

# GET OUT

2018 WINTER ADVENTURE GUIDE



**kamloops**  
BOLDLY UNSCRIPTED

BRITISH COLUMBIA  CANADA





# BE BOLD

Kamloops is more than a city, it's a state of mind. It's a small-town kind of friendly with metropolitan flavours on the side. Far from the hustle and bustle, it's a place where you skip the crowds, stretch your legs and expand your horizons. Resting on the shores of two picturesque rivers, the landscapes invite a sense of improvised adventure.

Be amazed by twisty single-track bike trails and winding walkways. Tee off on award-winning golf courses. Cast a line on trophy stillwater. Poke around local shops and boutiques. Engage with the vibrant arts and culture scene. Sample an assortment of food that promises to satisfy and satiate even the most discerning of palates. Indulge in a burgeoning bevy of wineries, craft breweries, restaurants and cafés that are overflowing with culinary enthusiasm and intensity.

Kamloops is a city for every season. It's a place for families, urban and rural adventurers. Don't just escape, explore. Go off the grid, get lost and discover the unexpected along the way.



@TOURISMKAMLOOPS | #EXPLOREKAMLOOPS

**TOURISMKAMLOOPS.COM**

## TOURISM KAMLOOPS VISITOR CENTRE

1290 Trans-Canada Highway West (Exit 368)

Kamloops, British Columbia, Canada

1.800.662.1994



# ADVENTURE ON YOUR OWN TERMS





During mid-December to end of March, the hills in Kamloops are blanketed in snow that provides dozens of trails to snowshoe. Pack a thermos and make a day out of it or break a snowy trail in an afternoon under gorgeous sunny skies.

### **KENNA CARTWRIGHT PARK 🐾**

**Trails:** 44

Over 40 km of trails for every experience level that offer panoramic views of the city and Kamloops Lake.

### **PETERSON CREEK PARK 🐾**

**Trails:** 18

Located in the heart of the city, Peterson Creek has plenty of trails to explore with climbing involved. Spot Bridal Veil Falls along the Fallsview Loop.

### **DALLAS-BARNHARTVALE NATURE PARK 🐾**

**Trails:** 9

There are a variety of trails of varying difficulties with some fantastic viewpoints above the Dallas area. Be sure to explore the nearby Blackwell Trails while you're there.

### **LAC LE JEUNE AREA 🐾**

A very popular area for snowshoers. Explore diverse trails that follow around lakes including Stake Lake, McConnell Lake, Walloper Lake, Bush Lake and Dogwood Marshes.

### **STAKE LAKE TRAILS \$**

**Trails:** 7

Over 13 km of snowshoe trails that range from easy to extremely challenging make Stake Lake a great destination for snowshoers. Located just 25 km south of Kamloops, a family-friendly destination for anyone who loves sunshine and great snow!

### **HARPER MOUNTAIN \$**

**Trails:** 8

Upload on the chairlift or snowshoe your way to the top to enjoy panoramic views of the Thompson Valley atop Harper Mountain. Snowshoe your way back to the lodge to warm up by the fire. Rentals are available on-site.

### **SUN PEAKS RESORT \$**

Explore the extensive trail system at Sun Peaks Resort! Either connect with one of many snowshoe tours, or venture out on your own.

### **GRAB THE KAMLOOPS TRAIL GUIDE FOR DETAILED MAPS!**



SUN PEAKS RESORT  
@canada.vibes

## **RENTALS**

TRUE OUTDOORS | [trueoutdoors.ca](https://trueoutdoors.ca)

RUNNERS SOLE KAMLOOPS | [runnerssole.com](https://runnerssole.com)

SPOKE N'MOTION | [spokenmotion.net](https://spokenmotion.net)

OVERLANDER SKI CLUB | [overlanderskiclub.com](https://overlanderskiclub.com)

HARPER MOUNTAIN | [harpermountain.com](https://harpermountain.com)

SUN PEAKS RESORT | [sunpeaksresort.com](https://sunpeaksresort.com)





# TRAILS WITH A VIEW

STAKE LAKE  
*Riff Stills*

## **OVERLANDER SKI CLUB AT STAKE LAKE**

Ski some of the best cross-country trails in BC just a 20-minute drive southwest of Kamloops. Take in the fresh air while winding through pine forests and rolling hills. With 60 km of expertly groomed classic and skate trails, Stake Lake is a top winter destination. This family-friendly ski area also welcomes dogs on 5 km of dedicated dog-friendly ski trails.

