



#### Tobiano Golf

tobianogolf.com 250-434-7373

### Black Iron Club & Grill

tobianogolf.com/ black-iron-restaurant 250-434-5858

#### Bruker Marina

brukermarina.com 250-852-1419

Tourism Kamloops is situated on the traditional lands of the Tk'emlúps te Secwépemc within Secwepemcúlecw, the traditional and unceded territory of the Secwépemc People. We acknowledge and give honour to the land that we live, work, play, and welcome visitors to.

In Kamloops, everyone gets to play like a local and experience life a little off the beaten path. Here, spontaneity reigns and visitors are rewarded for following their hearts, not an itinerary. This is a place where every street and trail are yours to explore, and where wrong turns often lead to the greatest discoveries.

If you're looking for polish and flash, you're in the wrong valley. In Kamloops, real places and rough edges are embraced as a sign of memories well-made and adventures well played. Whether you want to test the limits of your mountain bike, birdie (or bogey) your way across some of Canada's most beautiful golf courses, or hike and taste wine at new heights, Kamloops has what you crave. Just without the crowded streets, peoplepacked trails or traffic.

So come as you are, try something new, and let curiosity be your compass.

# what's inside

Why Kamloops Hike	6
Golf	10
Water	12
Snow	14
Restaurants & Markets	18
Breweries	21
Wineries	22
Downtown	24
Arts & Culture	26
The Shore	28
Family	30
Accommodations	32
Getting Here	44











@tourismkamloops #explorekamloops

tourismkamloops.com

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Cover: Kamloops Lake, Kathryn McLaren

Stay safe, informed and please adhere to guidelines in place. Get the latest on road closures, travel restrictions, health measures and more at hellobc.com/know-before-you-go





You'll be surprised to learn how amazing the hiking is in and around Kamloops. We have trails of all lengths and elevations, for all skill levels.

Don't believe us? Call our bluff. Dial 250.372.8000

We'll be waiting for your call.



#### **FUN BETWEEN** YOUR LEGS

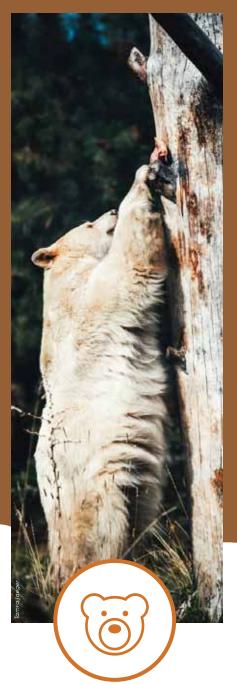
Feel the wind in your hair, sun on your face, fun between your legs. Kamloops' rugged terrain was made for biking.

Take your pick between flowy cross-country single track or technical downhill trails.



All you can play, all day.

So much selection, so many exceptional holes, so many opportunities to go back for more.







## CALLING ALL PARTY ANIMALS

Kamloops was made for animal lovers. Try horseback riding, visit a petting zoo, and check out the BC Wildlife Park with more than 65 animal species native to British Columbia, including wolves, birds of prey, bighorn sheep, badgers... and of course, bears.

#### WE'RE BIG ON SPORT

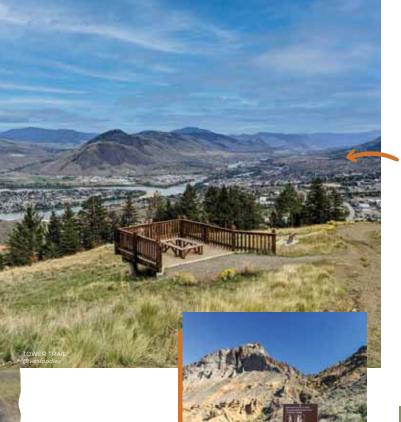
With a variety of venues and facilities, a strong athletic culture, and an enthusiastic volunteer base, it's no wonder Kamloops is known as Canada's Tournament Capital. We're also the first Canadian city to ever win two prestigious field of the year awards! (Norbrock Stadium and the Tournament Capital Ranch).

#### SIP NORTH OF NORMAL

Self-drive or by guided tour, sip your way through four wineries in the Thompson Valley. Discover your new favourite bright, awardwinning wine where tasting with the owner is the norm, not the exception.







#### Lac Du Bois Grasslands

The Lac du Bois Grasslands Protected Area includes three grassland communities bringing you to forested hills above. The expansive park is home

to a wide variety of hikes with sweeping views of the Thompson Valley. Trade in your usual 9 to 5 for panoramic views of Kamloops Lake and the Thompson River from trails such as Battle Bluff, Dewdrop Trail, and Cinnamon Ridge to hike amongst the chiseled hoodoos – sunrise or sunset is highly recommended. If you're lucky, you may even spot the resident California Bighorn Sheep!

#### The Dallas-Barnhartvale Nature Park

The Dallas-Barnhartvale Nature Park connects the Barnhartvale and Dallas communities through a series of trails in the grassland landscape. Take in views along the South Thompson River as you admire the silt cliffs below.

#### **Valleyview Nature Park**

High above the silt bluffs of the Valleyview community, explore the trails of the Valleyview Nature Park as they wind through the fragrant desert sagebrush. A variety of trails allow you to discover the hidden beauty that awaits you in this small municipal park. You might even catch a glimpse of mountain bikers tackling the Kamloops terrain in the Kamloops Bike Ranch next door.

#### Kenna Cartwright Nature Park

Kenna Cartwright Nature Park is the largest municipal park in British Columbia, covering almost 800 hectares of terrain. The park features over 40 kms (25 miles) of trails of varying difficulties that are enjoyed by hikers, mountain bikers, walkers, families, and dogs. The park offers many breathtaking views of Kamloops and the Thompson Valley, as well as several benches and picnic tables where you can catch your breath. Kenna Cartwright Park is delightful any time of the year, for any skill of hiker, and is off-leash dog-friendly.

#### **Peterson Creek Nature Park**

Peterson Creek Nature Park is situated in the heart of the city along a natural creek corridor. The park encompasses almost 100 hectares and features over 10 km of trails. Trails vary in difficulty, largely influenced by elevation change, and offers trails for every skill level. Peterson Creek is widely used during the summer months, is off-leash dog-friendly, and features a remarkable view of the downtown core.

# TOP 6 VIEWPOINTS

#### Sunset Trail

Kenna Cartwright Park Length: 4.7 kms Difficulty: Moderate

#### **Battle Bluff**

**Lac Du Bois Grasslands** Length: 4.8 kms Difficulty: Hard

#### **Tower Trail**

**Kenna Cartwright Park** Length: 3.4 kms Difficulty: Easy

## Grasslands Loop Peterson Creek Park

Length: 1.1 kms
Difficulty: Easy + Accessible
Gravel surface with moderate slope

## The Rim Loop Valleyview Nature Park

Length: 2.5 kms

<u>Difficulty:</u> Easy

#### **Benchlands Trail**

**Dallas-Barnhartvale Nature Park** Length: 3.6 kms Difficulty: Easy









Kamloops' rugged terrain was built for biking. Take your pick between cross-country trails or more technical downhill runs and explore grasslands, rolling sagebrush hills, and pine forests. There's something here for every skill level, and with four-season riding, you can bike any time of the year.

there's a reason we're the birthplace of treeriding

#### **Cross-Country Trails**

Pineview Valley is home to 50 km of trails through pine trees that range from green to black diamond and one double black diamond. Explore the wide array of cross-country climbs and fun, flowy descents.

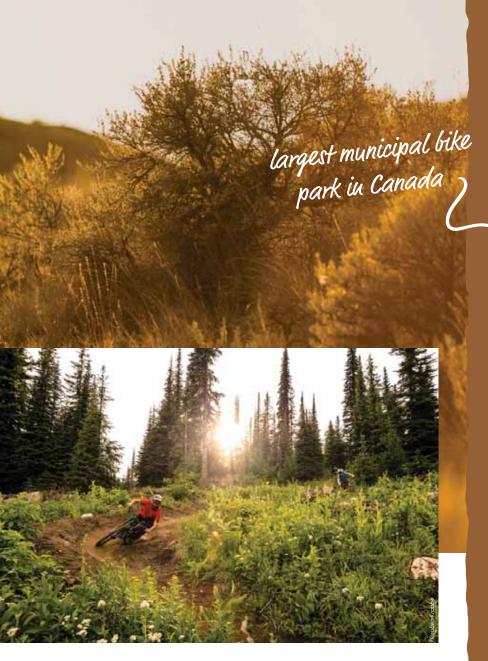
If you're new to mountain biking or an intermediate rider, Lac du Bois Grasslands offers an ideal place to ride with 20 km of cross-country trails. Be rewarded with views of Kamloops and the Thompson Valley as you climb and descend through the sage-scented grasslands.

