



1 Southern Utah Museum of Art (SUMA)
Host to art exhibitions from around the world along with a special collection by Utah artist, Jimmie Jones. SUMA regularly exhibits works of Southern Utah University's Art and Design students and faculty as well as regional artists.
13 S 300 W, Beverley Center for the Arts
Monday - Saturday from 11:00-6:00pm | (435) 586-5432 | suu.edu/suma

2 Utah Shakespeare Festival*
Nine plays are presented in three theaters: the outdoor Engelstad Theatre, a replica of Shakespeare's Globe Theatre, the indoor Randall L. Jones Theatre, and the indoor Anes Studio Theatre.
195 W University Blvd. (Center Street), Beverley Center for the Arts
Performance season runs from June - Mid October | (800) PLAYTIX | bard.org

Free public parking for Southern Utah University, the Southern Utah Museum of Art, and the Utah Shakespeare Festival is located on the corner of 300 W and University Blvd. (Center Street)

3 Downtown Art, Mural & Sculpture Stroll
Throughout historic downtown, find an incredible variety of public art, murals, and museum-quality bronze statues that commemorate the lives of four prominent Cedar City citizens. Step into the local art galleries and unique local shops along the way.

4 Heritage Center Theater
Renowned for its stunning architecture, the theater hosts a variety of theatrical and musical events throughout the year. Check calendar for event information.
105 N 100 E | (435) 865-2882 | visitcedarcity.com/events

5 Southern Utah University (SUU) Campus Walking Tour
Enjoy over 20 pieces of modern and traditional sculpture. Visit the outdoor Adam's Memorial Theatre, the Greek themed Eccles Coliseum, the stainless steel Utah Summer Games cauldron and the 2002 Salt Lake Winter Olympic Legacy Monument.
351 W University Blvd. (Center Street) | The Cedar City Visitor Center has brochures and maps.

CEDAR TRAILS

- 6 Coal Creek/Cedar Canyon Trail:** A paved, scenic trail with benches, fitness stations, and access to restrooms and drinking fountains.
Year Round | 3.4 miles (one way) 🐾
Access: Cedar City Visitor Center, Veterans Park, Bicentennial Park, & Cedar Canyon Parks
- 7 Cross Hollow Trail:** A paved trail that follows a wooded hillside along Cross Hollow Road. No water or restrooms.
Year Round | 1 mile (one way) 🐾
Access: Cross Hollow Road
- 8 East Bench Trail:** A paved trail that follows the base of Cedar City's mountain range. Water and restrooms are located at the Canyon Park.
Year Round | 2.65 miles (one way) 🐾
Access: Cedar Canyon Park, 300 East, & Greenslake Drive
- 9 Park Discovery Trail:** A paved path that travels around Park Discovery and Cedar Middle School. Water and restrooms available.
Year Round | 0.5 miles (loop) 🐾
Access: 2077 West Royal Hunte Drive
- 10 C Trail:** Single track switchbacks that drop down Cedar Mountain 2,300 feet down to the edge of the city.
Spring-Fall | 4.5-10.5 miles | Very Difficult 🐾
Shuttle is recommended.
- 11 THUNDERBIRD GARDENS TRAIL SYSTEM**
- Thor's Hideout (Hike & Bike):** Big uphill climb and some up and down riding in the descent. Mix of double and single track.
Spring-Fall | 1.4 miles | Difficult 🐾
- Red Hollow (Hike & Bike):** A steep and fast downhill trail with a number of optional technical features. No water or restrooms.
Spring-Fall | 0.7 miles | Very Difficult 🐾
- 12 IRON HILLS TRAIL SYSTEM**
- Lava Flow (Hike & Bike):** Downhill single track with table top jumps and high berms for fast riding. Restroom at trailhead.
Spring-Fall | 1.8 miles | Difficult 🐾
- Lichen It (Bike):** Easy trail that meanders its way up the hill. Restroom at trailhead.
Spring-Fall | 2.8 miles | Easy 🐾

13 THREE PEAKS TRAIL SYSTEM

Over 27 miles of mountain bike trails and 42 miles of OHV routes zigzag through Three Peaks' 6,500 acres. Water and restrooms are available.
Year Round 🐾

