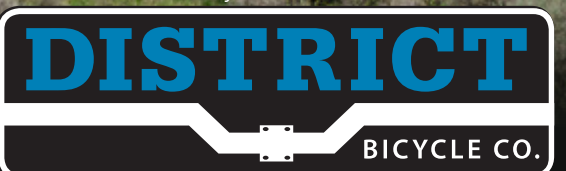




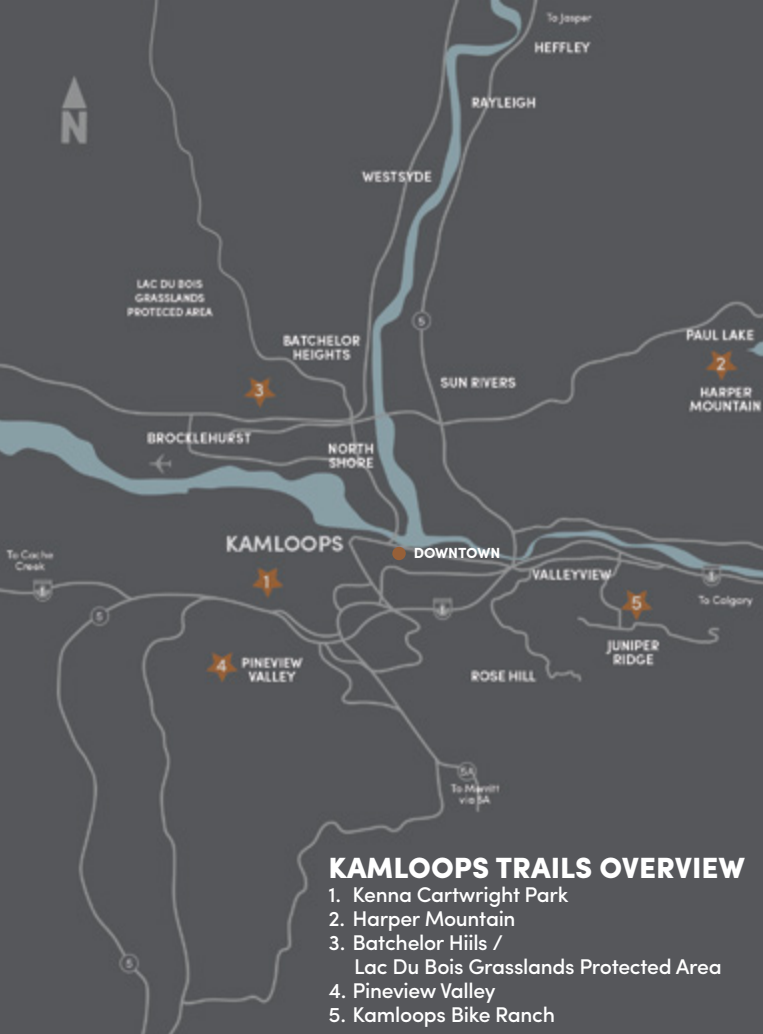
TOURISM KAMLOOPS
BOLD ADVENTURES

TRAIL GUIDE

BIKES, PARTS, SERVICE
AND AWESOMENESS...



3-2160 FLAMINGO RD • KAMLOOPS, BC • 236-425-2453
DISTRICTBICYCLECOMPANY.COM



KAMLOOPS TRAILS OVERVIEW
1. Kenna Cartwright Park
2. Harper Mountain
3. Batchelor Hills / Lac Du Bois Grasslands Protected Area
4. Pineview Valley
5. Kamloops Bike Ranch



TRAVEL DISTANCE TO KAMLOOPS				
CALGARY	7HRS	619KM	PRINCE GEORGE	6HRS 527KM
EDMONTON	8.5HRS	805KM	REVELSTOKE	2.5HRS 218KM
GOLDEN	4HR	360KM	VANCOUVER	3.75HRS 354KM
JASPER	5HRS	441KM	WHISTLER VIA HWY 5	5HRS 473KM
KELOWNA	2HRS	167KM	WHISTLER VIA HWY 99	5HS 377KM

