

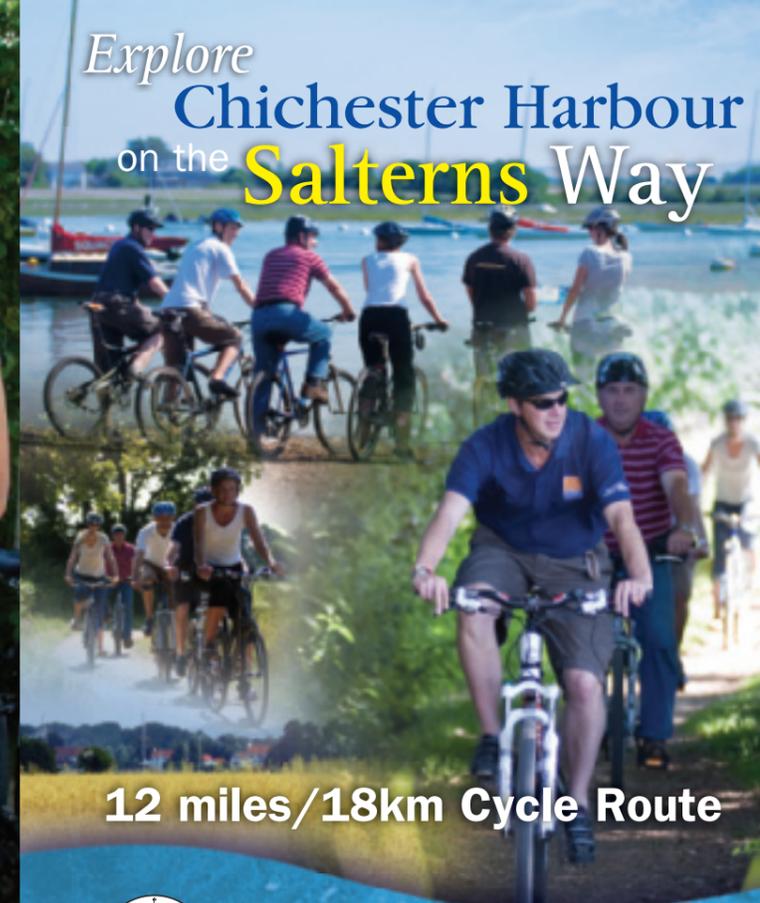


- Be safe – plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals, and take your litter home
- Keep dogs under close control
- Consider other people

Thank you for cycling! Cycling is an environmentally friendly form of transport - the bicycle does not cause pollution, congestion or contribute to climate change.

If you are unable to use this leaflet please pass it on to someone who would be interested or recycle it.

Users of the Salterns Way do so at their own risk. Chichester Harbour Conservancy do not accept any responsibility for any loss, damage or injury, howsoever caused, arising directly or indirectly from use of the Salterns Way cycle route.



Explore Chichester Harbour on the **Salterns Way**

12 miles/18km Cycle Route



Chichester Harbour Conservancy
Area of Outstanding Natural Beauty

Sustainable Transport in Chichester Harbour Area of Outstanding Natural Beauty

Chichester Harbour Conservancy is responsible for ensuring the maintenance and well-being of the Area of Outstanding Natural Beauty (AONB). As part of our commitment to provide sustainable access to this unique area we have worked with local landowners to create the Salterns Way route. Salterns Way provides a route for cyclists to travel from the centre of Chichester to the coast at West Wittering mainly using dedicated cycle paths or quiet lanes.



There are several sections of the route which are off-road and offer access opportunities for all-terrain or soft-wheeled wheelchairs. These sections are indicated on the map and also on the route markers.

To find out more about Chichester Harbour Conservancy and other means of sustainable transport including the **Solar Heritage**, a solar-powered catamaran for passenger trips in Chichester Harbour, see conservancy.co.uk.



Please follow our guide to using the route safely and considerately

- Please keep to the marked way – do not cycle on adjacent public footpaths
- Give way to wheelchair users and pedestrians and leave plenty of room when passing
- No motorised vehicles or motor cycles
- Please be considerate to other users – watch your speed
- Be careful at junctions, bends and entrances
- Remember that many people are hard of hearing or visually impaired – don't assume they can hear or see you



Salterns Way has been generously funded by:



The work of the AONB team is supported by:



Chichester Harbour Conservancy
Harbour Office, Itchenor
Chichester PO20 7AW
Tel: 01243 512301 www.conservancy.co.uk

Designed by navigate 01730 235666 www.navigate-design.com
Photographs by CHC

Explore Chichester Harbour on the Salterns Way

Salterns Way is an 18km cycle route from the centre of Chichester to the sand dunes of East Head. The route follows rural roads and cycle paths through the countryside. It has been funded by the Heritage Lottery Fund and is managed by Chichester Harbour Conservancy.