Venture through pine trees and sagebrush at Kenna Cartwright Park. The trails are draped over and around a hilltop that overlooks the city with many routes to get your sweat on. With 46 well-marked trails for different skill levels, this park is ideal for beginner and intermediate riders.

#### **Downhill Trails**

Harper Mountain is an all-mountain, downhill freeride playground. Known for its more advanced technical trails, this area also offers some intermediate trails. Either climb your way up the Ket-R-Done trail or the shuttle road, or shuttle to the top with a 4x4 vehicle.

Sun Peaks Bike Park offers 40 lift-accessed mountain bike trails up 2,000 vertical feet. Level Up is the easiest trail in the bike park. This 9 km green trail is ideal for entry-level riders, kids, and families who want to try lift-access biking for the first time. Learn the basics of mountain biking in the Bike Skills Park. Bike instructors and coaches are available daily.





Experience the best of lift-accessed riding with a huge network of trails for all ability levels, from the Progression Park built for beginners, to machine-built flow and jump trails and the technical singletrack Sun Peaks is famous for, you'll find endless trail combinations on the mountain. Massive expansion in the Bike Park and cross country trail network await for the 2022 summer season!

250.578.5474 | sunpeaksresort.com/bike f sunpeaksbikepark



# Keeping You Rolling at District Bicycle Co.

Whether it's setting you up on one of our fine rentals, purchasing from any of our quality brands, or getting your bike repaired in our service shop, we expect your riding experience on Kamloops' world-renowned trails to be exemplary.



Spread over 26 hectares, the Kamloops Bike Ranch or "The Ranch" is the most technically advanced and largest municipal bike park in Canada. It's an iconic part of Kamloops' mountain bike scene with diverse trails, a jump park, skills park, and stadium lighting. It has evolved into a premier sporting venue equipped to host regional and national level racing events.

Kamloops has a worldwide reputation in the sport of mountain biking. For many years, Kamloops' hills and riders have been featured in adrenaline and gravity rushing films such as "Pulp Traction" and "Cranked". Our unique climate, terrain, and variety of riding that can be found have already attracted riders from all over the globe.

Find it at 1105 Highland Road



From shorelines to cliff sides, Kamloops' distinct environment will suit any golfer, while presenting a unique challenge for all skill levels.

You can swing without crowds, the dress code is relaxed and the vibe is friendly. Kamloops' golf courses include nearly 1,200 metres of elevation change, where the dramatic topography illustrates a myriad of panoramic views. Golfers are passionate in Kamloops for good reason.

#### **Tobiano Golf Course**

On the 7th hole of Tobiano Golf Course, intrepid golfers attempt to make a daunting tee shot over a vast canyon. Golf does not get much more exhilarating than this. Located on the site of the historic Six Mile Ranch, Tobiano offers exceptional golf in a unique setting. Nestled in the bluffs above Kamloops Lake, each hole offers exquisite views of the canyons and clear blue lake. Expect a golf course that is dramatic, picturesque and exciting.

#### **Talking Rock Golf Course**

The pride of the Little Shuswap Nation has rapidly become a mature and world–renowned course with a high level of play that leaves golfers eager to return. In fact, both novice and advanced players will discover many unique challenges.

Located at the Quaaout Lodge, this course meanders through a mature, sandy forest and finishes with a spectacular 18th hole along the shoreline of Little Shuswap Lake. Views from the upper holes are breathtaking. Be sure to bring your camera; panoramic views are available in all directions.

250.679.3090 | quaaoutlodge.com/golf

- f quaaoutlodge
- talkingrockgolf



#### **Bighorn Golf & Country Club**

Bent grass fairways, natural sand dunes and gently contoured greens meander through a community and are surrounded by fragrant sagebrush. This par 71, desert golf course offers five tee boxes providing golfers of all skill levels enjoyment and challenge in their game. Golf, dine and perhaps encounter some of our resident big horned sheep.



#### Kamloops Golf & Country Club

A par 72 Championship course, was redesigned to include the installation of new bent grass greens and fairways. In maintaining the rolling fairways framed with mature trees, the course is characterized by its easy walking, park-like setting.

250.376.8020 | kamloopsgolfclub.com

- f kamloopsgolfandcountryclub
- kamloopsgolfcc



#### **Rivershore Estates & Golf Links**

This par 72 course stretches seamlessly above the South Thompson River. Honest, fair and generously bunkered, this Robert Trent Jones Sr. links-style course is positioned at the foot of sagebrush covered hills which offer an uncommonly beautiful backdrop to an unforgettable golfing experience.

250.573.4622 | rivershoregolflinks.com

- f rivershoregl
- o rivershoregolflinks



Book your Golf
Packages at
golfkamloops.com





#### Eaglepoint Golf Resort

Located amongst the sandy hills east of the city, Eaglepoint is one of the area's most attractive courses featuring open, rolling terrain, and spectacular views at every turn. Each hole is unique, inviting players to take a moment to pause and reflect on the task at hand.

250.573.2453
eaglepointgolfresort.com

| © | eaglepointgolfresort



Wild fescue and wheat grass line the meticulously maintained greens. The Dunes boasts 6,973 yards of playable course with the choice of four tees.
Regardless of skill, the team at The Dunes looks to make every experience incomparable from start to finish.

250.579.3300 golfthedunes.com f dunesatkamloops



In the Secwépemc language, the word "Quaaout," pronounced "Kwa-oot," means "where the sun's rays first touch the land."



## The Golf Course at Sun Peaks

Sun Peaks Resort offers golfers a one-of-a-kind golf vacation. A scenic 45 minute drive from Kamloops, Sun Peaks' 18 hole, par 72 course is centered along the valley floor amongst the three surrounding mountains. The 6,400 yard course is BC's highest elevation course.

1.855.574.5474 sunpeaksresort.com/golf f) sunpeaksresort



2022 VISITOR GUIDE

#### Mt. Paul Golf Course

Enjoy the exceptionally maintained par 32 executive course. Just minutes from downtown, this course includes a driving range with 22 covered stalls, restaurant, rental carts, and clubs plus a fully stocked Pro Shop staffed by PGA of BC Professionals.

250.374.4653
mountpaulgolf.com
f mtpgolfcourse
mtpaulgolfcourse



#### **Riverside Park**

Located downtown on the South Thompson River, Riverside Park holds the top spot in the summer and shoulder seasons for beach access. The beach has a playground, waterpark, tennis and pickleball courts, lawn bowling, and marked swimming areas. In July and August, it's the home of Music in the Park with free live music every night.

#### **Pioneer Park**

A short walk down the Rivers Trail from Riverside Park, this locals' favourite park has change rooms, washrooms, picnic tables, and park benches. It's also a great beach for volleyball or playing fetch with your dog.

#### Kamloops Lake

The biggest body of water 15 minutes west of Kamloops on Highway 1. With Bruker Marina & Beach Club right on Kamloops Lake, it makes it easy to enjoy a day on the water.

#### **Overlander Park Beach**

Located on the North Shore where the North and South Thompson Rivers meet, Overlander Park Beach is the largest in Kamloops, dog friendly, and perfect for the family. It's also great for skimboarding and beach volleyball.

#### **Paul Lake Provincial Park**

A popular day-use area 30 minutes from Kamloops is home to a beach and cartop boat launch. This lake is popular for kayaking and stand-up paddleboarding.

#### **Heffley Lake**

Located on the way to Sun Peaks Resort, Heffley Lake is surrounded by mountains and thick forests, and is ideal for swimming, boating, and paddling. There is a recreation site with a boat launch and camping, which is available on a first come, first served basis.

