

WONDERS of SOUTHWESTERN UTAH



Brian Head, Utah's Highest Resort Town
Visitor Center: 56 North Hwy 143 | (435) 677-2029 | visitbrianhead.org
Brian Head is a laid back village where people and nature happily coexist. Located at 9,800 ft, summers are pleasant and winters are a snowy wonderland. Mother Nature blessed this town with incredible mountain terrain for nearly every type of outdoor activity and surrounded it with Utah's famous red rocks.

Brian Head Resort*: Brian Head Resort receives 400+ inches of Utah's famous powder every year and features Utah's highest base elevation at 9,600 ft. The resort has over 650 acres, with eight chairlifts and 71 runs. Summertime, the resort offers biking, hiking, Avalanche tubing and special events on weekends.
Ski Season: November - mid April | (435) 677-2035 | brianhead.com
Summer Season: Late June - Mid September (Weekends only)

Brian Head Snowtubing Park*: Located at Giant Steps, this winter activity is great for the whole family. A surface lift provides easy access to the hill.
Open mid December - mid April | (435) 677-2035 | brianhead.com
Summer Alpine Tubing: Late June - Mid September (Weekends only)

Brian Head Peak: At 11,000 feet elevation, on a clear day you can see well into Arizona and Nevada. The highest point of the Grand Staircase and the start for many biking and hiking trails.
Open late June-October | 3 miles south of Brian Head via Hwy 143

Parowan, Southern Utah's Mother Town
Visitor Center: 5 S Main Street | (435) 477-8190 | parowan.org
Parowan's "Mother Town" nickname comes from being the first southern Utah settlement that spurred the colonization of the west, including places like Cedar City, St. George, and Las Vegas. Every corner of Parowan has a story to tell from their preserved pioneer homes and historic downtown, to their Heritage Park, and Meeks Farmstead.

Parowan Heritage Park: Features a natural spring, several bronze monuments and statues. Interpretive plaques tell the history of this Mormon pioneer settlement in the southwest.
Daylight hours only | 89 West Hwy 91 | (435) 477-8190 | Free

Parowan Urban Fishery & Dr. Meeks Pioneer Farmstead: The homestead buildings have been restored to when it was a working pioneer farmstead. The urban fishery is open to the public, Utah fishing regulations apply.
Year round | 100 North 400 West | Free

Parowan Gap Petroglyphs & Dinosaur Footprints
Wind, water and sand carved out this natural passageway. The Gap is one of the most concentrated collections of petroglyphs in the West. With over 1,500 figures, the gallery of ancient American Indian rock carvings includes geometric designs, animal and human figures. Just two miles east of the Gap are several relief dinosaur tracks preserved in stone.
13 miles north of Cedar City via Hwy 130 | Free
10.5 miles west of Parowan via 400 North

Scenic Byway Hwy Loop
Take Scenic Byway 14 from Cedar City through Cedar Canyon to the high elevations of Scenic Byway 148 through Cedar Breaks National Monument to National Scenic Byway 143 through Brian Head town, then down Parowan Canyon to I-15, and back to Cedar City.
Recommended late May - mid November, Hwy 148 closes in winter months

RECREATIONAL AREAS

Navajo Lake Area, Dixie National Forest: Stop at the Zion Overlook, hike the Bristlecone Pine Trail (1/2 mile) or Cascade Falls Trail (1 mile), mountain bike the Navajo Lake Loop Trail (12 miles), fish at Navajo Lake, Duck Creek and Aspen Mirror Lake. Wintertime, enjoy snowmobiling, snowshoeing, Nordic skiing.
Summer season is late May - mid October | 22 mi east of Cedar City via Hwy 14, Dixie National Forest Office: 820 N Main St, Cedar City | (435) 865-3700

Wood Ranch Recreation Area & Kids Pond: A nice area for picnics, volleyball and hiking. The Kids Pond is available for kids 12 and under to fish for free accompanied by an adult with a valid Utah fishing license.
Late May - September | 12 miles east of Cedar City via Hwy 14 Pavilion Reservations (435) 586-5124

Yankee Meadows Reservoir, Vermillion Castle & 5 Mile Picnic Area: 5 Mile is a day-use picnic recreation area great for family gatherings & recreation. Vermillion Castle has unique rock formations & hiking. Yankee Meadows is a beautiful reservoir at the base of Sidney Peaks perfect for fishing, photography, & OHV riding.
5 Mile & Vermillion Castle are 5 miles from Parowan & Yankee Meadows is an additional 7 miles on Yankee Meadow Road. The road is paved but turns into a good gravel road passable to most vehicles. Closed in winter.