Section 5 Rookwood Road to East Head

Turn right onto Rookwood Road. This is a busy road, please cycle with care and watch out for traffic. You will pass a small row of shops, continue on and turn right into Pound Road. Pass the public toilets on your left and bear left onto the road that takes you down to the West Wittering beach car park. This road can be very busy on summer weekends with traffic queuing to get into the car park. Follow the road right down to the car park entrance. Cycle through the car park to the far end. At the end proceed on foot through the five-bar gate and onto East Head.

Amenities

Car parking - at West Wittering beach car park see www.westwitteringbeach.co.uk for details.

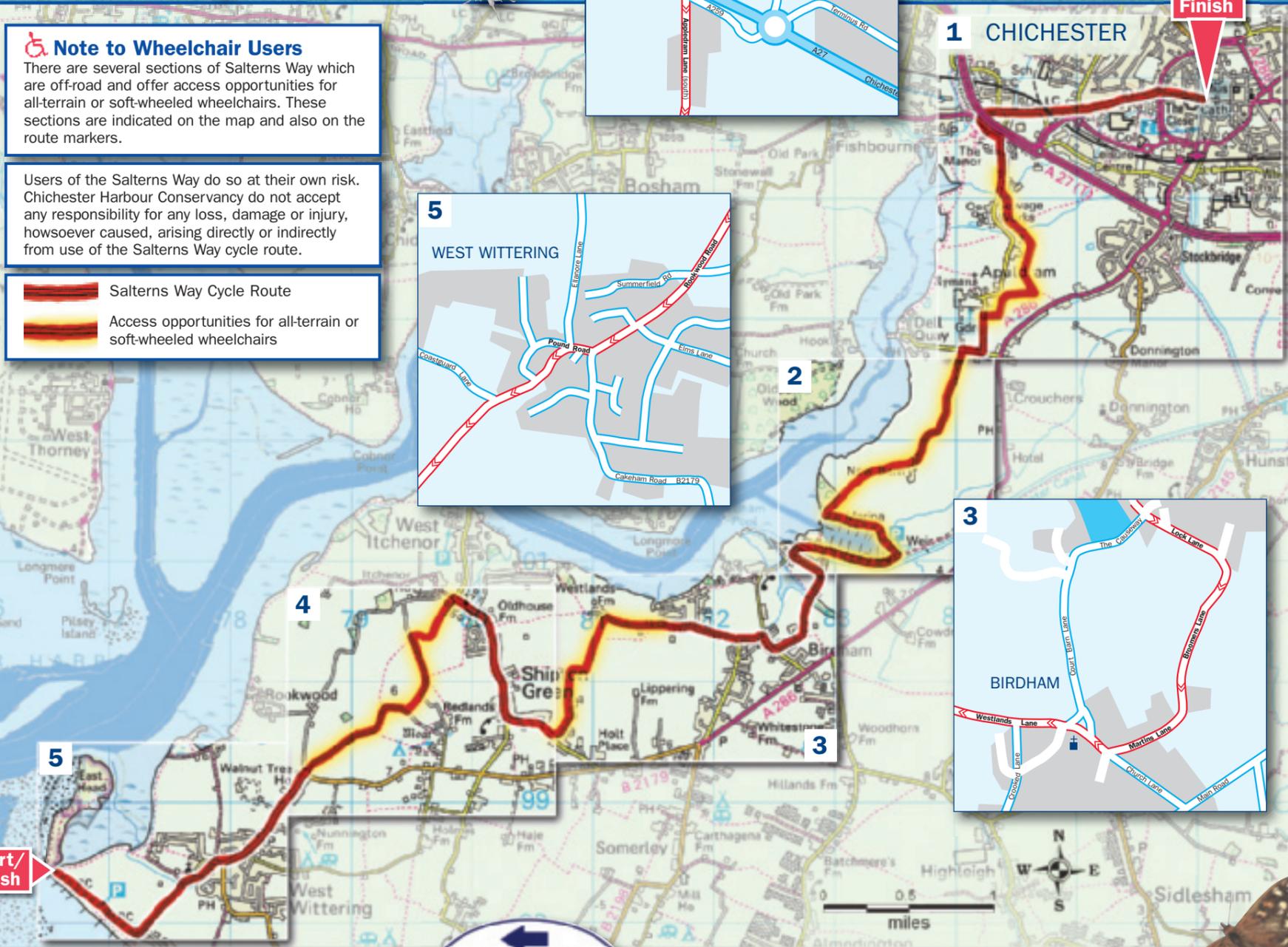
Shops - a selection of general stores on Rookwood Road.