#### Kamloops Lake **Launch Point:** Bruker Marina at Tobiano, Savona, or Cooney Bay on Kamloops' North Shore.

#### **McConnell Lake** Launch Point: Gravel boat launch in the parking area.

#### **Paul Lake Provincial Park Launch Point:** West end of the lake or from the day-use parking area.

#### Lac le Jeune **Provincial Park** Launch Point: Anywhere along the day-use parking area.



# Experience True Nature at Knouff Lake Wilderness Resort

Nestled in the beautiful forest-covered mountains of Interior British Columbia, Knouff Lake Wilderness Resort is an ideal destination for family vacationers and outdoor enthusiasts alike. The Resort offers 4 season interest and is open year-round. Our summer visitors enjoy excellent fishing, swimming, boating, paddle boarding, biking and hiking, while our winter guests participate in ice fishing, ice skating, sledding, snowshoeing, cross-country skiing, and snowmobiling — even right up to their cabin's front door! Birdwatchers, stargazers, and daydreamers will find something to captivate them year-round, while a playground, picnic tables and large open grassy areas invite the enjoyment of families with children.

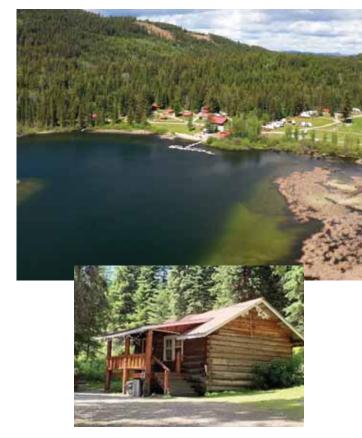
Our historic cozy cabins (large and small) are available to rent in any season. RV sites and tenting options are available in the warmer weather. For your convenience, we host an on-site store, and summer boats and paddle board rentals are also available.

A 40-minute drive from Kamloops, and just 30 minutes from the world class ski resort of Sun Peaks, Knouff Lake Wilderness Resort is a convenient destination for a quick weekend getaway, yet is far enough from the city to provide rest, relaxation and seclusion for those seeking a longer vacation – and see why our guests of all ages return to spend time with us, over and over again!

250.578.8155 | knoufflakeresort.com

f knoufflakeresort

knoufflake\_resort





Carve into champagne powder or cross-country ski by moonlight. Pedal your bike through winding trails, venture by snowshoe to parts unexplored, or strap on your ice skates for a friendly game of shinny. There's snow much fun within a one-hour drive of the city.

#### Resort & Ski Areas

Winter snowfall in the Kamloops region is renowned for being light, dry, and powdery. From mid-November to mid-April, skiers and snowboarders have a variety of terrain ranging from beginner greens to double black diamonds at Harper Mountain and Sun Peaks Resort. The long ski season, accessibility to local mountains, and affordability makes Kamloops a popular destination for downhill skiing and snowboarding.

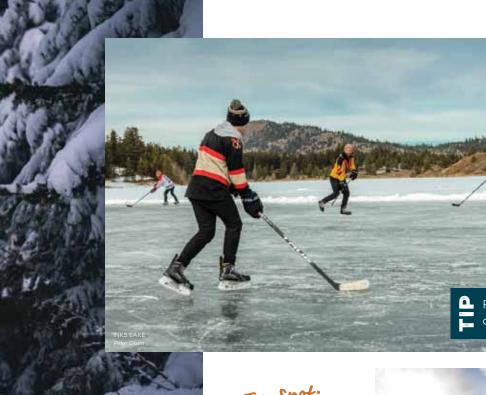
#### **Cross-Country Trails**

Kamloops is home to a network of renowned cross-country ski trails for beginners to experienced skiers. Visit Overlander Ski Club at Stake Lake, Harper Mountain and Sun Peaks Resort to explore the pristine trails.



#### Family Antics at Harper Mountain

A locals' secret, this small–scale ski resort has nostalgic charm. Just a short 20–minute drive from Kamloops, Harper Mountain features 16 runs, 400 acres of terrain, and 1,400 vertical feet. This family–friendly hill also includes a lift operated tube park, ski & snowboard terrain park, nordic and snowshoe trails. Shred some laps after work and go night skiing from Thursday to Saturday 5pm to 9pm. Take a break and warm up by the bonfires or enjoy the locals' favourite mulled wine inside the lodge.



#### Ice Skating

The winter months are the perfect time for ice skating with friends and family. Experience one of Canada's iconic winter activities and skate outside on a frozen lake or rink

Glide on popular frozen lakes such as Inks Lake, Albert McGowan Park, and Little Heffley Lake. Follow ice safety and stay off the ice if conditions aren't great.

Skate indoors at one of the city operated arenas. Visit kamloops.ca for scheduled times and locations.

Follow **adventuresmart.ca** to be ice aware before adventuring in the outdoors.

Top Spot: Kenna Cartwright Park

#### **Winter Biking**

As the birthplace of freeride mountain biking, Kamloops makes riding outdoors year-round a reality. Fat biking and winter biking have gained popularity and there are a couple of riding areas to choose from if you want to see what it's all about.

Conveniently located within city limits, Kenna Cartwright Park offers 40 km of accessible and natural trails, making it a top spot for winter biking. Keep in mind that the trails aren't groomed so you will be riding on fresh or packed snow.

Isobel Lake Winter Recreational Trails are located 17 km northwest of Kamloops and home to over 30 km of single-track, groomed trails.

#### **Tubing**

Get ready for the thrill. Catch a lift up for an exhilarating slide down at Harper Mountain's Snow Town Tube Park. Night tubing is also available Friday and Saturday with a bonfire. Harper Mountain is located just 30 minutes from Kamloops.

Need some much needed relaxation after a long day? Visit **Tips & Toes Spa & Studio** for everything from manicures to massages.

236.425.3100 | tipsandtoesstudio.ca









# CURB YOUR hanger

With a long growing season, Kamloops has several restaurants and cafes that serve locally grown food. From casual family restaurants to lively pubs and fine dining, there's a place for every occasion.

In this multi-cultural city, you'll find restaurants serving up authentic Indian, Chinese, Greek, Vietnamese, Japanese, Korean, and Jamaican cuisine.



Located in the Summit Shopping Centre in the Sahali area of Canada's Tournament Capital. This socialhouse is the perfect spot for locals or out-of-town visitors craving a fresh dining experience. If you enjoy craft beers, we have 'em. If you enjoy well priced great wines, we have 'em. If it is signature cocktails you prefer, we have a great selection. Come in, relax, watch the game, have a drink and enjoy some of our many great tasting menu items.

#### 778.471.7117 | brownssocialhouse.com

f brownskamloopssummit

brownskamloops



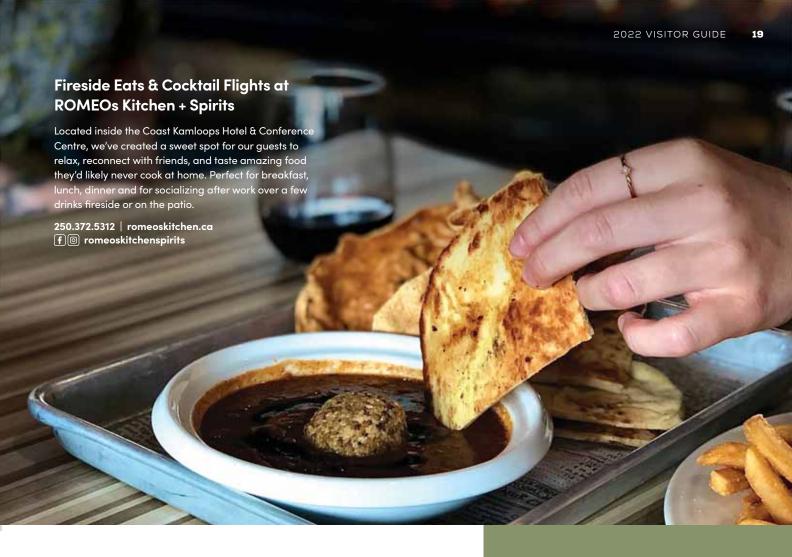
# Enjoy Regionally Inspired Cuisine at Cordo Resto + Bar

Cordo looks to celebrate our unique and beautiful region and the bounty it offers. Our Service team is knowledgeable, genuine and proud of the community they live in. We are focused on supporting an exceptional menu with quality, prompt and accommodating service, enhancing the overall experience. Our Mixologists are innovators, constantly creating new and interesting crafted cocktails with house made bitters and infused syrups you won't find anywhere else.