WINGATE BY WYNDHAM
• Secure Bike Storage
• Bike Wash Station
• Indoor Pool & Hot Tub
• Hot Complimentary Buffet Breakfast
• Free WiFi
• Easy Access to Trails
1180 Rogers Way, Kamloops BC, Canada 778-471-7706 wingatekamloops.com

CANADAS BEST VALUE INN
• Bike Friendly & Free WiFi
• Complimentary Breakfast
• Close to Restaurants & Pubs
• Close to Trails
1200 Rogers Way, Kamloops BC, Canada 250-374-9100 canadasbestvalueinn.com

HOTELS

ACCENT INNS		
1325 Columbia Street W	1-800-663-0298	accentinns.com
BEST WESTERN PLUS		
660 Columbia Street W	1-877-302-7878	bestwestern.com
BEST BUDGET INN & SUITES		
1773 E Trans Canada Hwy	1-800-372-8533	bestbudgetinnkamloops.com
CANADAS BEST VALUE INN		
1200 Rogers Way	1-800-665-4467	redlion.com/kamloops
COAST KAMLOOPS HOTEL & CONFERENCE CENTRE		
1250 Rogers Way	1-800-663-1144	coasthotels.com
COUNTRY VIEW MOTOR INN		
176 Comazetto Road	1-800-213-6673	countryviewmotorinn.com
DOUBLETREE BY HILTON		
339 St. Paul Street	1-855-851-0027	doubletree3.hilton.com
FAIRFIELD INN & SUITES BY MARRIOTT		
1475 Hugh Allan Drive	1-855-603-1189	mariott.com/ykafi
FOUR POINTS BY SHERATON		
1175 Rogers Way	1-866-716-8133	fourpointskamloops.com
GRANDVIEW MOTEL		
463 Grandview Terrace	1-800-210-6088	grandviewmotel.com
HAMPTON INN BY HILTON		
1245 Rogers Way	1-866-571-7897	hamptoninn3.hilton.com
HOLIDAY INN HOTEL & SUITES		
675 Tranquille Road	1-877-517-6508	holidayinn.com
HOSPITALITY INN		
500 Columbia Street W	1-800-663-5733	hospitalityinnkamloops.com
KINGS MOTOR INN		
1775 E Trans Canada Hwy	1-800-661-6630	kingsmotorinn.ca
QUALITY INN		
1860 Rogers Place	1-800-575-7322	qualityinnkamloops.com
RAMADA KAMLOOPS		
555 Columbia Street W	1-800663-2832	ramadakamloops.com
RANCHLAND INN		
2357 E Trans Canada Hwy	250-828-8787	ranchlandinn.ca
RIVERSIDE B&B		
2664 Thompson Drive	1-888-400-1043	riversidebnb.ca
SANDMAN INN & SUITES		
550 Columbia Street	1-800-726-3626	sandmanhotels.com
SANDMAN SIGNATURE		
225 Lorne Street	1-800-726-3626	sandmansignature.com
SCOTTS INN & RESTAURANT		
551 11 Avenue	1-800-665-3343	scottsinnkamloops.ca
THE PLAZA HOTEL		
405 Victoria Street	250-377-8075	theplazahotel.ca
WINGATE BY WYNDHAM		
1180 Rogers Way	778-471-7706	wyndhamhotels.com



Bike Friendly Hotels: Bikes are either permitted in hotel rooms or in a locked storage unit. A bucket with rags and hose are also available at the front desk.

CAMPING

For more hotels and camping information please visit tourismkamloops.com/stay/camping-rvparks

EMERGENCIES CALL 911

ROYAL INLAND HOSPITAL: 250-374-5111
311 Columbia Street

NON-EMERGENCIES RCMP: 250-828-3000

RIDE AT YOUR OWN RISK!

DISCLAIMER: The condition of the trails and roads are subject to change without warning or notice. Trails and routes shown on this map are an approximate representation of the trails and routes at the time of the publication. Tourism Kamloops assumes no responsibility for the accuracy of any particular statement and assumes no liability for any loss or damage which may arise from reliance on the information contained on these maps.