TRAILS

- T1 Valentine Peak:** The trail provides stunning views of the Parowan Valley as it winds up to the peak and back. This hike is very steep. The elevation change is approx. 2,000 feet and can be challenging.
Spring-Fall | 6.3 miles (out-and-back) | Very Difficult
Access: Southeast Iron County Fairground parking lot, 485-519 City View Drive, Parowan

T2 Vermillion Castle: The trail winds through red rock hoodoos, and crosses a side hill of pinyon/juniper until it comes out to a large flat rock platform looking directly into Vermillion Castle and across the canyon to Noah's Ark rock formation.
Spring-Fall | 2 miles (out-and-back) | Moderate
Access: 5 miles from Parowan off Yankee Meadow Road

T3 Alpine Pond (Cedar Breaks)*: A pleasant walking trail that forms a figure-eight through forest and meadows that leads to a surreal alpine grove and pond.
Summer-Fall | 1 to 2 mile (loop) | Moderate
Access: The Chessman Ridge Overlook in Cedar Breaks National Monument

T4 South Rim (Cedar Breaks)*: A high-country trail that winds along the plateau rim and passes a stand of ancient bristlecone pine and descends to three major viewpoints.
Summer-Fall | 5 miles (out-and-back) | Moderate to Difficult | Access: The trail begins at the Point Supreme parking lot

T5 Bristlecone Pine: Enjoy great views of the distant Virgin River and Zion while meandering through ancient Bristlecone Pines.
Spring-Fall | 1 mile (loop) | Easy
Access: approx. mile marker 17 off Hwy 14

T6 Cascade Falls: The trail skirts along the Virgin River Rim and leads to an impressive seasonal waterfall flowing from Navajo Lake.
Summer-Fall | 1 mile (out-and-back) | Easy to Moderate | Access: the end of Forest Service Rd #54 from Navajo Lake

T7 Kanarra Falls*: A water hike complete with waterfalls and a slot canyon. Permits are required and are available at KanarraFalls.com. Be aware of flash flood warnings.
Summer-Fall | 5 miles (out-and-back) | Moderate
Access: east end of 100 North in Kanarraville

T8 Spring Creek Trail: A beginner slot canyon that follows an old jeep trail through meadows into a narrow canyon. Turn around as the trail becomes difficult to pass without equipment. The restroom is available at the trailhead.
Year Round | 5.3 miles (out-and-back) | Moderate
Access: South end of Kanarraville turn southeast on Spring Creek Drive and follow to the trailhead.

T9 Middle Fork of Taylor Creek (Kolob)*: The trail traverses past two homestead cabins and ends at Double Arch Alcove.
Spring-Fall | 5 miles (out-and-back) | Moderate
Access: Two miles past the Kolob Canyons Visitor Center