778.471.8035 | cordorestobar.com

f o cordorestobar







#### Charcuterie Lover's Delight at The Cure Culinary Provisions

Kitchen culture is defined as the characteristics, customs, and vibe that food and preparing food brings into our homes and lives. We are a Canadian cheese and charcuterie boutique store, with a strong focus on supporting local artisans and purveyors. We believe food brings family and friends together and lasting memories are made.

236.425.2284 | thecureculinary.com f thecureculinary

# Awesome Food & Atmosphere at Shark Club Sports Bar

Located across from the beautiful Riverside Park, Shark Club is your HQ for good food and good times in Kamloops. Catch all the games and special events while enjoying an ice-cold beer, or catch up with friends over a hand-crafted cocktail and delicious appies.

250.852.6700 | sharkclub.com f sharkclubkam





#### Fresh is Always Best at Fresh is Best Salsa & Co.

Locally grown and operated since 1999. Manufacturing a line of fresh salsas, fresh specialty dips, tortilla chips, taco shells, and hot sauces. Kosher, gluten-free, low sodium, no added sugars, and no preservatives. Taste the difference FRESHNESS makes.

Visit our factory store or find products in local grocery stores.

250.377.7555 | freshisbest.ca

- f fresh.is.best.salsa
- o freshisbestkamloops

# Kweseltken Kitchen & Farmer's Market

The Kweseltken, or "All My Relations", Farmer's and Artisan Market is a community market that showcases and supports local crafters, producers, and agricultural growers.

f kweseltken







#### All Aboard at Iron Road Brewing

A railroad inspired brewery in the heart of uptown. Try their Mexican inspired menu, watch the game, or see the brewing process up close and personal.

778.765.8160 | ironroadbrewing.ca



#### The New Kids On the Block, Bright Eye Brewing

Brewing fresh, ever-changing variety of innovative beers served right from the tanks they were made in. Indulge in their rotating daily features or enjoy the locals' favourite Crispy Brussel Sprouts.

250.312.1702 | brighteyebrewing.com f brighteyebrewing



#### Brews & Smoked Meats at Alchemy Brewing Company

Relax on their patio, sip 12 rotating beer taps, and enjoy a scratch kitchen menu featuring house BBQ meats, brick-fired pizza, and artisan burgers with locally sourced beef.

778.471.0096 | alchemybrewingcompany.ca

- f alchemybrewingcompany.ca
- o alchemybrewingcompany

don't miss

Southern Interior Ale Trail
Discover the trail at bcaletrail.ca

# Inspired Food & Unique Brews at the Noble Pig Brewhouse

The Noble Pig Brewhouse is Kamloops' first microbrewery. We create a truly Kamloops experience through our craft beer program and scratch kitchen delights.



# THOMPSON VALLEY WINE REGION

north of normal

At a latitude of 50.6 degrees north and nestled deep in the valley on the banks of the North and South Thompson Rivers, you'll find one of BC's newest and northernmost wine destinations. A premium BC wine designation, the Thompson Valley is home to four wineries that will delight every palate. Discover a bevy of premium, bright, award-winning wines as you explore the Thompson Valley wine region on your own or with a guided tour. Visit a tasting room to find your new favourite.



#### Make Memories and Mark Milestones with DiVine Tours

Driving people to drink since 2015 in the spectacular Thompson,
Okanagan and Shuswap regions.
Let us exceed your expectations one sip at a time with award winning wine, craft beer and distillery tours.
Guaranteed 100% chance of fun and lifetime memories made.

#### Sip Award-Winning Wines at Monte Creek Winery

Through quality, innovation and sustainability, Monte Creek Winery is turning unique growing conditions into award-winning premium wines.

The winery offers expansive views of the Thompson Valley, showcasing 75-acres of vineyards with the backdrop of the river, hills, forests and hoodoos, all of which are home to wildlife. With a focus on sustainable and regenerative farming, the wines made at Monte Creek Winery are a celebration of purpose and place.

In the spacious tasting room and guest centre with its distinctively picturesque views, visitors are welcomed with warm hospitality to enjoy a wine tasting, shop for local products, dine seasonally, or host private events. The grounds, greenhouse, and winery await you. Until your next visit, discover more at montecreekwinery.com.

250.573.5399 | montecreekwinery.com





#### Taste, Explore & Discover the Kamloops Wine Trail

Welcome to the Kamloops Wine Trail, where tasting with the owner is the norm, not the exception. Home to Privato, Harper's Trail, and Monte Creek wineries, this exciting new wine destination is producing award-winning wines in a region ripe for discovery.

Enjoy our warm hospitality and relaxed charm in a less hurried, less crowded wine experience. From outdoor picnics to patio lunches, vineyard and garden tours to casual tastings, we have it all.

kamloopswinetrail.com

f kamloopswinetrail

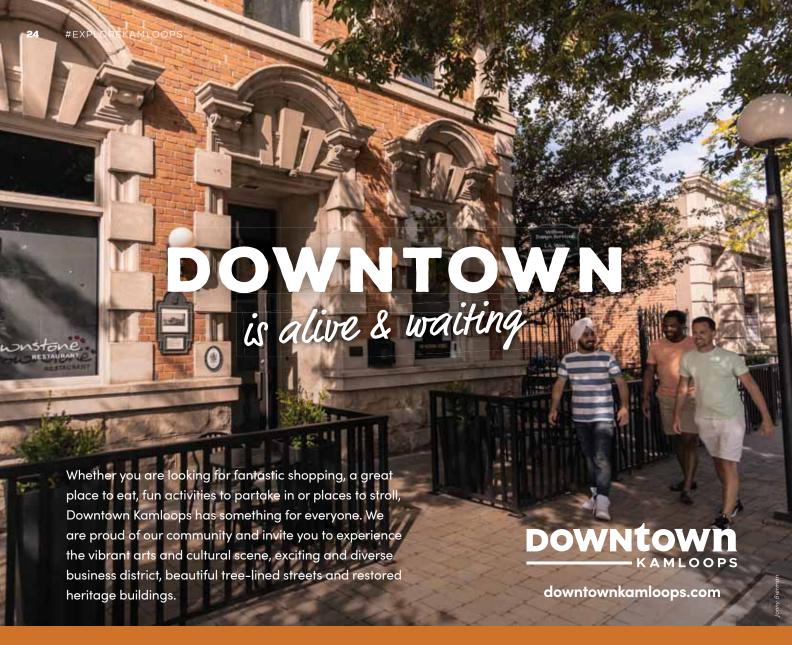
#### **Harpers Trail Winery**

Harper's Trail Winery is framed by the dramatic landscape of mysterious hoodoo formations, rolling hills of sage and the pristine South Thompson River. A visit to the winery and expansive picnic patio is as much a visual experience as it is a tasting sensation.

#### Privato Vineyard & Winery

Crafting the best of small lot Burgundian styled wines in an intimate boutique setting. Enjoy a barrel room tasting or sip and savour as you stroll the magnificent event gardens. Be sure to visit Woodward Craft Cider Co. also located on property.





# try these local hotspots



#### Peter's Pasta

Serving up some of the best fresh pasta Kamloops has to offer in a relaxed and friendly atmosphere.

149 Victoria Street



#### He Brew's Ahava Coffee House

He Brew's serves gourmet coffee/espresso prepared from freshly roasted coffee beans, a variety of sandwiches featured from around the world, wraps, fresh salads, and soups made in-house.

210 Victoria Street



#### Mittz Kitchen

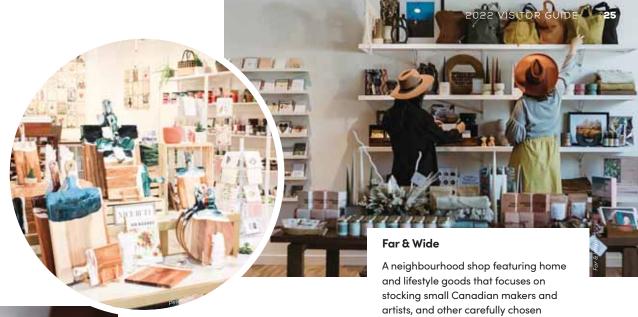
An upscale casual dining experience, the kind of place you will just want to hang out at and partake in some libations, crushed grapes and tasty grub. Our menu could be described as Canadian cuisine with local ingredients and global influences.

