

# KINGSTON



**JAMAICA**

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## KINGSTON - THE HEARTBEAT OF JAMAICA

The largest English-speaking city in the Caribbean, this colourful cosmopolitan capital vibrates as a cultural mecca. Kingston is the financial and commercial core of Jamaica, yet leisure travelers find the city a rich cultural and historical experience to savour.

The majestic Blue Mountains form a back-drop for gleaming high-rises and hill side homes. Tours will take you to explore mansions like Devon House, the exciting performing arts at the Little Theatre and to the National Gallery, which houses a comprehensive collection of Jamaican art. Kingston is a city full of museums, theatres and art galleries. Kingston is also the birthplace of our pulsating reggae music. The metropolitan area abounds with nightclubs, dancehalls, restaurants, and bars that keep the city's nightlife sizzling!

## KINGSTON IS COLOURFUL AND DIVERSE!

You may play golf, watch horse races, catch a live reggae concert, watch a play at the National Dance Theatre Company or see The University Singers perform, enjoy live jazz at Devon House or the Red Bones Café. Picnic on the beach or at the nearby off shore island of Lime Cay; or tour the Hope Botanical gardens. Kingston also boasts a spectacular market for arts and crafts and duty free shopping is everywhere. Visit the historic 17th century Pirate's lair of Port Royal, with the Maritime museum; the museum of Historical Archeology, the Giddy House (which tilts to a 45-degree angle) and Fort Charles, a former Colonial stronghold.

A short drive from the city, into the majestic Blue Mountains, takes you to old fashioned hillside inns and lush tropical gardens. Visit a plantation of our world-renowned Blue Mountain coffee.



## HISTORY AND QUICK FACTS

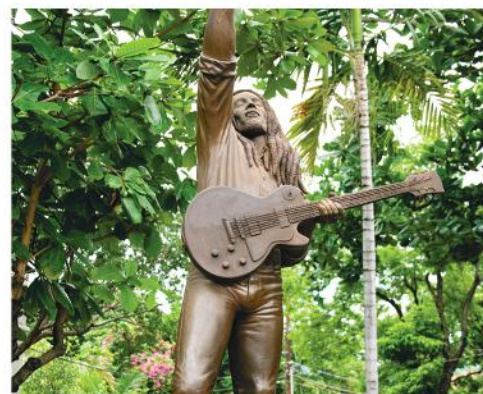
Located on the south-east coast of Jamaica, Kingston was founded in 1693 and became the capital of Jamaica in 1872. The city sits on the Liguanea Plain, nestled between the towering Blue Mountains and the harbour- the seventh largest natural harbour in the world! Much of the sunken city of Port Royal lies beneath the sea off the coast. Needless to say, ardent divers will find the wrecks here literally out of this world!

Nearby Spanish Town, 13 miles west of Kingston- one of the oldest continuously occupied places in the western hemisphere- dates back to the days of Columbus and was the Island's capital until 1872. Sight-seeing there will include the Cathedral of Saint Jago de la Vega, a grand mix of Romanesque and Gothic architecture, which is the oldest Anglican cathedral in the commonwealth, outside of the United Kingdom.

## DINING IN KINGSTON

There is a diverse collection of hotels and restaurants in Kingston. Accommodation choices range from home stays and bed and breakfast options, to large international and domestic hotel brands and everything in between. Many boutique hotels are to be found especially in the New Kingston area, the heart of the financial and diplomatic district. The Jamaica Conference Centre in downtown Kingston attracts an international clientele for government conferences and other events, including the United Nations Law of the Sea Convention headquarters. Events such as restaurant week in Kingston allows visitors and local alike to sample multiple palate-pleasing gastronomic delights, at many of the city's finest restaurants.

**Kingston - come for the history, the culture, the music, the cuisine, the arts..just come!**



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