

Sports + Recreation

Holland and its surrounding areas offer a wide variety of sports and recreation, from land to lake, for people of all ages.

Biking

The Holland area boasts more than 150 miles of bike trails, from casual paved paths to challenging off-road routes. Many connect to popular parks like Holland State Park and Tunnel Park, offering scenic views, beaches, and the DeZwaan windmill. These trails also link to neighboring towns like Saugatuck and Grand Haven, with safe U.S. 31 crossings.

Golf

Holland offers seven diverse golf courses, from links-style to wilderness, each well-maintained and appreciated by local golfers.

Parks and Nature Centers

Holland's state and local parks, totaling over 4,000 acres, offer year-round outdoor recreation. Enjoy sandy beaches at Holland State Park and Tunnel Park, hike scenic trails from Mt. Pisgah to Sanctuary Woods, or explore nature at the Outdoor Discovery Center and Graafschap Nature Center. All parks and centers are easily accessible.

Water Recreation

Holland's lakes offer ample opportunities for water sports, while the Holland Aquatic Center and Bouws Pool provide additional swimming options, including classes and programs.

Organized and College Sports

Holland provides a wide range of recreational opportunities, from youth and adult sports leagues (including softball, soccer, basketball, and more) to top-tier NCAA Division III athletics at Hope College. Hope's basketball and volleyball programs are particularly popular, but other sports like soccer, football, and lacrosse also draw dedicated fans. For more detailed information on recreation in the Holland area, visit holland.org.