## **HARPER MOUNTAIN**

This family-run mountain has one marked, 3 km groomed and track set trail. When you're done, cozy up next to the lodge fireplace with panoramic views of the mountain. Don't leave without trying the mulled wine!

## **SUN PEAKS RESORT**

Sun Peaks Resort has over 37 km of professionally groomed and track set cross-country skiing trails accessible right from the base of the ski resort. Morrissey Express provides chairlift access to endless backcountry cross-country ski terrain and mountain views.





HARPER MOUNTAIN  
*Mary Putnam*

## HARPER MOUNTAIN

A locals secret, this small-scale ski resort has nostalgic charm. Just a short 20-minute drive from Kamloops, Harper Mountain features 16 runs, 400 acres of terrain, and 1400 vertical feet. This family-friendly hill also includes a lift operated tube park, ski and snowboard terrain park, and snowshoe trails. Shred some laps after work and go night skiing from Thursday to Saturday 5pm to 9pm.

## SUN PEAKS RESORT

Canada's second largest ski resort offers guests award-winning skiing and snowboarding. Ski powder stashes and corduroy groomers on over 4,720 acres across 3 peaks. Over 6 meters of light, dry, powder snow falls annually. Access 135 trails via 12 lifts and when your legs are finished enjoy apres and fine dining in the European-style ski village.



# HOOK, LINE + SINKER





With colder temperatures, some think fishing season is coming to an end, but for others, it's a season just beginning. In Kamloops, December is the start of ice fishing season at higher elevation lakes.

## EDITH LAKE

**Approx. Time: 25 mins**

This small, lake located close Kamloops keeps anglers coming back over and over. The lake is heavily stocked with both Rainbow and Brook Trout.

## WALLOPER LAKE

**Approx. Time: 30 mins**

In January Walloper Lake is home to family ice fishing day hosted by the Kamloops and District Fish and Game Association and the Kamloops Fly Fishers Association. This lake is stocked with Rainbow Trout and it's where many people learn to ice fish. The lake is a 30-minute drive south of Kamloops on the Coquihalla Hwy.

## RED LAKE

**Approx. Time: 40 mins**

Red Lake is accessible through the Tranquille Valley via the Red Lake Road and only a mere 40 km from Kamloops. Red Lake is a good year round fishery but is famous for offering up Eastern Brook trout.

## LOOKING FOR A GUIDE?

ELEVATED FISHING ADVENTURES | 250.299.2350

## NEED A ROD?

The Tourism Kamloops Visitor Centre is a Go Fish BC – Rod Loan location. This program allows families and other groups to try fishing and ice fishing without having to purchase gear. Borrow spinning rods with reels and a basic box of tackle for free.

## KNOUFF LAKE

**Approx. Time: 45 mins**

This is a clear-water lake with abundant shallow areas and insect life. The good fishing for Rainbow Trout starts in mid-May and continues through to late fall. Knouff Lake is open to ice fishing.

## MONTE LAKE

**Approx. Time: 45 mins**

One of the most popular ice fishing lakes in southern BC. This lake has been well stocked with Triploid Kokanee and Blackwater Rainbow Trout and is located approx. 45 km from Kamloops. The lake is just off Highway 97 which makes access very easy.



@jessicayarwood



# ICE COLD

SHUMWAY LAKE  
Peter Olsen

Whether you're looking to go ice skating indoors or enjoy the crisp winter weather, Kamloops has several options.

There's nothing quite like skating on an outdoor rink surrounded by snow-covered trees and views of the Thompson Valley.

## INDOOR RINKS

Brock Arena

Memorial Arena

McArthur Island Sports & Events Centre

Sandman Centre

Valleyview Arena

*Visit [kamloops.ca](http://kamloops.ca) for updated schedules*

## OUTDOOR RINKS

Juniper Park

Pineview Valley

Westsyde Centennial Park

Len Haughton Park - Heffley Creek

*Community rinks are maintained by volunteers and may not always be operational*

## FROZEN LAKES & PONDS

Albert McGowan Park

Stake Lake

Inks Lake

Shumway Lake





# YEAR-ROUND RIDING

KENNA CARTWRIGHT PARK  
Sean Jenkins

Kamloops is world renowned as the birthplace of freeriding and recognized for its diverse trails. Winter biking is gaining popularity worldwide in locations that get blanketed in the snow each winter.