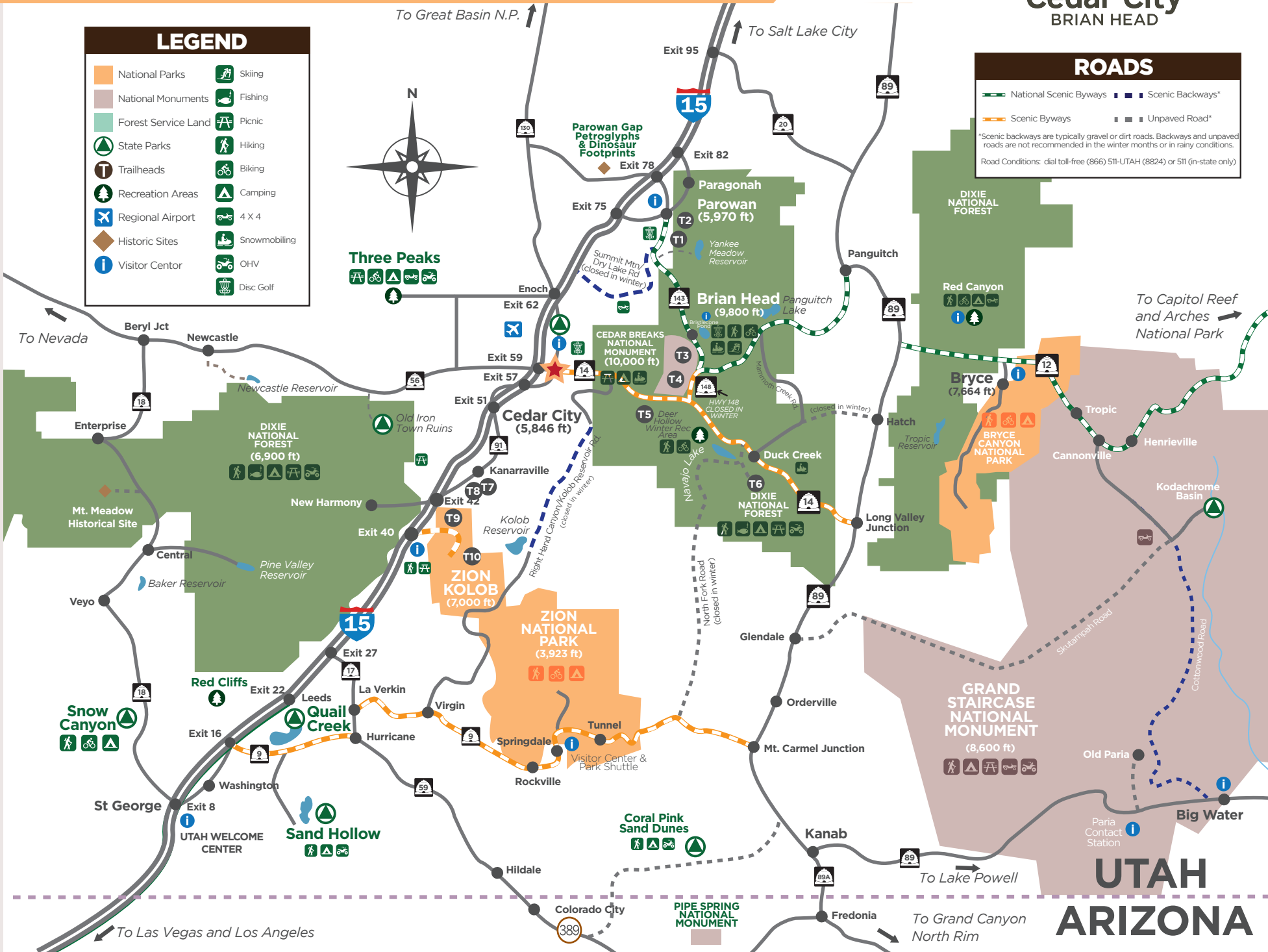
T10 Timber Creek Trail (Kolob)*: Offers views of Timber Creek, Kolob Terrace, and the Pine Valley Mountains.
Spring-Fall | 1 mile (out-and-back) | Easy
Access: Located at the end of the Kolob Scenic Byway at the Picnic Area

Dog Friendly - Leash Required

MILEAGE FROM CEDAR CITY

Kolob Canyons	20 miles
Cedar Breaks	21 miles
Zion National Park	62 miles
Bryce Canyon	79 miles
Mesquite, Nevada	81 miles
Grand Staircase	85 miles
Great Basin	149 miles
Lake Powell	149 miles
Grand Canyon (North Rim)	159 miles
Las Vegas, Nevada	180 miles
Salt Lake City, Utah	260 miles
Phoenix, Arizona	398 miles
Los Angeles, California	446 miles
Denver, Colorado	560miles

*Fee Area



NATIONAL PARKS AND MONUMENTS

Cedar Breaks National Monument*
The early Paiute people called Cedar Breaks the "Circle of Painted Cliffs". This naturally carved amphitheater is home to curious wildlife and Bristlecone pines that have been hanging around since the last millennium.
Hwy 148 is open late May - mid November to vehicle traffic (call for road conditions)
21 miles east of Cedar City via Hwy 14 to Hwy 148 | (435) 986-7120 | nps.gov/cebr

Bryce Canyon National Park*
Bryce's intricate spires and formations, known as hoodoos, defy your imagination. Venturing deep into the vast depths of the canyons, you'll yearn to explore every turn in the trail.
Open Year-round. | Shuttle runs mid April - mid November
79 miles east of Cedar City | (435) 834-5322 | nps.gov/brca

Kolob Canyons - Zion National Park*
Kolob is one of the few national parks that can be experienced from the comfort of your own vehicle - the scenic drive is only 12 miles round trip with several overlooks and trailheads to get your feet moving.
Open Year-round. | 20 miles south of Cedar City via I-15 to exit 40
(435) 586-9548 | nps.gov/zion
Pass includes entry to the main canyon of Zion National Park.

