

Since its earliest days, Highlands has promoted itself as a healthy escape from the stresses of the rest of the world. Dr. Mary Lapham's pioneering medical work here in Highlands during the late 1800s was predicated upon this nugget of wisdom:

*"Get up and get busy!"*

Our quaint community has clearly taken the good doctor's advice to heart.



You will find an abundance of things to do that will ensure that you are following in this cherished Highlands tradition.

Be inspired to make the most of every moment with recreation and adventure on our mountains.

## *Mountain Adventures*

### **Blue Star Ranch**

2555 Norton Road, Cashiers, NC  
bluestarranch.com  
828-743-3281  
**equine coaching**

### **Brookings Anglers**

273 Spring Street, Highlands, NC  
brookingsonline.com  
828-482-9444  
**fly fishing guides**

### **Cliffside Lake Recreation Area & VanHook Glade**

14014 Highlands Road  
Highlands, NC  
gofindoutdoors.org  
828-526-5912  
**camping, fishing, hiking, picnic area, swimming**

### **Harris Lake Park**

1241 Leonard Street  
Highlands, NC  
highlandsnc.org  
828-526-3556  
**fishing, picnic area**

### **Highland Excursion**

highlandexcursion.com  
864-373-4022  
**hiking, sightseeing tours**

### **Highlands Aerial Park**

9625 Dillard Road  
Scaly Mountain, NC  
highlandsaerialpark.com  
828-526-8773  
**adventure ropes course, dual tree climb, giant mountain swing, nature trails, UTV tours, ziplines**

### **Highlands Outpost**

7420 Dillard Road  
Scaly Mountain, NC  
highlandsoutpost.com  
828-526-3737  
**fishing, gem mining, roller coaster, summer/winter tubing, winter ice skating**



### **Highlands Recreation Park and Civic Center**

600 N. Fourth Street  
Highlands, NC  
highlandsnc.org  
828-526-3556  
**dog park, exercise classes, fitness center, covered swimming pool, tennis and pickleball courts**

### **Jackson Hole Trading Post and Gem Mine**

9770 Highlands Road  
Highlands, NC  
jacksonholegemmine.com  
828-524-5850  
**gem mining**

### **Kelsey-Hutchinson Founders Park**

Pine Street, Highlands, NC  
**farmer's market (Saturday mornings April – Oct), live music (Saturday nights May – mid-Oct), picnic area, winter ice skating**

### **Lake Glenville Scenic Waterfall Cruises**

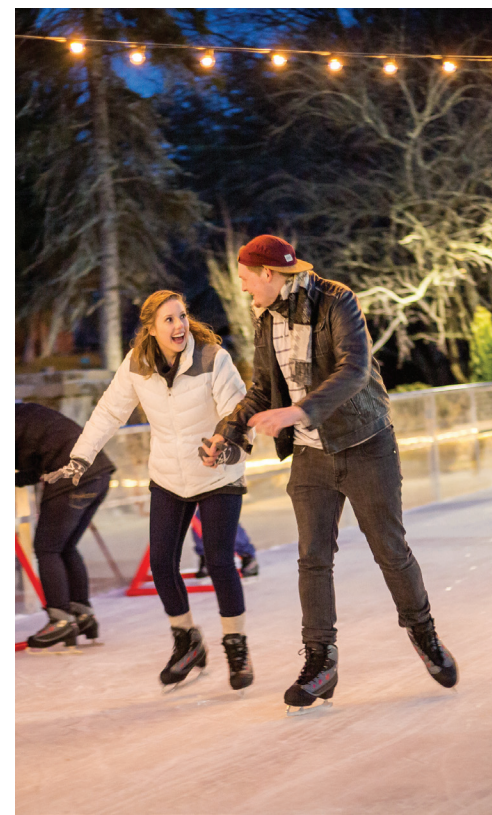
2799 Pine Creek Road  
Cullowhee, NC  
worldclasswaterfalls.com  
828-526-6300  
**sightseeing tour**

