

# Summer in Cedar City | First Time Visitor



A 4 day itinerary perfect for a bit of everything Cedar City has to offer for a first-time summer visit. **SEASON: MAY - OCTOBER**

## Day One: *Downtown Cedar City & Evening Play*

### AFTERNOON

- Arrive in Cedar City and check into your lodging.

### EVENING

- Grab a bite to eat from a local restaurant.
  - Places like The French Spot, The Pub Spirits + Craft Kitchen, or Park Place Eatery are great close options.
- Visit the Southern Utah Museum of Art and sculpture gardens at the Beverley Center for the Arts.
- Catch the free nightly Greenshow on the lawn
  - Song, dance, and lively theater
  - Summer only
- Attend your first evening play beneath the stars in the Engelstad Theatre with the Utah Shakespeare Festival
  - Performance schedules and tickets can be found at [bard.org](http://bard.org)



Evening performance of the Greenshow



Parowan Gap Petroglyphs

## Day Two: *Cedar City*

### MORNING

- Grab breakfast from a local spot like Silver Silo or The Grind
- Travel north to the Parowan Gap Petroglyph site on Hwy 130 (Minersville Hwy).
  - With over 1,500 petroglyphs across 90 panels, this is one of the largest petroglyph collections in the west, and one of the most accessible.
- Follow Gap Road to the town of Parowan and take Hwy 143 to the town of Brian Head.

### AFTERNOON

- At Brian Head Resort, take a scenic chairlift ride for incredible views. Grab lunch at the Giant Steps Lodge and enjoy some resort summer activities.

*Local Tip: Pack a picnic dinner from Mountain Peak Cafe for our next stop, Cedar Breaks National Monument*

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### EVENING

- Hike the sunset trail at Cedar Breaks National Monument before catching the sunset at the Sunset Overlook.
- Stick around for incredible dark sky views and guided dark sky programs before traveling back to Cedar City



Cedar Breaks National Monument

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## Day Three: *Biking, Hiking, and Disc Golf*

### MORNING

- Grab breakfast from Bristlecone or All American Diner
- Take a morning hike along the Red Hollow Trail in Cedar Canyon for incredible red rock views close to town.
  - 4 mile trail - 1 mile up the canyon

### AFTERNOON

- Lunch at a local spot like 2nd East, Brody's or Bunnisa's
- Grab discs from the Cedar City Visitor Center (581 N Main Street) and hit the trails for some disc golf!
  - There is a full 18-hole disc golf course in Thunderbird Gardens or two 18-hole disc golf courses at Three Peaks Recreation Area.

### EVENING

- Grab dinner at Milt's Stagespot in Cedar Canyon
- With bike rentals from Cedar Sports, it's time to hit the trails!



Iron Hills Trail System - Lava Flow Trail

\*Cedar City is home to a nationally recognized Recreation Trail, the Iron Hills Mountain Bike Trail System. Whether you choose to climb Lichen It and flow down Lava Flow or shuttle to the "C" Trail, the trails are calling.



Kolob Canyons - Timber Creek Overlook Trail

## Day Four: *History & Kolob Canyons*

### MORNING

- Grab breakfast from a local spot like The French Spot
- Step back in time with a visit to the Frontier Homestead State Park Museum.
  - Admission \$4 per person
  - Tour the historic carriage collection and the eight historic homes throughout the homestead grounds.
  - Pan for gold, try pioneer laundry, play horseshoes.

### AFTERNOON

- Travel south to visit Kolob Canyons, the north side of Zion National Park
  - Take Exit 40 on I-15
  - As part of Zion National park, a national park pass or day-use permit is required.
  - The Timber Creek Overlook Trail is a great option for an afternoon hike.
- Travel safely!