surrounding cities. It is home to music festivals, cultural celebrations and multi-use athletic facilities.

The centerpiece of the park is its expansive sporting arena, a unique gem as the first International Cricket Council-certified stadium in the United States. While cricket takes center stage, the arena also hosts thrilling football and soccer matches with its 5,000-seat stadium and vast, grassy mounds accommodating

another 15,000 spectators.

Beyond its sporting glory, the park boasts abundant green spaces, superb for picnics and strolls along the 1.5 miles of walking trails. There are also grills, playgrounds, and basketball, netball and tennis courts. Adding to the allure, the park features a seasonal water park called Tropical Splash, making it even more enticing for families seeking aquatic fun. Leashed dogs are welcome in the park but not the stadium.



3700 N.W. 11th Place

LAUDERHILL PERFORMING ARTS CENTER

▶ Since opening its doors in 2016, the Lauderhill Performing Arts Center has been on a mission to "serve as a hub for community involvement, engagement and artistic expression" for Lauderhill and neighboring communities.

The energy-efficient building includes an art gallery, meeting spaces, classrooms and reception facilities. Its diverse programming ranges from music, theater, dance, cinema and visual arts to education, conferences and workshops. The 1,143-seat theater is equipped with cutting-edge sound and lighting

In collaboration with Prather Productions, LPAC also created a "Broadway at the LPAC" series, which has featured shows such as "Beauty and the Beast" and "Kinky Boots," continuing its dedication to providing high-quality musical theater in Lauderhill.



>>> 3800 N.W. 11th Place | lpacfl.com





TATE'S COMICS + TOYS + MORE

■ Stepping into TATE'S Comics + Toys + More is like peeking back into your childhood. This one-of-a-kind store boasts a massive collection of comic books, collectibles, pop art, rare anime, graphic novels and vintage and modern toys, as well as life-size statues of your favorite superheroes and villains.

TATE'S has seen a number of expansions over the years, including the addition of an upstairs gallery and TATE'S Gaming Satellite, which offers a full selection of gaming merchandise and supplies.

You can get lost for hours wandering through all the whimsical displays, becoming nostalgic in the G.I. Joe section, or buying a first edition of "The Walking Dead" comic book. The store offers a moment of fantasy to the casual consumer and exposes serious comic book fans to more than 500,000 items.

TATE'S also hosts a diverse array of events, including two annual storewide sales. Also, the upstairs gallery displays a new exhibition every few weeks.



4566 N. University Drive | tatescomics.com

TAMARAC

COLONY WEST GOLF CLUB

▶ Perfecting your swing has never been easier than at Colony West Golf Club. This prestigious course opened its fairways in 1971, serving as the venue for the renowned Jackie Gleason Classic, now known as the Honda Classic. Originally designed as a formidable par-72, 7,553-yard track for the event, the course has since undergone modifications, evolving into a challenging par-71 layout, complete with a welcoming clubhouse.

More seasoned players will enjoy taking on the Championship Course, where infamous hole 12 requires a tee shot through the cypress forest to an island green, while casual golfers can opt for the par-64 Glades Course that still presents challenging bunkers and water obstacles. Colony West has even been rated among the top 50 courses in the United States by Golf



6850 N.W. 88th Ave. | colonywestgolfclub.com

More to see: Bowlero Tamarac The Swap Shop Woodmont Country Club





In vibrant Lauderhill, the yearly calendar of community-centric events, both large and small, offers a variety of to-dos for any local or visitor. Whether you love jazz, rap or consider yourself a foodie, Lauderhill's roster has something to excite.

nce a month, every last Thursday, City Hall hosts an evening of fun and fare in the form of the Food Truck Roll. For a few hours, you can bring the whole family, and pick up a delicious meal from one of several local food trucks slinging delicious international cuisine right from the parking lot, all while mingling with friends and neighbors.

For those who enjoy live music, the annual spring event, Jammin' in the Park, is a must-attend. Every year, partiers flock to Central Broward Park to enjoy a fresh lineup of great musicians. Past performers have included R&B crooner Montell Jordan and reggae singer Gyptian.