Zion National Park*
The forces of water created Zion and the sound of it rushing down a spring waterfall invokes a sense of wonder and excitement. Zion is heaven on earth for adventure. Permits are required for more intense hikes.
Open Year-round. | Shuttle is required through the Main Canyon March through November. | 62 miles south of Cedar City via I-15 to Hwy 9
(435) 772-3256 | nps.gov/zion

CEDAR CITY'S TOP 25



HISTORY

- 14

Frontier Homestead State Park Museum*
Interactive displays, hands-on activities, and exhibits bring the early history of Cedar City and southern Utah to life.
*635 N Main Street | Daily from 9:00-5:00 pm
(435) 586-9290 | frontierhomestead.org
extended summer hours*
- 15

Cedar City Historic Downtown
Quaint shops, galleries, coffee houses, eateries, an old time soda fountain, antique stores, winery, and regional arts & crafts shops. Historical buildings in the area include the Old Post Office, Rock Church and the Union Pacific Railroad Depot.
*Main Street and 100 W between 200 N and University Blvd. (Center Street)
Most shops are open Monday – Saturday*
- 16

Veterans Memorial Park
Features large scale memorials and statues to honor veterans of both World Wars, Korean, Vietnam, Afghanistan, and Iraqi Freedom Wars.
200 N 200 E | Year round, daylight hours | cedarcity.org
- 17

Garth and Jerri Frehner Museum of Natural History
The museum features southwest Utah's fossilized and archaeological history, plus an amazing display of small and large game animals.
Corner of 300 W and 200 S, SUU Campus | Park at 300 W University Blvd. (Center Street) | Tuesday - Thursday 9:30-3:30pm | (435) 865-8547 | Free
- 18

Daughters of Utah Pioneers Museum
Local pioneer artifacts and stories.
*581 N Main Street (Inside the Cedar City Visitor Center)
Wednesday – Saturday 1:00-4:00pm | (435) 586-5124 | Free | extended summer hours*

ADVENTURES

- 19

Cedar City Aquatic Center*
Aquatic Center includes a leisure pool with hot tub, lazy river, water slide, toddler splash pool, play structures, fountains, weight room and a family changing room.
*2090 W Royal Hunte Drive | (435) 865-9223 | cedarcity.org
Open Swim Monday - Friday from 3:30-8:30pm & Saturday from 10:00-6:00pm with extended summer hours*
- 20

The Lake at the Hills
Open for fishing, non-motorized boating, and swimming. Kayaks are available for rent, late May - August. Restroom available, no lifeguard.
2090 W Royal Hunte Drive | Daylight hours only, March - November | (435) 865-9223
- 21

Cedar Ridge Golf Course*
18-hole course equipped with a clubhouse, golf carts, driving range and rentals. No tee times required.
200 E 900 N | Daily 6:00am-6:30pm | (435) 586-2970
- 22

Park Discovery
Interactive play structures built from the concepts of local children, including cultural and historical elements, plus dozens of educational features.
2077 W Royal Hunte Drive | Year round, daylight hours only
- 23

Cedar Canyon Park
Includes two pavilions available for group gatherings, a volleyball court and two playgrounds. Located on both sides of Coal Creek with easy access to the city trail system.
*500 E Center Street | Year round, daylight hours only | Free
Pavilion Reservations (435) 865-9223*
- 24

Three Peaks Recreation Area
Rolling hills and volcanic rock formations provide a fantastic location for OHV, hiking, and biking. Two 18 hole disc golf courses have been constructed and remote control flyers love the paved flying field.
*10 Miles west of Cedar City | Year round | Free
Pavillion Reservations (435) 586-5124*
- 25

Thunderbird Gardens Disc Golf
In addition to the incredible hiking and biking trails tucked into the red rocks directly east of town is a challenging 18-hole disc golf course. Discs available for rent at the Cedar City Visitor Center.
*East on 900 N, continue on dirt road to parking lot
Year round, daylight hours | Free | (435) 586-5124*

