

Normal Inter-Tribal Dance

This dancing is an individual activity, but there are also couples and group dances. Couples dances include the Two-Step and Owl Dance. In a Two-Step each couple follows the lead of the head dancers, forming a line behind them, whereas in an owl dance each couple dances alone. Group dances include the Snake and Buffalo Dance, where the group dances to mimic the motions of a snake in the beginning of the dance, then change to mimic the actions of a herd of buffalo.

The Gourd Dance

The Gourd Dance is believed to have originated with the Kiowa. It is a man's dance that is often danced by Warriors/Veterans, although the Gourd Dance has its own unique history. Gourd Dancing may precede the pow-wow or it can be a separate event, not directly connected with a pow-wow. The Gourd Dance may be held to honor a warrior, or honor their enemy who they defeated. It honors all Warriors & Veterans. The final song in each session is the Buffalo song.