For smooth and mellow evenings of free entertainment, check out Jazz Picnic in the Park. Presented by the city's mayor, this monthly series returns seasonally in the cooler months, with live performances at Ilene Lieberman Botanical Gardens. Attendees are welcome to bring their own food, drinks and seating.

Another popular event, the Beer-B-Q on 38th Ave., takes place each fall, with live music and performances, DJs, food and plenty of beer and drinks. Past years' events have hosted artists like Lloyd and Ginuwine.

Live Like a Local

Commissioner Denise

GRANT

Lauderhill

Stats: I'm the mother of a 16-year-old student-athlete, commissioner of the city of Lauderhill and an empowerment speaker. I'm a compassionate and dedicated individual committed to the progress and advancement of people.

Where to chill: One of the places I enjoy is West Wind Park. Its upkeep is a result of the Adopt-a-Park program that I advanced. You can play tennis or basketball, or take a relaxing walk along the trail by the lake. A memorable activity in Lauderhill is the Stretch and Breathe wellness program at Ilene Lieberman Park.

Good eats: As a Jamaican-American with a penchant for exploring different cuisines, one restaurant that stands out is Gabose Korean BBQ. The signature dish, dak galbi gui, features boneless chicken thighs marinated in a tantalizing spicy sauce. The establishment provides an authentic and immersive dining experience.

Bonus share: Lauderhill is a melting pot of diverse cultures, making it a fascinating place to explore. From its vibrant Caribbean community to its thriving international population, the city embraces its multicultural heritage. Lauderhill offers an impressive selection of 25 parks throughout the city. If you have a love for the arts, the Lauderhill Performing Arts Center is a must-visit.





Commissioner Morey WRIGHT, JR.

Tamarac

Stats: I'm 39 with a passion for positive change. My most valuable characteristic is empathy. I love to travel, eat out, hang with family and meet new people.

Where to chill: As someone who's been around Tamarac for more than 25 years, I would suggest looking up current events and activities on tamarac.org/specialevents. The city has been recognized as a Playful City USA for seven years in a row.

Park and play: Of Tamarac's array of outdoor parks and recreational centers, Waters Edge Park is one of my favorites. Adults can inclulge in the fitness station or the new quarter-mile trail, and young children can play in the shaded playground area or splash pad.

Hit the links: Colony West Golf Club is a local gem, with recent renovations to its 18-hole golf course and clubhouse. After a day on the green, my favorite place to dine is The View at Colony West. The restaurant is just steps from the course, overlooks breathtaking views, and they have some of the best bites in town.

Bonus share: Inspiration Way, known as Tamarac's "museum without walls," is a colorful outdoor setting that offers a free opportunity to view fine art while immersed in our natural surroundings.



Stats: I am a 35-year-old mom, wife, business owner and ambassador of the North Lauderdale Chamber of Commerce. I enjoy outside activities.

Where to chill: I like hanging out at Hampton Pines Park. Paddle boat riding is fun for couples or children. The park is one of my girls' favorites. We ride bikes on the trail, play at the playground and even participate in the workout stations.

Community fun: I love participating in city-sponsored events, like North Lauderdale Days. The events bring the community out to meet people you would not meet on a daily basis, and these free family activities create memories a normal park day wouldn't.

Seafood special: North Lauderdale has had quite a few restaurants open up in the past five years. Lately, our favorite restaurant is Mr. and Mrs. Crab. Love it for date night and a girls night out as they have a DJ on the weekends, food always tastes fresh, and the rum runner pitcher special is a deal no other restaurant has been able to beat.

Bonus share: Jerry Resnick Aquatic Center is located right beside the City Hall with only a \$2 admission fee, and it has an olympic-size pool and splash pad area for babies.



Jerry Resnick Aquatic Center.



▲ Stroll along the Canal Greenway Trail.

Commissioner Mark SPENCE Lauderdale Lakes

Stats: At 44, I embody strategic and visionary thinking, dedicated to community transformation through unwavering service commitment.

Where to chill: Embarking on a morning stroll along the Greenway Trail provides a serene escape for relaxation and exercise. Amid tranquil canal banks, graceful birds enhance the atmosphere, harmonizing with the peaceful surroundings.