1 HARPER ROAD CLIMB Elevation 1,339 m	3.4 KM	6 NATE'S Elevation 1,328 m	3.7 KM
2 KET-R-DONE Elevation 1,312 m	8.0 KM	7 GNARWAHL Elevation 988 m	0.6 KM
3 TEMPUS FUGIT Elevation 988 m	2.3 KM	8 PIMPERNOT Elevation 1,132 m	1.8 KM
4 EASY RIDER Elevation 1,312 m	2.6 KM		
5 UNICORN DH Elevation 1,315 m	2.8 KM		

ARROWS INDICATE TRAVEL DIRECTION ON THE TRAIL MAP

1 ARENA TO XC CLIMB Elevation 467 m	0.7 KM	7 TUMBLEWEED Elevation 505 m	0.9 KM
2 XC CLIMB Elevation 513 m	0.5 KM	8 TOMBSTONE Elevation 531 m	0.3 KM
3 OUTLAW Elevation 455 m	1.2 KM	9 QUICK DRAW Elevation 533 m	0.3 KM
4 TRUE GRIT Elevation 532 m	2.1 KM	10 WRANGLER Elevation 480 m	0.7 KM
5 RATTLESNAKE Elevation 538 m	1.1 KM	11 FIST FULL OF DOLLARS Elevation 505 m	0.7 KM
6 THREE AMIGOS Elevation 505 m	0.8 KM	12 PALE RIDER Elevation 540 m	1.0 KM

KAMLOOPS BIKE RIDERS ASSOCIATION
bikekamloops.com

KAMLOOPS PERFORMANCE CYCLING CENTRE
kamloopsbikeranch.weebly.com

MOSTLY MENTAL SHUTTLES

MARIN BIKES CALIFORNIA



Best Western PLUS

FAIRFIELD INN & SUITES BY MARRIOTT

REMOVE HITCHHIKER WEEDS

Noxious weeds are non-native plant species that are difficult to control. These aggressive weeds compete for water and nutrients and threaten the health of natural plants to the area. Clean your bike and gear prior to arriving at one of our trail areas and make sure you do the same prior to leaving.

GROUP RIDES

DIRT CHIX KAMLOOPS
Women's Mountain Bike Group
dirtchix.weebly.com

KBRA GROUP RIDE
Facebook: KamloopsBikeRidersAssociation/events

SPOKE N MOTION RIDES
spokenmotion.net/events

MOSTLYMENTALSHUTTLES.COM
250-828-2558 | MOSTLYMENTALSHUTTLES@HOTMAIL.COM

SHRED RULES

The City of Kamloops and mountain bike clubs work hard to maintain our extensive trail network. Do your part and follow these simple guidelines:

- Plan ahead and stay on open, established trails only.
- Respect boundaries for adjacent private property.
- Control your bike.
- Be aware and respectful of wildlife and cattle.
- Do not chase or scare animals.
- Leave no trace.
- Close all farm and property gates you travel through.
- NEVER, NEVER, NEVER cut fences...NEVER!