227 Victoria Street

#### Crooked Crown Boutique

A gift boutique with specially curated items. We are an inclusive brand supporting Canadian, female-led and owned businesses

404 Victoria Street





#### **Jardines Domaine**

A fashion forward boutique selling men's and ladieswear, accessories and giftwear.

245 Victoria Street

#### Instinct Adornment & Arwen's Apparel

Explore unique, fine, hand-crafted body jewellery and eco-freindly, bamboo clothing for the modern day spirit.

319 Victoria Street



products including plants and vintage.

353 Victoria Street



#### Hoja Mongolian Grill

Hoja Mongolian Grill was born out of a need for something fresh. Fast and healthy, without the masks. They take pride in efforts to show quality product before your eat!

256 Victoria Street



#### Passek's Classics Restaurant & Bakery

German influenced restaurant and bakery using the freshest ingredients. Everything is prepared from scratch daily including in-house smoked meats and freshly prepared artisan bread.

326 Victoria Street



#### Freshslice Pizza

Freshslice strives to be the premier pizza joint through great service and quality food with healthy and delicious choices.

Fresh Lives Here

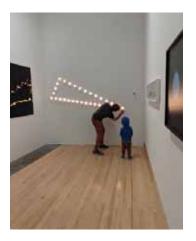
402 Victoria Street





# Unwrap the Present at the Kamloops Museum and Archives

The KMA is a place where Kamloops' history is shared in the light of the present. The Museum works with communities across the City and beyond to explore our region's culture through exhibitions, educational programming and challenging projects. Researchers can search through growing records of the people, places and stories of the region through our Archives.



#### Be Inspired at the Kamloops Art Gallery

Experience some of the most exciting, transformative art in the country. Located in Secwepemcúl'ecw, the largest art gallery in the Interior of British Columbia offers 12 exhibits a year featuring artists from across Canada and the world. Be inspired by the art! Then visit the Gallery Store for that perfect gift.

250.377.2400 | kag.bc.ca

- f kamloopsartgallery
- kamloopsgallery



#### Music. Tuned to Life

The Kamloops Symphony engages, enriches, and educates through the power of music.



#### Go Live with Western Canada Theatre

For over 45 years, Western Canada Theatre has cultivated a vibrant local arts community as the region's renowned professional theatre company. Each year, Western Canada Theatre produces spectacular musicals, heartwarming and hilarious plays, as well as inspiring new Canadian and Indigenous work.

250.374.5483 | wctlive.ca

f o wctlive

Cast of Chelsea Hatel: The Songs of Leonard Cohen at WCT, 2021 | Director & Choreographer TRACEY POWER | Associate Director JAMES MACDONALD | Set & Costume Design DREW FACEY | Lighting Design JOHN WEBBER | Associate Set Design & Senic Painter TEGAN KLANCNIK | Associate Costume Design MARAN TRUSCOTT | Photo by BARBARA ZIMONICK

# TOP 5 INSTAGRAM WORTHY MURALS



This mural was designed to celebrate the history of the Leland Hotel. Built in 1905, but met its end in flames in 1980. 301 Victoria Street

NO PARKING
Kelly Wright

During the 2nd Back Alley Block Party, the community was invited to throw water balloons filled with paint at the wall. Afterwards, the artist used the colours as fill for the beautiful grizzly bear 258 Seymour Street UNDERWATER SCENE

Kelly Wright

The concept for this mural is to make the viewer feel surrounded by the multiple dimensions of the walls.

Note: the sun is coming through the water surrounding the mermaid.

347 Victoria Street

Towns a most

THE FILMS ON MY MIND

Evan Christian

Featuring scenes from films played at the Paramount.
The mural is meant to show people recalling these scenes that stuck with them, which is why it fades from a person's face to the movies depicted.

503 Victoria Street



THE WINKING MAN
Zach Abney

This piece explores the gaze as a form of wordless expression. Body language expresses so much before words become a part of the equation. A brief glance conveys so much emotion – from happiness and joy, to sadness, grief, and pain.

322 Seymour Street

explore your way

Back alley art mural & heritage building self-walking tours are available at **downtownkamloops.com** 



What makes Kamloops' North Shore so unique is our relaxed, neighbourly attitude. We pride ourselves on being welcoming, fun and friendly while putting our best foot forward. There is a renaissance underway on the North Shore, where you will find all of the traditional offerings mixed with eclectic and fun experiences.

If you haven't been on the Shore recently, we feature 423 unique businesses including both well known national retailers and small mom-and-pop shops that have been here for generations. We also boast unique finds at second-hand stores and even options for major purchases like vehicles and furniture; We serve up a diverse array of global cuisine types and the best coffee in Kamloops. When you are out on your next adventure, stop on the Shore and experience the good life of family, friends, and fun.







#### Restaurants on the Shore

With 61 restaurants and 13 cuisine types, we will awaken your tastebuds and fill your senses with all you are seeking to satisfy your palate. We feature two microbrewer-style restaurants, many types of traditional restaurant offerings, a vast array of styles of unique pizza, as well as more exotic tastes from India, East Asia, China, and Italy.



#### **Shopping on the Shore**

All corners of the North Shore provide ample opportunity for shopping enthusiasts to find their next treasure and gift. Hobby shops, antiques/collectibles and even dining hot spots line the Tranquille Road strip, the main shopping corridor with a wide array of stores. Fashionistas can find larger retailers and strip malls at the hub area at 8th and Fortune Drive. Looking for unique or specialty shops? The small community mall in Brocklehurst on route to the Kamloops Airport features homemade baked goods, the city's finest quilting shop and even a dedicated cake decorating shop.



#### **Family Fun and Adult Gaming**

If you are looking for a fun night out for either the family or adults, we have a pair of options for you. Fun Factor is the family game centre of the North Shore with arcade and interactive games that are sure to entertain the most competitive youth and adults for date night.

Chances Casino and Barside Lounge offer an adult experience, which is relaxed and enjoyable for you and your partner to take a chance on lady luck.

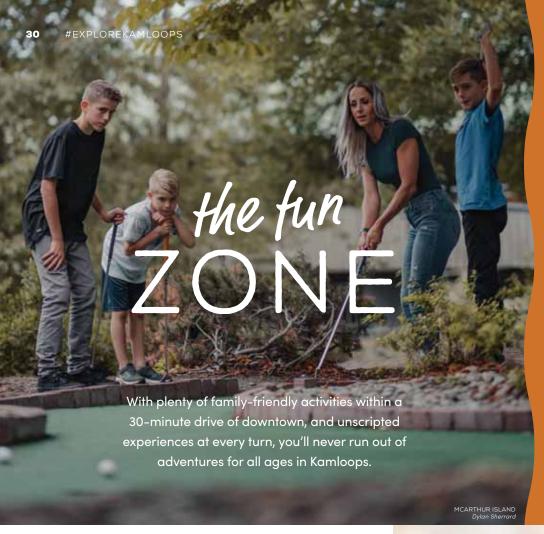


#### Recreation

Outdoor recreation is at the front door of the North Shore. Walk, run, or bike along the paved pathways of the Rivers Trail that line the North and South Thompson Rivers. The North Shore is also the starting point for your recreational needs being near hiking, biking, and fishing in the Lac du Bois Grasslands and hitting the slopes of Harper Mountain ski resort just 20-min away.

#### McArthur Island Park

If you are an amateur or a professional athlete in western Canada, there is a good chance you have attended a tournament at our McArthur Island Sports Site. The facility features fields for: soccer, baseball, lawn bowling and disc golf. While you are there, check out the ice-skating rink, curling club, recreational circle track, and the free mini-golf course (don't forget to bring your own putters). There is something for the walker, the athlete and everyone in between.





#### Get Hands On at BIG Little Science Centre

With over 140 different hands-on science exhibits, everyone can indulge their passion for science in our wonder-filled Exploration Room.

Participate in the fantastic shows, labs, clubs, birthday parties, camps and special events. Explore and discover fun science year round.

250.554.2572 | blscs.org

- f biglittlesciencecentre
- biglittlescience

#### Get Wild at the BC Wildlife Park

The BC Wildlife Park is a wildlife park and rehabilitation centre for orphaned and injured wildlife. Connecting people to BC's wildlife and wild spaces; view some of British Columbia's most iconic wildlife including Kermode, grizzly and black bears, cougars, raccoons, elk, birds of prey, a badger, and more! Join us for animal encounters, feed talks, guided tours, bird of prey flight demonstrations\*, a ride on the miniature train\*, and more Wild Times Await You!