Sporting spirit: The atmosphere at the Lauderdale Lakes Viking football matches is electrifying. The energy is contagious as the young players charge onto the field with a spirited determination that can be felt in every cheer from the stands.

Trini flava: One of my favorite places is Singh's Roti Delight, where you get a real "taste of Trinidad and Tobago." My go-to is the veggie roti with that mouth watering paratha shell. The combo of channa, pumpkin, potato, spinach, green beans and, of course, a dash of that spicy "peppah" is what seals the deal.

Bonus share: For a deeper connection, dive into our local culture by participating in community events and perusing markets. And feel encouraged to strike up conversations – our friendly locals are a wealth of information and might share insider tips about hidden gems waiting to be discovered.



The multicultural heart of Greater Fort Lauderdale lies in the central suburban cities of Lauderhill, Lauderdale Lakes, Tamarac and North Lauderdale. Tucked in these residential neighborhoods, parks and plazas are proud communities finding authentic ways to share their heritage.

CARIBBEAN CARNIVAL

Lovers of island culture will enjoy the plethora of carnival events in Lauderhill. Every October, Central Broward Regional Park transforms into "Carnival Village" for three official events: Junior Carnival, Panorama and J'ouvert.

Junior Carnival is a chance for your mini-me to start connecting with their culture and enjoy a tamer version of the next weekend's decadent affair. There's a competition where young masqueraders will be judged on the creativity and craftsmanship of their costumes, and an annual Royal Miss Miami Carnival Pageant.

A week later, it's time for the main Carnival festivities, with Panorama first on the itinerary. Music lovers, young and old, flock to the park on Friday for melodiously played steel pans in a competition where orchestras go head to head to prove they've got the best sound.

Saturday morning, a day before the main carnival road march begins in Miami, Lauderhill plays host to J'ouvert, where revelers dance to soca and calypso from dawn to day caked in mud, clay, paint and oil, sometimes wearing devil's horns, a tradition that symbolizes liberation.



A WORLD OF FLAVOR

A quick stroll through any local grocery store is proof of the area's diversity. Shopping feels a bit like rustling through the world's market, with many Caribbean, Latin American and Asian specialty stores. Unique finds range from fresh *rambutan* at the Oriental Food Market in Lauderdale Lakes to Mexican pan dulce at Tamarac's La Ranchera Meat Market.

There's always a fete (or party) happening in the area's Caribbean restaurants — like Joy's Roti Delight or Lallo's, where you can sample popular Trinidadian dishes while dancing to live soca music. And Lauderhill is home to a serious Korean food scene, with offerings from barbecue with *banchan* — a collection of small side dishes — to fruity shaved ice known as *bingsu*.

A day at the park looks a little bit different here. In addition to playgrounds and walking trails, you'll find a plethora of unique activities. There are cricket and netball leagues for kids and adults, serving the area's large Caribbean contingent. Vibrant city park festivals reflect the diversity of the area, where steel pan music and Bollywood dance performances are common.

FAITH CONNECTIONS

These cities are home to many places of worship. In Lauderdale Lakes, the diverse congregation at St. Helen Catholic Church has been called a small United Nations, hosting many cultural events and masses in multiple languages. A similar atmosphere can be found at the Buddhist Fo Guang Shan Miami Temple in Tamarac. Faith communities host special events open to the public, like the Hindu Phagwah or Holi Festival of Colors. Led by the Chabad Lubavitch organization, the 770 Moshiach Center in Lauderhill provides a place for worship and study in the Jewish faith.

Throughout these cities, you'll find a warm, welcoming place filled with people sharing the food, music and cultural traditions of their homelands. Just an open heart — and maybe empty stomach — is required.





Hampton Pines Park in North Lauderdale.

recreational areas and hidden trails, the avid exercise enthusiast to a child at play will find something to enjoy in the parks of Lauderhill, Lauderdale Lakes, North Lauderdale and Tamarac.

As you cross the wooden bridge at South Gateway Park in Lauderhill, look across the still, reflective lake

and find acres of explorable land. Bring your bike and meander down a smooth, tree-lined trail or pack a picnic for family and friends. Those looking to take their fitness regimens outdoors will find exercise stations scattered throughout the park, offering sit-up machines and equipment for tricep dips and pushups.