**Fee area/Fee associated with activity
🐾 Dog Friendly - Leash Required*

- 14 Frontier Homestead State Park***
Interactive displays, hands-on activities, and exhibits bring the early history of Cedar City and southern Utah to life.
635 N Main Street | Monday - Saturday from 9:00-5:00pm | (435) 586-9290 | frontierhomestead.org
- 15 Cedar City Historic Downtown**
Quaint shops, galleries, coffee houses, eateries, an old time soda fountain, antique stores, winery, microbrewery, and regional arts & crafts shops. Historical buildings in the area include the Old Post Office, Rock Church and the Union Pacific Railroad Depot.
Main Street and 100 W between 200 N and University Blvd. (Center Street)
Most shops are open Monday - Saturday
- 16 Veterans Memorial Park**
Features large scale memorials and statues to honor veterans of both World Wars, Korean, Vietnam, Afghanistan, and Iraqi Freedom Wars.
200 N 200 E | Year round, daylight hours | cedarcity.org
- 17 Garth and Jerri Frehner Museum of Natural History**
The museum features southwest Utah's fossilized and archaeological history, plus an amazing display of small and large game animals.
Corner of 300 W and 200 S, SUU Campus | Park at 300 W University Blvd. (Center Street) | Tuesday - Friday 10:30-4:30pm | (435) 865-8549 | Free
- 18 Daughters of Utah Pioneers Museum**
Local pioneer artifacts and stories.
581 N Main Street (Inside the Cedar City Visitor Center)
Wednesday - Saturday 1:00-4:00pm | (435) 586-5124 | Free Hours extended during summer

ADVENTURES

- 19 The Hills Aquatic Center***
Aquatic Center includes a leisure pool with hot tub, lazy river, water slide, toddler splash pool, play structures, fountains and a family changing room.
2090 W Royal Hunte Drive | (435) 865-9223 | cedarcity.org Open Swim Monday - Friday from 3:30-8:30pm & Saturday from 10:00-6:00pm with extended summer hours
- 20 The Lake at the Hills**
Open for fishing, non-motorized boating, and swimming. Kayaks are available for rent, late May - August. Restroom available, no lifeguard.
2090 W Royal Hunte Drive | Daylight hours only, March - November | (435) 865-9223
- 21 Cedar Ridge Golf Course***
18-hole course equipped with a clubhouse, golf carts, driving range and rentals. No tee times required.
200 E 900 N | Daily 6:00am-6:30pm | (435) 586-2970
- 22 Park Discovery**
Interactive play structures built from the concepts of local children, including cultural and historical elements, plus dozens of educational features.
2077 W Royal Hunte Drive | Year round, daylight hours only
- 23 Cedar Canyon Park**
Includes two pavilions available for group gatherings, a volleyball court and two playgrounds. Located on both sides of Coal Creek with easy access to the city trail system.
500 E Center Street | Year round, daylight hours only | Free Pavilion Reservations (435) 865-9223
- 24 Three Peaks Recreation Area**
Rolling hills and volcanic rock formations provide a fantastic location for OHV, hiking, and biking. Two 18 hole disc golf courses have recently been constructed and remote control flyers love the paved flying field.
10 Miles west of Cedar City | Year round | Free Pavilion Reservations (435) 586-5124
- 25 Thunderbird Gardens Disc Golf**
This is a challenging 18-hole disc golf course tucked into the red rocks directly east of town. Discs available for rent at the Cedar City Visitor Center.
East on 900 N, continue on dirt road to parking lot
Year round | Free
Wednesday - Saturday 1:00-4:00pm | (435) 586-5124

WONDERS of SOUTHWESTERN UTAH



Brian Head, Utah's Highest Resort Town

Visitor Center: 56 North Hwy 143 | (435) 677-2029 | visitbrianhead.org
 Brian Head is a laid back village where people and nature happily coexist. Located at 9,800 ft, summers are pleasant and winters are a snowy wonderland. Mother Nature blessed this town with incredible mountain terrain for nearly every type of outdoor activity and surrounded it with Utah's famous red rocks.