#### Have Some Fun at Fun & Games

Fun & Games has something for just about anyone!

Start with an adventure and go on a Virtual Reality Rollercoaster ride, pick up some tokens to play games, who can get the most tickets?

Go shopping with your winnings for some sweet prizes!

Don't forget to book your next birthday party before you leave!

Great for all ages!

250.377.3088 | funandgameskamloops.ca

f o funkamloops





#### Riverside Park

Located on the shores of the Thompson River right in downtown Kamloops, Riverside park is a hub of activity in the summer. Enjoy the beach, freshly revamped splash park, playground and nightly 'Music in the Park' (July & August).

#### **Albert McGowan Park**

Get out of the car and stretch your legs at this favourite neighbourhood park. Take a walk down to Gambles pond or play in the splash park or playground.

#### **McDonald Park**

Located on the North Shore, this neighbourhood park is popular among local families and in the summer during their limited 'Music in the Park' nights. Features include a splash park, playground and picnic tables.

#### McArthur Island Park

One of Kamloops' newest playgrounds located on the north end of McArthur Island featuring accessible features such as the 'We-Go-Round' and sensory panels free mini-golf course (bring your own putter and ball), disc golf, skate park and playground.

2022 VISITOR GUIDE

#### **Prince Charles Park**

A local community park in downtown Kamloops is perfect for the younger children with a shallow wading pool, playground and plenty of park space.

#### **Westsyde Centennial Park**

Located in Westsyde, this park offers something for the whole family with a splash park, playground, petting zoo, sports fields, and picnic tables.





Let Kamloops be your base for adventure with over 50 accommodation choices from boutique hotels to budget motels. Whether you choose to check out the local scenery or hit the hill hard with your bike or skis, you'll find a comfortable place to get a good night's sleep.

#### **Delta Hotels by Marriott Kamloops**

Experience the best in streamlined travel at Delta Hotels Kamloops. Our recently renovated downtown hotel has been thoughtfully designed with the essential needs of a frequent traveler in mind. Our spacious hotel rooms and suites offer premium bathrooms, plush bedding, inspiring workspaces and free Wi-Fi. For relaxation our hotel offers a state-of-the-art fitness center featuring a 24-hour gym and a heated rooftop pool with cabana seating.

After a busy day in downtown Kamloops, relax in our restaurant and bar with freshly-prepared dishes inspired from all corners of Canada and indulge in a drink from our wine library or a craft beer. Those looking to host a special event or meeting in Kamloops, can take advantage of our hotel's versatile event venues, including the largest event space in the city.

Our hotel also offers business facilities, delicious catering, and expert planning services to ensure an occasion to remember. We look forward to welcoming you to Delta Hotels Kamloops.

250.372.2281 | marriott.com/ykade

f deltamarriottkamloops

deltakamloops





#### Sandman Signature Kamloops Hotel

Conveniently located in the heart of downtown and with 202 premium rooms and suites, Sandman Signature Kamloops Hotel offers the perfect combination of style and comfort.

With complimentary Wi-Fi throughout the hotel, an indoor pool and fitness centre, and our famously comfy beds, when you stay at Sandman, you are getting a true home-away-from-home experience. Even your pets are welcome!

When hunger strikes, we also have two great on-site restaurants, Moxies and Shark Club Sports Bar & Grill.

250.377.7263 | sandmanhotels.com/signature-kamloops

- f sandmanhotelgroup
- o sandmanhotels

#### Coast Kamloops Hotel & Conference Centre

Looking for a Refreshingly Local<sup>TM</sup> Experience? Look no further than Coast Kamloops Hotel & Conference Centre. The moment you step into our bright and welcoming lobby, you'll know you've arrived someplace truly unique. That feeling extends to our tropical atrium, which houses an indoor saltwater pool, a hot tub, a sauna and a wading pool for our littlest guests.

Enjoy thoughtful perks including free Wi-Fi, plush bedding, in-room fridges & microwaves. Pets are welcome in select rooms, so your four-legged companion doesn't have to stay behind. Some accommodations offer new kitchenettes so you can enjoy your own cooking! The patio at ROMEOs Kitchen + Spirits offers sweeping views of the Kamloops valley – the best in the city. Plan your next business or social gathering in our contemporary event space, which includes a magnificent ballroom and several smaller conference venues. In the mood to explore? Our hotel is moments away form the highway and local shopping, as well as parks, golf courses, wineries and family-friendly attractions.

250.828.6660 | coasthotels.com f © coastkamloopshotel





Kamloops eco-friendly hotel with a 4 Key green rating, Biosphere Hall of Fame, 2020 Sustainable Project of the Year Award winner and recently Biosphere 2021 Pioneer Award.

We offer spacious guest rooms and suites, as well as pet friendly options. Rooms feature Queen or King beds, 42" HDTV, fridge and a microwave, complimentary Wi-Fi, and free local calls. Facilities include a saltwater pool and hot tub, fitness room and business centre. Centrally located, we are 1 block from Thompson Rivers University and the Tournament Capital Centre. Complimentary hot continental breakfast included. We follow all Best Western We Care Clean SM standards, as well as all local Covid-19 health guidelines. Family BC Wildlife Park packages available.



#### Fairfield by Marriott Kamloops

Fairfield by Marriott Kamloops is a premier hotel nestled between Vancouver and Alberta. Our hotel is walking distance to the Aberdeen Mall and Cascades Casino. We serve complimentary hot breakfast daily, free parking and free Wi-Fi.





The Prestige Kamloops Hotel is the newest addition to the family-owned company's collection of properties across BC. Ideal for leisure getaways and corporate travelers, the hotel provides a contemporary guest experience with a variety of room types including kitchenettes. Opened in December 2021, the hotel has been extensively renovated and offers updated guestrooms, common spaces, and waterslide area. A brand-new restaurant, Isagani, will open in the spring of 2022.

Located close to many amenities and city attractions including the Aberdeen Mall, the Prestige Kamloops Hotel also offers Prestige Rewards and Aeroplan points for guests who book direct. Ask about guest experience items to borrow, the Go Green program, and preferred rates for teams and corporate travelers.

250.372.0987 | prestigehotelsandresorts.com

- f prestigehotelsandresorts
- prestigeresorts

waterslide, pool & hot tub on-site!





# Best Western Premier Aberdeen Kamloops

Our property has been newly renovated in the lobby, guest rooms, and meeting spaces. Guests can enjoy refreshing drinks at our Lounge or dining options from our on-site restaurant, Twisted Steak. Additional amenities include an indoor pool with waterslide, hot tub, sauna room, free parking, and a 24-hour fitness center.

250.374.4144 | bestwestern.com f bwpremieraberdeenkamloops

## The Hue Hotel

The newly-built Hue Hotel, Ascend Hotel Collection® is an all-suites boutique hotel in Kamloops, BC with easy access to the mountain peaks and ski slopes surrounding Kamloops. We're also a great Cascades Casino hotel, for those eager to hit the tables after a day hitting the slopes.

778.471.1411 | choicehotels.com

f thehuehotel o thehuehotelkamloopsbc





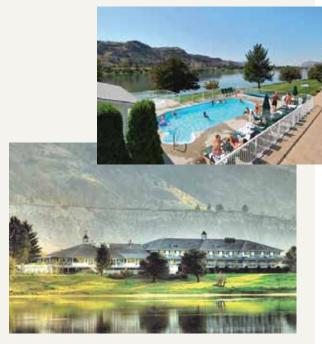
Ramada by Wyndham Kamloops

This newly renovated full-service hotel offers families, couples and business travelers breathtaking panoramic views, well-appointed rooms and thoughtful amenities. Enjoy dining at the on-site restaurant or rooftop lounge.

Group rates and conference spaces are available for sports teams, corporate meetings travelers, and events. Your top choice for comfortable, contemporary and pet-friendly Kamloops accommodation.

250.374.0358 | ramadakamloops.com f o ramadakamloops





# South Thompson Inn & Conference Centre

We offer a 4-star riverfront getaway quietly nestled on 55 scenic acres in the Thompson Valley. The Inn is beloved for its southern Kentucky style, western hospitality, and cozy atmosphere. Right next to us is Rivershore Golf Links, an 18-hole championship course.