FOUR POINTS BY SHERATON

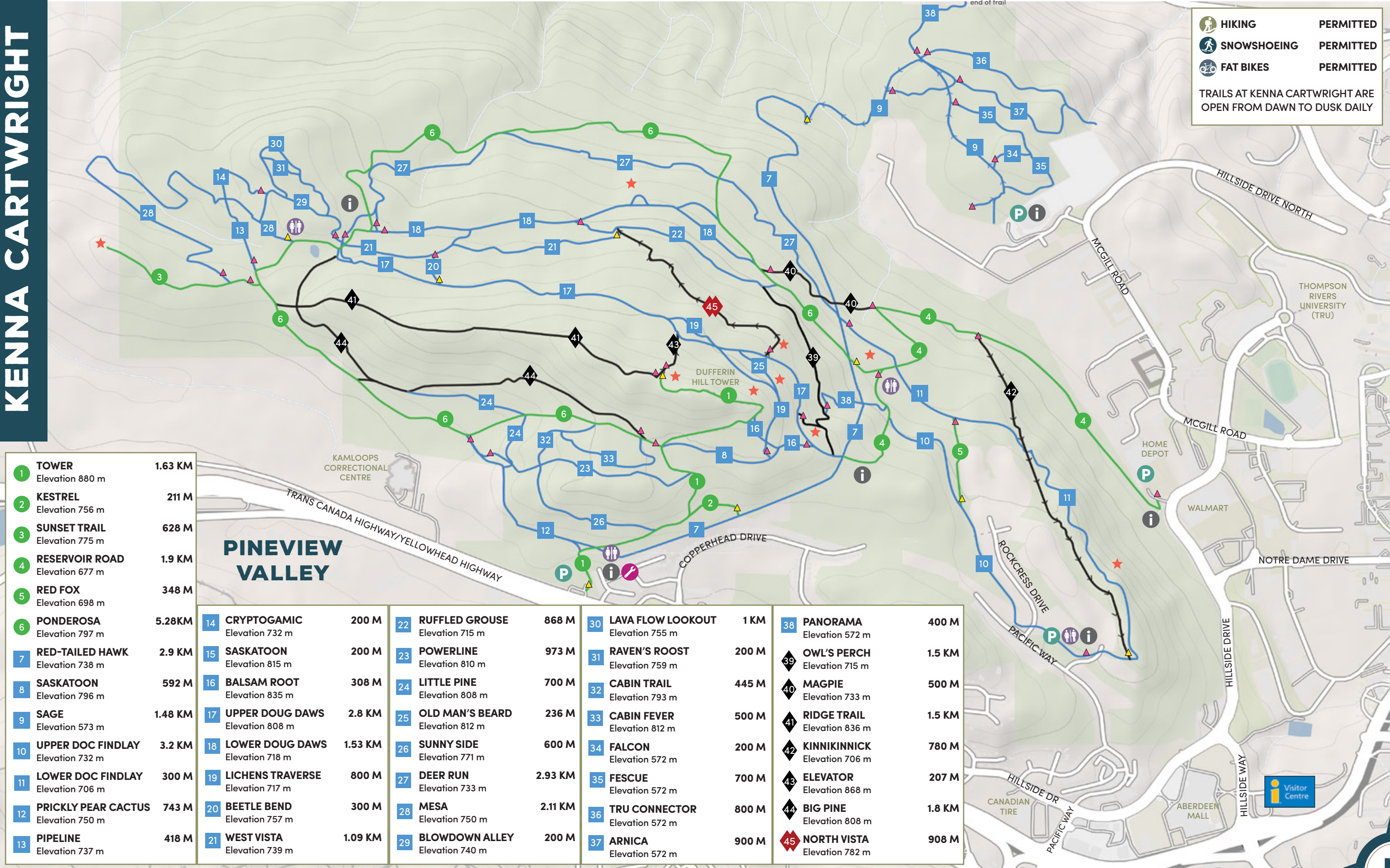
Come and enjoy a relaxing stay here with us at the Four Points by Sheraton Kamloops. Unwind after a fun day on the trails, enjoy our on-site restaurant Twisted Olive Steakhouse and our indoor pool and hot tub.

1175 Rogers Way, Kamloops BC, Canada 250-374-4144 | four-points.starwoodhotels.com

CROSS-COUNTRY BIKING & HIKING TRAILS

BATCHELOR HILLS
LAC DU BOIS GRASSLANDS

KENNA CARTWRIGHT



MAP LEGEND

- ACCESS ROAD / TRAIL
- EASY
- INTERMEDIATE
- ADVANCED
- EXPERT
- TRAIL HEAD
- SUGGESTED START
- PARKING
- DIRT ROADS
- POINT OF INTEREST (VIEWPOINT, TABLE OR SHELTER)
- SHUTTLE
- INFORMATION
- WASHROOMS
- BIKE REPAIR STATION
- HIKING
- SNOWSHOEING
- FAT BIKING
- DO NOT RIDE AREAS