Brian Head Resort*: Brian Head Resort receives 400+ inches of Utah's famous powder every year and features Utah's highest base elevation at 9,600 ft. The resort has over 650 acres, with eight chairlifts and 71 runs. Summertime, the resort offers biking, hiking, tubing and special events on weekends.
 Ski Season: November - mid April | (435) 677-2035 | brianhead.com
 Summer Season: Late June - Mid September (Weekends only)

Brian Head Snowtubing Park*: With two tubing hills located at both Giant Steps and Navajo Mountains, this winter activity is great for the whole family. Surface lifts provide easy access to the hill.
 Open mid December - mid April | (435) 677-2035 | brianhead.com
 Summer Tubing: Late June - Mid September (Weekends only)

Brian Head Peak: At 11,000 feet elevation, on a clear day you can see well into Arizona and Nevada. The highest point of the Grand Staircase and the start for many biking and hiking trails.
 Open late June-October | 3 miles south of Brian Head via Hwy 143

Parowan, Southern Utah's Mother Town

Visitor Center: 5 S Main Street | (435) 477-8190 | parowan.org
 Parowan's "Mother Town" nickname comes from being the first southern Utah settlement that spurred the colonization of the west, including places like Cedar City, St. George, and Las Vegas. Every corner of Parowan has a story to tell from their preserved pioneer homes and historic downtown, to their Heritage Park, and Meeks Farmstead.

Parowan Heritage Park: Features a natural spring, several bronze monuments and statues. Interpretive plaques tell the history of this Mormon pioneer settlement in the southwest.
 Daylight hours only | 89 West Hwy 91 | (435) 477-8190 | Free

Parowan Urban Fishery & Dr. Meeks Pioneer Farmstead: The homestead buildings have been restored to when it was a working pioneer farmstead. The urban fishery is open to the public, Utah fishing regulations apply.
 Year round | 100 North 400 West | Free

Parowan Gap Petroglyphs & Dinosaur Footprints
 Wind, water and sand carved out this natural passageway. The Gap is one of the most concentrated collections of petroglyphs in the West. With over 1,500 figures, the gallery of ancient American Indian rock carvings includes geometric designs, animal and human figures. Just two miles east of the Gap are several relief dinosaur tracks preserved in stone.
 13 miles north of Cedar City via Hwy 130 | Free

Scenic Byway Loop

Take Scenic Byway 14 from Cedar City through Cedar Canyon to the high elevations of Scenic Byway 148 through Cedar Breaks National Monument to National Scenic Byway 143 through Brian Head town, then down Parowan Canyon to I-15, and back to Cedar City.
 Recommended late May - mid November, Hwy 148 closes in winter months

RECREATIONAL AREAS

Navajo Lake Area, Dixie National Forest: Stop at the Zion Overlook, hike the Bristlecone Pine Trail (1/2 mile) or Cascade Falls Trail (1 mile), mountain bike the Navajo Lake Loop Trail (12 miles), fish at Navajo Lake, Duck Creek and Aspen Mirror Lake. Wintertime, enjoy snowmobiling, snowshoeing, Nordic skiing.
 Summer season is late May - mid October | 22 mi east of Cedar City via Hwy 14, Dixie National Forest Office: 820 N Main St, Cedar City | (435) 865-3700

Three Peaks Recreation Area: The rolling hills and volcanic rock formations provide a fantastic location for camping, bike riding and off-road vehicle use. Also features several picnic areas, two disc golf courses, and developed campgrounds.
 10 miles west of Cedar City via Midvalley Rd Pavilion Reservations (435) 586-5124

Wood's Ranch Recreation Area & Kids Pond: A nice area for picnics, volleyball and hiking. The Kids Pond is available for kids 12 and under to fish for free accompanied by an adult with a valid Utah fishing license.
 Late May - September | 12 miles east of Cedar City via Hwy 14 Pavilion Reservations (435) 586-5124

Yankee Meadows Reservoir & Vermillion Castle: Vermillion Castle has unique rock formations and hiking. Yankee Meadows is a beautiful reservoir at the base of Sidney Peaks. Enjoy fishing, photography, and OHV riding.
 12 miles southeast of Parowan via Hwy 143 | Closed in the winter