1.800.797.7713 | stigr.com

f stigrkamloops

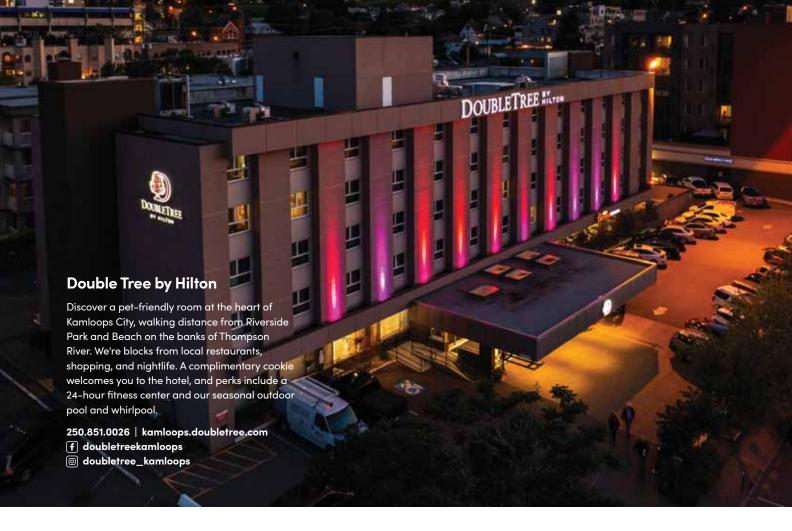
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## **Hampton Inn & Suites**

Unwind and recharge in the newly renovated guest room with a fresh bed and free Wi-Fi access. Wake up with a Hampton's free hot breakfast, or grab breakfast to go from Monday through Friday. Sip on complimentary tea and coffee in the cozy hotel lobby and stay in touch with free Wi-Fi in public areas. Catch up with work in the 24-hour business center, or re-energize with a workout in the fitness center. Plunge into the indoor pool or splash around on the waterslide.

250.571.7897 | kamloops.hamptoninn.com f o hamptonkamloops







# Holiday Inn & Suites Kamloops

We are the perfect blend of value and a convenient location as we are only 12 minutes from the Kamloops Airport. Take advantage of our free airport shuttle, free parking and our electric car charging stations.

Our guest rooms and suites feature HDTVs, refrigerators, free Wi-Fi and more! We also feature a heated indoor pool, a whirlpool, 24-hour Fitness Centre, 24-hour Business Centre, and meeting space available for hosting events. Grab a bite at White Spot Restaurant & Lounge, where children 12 and under eat free. Sports teams can take advantage of our storage unit. Pet friendly rooms available.

1.877.517.6508 | holidayinn.com/kamloopsbc

f lo holidayinnsuiteskamloops

hot deals coming your way!

Take advantage of hotel discounts and deals as you plan your trip to Kamloops... but get them while they last!

tourismkamloops.com/travel-deals



# Scott's Inn & Restaurant

Perfectly situated off Highways 1, 5, and 99, and steps from the South Thompson River, our prime location attracts a wide array of travellers. We're proud to be family run for the last 30 years. Clean, comfortable and affordable rooms give way to scenic backdrops that include mountain and river views.

250.372.8221 | scottsinnkamloops.ca

f o scottsinnkamloops





## **Riverland Inn & Suites**

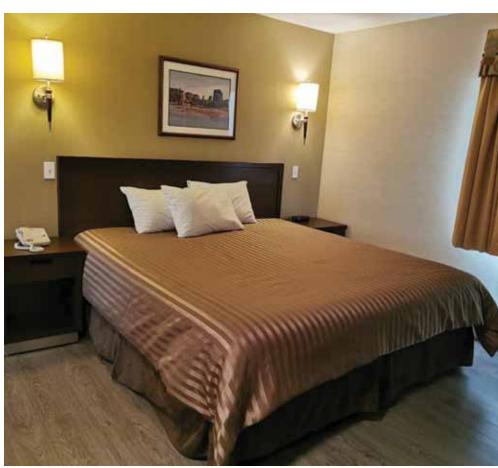
Riverland Inn & Suites is Kamloops' only waterfront accommodation overlooking the South Thompson River. The Riverland Inn & Suites is the ideal stay for those looking for quiet comfort and the convenience of nearby amenities. We have newly renovated view rooms with balconies, an indoor pool & hot tub, coin laundry, barbecue area, and bus & large vehicle parking.

1.800.663.1530 | riverlandinn.com riverlandinn@shawbiz.com

# Rodeway Inn & Suites

Welcome to the newly renovated Rodeway Inn & Suites Kamloops. Our updated rooms include new beds, furniture, floors and kitchens. We offer a wide variety of rooms including standard 2 queen, kitchenette rooms and suites. Easily accessible just off the Trans-Canada Highway by Aberdeen Mall.

 $\begin{array}{c|c} \textbf{250.374.8100} & \textbf{rodewayinnkamloops.com} \\ \hline \textbf{f} & \textbf{rodewayinnkamloops} \end{array}$ 







The Residence & Conference Centre, located in Kamloops on the campus of Thompson Rivers University is a unique and affordable alternative in overnight accommodations. As a summer hotel alternative, enjoy the same quality, service and amenities you'd expect from standard accommodation facilities, but at an incredibly low rate!



- f rcckamloops
- stayrcc\_kamloops



# Super 8 East Kamloops

Finding an ideal budget friendly motel in Kamloops does not have to be difficult. Welcome to Super 8 by Wyndham Kamloops East, a nice option for travellers like you.

## 250.374.2488 super8kamloopseast.com

- f super8kamloopseast
- hotelsuper8kamloopseast



## **Grandview Motel**

We are a friendly, wellmaintained family-owned and operated motel in the heart of Kamloops. Enjoy a splendid sleep in a quiet, convenient location.

## 1.800.210.6088 grandviewmotel.com

- f motelgrandview
- grandviewmotelkamloops

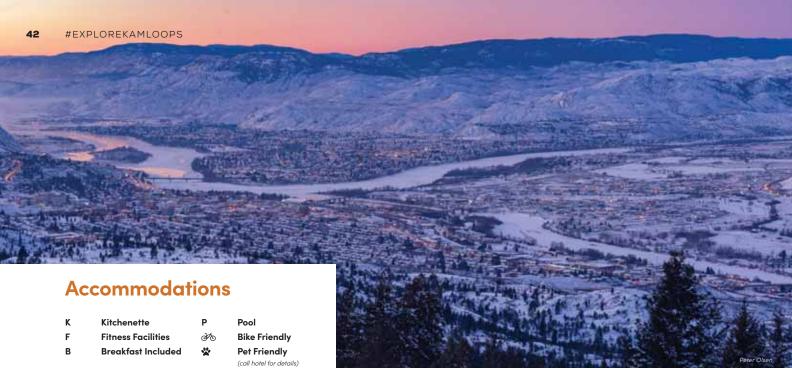


# Thompson Hotel & Conference Centre

The Thompson Hotel & Conference Centre, family-owned and operated with arcade room, indoor pool & hot tub, in-house movie theatre, and much more.