BIKE REPAIR STATIONS ARE LOCATED IN THE FOLLOWING PLACES:
KENNA CARTWRIGHT (SOUTH ENTRANCE), DOWNTOWN (ST. PAUL STREET & 3RD AVENUE),
RIVERSIDE PARK (BY EAST ENTRANCE), MCARTHUR ISLAND (SPORTS & EVENT CENTRE)

BIKE SHOPS

BICYCLE CAFÉ KAMLOOPS
1648 Valleyview Drive 250-828-2453
bicyclecafe.kamloops.com

CYCLE LOGIC
222 Victoria Street 250-374-4515
cyclegicbikes.com

DISTRICT BICYCLE CO.
3-2160 Flamingo Road 236-425-2453
districtbicyclecompany.com

NORKAM LOCK & CYCLE
178 Tranquille Road 250-376-7822
norkamlockandcycle.com

SPOKE N MOTION
194 Victoria Street W 250-372-3001
spokenmotion.net

RENTALS AVAILABLE

BREWS + BITES

BROWNS SOCIALHOUSE SUMMIT
A101, 1180 Columbia Street W
brownsocialhouse.com 778-471-7117

IRON ROAD BREWING
980 Camosun Crescent
ironroadbrewing.ca 778-765-8160

RESERVOIR COFFEE
104 - 755 McGill Road
reservoircoffee.com 250-434-5980

RED COLLAR BREWING
355 Lansdowne Street
redcollar.ca 778-471-0174

THE ART WE ARE
246 Victoria Street
heartware.com 250-828-7998

If you're interested in advertising on the Kamloops Trail Guide Contact
Tourism Kamloops 250-372-8000 or email inquiry@tourismkamloops.com

LOCAL EVENTS

NORTH FACE DIRTY FEET TRAIL SERIES
JUNE
dirtyfeet.ca

BC ENDURO SERIES
APRIL - RIVER BEAVER CLASSIC
SEPTEMBER - TOURNAMENT CAPITAL GAMES
canadianenduro.com
tournamentcapital.com

CANADIAN NATIONAL ENDURO
JUNE
canadianenduro.com

BREWLOOPS
SEPTEMBER
brewloopsfest.ca

HARPER MOUNTAIN OKTOBERFEST
SEPTEMBER
harpermountain.com/oktoberfest

CYCLE LOGIC
Full service bike store year-round
with in season ski service.
250-374-4515 | 222 Victoria St
CYCLELOGICBIKES.COM

A BIG SHOUT OUT
Kamloops is renowned for our world-class trail network
enjoyed year-round by visitors and locals alike. Access
to this network would not be possible without amazing
partnerships and countless volunteer hours. We would like
to extend a HUGE THANK YOU to The City of Kamloops,
Kamloops Performance Cycling Centre, Kamloops Bike
Riders Association, Pinkbike.com, Trailforks.com, BC Parks,
Recreation Sites and Trails BC, KGHM AJAX, Sugarloaf
Ranch, Kinder Morgan Pipeline, Pembina Pipeline and
Harper Mountain Resort. See you on the trails!