TRAILS

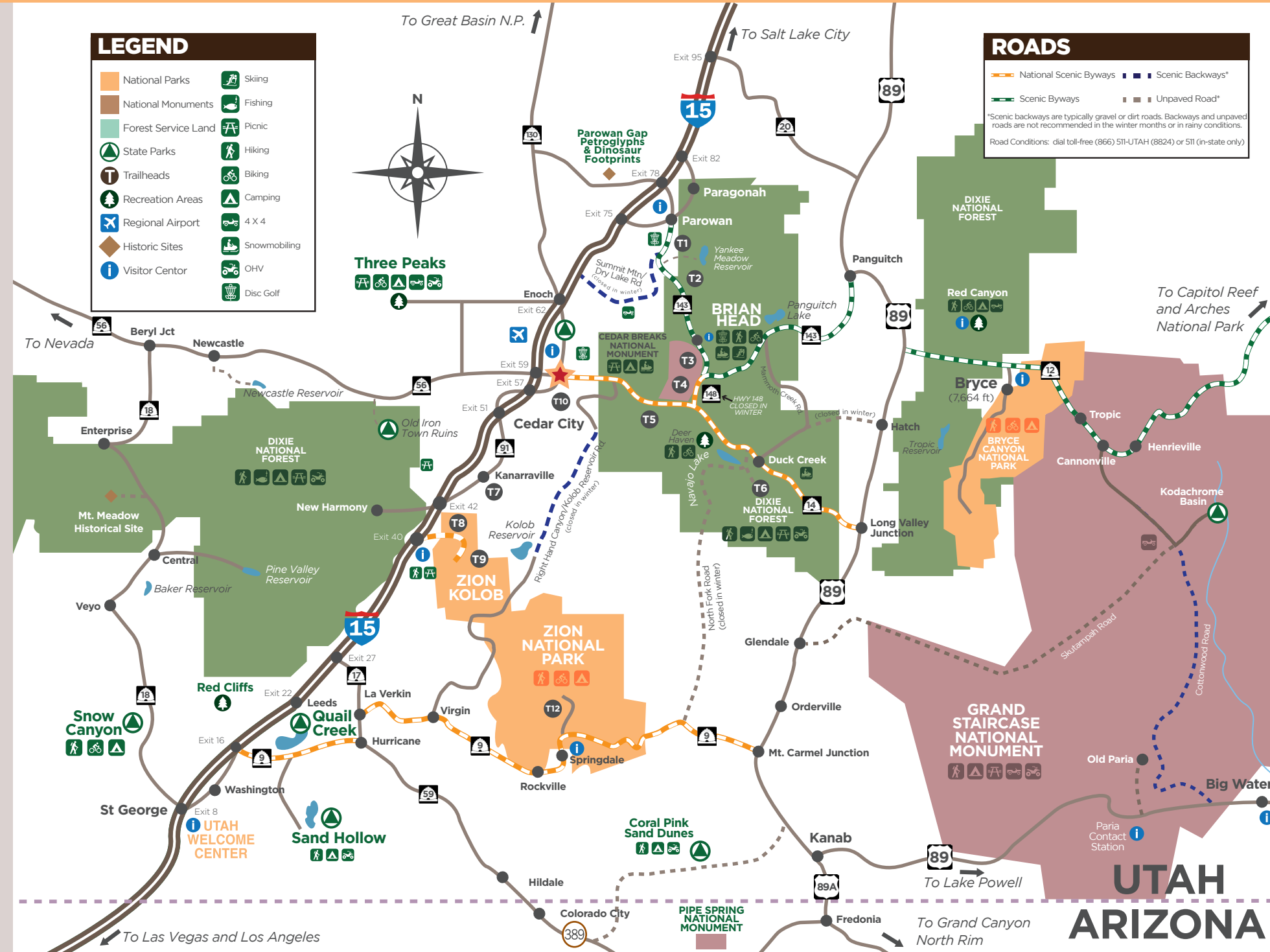
- T1 Vermillion Castle**: A moderate trail winds through red rock hoodoos. The two mile trail is found two miles up Yankee Meadow Road near Parowan. *Spring to Fall.* 🐾
- T2 Hidden Haven**: Wind through a wildlife study area and traverse a granite rock wall to a 20 foot waterfall. Trailhead is located between mile markers 8 and 9 on Hwy 143.
- T3 Alpine Pond (Cedar Breaks)***: A pleasant walking trail that leads to a surreal alpine grove and pond. The moderate two mile trail starts at Chessman Ridge Overlook. *Summer & Fall*
- T4 South Rim (Cedar Breaks)***: A high-country trail winds along the plateau rim and passes a stand of bristlecone pines. The moderate four mile trail begins at the fee station. *Summer & Fall*
- T5 Bristlecone Pine**: Great views of the Virgin River and Zion while meandering through ancient Bristlecone Pines. The easy one mile loop begins at approximately mile marker 17 on Hwy 14. *Spring to Fall.* 🐾
- T6 Cascade Falls**: Leads to an impressive seasonal waterfall flowing from Navajo Lake. The easy one mile hike is found at the end of Forest Service Rd #54 from Navajo Lake. *Summer & Fall* 🐾
- T7 Kanarra Falls***: A water hike complete with a waterfall and a slot canyon. The moderate 5 mile hike is found at the east end of 100 North in Kanarraville. Permit required | \$12/hiker | kanarrafalls.com *Summer & Fall*
- T8 Middle Fork of Taylor Creek (Kolob)***: Traverses past two homestead cabins and ends at Double Arch Alcove. The moderate five mile trail starts two miles past the Kolob Canyons Visitor Center. *Spring to Fall.*
- T9 Timber Creek Trail (Kolob)***: Offers views of Timber Creek, Kolob Terrace and the Pine Valley Mountains. The easy one mile trail begins at Kolob Canyons Picnic Area. *Spring to Fall.*
- T10 Cedar City Trails**: See other side for descriptions and locations of walking and biking trails in Cedar City. *Year round.* 🐾
- T11 Navajo/Queens Garden Loop (Bryce Canyon)***: The least difficult descent into the canyon, this moderate two mile hike is one of the park's most popular. *Spring to Fall.*
- T12 Riverside Trail (Zion)***: Take a glimpse at the quiet side of the Zion Narrows. Start this easy two mile hike at the Temple of Sinawava.