Take a moment to meditate in nature at Cypress

Preserve Conservation Park as the wind rustles through the trees. Find yourself in the midst of 6.4 acres of tall cypress and laurel oak as you meander along the scenic half-mile walking trail. Or go for a hike to clear your mind at Hampton Pines Park and take in the natural beauty. Casual anglers can cast their hooks in the quiet lake, while outdoor enthusiasts jump on a paddle board and mosey along the shoreline.

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Woodmont Natural Area is the last undisturbed wilderness in the city of Tamarac. Untouched by urban development, visitors can walk along paved trails and a boardwalk, exploring the preserve under a canopy of pine flatwoods and cypress as birds serenade you from

In nearby Lauderhill, Walter "Wally" Elfers Park features a playground for small children and a walking trail complete with sculpted wall art. While the park is just about an acre in size, the rich history of the city can be felt in this green space connected to the Lauderhill Historical Museum. Families enjoy a casual stroll along the manicured walkways of Ilene Lieberman Botanical Gardens, named after a Lauderhill community leader. They can stop at the covered tot playground or bird watch on the dock with youngsters. A leaf-shaped outdoor amphitheater - locally famous for jazz
concerts — and a stained glass
sculpture are at the heart of
this hidden gem. Visitors can enjoy a plethora of native plants and flowers like colorful bromeliads and flowering bougainvillea.

However you choose to experience these parks, know that there is much beauty to discover within these quaint communities.

LAUDERHILL, LAUDERDALE LAKES, TAMARAC & NORTH LAUDERDALE

RESTAURANTS

The variety of activities in Lauderhill, Lauderdale Lakes, Tamarac or North Lauderdale is matched only by the culinary selection that awaits you, from Trinidadian roti to Jamaican ice cream and from Argentinian pastries to mouthwatering Korean BBQ.

LAUDERHILL



YEASTY BREWS

▲ Grab a beer with friends at Yeasty Brews — a spacious spot with attractive decor. Once inside, you'll stay a while at this artisanal brewery for the rotating drinks available on tap, the delicious pints and their own canned-on-site beer. Pair whichever brew you prefer with a delightful menu item like the barbeque chicken flatbread, pita with garlic hummus made from a family recipe or the sweet and savory panini grilled cheese with fig jam. Now part of the Visit Lauderdale Ale Trail Passport, you can get your favorite pint and earn special deals and discounts at the same time.

3944 N.W. 19th St. | yeastybrews.com

RANCHO NANDO LATIN GRILL & BAR

Indulge in happy hour, watch a soccer match or enjoy

5200 N. University Drive



TATAKI ASIAN BISTRO

▲ Explore Asian cuisine with the diverse dishes offered at Tataki Asian Bistro. Enjoy crunchy Vietnamese fried egg rolls, rice paper Thai spring rolls and gyoza (fried pork dumplings) before savoring Japanese sushi and sashimi or Chinese classics like General Tso's chicken and Szechuan beef. Lunch and dinner specials at affordable prices make this a local go-to spot.





WIMBO'S CRAZY POTATOES

▲ It's crazy how much you can do with potatoes — the ultimate comfort food. At Wimbo's Crazy Potatoes, lobster, garlic crab, shrimp, lemon pepper or curry chicken, bacon, steak and veggie toppings are just a few of the accompaniments offered. Your basic spud can be served mashed, baked, sliced, diced, fried or totted up. Juicy burgers and wings add another level to the comfort factor at this cozy food spot.





GABOSE KOREAN BBQ

▲"Gabose" translates to "let's go" in Korean — and you should. Head there for a great meal out with friends or a unique date night. The jungol (hot pot casseroles), noodles and dishes like hearty gool soontofu (a Korean-style oyster soup) are heavenly. A popular favorite is the Korean BBQ charcoal, where you can indulge in pork, beef, poultry, seafood and vegetarian options using the age-old practice of grilling it all yourself on a small charcoal stove set right on the table.