TRAILFORKS
Maps Provided By trailforks.com

PB PINKBIKE

KAMLOOPS
Canada's Tournament Capital

KPCC
Kamloops Performance Cycling Centre

KB RA
Kamloops Bike Riders Association

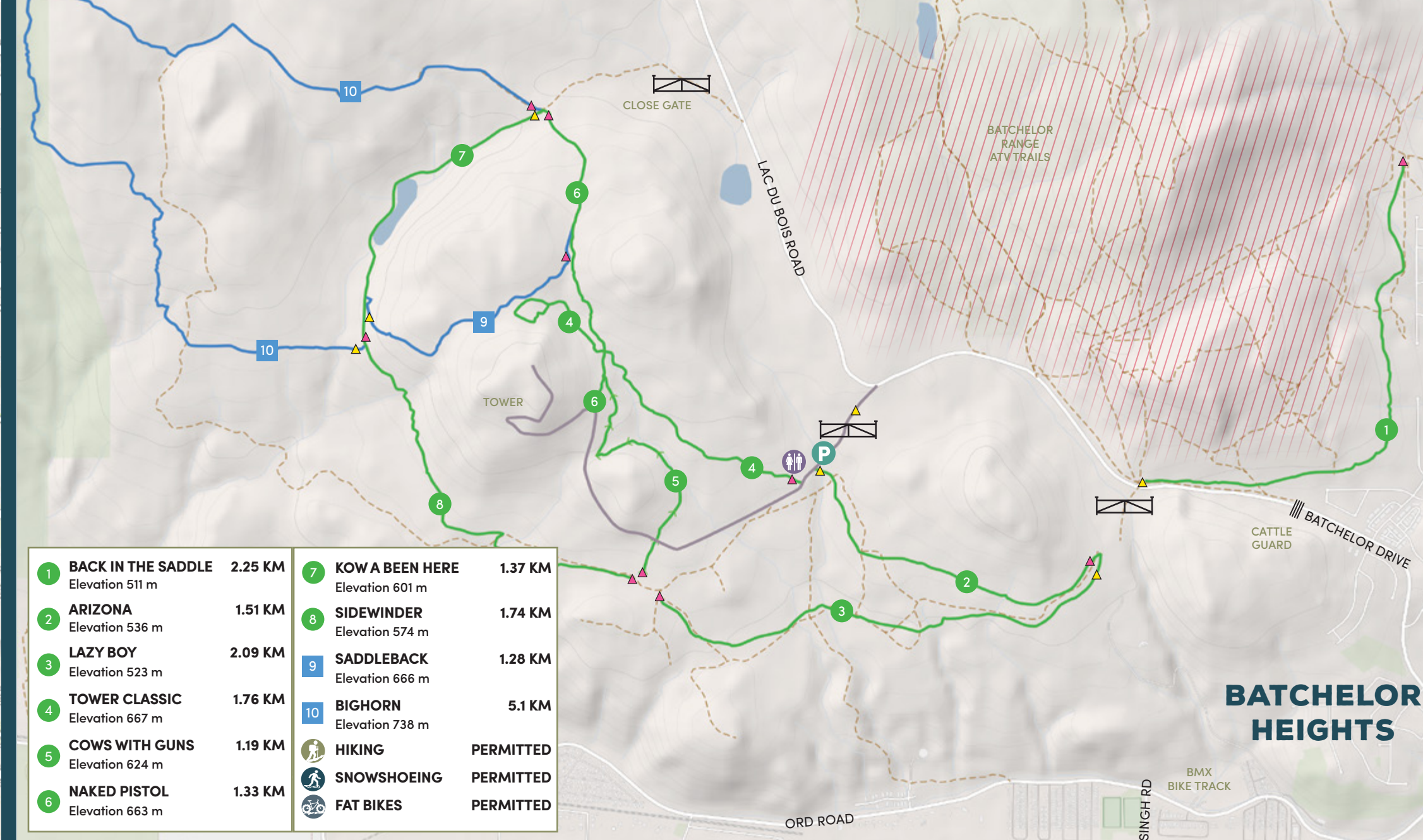
If you're interested in advertising or showcasing an annual event on the
Kamloops Trail Guide, contact Tourism Kamloops 250-372-8000 or
email inquiry@tourismkamloops.com

IRON ROAD BREWING
Come grab a beer
after your ride and fuel up
with some nachos or tacos.
Conveniently located near Kenna
Cartwright and Pineview trails.
980 Camosun Crescent, Kamloops
ironroadbrewing.ca