Dog Friendly - Leash Required 🐾
 *Fee Area

MILEAGE FROM CEDAR CITY

Kolob Canyons	20 miles
Cedar Breaks	21 miles
Zion National Park	62 miles
Bryce Canyon	79 miles
Mesquite, Nevada	81 miles
Grand Staircase	85 miles
Great Basin	149 miles
Lake Powell	149 miles
Grand Canyon (North Rim)	159 miles
Las Vegas, Nevada	180 miles
Salt Lake City, Utah	260 miles
Phoenix, Arizona	398 miles
Los Angeles, California	446 miles
Denver, Colorado	560 miles

LEGEND



NATIONAL PARKS AND MONUMENTS

Cedar Breaks National Monument*
 The early Paiute people called Cedar Breaks the "Circle of Painted Cliffs". This naturally carved amphitheater is home to curious wildlife and Bristlecone pines that have been hanging around since the last millennium.
 Hwy 148 is open late May - mid November to vehicle traffic (call for road conditions)
 21 miles east of Cedar City via Hwy 14 to Hwy 148 | (435) 986-7120 | nps.gov/cebr | \$10 per person

Bryce Canyon National Park*
 Bryce's intricate spires and formations, known as hoodoos, defy your imagination. Venturing deep into the vast depths of the canyons, you'll yearn to explore every turn in the trail.
 Shuttle runs mid April - mid November
 79 miles east of Cedar City | (435) 834-5322 | nps.gov/brca | \$35 per vehicle

Kolob Canyons - Zion National Park*
 Kolob is one of the few national parks that can be experienced from the comfort of your own vehicle - the scenic drive is only 12 miles round trip with several overlooks and trailheads to get your feet moving.
 20 miles south of Cedar City via I-15 to exit 40 | (435) 586-9548 | nps.gov/zion | \$35 per vehicle
 Pass includes entry to the main canyon of Zion National Park.

Zion National Park*
 The forces of water created Zion and the sound of it rushing down a spring waterfall invokes a sense of wonder and excitement. Zion is heaven on earth for adventure. Permits are required for more intense hikes.
 Shuttle is required through the Main Canyon March - November
 62 miles south of Cedar City via I-15 to Hwy 9 | (435) 772-3256 | nps.gov/zion | \$35 per vehicle

Visit Cedar City • Brian Head | 581 N Main Street
 (435) 586-5124 | www.visitcedarcity.com