4991 N. University Drive | gabosebbq.com

VISITLAUDERDALE.COM | @VISITLAUDERDALE

LAUDERHILL

LOCALICIOUS OLD FASHIONED ICE CREAM

Everyone loves ice cream on a hot day, and a variety of tropical flavors makes it all the better. Jamaican Appleton rum, soursop and toasted coconut, grapenut and rum and raisin are only a few of the homemade ice cream island favorites available at Localicious. They offer monthly specials and vegan options. They even offer military discounts and specials for little ones with a great report card - just bring it in and show the staff for a sweet treat.

> 4220 N.W. 12th St. localiciouscaribbeanicecream.com



WOODLANDS EXPRESS

4816 N. University Drive

LAUDERDALE LAKES





SINGH'S ROTI DELIGHT

▲ At Singh's Roti Delight, doubles, peppered shrimp, paratha and dhal puri are served up along with all your favorite traditional Trinidadian fare. A large serving of sada roti accompanied by curry chicken and a side of potato-filled aloopie offer a true taste of the islands. Other tempting options include the duck or conch rotis and "Trini style" Chinese chicken. Vegan options are now available.



FERN GULLY GRILL

▲ Whether in the mood for traditional ackee, callaloo, red peas soup or beef patties, Fern Gully Grill has you covered. Classic Jamaican dishes like jerk chicken and pork are served all day and each is accompanied by large servings of rice and peas and plantains. The convenient drive-thru makes it easy to pick up affordable lunch specials featuring traditional favorites.



NORTH LAUDERDALE



MR. & MRS. CRAB

◀ If you love a good seafood boil, then pop into Mr. & Mrs. Crab to dinein or take-out. Choose ready-made combos or create your own with a variety of fresh seafood like lobster, shrimp, mussels, clams, calamari, blue and snow crabs and more. If you don't want a combo, you can buy by the pound with your choice of seasonings and sauces like Cajun or garlic butter, from no spice to extra hot.

7990 W. McNab Road mmcseafood.com

GG'S OF NEW YORK

▼ The Delgario family has been operating small restaurants for more than 85 years, with GG's of New York in North Lauderdale celebrating more than 47 years. The joint is a favorite for authentic Italian fare and New Yorkstyle pizzas. Classic dishes like baked ziti, lasagna and linguine are sure to catch your eye, but don't leave without trying a pie. Choose from toppings like pepperoni, sausage, meatballs, olives, artichokes, eggplant and pineapple.

> 5440 N. State Road 7 | ggsofny.com

TABANKA: A TRINI KITCHEN

dedicated solely to doubles –

1645-1647 S. State Road 7



TAMARAC

POLLO EL COJIDO DOMINICAN RESTAURANT

▶ A fun atmosphere scored by popular background music makes Pollo El Cojido the perfect place to dive into authentic plates of Dominican food. One must-try item on the extensive menu is the time-honored mofongo (fried and mashed plantains with garlic) made the traditional way, with chicharrón (fried pork rinds). If you're full, order the flan or flan de tres leches dessert to go. You'll thank yourself later.





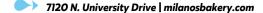
THE VIEW AT COLONY WEST

■ Once you hit your final putt, stroll over to The View, the restaurant at Colony West Golf Club. For breakfast, enjoy an omelet with goat cheese, spinach and mushrooms. Or head over for lunch and dine on caesar salad, black angus prime burger or a chicken souvlaki gyro. You don't have to be a member or play the course to enjoy a meal. Take a date for dinner with options like a churrasco steak or grilled tofu and veggie stir fry before indulging in the mascarpone cheesecake.

6850 N.W. 88th Ave. colonywestgolfclub.com/the-view

MILANO'S BAKERY

Indulge in the flavors of Argentina with a bite into the sweet and savory dishes offered at Milano's. Choose from more than a dozen types of thin sandwiches de migas, larger sandwiches and an array of empanadas with various fillings. To satisfy your sweet tooth, pastelería (pastries) and Argentinian chocolate are a must. Come evening, a glass of Argentinian wine paired with the parrillada assorted meat platter definitely







STICKY WICKET

A bat, large, open field and two teams — each trying to score more runs than the other. While most think of America's favorite pastime, baseball just got knocked out of the park.

t Central Broward Regional Park, cricket – the second most popular sport in the world – is a crowd-pleasing favorite for the surrounding area's large Caribbean population. This demographic makes Lauderhill the ideal location for the United States' only International Cricket Council-certified cricket stadium. At the first sanctioned match in 2012, more than 16,000 cricket fans traveled to South Florida, packing the stadium to watch the West Indies team play New Zealand.