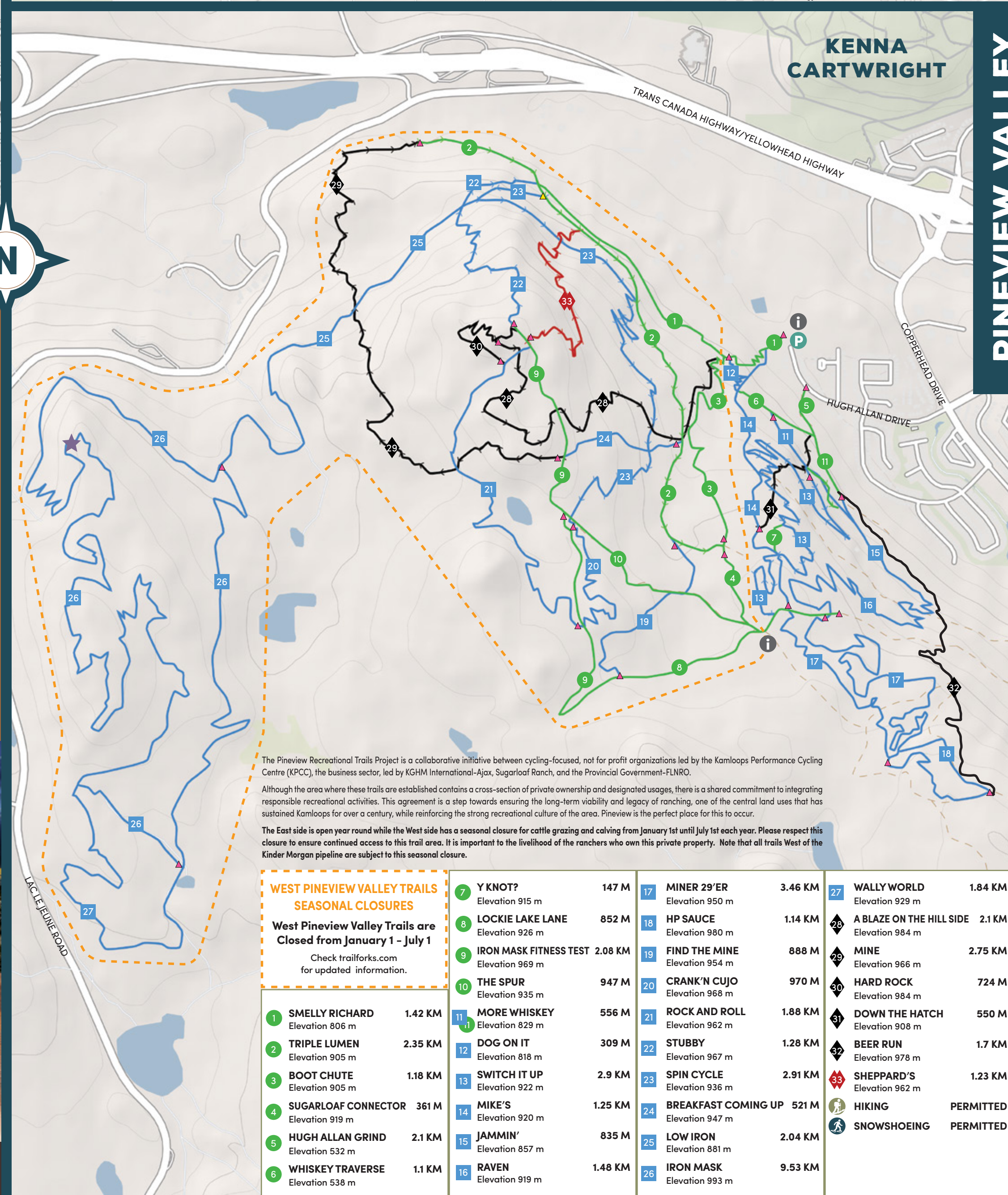
BROWNS SOCIALHOUSE
A-101, 1180 Columbia St. W | 778-471-7117
brownsocialhouse.com

**COME BY FOR
drinks & apples
AFTER A DAY
ON THE TRAILS**

Enjoy a craft beer, social wine or one of our
signature cocktails to quench your thirst.
Pair with any of our tasting menu items
made with fresh ingredients.
@brownskamloops