CEDAR TRAILS

- T6

Coal Creek/Cedar Canyon Trail: A paved, scenic trail with benches, fitness stations, and access to restrooms and drinking fountains.
Year Round | 3.4 miles (one way)
Access: Cedar City Visitor Center; Veterans Park, Bicentennial Park, & Cedar Canyon Parks
- T7

Cross Hollow Trail/Old Sorrel: A paved trail that follows a wooded hillside along Cross Hollow Road. No water or restrooms. he Old Sorrel Section is an additional 0.8 mile paved trail that runs behind the Rodeo Arena.
Year Round | 1 mile (one way)
Access: Cross Hollow Road, Detention Basin, or Southwest corner of the Cross Hollow Event Center (closed during events)
- T8

East Bench Trail: A paved trail that follows the base of Cedar City's mountain range. Water and restrooms are located at the Canyon Park.
Year Round | 2.65 miles (one way)
Access: Cedar Canyon Park, 300 East, & Greenslake Drive
- T9

Park Discovery Trail: A paved path that travels around Park Discovery and Cedar Middle School. Water and restrooms available.
Year Round | 0.5 miles (loop)
Access: 2077 West Royal Hunte Drive
- T10

C Trail: Single track switchbacks that drop down Cedar Mountain 2,300 feet down to the edge of the city.
Spring-Fall | 4.5-10.5 miles | Very Difficult
Shuttle is recommended.
- T11

THUNDERBIRD GARDENS TRAIL SYSTEM
Thor's Hideout (Hike & Bike): Big uphill climb and some up and down riding in the descent. Mix of double and single track.
Spring-Fall | 1.4 miles | Difficult

Red Hollow (Hike & Bike): A steep and fast downhill trail with a number of optional technical features. No water or restrooms.
Spring-Fall | 0.7 miles | Very Difficult
- T12

IRON HILLS TRAIL SYSTEM
Lichen It (Hike & Bike uphill only): Easy Trail that meanders its way up the hill and connects to Lava Flow to loop back to the parking area. Restrooms at trailhead.
Spring - Fall | 2.8 miles | Easy

Lava Flow (Hike & Bike downhill only): Downhill single track with tabletop jumps and high berms for fast riding. Restroom at trailhead.
Spring - Fall | 1.8 miles | Difficult
- T13

THREE PEAKS TRAIL SYSTEM
Over 27 miles of mountain bike trails and 42 miles of OHV routes zigzag through Three Peaks' 6,500 acres. Water and restrooms are available.
Year Round



THEATRE & ARTS

- 1

Southern Utah Museum of Art (SUMA)
Host to art exhibitions from around the world along with a special collection by Utah artist, Jimmie Jones. SUMA regularly exhibits works of Southern Utah University's Art and Design students and faculty as well as regional artists.
*13 S 300 W, Beverley Center for the Arts
Monday - Saturday from 11:00-6:00pm | (435) 586-5432 | suu.edu/suma*
- 2

Utah Shakespeare Festival*
Seven plays are presented in repertory in three theaters: the outdoor Engelstad Theatre, a replica of Shakespeare's Globe Theatre, the indoor Randall L. Jones Theatre, and the indoor Anes Studio Theater.
*195 W University Blvd. (Center Street), Beverley Center for the Arts
Performance season runs from June - Mid October | (800) PLAYTIX | bard.org*

Free public parking for Southern Utah University, the Southern Utah Museum of Art, and the Utah Shakespeare Festival is located on the corner of 300 W and University Blvd. (Center Street)
- 3

Downtown Art, Mural & Sculpture Stroll
Throughout historic downtown, find an incredible variety of public art, murals, and museum-quality bronze statues that commemorate the lives of four prominent Cedar City citizens. Step into the local art galleries and unique local shops along the way.
- 4

Heritage Center Theater
Renowned for its stunning architecture, the theater hosts a variety of theatrical and musical events throughout the year. Check calendar for event information.
105 N 100 E | (435) 865-2882 | visitcedarcity.com/events
- 5

Southern Utah University (SUU) Campus Walking Tour
Enjoy over 20 pieces of modern and traditional sculpture. Visit the outdoor Adam's Memorial Theatre, the Greek themed Eccles Coliseum, the stainless steel Utah Summer Games cauldron and the 2002 Salt Lake Winter Olympic Legacy Monument.
351 W University Blvd. (Center Street) | The Cedar City Visitor Center has brochures and maps.

Dog Friendly - Leash Required

*Fee area/Fee associated with activity