Major games draw in thousands of fans. Island sounds, including music and banging metal pots, fill the stadium. Tailgating takes the form of sipping Caribbean rum and beer and enjoying traditional fare like Trinidadian doubles, roti and pelau. Fans are loyal to their leagues and are often dressed in league colors, waving respective country flags.

The game is quite complex and may last for up to five days. In a rectangular pitching area between two wooden wickets, a batter must hit the ball far enough that he and a teammate can run back and forth, each time scoring a "run." This continues until all batters from one team are struck out, then the other team gets a go at bat.

Famous players from all over have traveled to Central Broward Regional Park to face off against the world's best, including West Indies players Dwayne Smith, Chris Gayle and Johnson Charles, and Indian players Rohit Gurunath Sharma and Manish Krishnanand Pandey. South Florida now boasts two leagues of its own — the South Florida Premier Cricket League and the Florida Southeast Cricket League.





arquee UNIFEST

As one of the longest-running multicultural events in Greater Fort Lauderdale, Unifest is an annual celebration the Lauderdale Lakes community looks forward to each May. For more than 25 years, this festival has shown off an array of Caribbean music, entertainment, art, costumes and activities that represent the region's strong influence here. These include a parade, kids' crafts, live music, cultural displays and, of course, delicious Caribbean food. Celebrity performers have included Big Youth, Christopher Martin and Nailah Blackman.

4331 N.W. 36th St. | unifestlive.com

Lauderdale Lakes

JAMMIN' IN THE PARK

Lauderhill

Music, food trucks and flowing drinks - what's not to like? For around 10 years, this free community event has been drawing music lovers to listen to DJs and live bands, giving them the chance to see wellknown performers alongside local favorites like DJ Big Man Kelly and the Old Skool Gang. The event has grown and now takes place at Central Broward Park & Broward County Stadium. Pack your lawn chair and blankets, and prepare for a great time.

3700 N.W. 11th Place lauderhill-fl.gov

ONE TAMARAC MULTICULTURAL FESTIVAL

Tamarac

Bring your family and friends for a full day of fun at One Tamarac Multicultural Festival. This free event, held each February or March, made its debut in 2018 and has since become one of the city's most popular.

The celebration of cultures is represented through various performances and activities like henna tattooing and martial arts showcases. Local food vendors include food trucks with Asian, Latin, Caribbean and American offerings. The festival also presents live music. family-friendly exhibits. inflatables and face painting for the kids, and a night fireworks

9901 N.W. 77th St.

Outdoors

LAUDERHILL

Ilene Lieberman **Botanical Gardens**

Green space featuring a nature trail, public art, amphitheater, playground and a pavilion for picnicking. 3801 Inverrary Blvd.

Lauderhill Sports Park

Spacious park, open daily, with baseball and cricket fields, basketball courts and more. 7500 W. Oakland Park Blvd.

Herbert Sadkin Community Center

Community center with indoor basketball gym, fitness room, meeting rooms and other park facilities. 1176 N.W. 42nd Way

LAUDERDALE LAKES

Vincent Torres Memorial Park

Sports fields and courts, covered playground, gym and fitness center. 4331 N.W. 36th St.

Cypress Preserve Conservation Park

Family-friendly park and nature area with bike and walking trails, disc golf course, pavilions and splash pad for kids. 9020 N.W. 38th St.

Otis Grey Neighborhood Park

Small neighborhood park perfect for young children, with covered playground, half mile walking trail and pavilions. 4800 N.W. 26th Ave.

Northgate Neighborhood Park

Small neighborhood park with playground, walking trail, pavilion and public grills. 3555 W. Oakland Park Blvd.

NORTH **LAUDERDALE**

Hampton Pines Park

Wooded park, featuring a playground and picnic area, small lake for fishing, paddle boarding and pavilions available for rent. 7800 Hampton Blvd.

