

WINTER HIKING CHECKLIST

Consider this list a “minimum” of what is necessary for a safe and fun hike in the snow. Plan according to trip length/distance, trail conditions, snowshoeing partners, environment (humid, dry, high-altitude), weather considerations, and most importantly – YOU. You must pack according to your needs, comfort-level and environment.

Always prepare for the unexpected. Mother Nature doesn't operate on your terms and anything is possible. **BE PREPARED!**

Note that this list presumes you are going on a day trip and not winter camping. **Highlighted** items are available to rent or buy at Mountain Side Gear Rental.

SNOWSHOEING GEAR

- _ Snowshoes OR Microspikes
- _ Trekking Poles
- _ Backpack/Daypack
- _ Drysack(s)

SURVIVAL & COMFORT

- _ Map
- _ Compass
- _ Sunscreen
- _ Lip Balm
- _ Sunglasses
- _ Headlamp and/or Flashlight
- _ Extra Batteries
- _ First Aid Kit
- _ Matches and/or Lighter
- _ Waterproof Container
- _ Fire Starter
- _ Knife
- _ Duct Tape
- _ Pliers
- _ Paracord/Rope
- _ Water Bottle or Bladder
- _ Water Filtration/Purification
- _ Personal Identification & Necessary Permits
- _ Emergency Blanket
- _ Emergency Shelter (Tent, Tarp or Bivvy)

*Leave your trip itinerary with family or friends and in your car!!!

CLOTHING (Prepare for the Unexpected!)

- _ Wicking Base Layers
- _ Insulating Mid-Layer (Fleece or Wool)
- _ Waterproof & Breathable Jacket
- _ Waterproof & Breathable Pants or Bibs
- _ Socks (Wool or Wool-Blend, Two Pairs)
- _ Insulating Hat
- _ Balaclava or Headband
- _ Waterproof Hiking Boots/Shoes (Not brand new!)
- _ Sun-Shading Hat
- _ Insulated Gloves or Mittens
- _ Lightweight Gloves (For Mild Days)
- _ Gaiters
- _ Extra Layers for Iffy Weather Days

OTHER

- _ Lunch
- _ Energy Food (Bars, Gels, Trail Mix)
- _ Insulated Bottle (For Hot Drinks)
- _ Hand/Foot Warmers
- _ Camera
- _ Phone
- _ Fire Starting Aid
- _ Emergency Whistle
- _ Personal Location Beacon
- _ Pain Relief/Required Medications
- _ Card, Cash, Photo ID
- _ Notebook and Pen
- _ Post-Hike Food and Water
- _ Post-Hike Beer or Toddy
- _ Plastic Trowel and Toilet Paper
- _ Axe/Hatchet or Saw for Firewood