## KENNA CARTWRIGHT PARK

Conveniently located within city limits, Kenna Cartwright offers 40 km of accessible and natural trails, making it a top spot for winter biking.

## ISOBEL LAKE WINTER RECREATIONAL TRAILS

Located 17 km northwest of Kamloops, Isobel Lake is home to over 30 km of single track, machine groomed trails, all for free!

**GRAB THE KAMLOOPS TRAIL GUIDE  
FOR DETAILED MAPS!**



@seanj\_photo









HARPER MOUNTAIN  
Mary Putnam



Tyler Meade

## TUBING

Kamloops is home to rolling terrain and dry powder snow, the perfect conditions to bring out the winter tubes, sleds and toboggans. For instant laughs and great memories, head out for the hills and enjoy the winter!

ABERDEEN HILLS  
 ALBERT MCGOWAN PARK  
 BACHELOR HEIGHTS  
 GREENSTONE PARK  
 SNOW TOWN TUBE PARK AT HARPER MOUNTAIN \$  
 SUN PEAKS TUBE PARK \$

## SNOWMOBILING

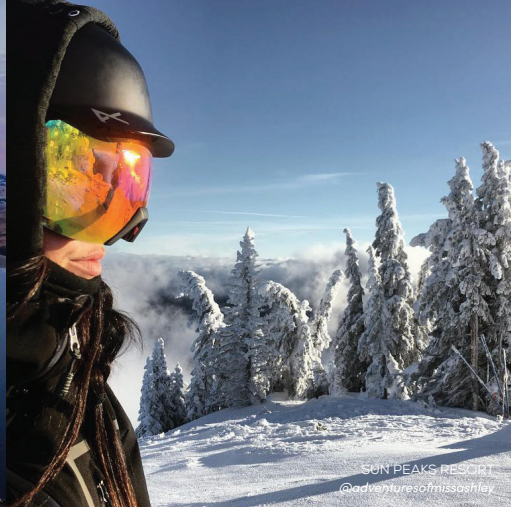
Kamloops is a snowmobiling destination not to be missed. Those who like to ride in challenging expert areas or with the family will enjoy the diverse terrain across the Kamloops region.

LAC LE JEUNE  
 PORCUPINE MEADOWS  
 JAMIESON CREEK  
 GREENSTONE MOUNTAIN  
 ADAMS PLATEAU  
 GRIZZLY MOUNTAIN (SHUSWAP)





BATTLE BLUFFS  
@tamjager



SUN PEAKS RESORT  
@adventuresofmissashley



KENIA CARTWRIGHT PARK  
@jtdickie



RIVERSIDE PARK  
@kikatbarone



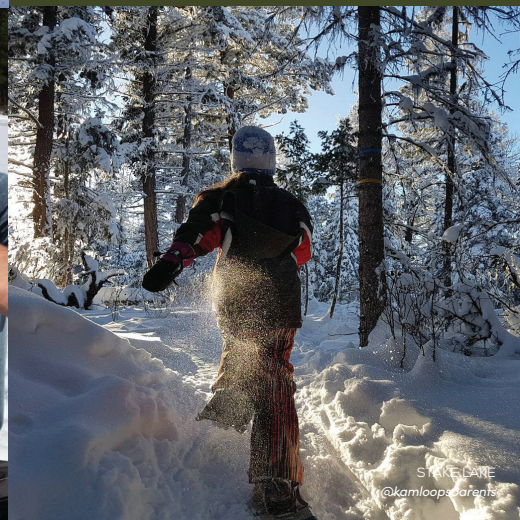
HEFFLEY LAKE  
@itzcorinne



GREENSTONE MOUNTAIN  
@tikathemajestic



@slaxton



STANEDANE  
@kamloopsarents





EMERSON VALE NATIONAL PARK  
@mountainman\_miller



INKS LAKE  
@kelseymartin



SUN PEAKS RESORT  
@slexian

# ADVENTURES KAMLOOPS



STAKE LAKE  
@ksenia\_obolenskaya



@reverendhope



MCCONNELL LAKE  
@karolyn\_faulkner



KENNA CARTWRIGHT PARK  
@seanj\_photo



@hikingcorry



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