## 250.374.1999 | thompsonhotel.ca

f ( thethompsonhotel



## **HOTELS**

#### **Accent Inns**

1325 Columbia Street West
1.800.663.0298 | accentinns.com/kamloops
\$\$\$ | K | F | P | ♂⊘ | ☆

## Best Western Plus Kamloops Hotel

660 Columbia Street West
1.877.302.7878 | bestwesternkamloops.com

\$\$\$ | F | B | P | № | 
\$\$\$

#### **Best Western Premier Aberdeen**

1175 Rogers Way 250.374.4144 | bestwestern.com \$\$\$ | **K** | **F** | **P** | **※** 

#### Coast Kamloops Hotel & Conference Centre

1250 Rogers Way
1.800.663.1144 | coastkamloopshotel.com
\$\$\$ | K | F | P | ♂ | ☆

#### **Days Inn Kamloops**

1855 Rogers Place
1.800.329.7466 | daysinnkamloops.com
\$\$ | **K** | **F** | **B** | **P** | ★

## **Delta by Marriott Kamloops**

540 Victoria Street
1.800.663.2837 | marriott.com
\$\$\$|F|P|♂|☆

## DoubleTree by Hilton Kamloops

339 St. Paul Street
1.855.851.0027 | kamloops.doubletree.com
\$\$\$ | F | P | ♂ | ❖

## Fairfield Inn & Suites by Marriott

1475 Hugh Allan Drive 1.855.603.1189 | marriott.com/ykafi \$\$\$ | F | B | P | ♂₀

## Hampton Inn by Hilton Kamloops

1245 Rogers Way 1.866.571.7897 | kamloops.hamptoninn.com \$\$\$ | F | B | P | ♂⊘ | ☆

#### Holiday Inn & Suites

675 Tranquille Road 1.877.517.6508 | holidayinn.com/kamloopsbc \$\$\$ | K | F | P | ♂6 | ❖

#### **Holiday Inn Express**

1550 Versatile Drive
1.800.996.3993 | hiexpress.com/kamloopsbc
\$\$\$ | F | B | P | ❖

## The Hue Hotel, Ascend Hotel Collection

500 Columbia Street West 778.471.1411 | choicehotelss.com \$\$\$ | **K** | **F** | **B** | ❖

#### Pacific Inn & Suites Kamloops

1820 Rogers Place
1.888.738.4086 | pacificinnkamloops.com
\$\$\$ | K | F | B | P | ☆

#### The Plaza Hotel

405 Victoria Street 250.377.8075 | theplazahotel.ca \$\$\$ | ♂⊙ | ❖

#### Prestige Kamloops Hotel

1810 Rogers Place 250.372.0987 | prestigehotelsandresorts.com \$\$\$ | K | F | P | ❖

## **Quality Inn**

## Ramada Kamloops

555 Columbia Street West
1.800.663.2832 | ramadakamloops.com
\$\$\$ | K | F | ☆

#### Sandman Inn Kamloops

550 Columbia Street
1.800.726.3626 | sandmanhotels.ca
\$\$\$ | F | B | P | ♂ | ❖

## Sandman Signature Hotel Kamloops

225 Lorne Street
1.800.726.3626 | sandmansignature.com

\$\$\$ | K | F | P | ♂ | ☆

## South Thompson Inn & Conference Centre

3438 Shuswap Road 1.800.797.7713 | stigr.com \$\$\$|**F**|**P**|**☆** 

#### Super 8 Kamloops on the Hill

1521 Hugh Allan Drive 1.800.800.8000 | super8.com \$\$\$ | K | F | B | \*\*

## **Thompson Hotel**

650 Victoria Street 1.888.374.8999 | thompsonhotel.ca \$\$\$ | **K** | **F** | **B** | **P** | **X** ⊘

#### TRU Residence & Conference Centre

1025 University Drive 250.852.6296 | stayrcc.com \$\$\$ | K | F

## Wingate by Wyndham Kamloops

1200 Rogers Way 778.471.7706 | wingatehotels.com \$\$\$|**F**|**B**|**P**|♂₀|**☆** 

## **MOTELS**

#### 4 Seasons Motel

1767 Trans-Canada Hwy East
250.372.2313 | 4seasonsmotelkamloops.ca
\$ | K | P | \*

#### **Acadian Inn**

1390 Columbia Street East 1.866.374.5591 | acadianinnkamloops.net \$\$ | **K** 

## Alpine Motel

1393 Hugh Allan Drive
1.800.270.1260 | kamloopsalpinemotel.com
\$ | K | B | \*

### Best Budget Inn & Suites

1773 Trans-Canada Hwy East 250.372.8533 | bestbudgetinnkamloops.com \$|K|P|♂|★

#### **Country View Motor Inn**

176 Comazzetto Road 1.800.213.6673 | countryviewmotorinn.com \$\$|K|B|P|♂⊘|☆

#### **Grandview Motel**

463 Grandview Terrace 1.800.210.6088 | grandviewmotel.com \$\$ | **K** | **P** | ♂⊘ | ☆

#### **Hospitality Inn**

500 Columbia Street West 1.800.663.5733 | hospitalityinnkamloops.com \$\$|K|P|♂⊘|☆

#### **Howard Johnson Downtown**

530 Columbia Street 1.800.533.9233 | howardjohnsonkamloops.com \$\$ | **K** | **B** | ☆

#### Kings Motor Inn

1775 Trans-Canada Hwy East
1.800.661.6630 | kingsmotorinn.ca
\$\$|K|B|P|♂|☆

## Knights Inn

1529 Hugh Allan Drive

1.888.372.7487 | knightsinn.kamloops.com

\$ | K | \*\*

#### Motel 6

1763 Trans-Canada Hwy East 250.374.8944 | motel6.com \$\$ | K | \*\*

## Panorama City Centre Inn

610 Columbia Street West
250.374.1515 | panoramainnkamloops.com
\$ | K | P | &

## Parkview Motel

1084 Battle Street
1.800.665.3343 | scottsinnkamloops.ca
\$\$ | **K** | **B** | **P** | ₩

#### Ranchland Inn

2357 Trans-Canada Hwy East 250.828.8787 | ranchlandinn.ca \$\$|K|B|♂⊘|☆

#### Rider's Motor Inn

1759 Trans-Canada Hwy East 250.374.2144 | riders.kamloops.com \$|K|\*

#### Riverland Inn & Suites

1530 River Street
1.800.663.1530 | riverlandinn.com
\$\$\$ | K | B | P | ☆

#### **Rodeway Inn and Suites**

1200 Rogers Way 1.800.665.4467 rodewayinnandsuiteskamloops.com \$\$ | **K** | **B** | ॐ | ∰

#### Scott's Inn & Restaurant

55111th Avenue & Battle Street
1.800.665.3343 | scottsinnkamloops.ca
\$\$ | K | P | № | &

## **Skoglund Motel**

2349 Trans-Canada Hwy East 250.372.0080 \$ | **K** | **※** 

## Star Lodge

775 Columbia Street West
1.800.589.1988 | starlodge.ca
\$ | **K** | **B** | ★

## Super 8 by Wyndham Kamloops East

2459 Trans-Canada Hwy East 1.800.800.8000 | super8.com \$\$ | K | B | P | \*\*

#### **Tournament Inn**

1893 Trans-Canada Hwy East 250.372.2122 \$ | **K** | **※** 

## Trans-Canada Motel

2505 Trans-Canada Hwy East 1.800.374.5755 | transcanadamotel.com \$ | **K** | **※** 

## **Travelodge City Centre**

430 Columbia Street
1.877.372.8202 | travelodgekamloops.com
\$\$\$ | B | P | ∰

## Travelodge Mountview

1225 Rogers Way
1.800.667.8868 | travelodge.ca
\$\$\$ | K | F | B | P | \*\*

#### B&B

#### Riverside Bed & Breakfast

2664 Thompson Drive 1.888.400.1043 | riversidebnb.ca \$\$\$ | **K** | **☆** 









Edmonton 8.5 hours 805 km Calgary 7 hours 619 km Banff 5.5 hours 495 km Jasper 5 hours 441 km Whistler 4 hours 377 km 3.5 hours 354 km Vancouver

Check drivebc.ca for updated road conditions and closures

# By Air

Westlet westjet.com Air Canada aircanada.com Central Mountain Air flycma.com Pacific Coastal Airlines pacificcoastal.com

With many daily flights into the Kamloops Airport (YKA), taxi, car rental, and shuttle services are available to both Sun Peaks and Kamloops hotels. Pre-book to ensure your ride is ready and waiting for you when you arrive in Kamloops.

# By Bus

Ebus myebus.ca Rider Express riderexpress.ca Adventure Charters adventurecharters.ca

# By Rail

VIA Rail Canada viarail ca

Rocky Mountaineer rockymountaineer.com

# Take Off with the **Kamloops Airport**

Kamloops Airport is ready to welcome visitors from around the world and is served by four airlines, Pacific Coastal, Central Mountain Air, WestJet and Air Canada, with convenient connections to over 100 destinations.

250.376.3613 | kamloopsairport.com f lo kamloopsairport

## **Get Here with Ebus**

Ebus is your easy, affordable, and green travel solution to get around BC! With comfy seats, free Wi-Fi, our Safely Clean program, and professional drivers, all you have to do is hop on board, sit back, and enjoy the ride while Ebus does the driving.

1.877.769.3287 | myebus.ca f ebus3 o redarrowebus











#EXPLOREKAMLOOPS | @TOURISMKAMLOOPS