Toilets - public toilets in Pound Road and at the beach car park.

Pubs & Cafes - the Old House at Home on Rookwood Road. The Beach House on Rookwood Road. Various food outlets at the beach car park. The Ship Inn at Itchenor (continue past the church and along the Itchenor Road).

Section 4 Itchenor Caravan Park to Rookwood Road

After passing the Caravan Park go through the wooden gate and turn right onto Itchenor Road. Follow the road round to the right. Pass the church of St Nicholas on your right, 50 yards on turn left. Do not continue down the road to Itchenor Park Farm but take the left turn which goes to the village hall and go through the small wooden gate. Follow the signed path until you come to a junction with a concrete farm road. Turn left on this road and continue until you see the path on the right. The cycle route continues across the field, a gate at the other end takes you through to Sheepwash Lane. Turn right onto Sheepwash Lane. This lane is used by vehicles and horses, please cycle with care. Continue until you come to Rookwood Road.



Note to Wheelchair Users
There are several sections of Salterns Way which are off-road and offer access opportunities for all-terrain or soft-wheeled wheelchairs. These sections are indicated on the map and also on the route markers.

Users of the Salterns Way do so at their own risk. Chichester Harbour Conservancy do not accept any responsibility for any loss, damage or injury, howsoever caused, arising directly or indirectly from use of the Salterns Way cycle route.

Salterns Way Cycle Route
Access opportunities for all-terrain or soft-wheeled wheelchairs

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Section 3 Lock Lane to Itchenor Caravan Park

Turn left onto Lock Lane which becomes Broomers Lane and then Martins Lane. You will come to a junction with Church Lane. Turn right and continue along Church Lane passing the church on your left. Church Lane then becomes Westlands Lane which is a concrete road leading down to a farm. Just before the farm you will see two gates to your left. Go through the small kissing gate and follow the route which crosses fields before coming out next to Itchenor Caravan Park.

Section 1 Chichester – Appledram Lane South

The route starts at The Cross, Chichester. This is where the main shopping area of North, South, East and West Streets all converge. From the Cross, travel along West Street, passing the Cathedral. Go straight across the roundabout into Westgate and continue. You will need to cross the railway line before continuing into Fishbourne Road East. Please cross carefully. An underpass brings you out onto Fishbourne Road West (A259). Turn left for a short way and then right onto Appledram Lane South. After about 400m, leave the road and go through the wooden kissing gate on your left. Sections of this route are on public footpaths, please be aware of walkers. The path returns to Appledram Lane South through another kissing gate. Turn left at the Lane and continue to the T-junction.

Amenities
Car parking - there are a number of pay & display car parks in Chichester.
Railway - the main station is just a few minutes from The Cross.
Tourist Information - South Street, Chichester tel: 01243 775888 or visitchichester.org
Pubs & Cafes - there are plenty of cafes and pubs near the start of the route.

Section 2 Appledram Lane South to Lock Lane

At the T-junction with Dell Quay Lane turn right and then left onto a wide farm road. The route narrows and passes Salterns Copse woodland and then emerges at Chichester Marina. Turn left and travel around the Marina. Shortly after the car barrier turn right and keep on the road alongside Chichester Canal until you reach the second bridge crossing the canal adjacent to the old lock gates. This is a public footpath, you **must dismount** and walk over the bridge, turn right at the end of the tall fence and then walk to the road.

Amenities
Car parking - a small parking area at the end of Dell Quay Lane. Free visitors' car park at Chichester Marina.
Pubs & cafes - The Crown & Anchor, Dell Quay Lane, turn right at the end of Dell Quay Lane and continue to the harbourside. The Spinnaker - Chichester Marina.
Shops - small general store at Chichester Marina.
Toilets - at Chichester Marina opposite you as you exit Salterns Copse.

Keep safe, be courteous and enjoy your journey on the Salterns Way Cycle Route