### **Sapphire Valley Resort**

100 Cherokee Trail  
Sapphire, NC  
sapphirevalley.com  
828-619-0097  
**activity field, boat rentals, dog park, fishing, foot golf, golf, hiking, lake, tennis, winter skiing and snowboarding, zipline**

### **Sky Valley Country Club**

568 Sky Valley Way #1  
Sky Valley, GA  
skyvalleycountryclub.com  
706-746-5302  
**golf**







*The Nature Center and Botanical Garden*

### **The Nature Center and Botanical Garden**

930 Horse Cove Road  
Highlands, NC  
highlandsbiological.org  
828-526-2623  
educational sessions, walking trails



### **The Highlands Plateau Audubon Society**

highlandsaudubonsociety.org  
special events

### **Whitewater Equestrian Center**

6420 Whitewater Road  
Sapphire, NC  
funhorsebackriding.com  
828-966-9646  
gem mining, guided trail rides



### **Wildwater**

1251 Academy Road  
Long Creek, SC 29658  
wildwaterrafting.com  
800-451-9972

Jeep adventures, kayak tours,  
team building, white water  
rafting, zipline



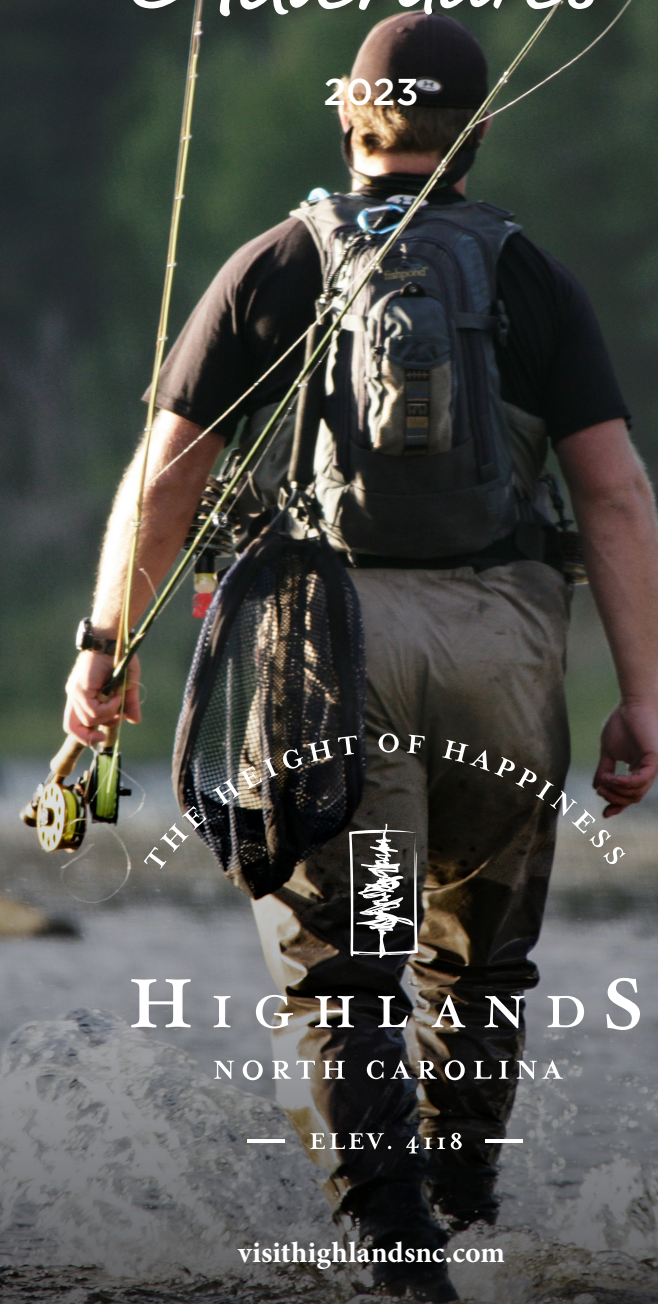
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Visit Highlands, NC.

108 Main Street  
visithighlandsnc.com  
828-526-5841



# *Mountain Adventures*

2023



**HIGHLANDS**  
NORTH CAROLINA

— ELEV. 4118 —

visithighlandsnc.com