Woodville Dog Park

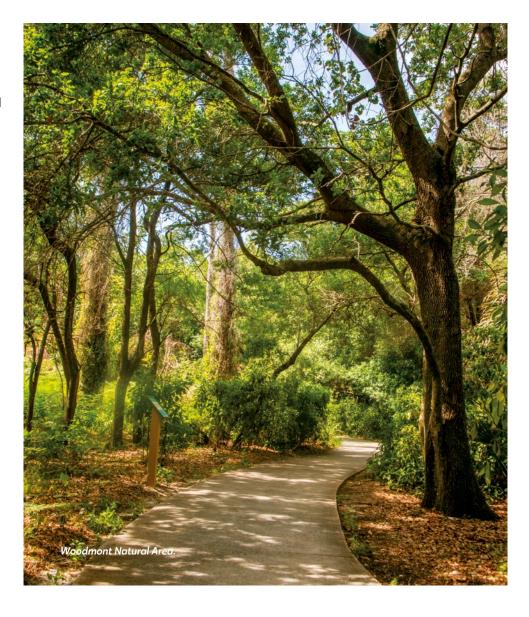
Fenced in dog park with room to

roam and relax off leash. 1500 S.W. 83rd Ave.

TAMARAC

Woodmont Natural Area

The largest natural habitat area in Tamarac with a shaded trail, elevated boardwalk and plenty of local flora and fauna to see. No pets allowed. 7250 N.W. 80th Ave.



Resources

ATM BANKS

Bank of America ATM (Drive-thru)

4400 Inverrary Blvd., Lauderhill

Truist ATM

5995 W. Oakland Park Blvd., Lauderhill

Chase Bank ATM

4820 W. Oakland Park Blvd., Lauderdale Lakes

City National Bank Presto! ATM

5855 W. Florida 816, Ste 203, Lauderhill

PNC Bank ATM

7105 W. McNab Road, North Lauderdale

Presto! ATM at Publix

5881 N. University Drive, Tamarac

Presto! ATM at Publix

1297 S. State Road 7, North Lauderdale

Wells Fargo ATM

7408 W. Commercial Blvd., Lauderhill

FITNESS

ICANFITNESS

Personal training and group fitness.
5458 N. University Drive, Lauderhill
954-319-7445
icanfitnessmiami.com
Nationa persona 3708 W
Blvd., Lc

Planet Fitness

Gym with cardio and strength training. 2629 N. State Road 7, Lauderhill 954-874-3641 planetfitness.com



Tailored Fitness

Physical fitness and personal training. 7567 W. Oakland Park Blvd., Lauderhill 954-297-1296 tailoredfitness.net

YouFit Health Clubs

National gym chain with personal trainers available. 3708 W. Oakland Park Blvd., Lauderdale Lakes 954-414-9719 youfit.com

MARKETS

Kingston Market

Convenience store with groceries.
4120 N.W. 21 St.,
Lauderhill

Oriental Market

Asian grocery items, cookware, home goods and prepared fare. 4850 N. University Drive, Lauderhill

Publix Supermarket

Groceries, deli and bakery. 5855 W. Oakland Park Blvd., Lauderhill publix.com

Publix Supermarket

Groceries, deli and bakery. 8245 N.W. 88th Ave., Tamarac publix.com

Sahara Food Market

Middle Eastern food, groceries and butcher. 3570 State Road 7, Lauderdale Lakes sahara-food-market. business.site

Walmart Neighborhood Market

Groceries and bakery. 6931 N.W. 88th Ave., Tamarac walmart.com

Winn Dixie

Supermarket with groceries.
3116 W. Commercial Blvd., Tamarac winndixie.com

CHAMBERS OF COMMERCE

Lauderhill Chamber of Commerce

Committed to serving local businesses in Lauderhill and throughout Central Broward County. 4300 N. University Drive, Ste. D203, Lauderhill 754-206-4206 lauderhillcoc.org

Tamarac North Lauderdale Chamber of Commerce

Working to create economic vitality by connecting community and business. 7525 N.W. 88th Ave., Tamarac 954-722-1520 tnlcoc.org



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