1 BACK IN THE SADDLE Elevation 511 m	2.25 KM	7 KOW A BEEN HERE Elevation 601 m	1.37 KM
2 ARIZONA Elevation 536 m	1.51 KM	8 SIDEWINDER Elevation 574 m	1.74 KM
3 LAZY BOY Elevation 523 m	2.09 KM	9 SADDLEBACK Elevation 666 m	1.28 KM
4 TOWER CLASSIC Elevation 667 m	1.76 KM	10 BIGHORN Elevation 738 m	5.1 KM
5 COWS WITH GUNS Elevation 624 m	1.19 KM	HIKING PERMITTED	
6 NAKED PISTOL Elevation 663 m	1.33 KM	SNOWSHOEING PERMITTED	
		FAT BIKES PERMITTED	



The Pineview Recreational Trails Project is a collaborative initiative between cycling-focused, not for profit organizations led by the Kamloops Performance Cycling Centre (KPC), the business sector, led by KGHM International-Ajax, Sugarloaf Ranch, and the Provincial Government-FLNRO.

Although the area where these trails are established contains a cross-section of private ownership and designated usages, there is a shared commitment to integrating responsible recreational activities. This agreement is a step towards ensuring the long-term viability and legacy of ranching, one of the central land uses that has sustained Kamloops for over a century, while reinforcing the strong recreational culture of the area. Pineview is the perfect place for this to occur.

The East side is open year round while the West side has a seasonal closure for cattle grazing and calving from January 1st until July 1st each year. Please respect this closure to ensure continued access to this trail area. It is important to the livelihood of the ranchers who own this private property. Note that all trails West of the Kinder Morgan pipeline are subject to this seasonal closure.

**WEST PINEVIEW VALLEY TRAILS
SEASONAL CLOSURES**
West Pineview Valley Trails are
Closed from January 1 - July 1
Check trailforks.com
for updated information.

1 SMELLY RICHARD Elevation 806 m	1.42 KM	7 Y KNOT? Elevation 915 m	147 M	17 MINER 29'ER Elevation 950 m	3.46 KM	27 WALLYWORLD Elevation 929 m	1.84 KM
2 TRIPLE LUMEN Elevation 905 m	2.35 KM	8 LOCKIE LAKE LANE Elevation 926 m	852 M	18 HP SAUCE Elevation 980 m	1.14 KM	28 A BLAZE ON THE HILL SIDE Elevation 984 m	2.1 KM
3 BOOT CHUTE Elevation 905 m	1.18 KM	9 IRON MASK FITNESS TEST Elevation 969 m	2.08 KM	19 FIND THE MINE Elevation 954 m	888 M	29 MINE Elevation 966 m	2.75 KM
4 SUGARLOAF CONNECTOR Elevation 919 m	361 M	10 THE SPUR Elevation 935 m	947 M	20 CRANK'N CUJO Elevation 968 m	970 M	30 HARD ROCK Elevation 984 m	724 M
5 HUGH ALLAN GRIND Elevation 532 m	2.1 KM	11 MORE WHISKEY Elevation 829 m	556 M	21 ROCK AND ROLL Elevation 962 m	1.88 KM	31 DOWN THE HATCH Elevation 908 m	550 M
6 WHISKEY TRAVERSE Elevation 538 m	1.1 KM	12 DOG ON IT Elevation 818 m	309 M	22 STUBBY Elevation 967 m	1.28 KM	32 BEER RUN Elevation 978 m	1.7 KM
		13 SWITCH IT UP Elevation 922 m	2.9 KM	23 SPIN CYCLE Elevation 936 m	2.91 KM	33 SHEPPARD'S Elevation 962 m	1.23 KM
		14 MIKE'S Elevation 920 m	1.25 KM	24 BREAKFAST COMING UP Elevation 947 m	521 M	HIKING PERMITTED	
		15 JAMMIN' Elevation 857 m	835 M	25 LOW IRON Elevation 881 m	2.04 KM	SNOWSHOEING PERMITTED	
		16 RAVEN Elevation 919 m	1.48 KM	26 IRON MASK Elevation 993 m	9.53 KM		